

WEBVTT

NOTE duration:"01:01:01"

NOTE recognizability:0.872

NOTE language:en-us

NOTE Confidence: 0.815534205

00:00:00.000 --> 00:00:03.784 Is now being recorded and 1st I just

NOTE Confidence: 0.815534205

00:00:03.784 --> 00:00:05.226 want to apologize to the group we

NOTE Confidence: 0.815534205

00:00:05.226 --> 00:00:06.558 did not have this meeting didn't

NOTE Confidence: 0.815534205

00:00:06.558 --> 00:00:08.105 happen in March and that was simply

NOTE Confidence: 0.815534205

00:00:08.105 --> 00:00:09.764 because I wasn't able to get the get

NOTE Confidence: 0.815534205

00:00:09.764 --> 00:00:11.840 my ducks in a row to make it happen.

NOTE Confidence: 0.815534205

00:00:11.840 --> 00:00:14.464 So I apologize for any confusion that that

NOTE Confidence: 0.815534205

00:00:14.464 --> 00:00:17.355 created but we're glad to be back today.

NOTE Confidence: 0.815534205

00:00:17.360 --> 00:00:19.076 Our speaker today is Terence Ching.

NOTE Confidence: 0.815534205

00:00:19.080 --> 00:00:20.255 Terence is an Associate Research

NOTE Confidence: 0.815534205

00:00:20.255 --> 00:00:21.195 Scientist here at Yale,

NOTE Confidence: 0.815534205

00:00:21.200 --> 00:00:23.558 working with Ben Kilmendi and me

NOTE Confidence: 0.815534205

00:00:23.560 --> 00:00:26.800 with a long history of psychedelic,

NOTE Confidence: 0.815534205

00:00:26.800 --> 00:00:29.758 psychedelic science in his in his
NOTE Confidence: 0.815534205

00:00:29.758 --> 00:00:31.768 graduate work with Monica Williams,
NOTE Confidence: 0.815534205

00:00:31.768 --> 00:00:34.240 and then when he came and joined us about,
NOTE Confidence: 0.815534205

00:00:34.240 --> 00:00:35.556 what is it, four years ago now,
NOTE Confidence: 0.815534205

00:00:35.560 --> 00:00:37.840 3 three years, 3 1/2 something?
NOTE Confidence: 0.740472792

00:00:41.240 --> 00:00:42.720 And Terence has expertise in
NOTE Confidence: 0.740472792

00:00:42.720 --> 00:00:44.200 a number of different areas.
NOTE Confidence: 0.740472792

00:00:44.200 --> 00:00:47.476 He's worked both with MDMA and psilocybin,
NOTE Confidence: 0.740472792

00:00:47.480 --> 00:00:49.491 but one thing that he's written
NOTE Confidence: 0.740472792

00:00:49.491 --> 00:00:51.746 about and spoken about eloquently
NOTE Confidence: 0.740472792

00:00:51.746 --> 00:00:54.509 is the challenges that we face in
NOTE Confidence: 0.740472792

00:00:54.509 --> 00:00:57.232 making sure that our work in this
NOTE Confidence: 0.740472792

00:00:57.232 --> 00:00:59.920 space is representative and is
NOTE Confidence: 0.740472792

00:00:59.920 --> 00:01:01.292 appropriately positioned to benefit
NOTE Confidence: 0.740472792

00:01:01.292 --> 00:01:03.560 everyone who we could bring it in.
NOTE Confidence: 0.740472792

00:01:03.560 --> 00:01:06.128 And. And we all know that the studies

NOTE Confidence: 0.740472792

00:01:06.128 --> 00:01:08.787 that have been done thus far have

NOTE Confidence: 0.740472792

00:01:08.787 --> 00:01:10.732 been woefully inadequate in their

NOTE Confidence: 0.740472792

00:01:10.807 --> 00:01:13.554 representation of people other than wealthy,

NOTE Confidence: 0.740472792

00:01:13.554 --> 00:01:14.616 educated white people,

NOTE Confidence: 0.740472792

00:01:14.616 --> 00:01:16.386 mostly who's been studied in

NOTE Confidence: 0.740472792

00:01:16.386 --> 00:01:17.559 most of their work.

NOTE Confidence: 0.740472792

00:01:17.560 --> 00:01:19.190 So that's something Terence has

NOTE Confidence: 0.740472792

00:01:19.190 --> 00:01:21.578 has worked on a lot and he's gonna

NOTE Confidence: 0.740472792

00:01:21.578 --> 00:01:23.360 share his thoughts with us today,

NOTE Confidence: 0.740472792

00:01:23.360 --> 00:01:24.830 both about the challenges that

NOTE Confidence: 0.740472792

00:01:24.830 --> 00:01:26.800 we face and about paths forward.

NOTE Confidence: 0.740472792

00:01:26.800 --> 00:01:26.984 Terence,

NOTE Confidence: 0.740472792

00:01:26.984 --> 00:01:28.456 thank you for being with us and for

NOTE Confidence: 0.740472792

00:01:28.456 --> 00:01:29.519 speaking on this important topic.

NOTE Confidence: 0.945122986666667

00:01:30.280 --> 00:01:32.800 Thank you, Chris, for inviting me.

NOTE Confidence: 0.945122986666667

00:01:32.800 --> 00:01:36.520 Let me go ahead and share my screen.
NOTE Confidence: 0.881753555833333

00:01:38.640 --> 00:01:41.784 And it's a real pleasure to do this
NOTE Confidence: 0.881753555833333

00:01:41.784 --> 00:01:44.528 for the Yale community, especially
NOTE Confidence: 0.881753555833333

00:01:44.528 --> 00:01:46.480 the psychedelic medicine community.
NOTE Confidence: 0.881753555833333

00:01:46.480 --> 00:01:51.230 And I've given this talk in various
NOTE Confidence: 0.881753555833333

00:01:51.230 --> 00:01:53.720 iterations of this talk several times,
NOTE Confidence: 0.881753555833333

00:01:53.720 --> 00:01:56.496 and I'll try to keep within the time
NOTE Confidence: 0.881753555833333

00:01:56.496 --> 00:01:59.198 allotted just so that we could make our way
NOTE Confidence: 0.881753555833333

00:01:59.198 --> 00:02:03.038 to the auditorium for the film premiere,
NOTE Confidence: 0.881753555833333

00:02:03.040 --> 00:02:05.840 which ties in a little nicely to some
NOTE Confidence: 0.881753555833333

00:02:05.840 --> 00:02:08.877 of what we're gonna talk about today.
NOTE Confidence: 0.881753555833333

00:02:08.880 --> 00:02:11.646 I've titled this talk A Primer
NOTE Confidence: 0.881753555833333

00:02:11.646 --> 00:02:13.490 for Culturally Attuned Psychedelic
NOTE Confidence: 0.881753555833333

00:02:13.568 --> 00:02:15.518 Research and I'll endeavour to
NOTE Confidence: 0.881753555833333

00:02:15.518 --> 00:02:18.308 make some of these terms a little
NOTE Confidence: 0.881753555833333

00:02:18.308 --> 00:02:20.594 bit more obvious and well defined.

NOTE Confidence: 0.881753555833333
00:02:20.600 --> 00:02:23.624 And yeah, really excited to dive
NOTE Confidence: 0.881753555833333
00:02:23.624 --> 00:02:26.560 into these topics with everyone.
NOTE Confidence: 0.881753555833333
00:02:26.560 --> 00:02:30.164 Here are some of my disclosures and really
NOTE Confidence: 0.881753555833333
00:02:30.164 --> 00:02:32.674 jumping quickly into learning objectives.
NOTE Confidence: 0.881753555833333
00:02:32.680 --> 00:02:35.396 Hopefully by the end of my presentation,
NOTE Confidence: 0.881753555833333
00:02:35.400 --> 00:02:39.392 everyone has A at least a beginning
NOTE Confidence: 0.881753555833333
00:02:39.392 --> 00:02:41.240 idea of the state of diversity
NOTE Confidence: 0.881753555833333
00:02:41.305 --> 00:02:43.237 and modern psychedelic research.
NOTE Confidence: 0.881753555833333
00:02:43.240 --> 00:02:46.306 You're able to recognize some of the
NOTE Confidence: 0.881753555833333
00:02:46.306 --> 00:02:48.914 barriers to accessing psychedelic trials
NOTE Confidence: 0.881753555833333
00:02:48.914 --> 00:02:51.792 among primarily today we're talking
NOTE Confidence: 0.881753555833333
00:02:51.792 --> 00:02:54.632 about Bipoc and queer communities.
NOTE Confidence: 0.881753555833333
00:02:54.640 --> 00:02:56.824 You're able to situate these barriers
NOTE Confidence: 0.881753555833333
00:02:56.824 --> 00:02:59.160 as components of set and settings.
NOTE Confidence: 0.881753555833333
00:02:59.160 --> 00:03:02.400 So these are very commonly used
NOTE Confidence: 0.881753555833333

00:03:02.400 --> 00:03:05.868 terms in our work and these are also
NOTE Confidence: 0.881753555833333

00:03:05.868 --> 00:03:08.394 inclusive of of some of these barriers
NOTE Confidence: 0.881753555833333

00:03:08.394 --> 00:03:10.839 to access among these populations.
NOTE Confidence: 0.939073914

00:03:13.000 --> 00:03:14.925 Hopefully at the end of today you're
NOTE Confidence: 0.939073914

00:03:14.925 --> 00:03:16.506 you're beginning to think a little
NOTE Confidence: 0.939073914

00:03:16.506 --> 00:03:18.151 bit more about some of the things
NOTE Confidence: 0.939073914

00:03:18.208 --> 00:03:20.133 you want to start asking your own
NOTE Confidence: 0.939073914

00:03:20.133 --> 00:03:21.361 research about diverse participants,
NOTE Confidence: 0.939073914

00:03:21.361 --> 00:03:24.569 just so that you have a more holistic
NOTE Confidence: 0.939073914

00:03:24.569 --> 00:03:27.590 picture of what it's like to take part in
NOTE Confidence: 0.939073914

00:03:27.590 --> 00:03:30.575 a psychedelic trial for someone of color or
NOTE Confidence: 0.939073914

00:03:30.575 --> 00:03:35.680 or someone who identifies as queer broadly.
NOTE Confidence: 0.939073914

00:03:35.680 --> 00:03:37.780 And just whenever I get
NOTE Confidence: 0.939073914

00:03:37.780 --> 00:03:39.040 presentations like this,
NOTE Confidence: 0.939073914

00:03:39.040 --> 00:03:41.808 I always want to be super sure and
NOTE Confidence: 0.939073914

00:03:41.808 --> 00:03:44.079 clear about what I'm presenting.

NOTE Confidence: 0.939073914

00:03:44.080 --> 00:03:47.360 Like I myself have my own blind spots.

NOTE Confidence: 0.939073914

00:03:47.360 --> 00:03:50.120 I identify as a cisgender gay,

NOTE Confidence: 0.939073914

00:03:50.120 --> 00:03:54.560 immigrant man of Singaporean Chinese descent.

NOTE Confidence: 0.939073914

00:03:54.560 --> 00:03:56.800 So that necessarily colors a lot of

NOTE Confidence: 0.939073914

00:03:56.800 --> 00:03:59.240 what I think about and talk about.

NOTE Confidence: 0.939073914

00:03:59.240 --> 00:04:01.208 And in a way,

NOTE Confidence: 0.939073914

00:04:01.208 --> 00:04:03.668 hopefully there's models for everyone

NOTE Confidence: 0.939073914

00:04:03.668 --> 00:04:06.260 in this room just how we wanna

NOTE Confidence: 0.939073914

00:04:06.260 --> 00:04:07.924 think about these things, right?

NOTE Confidence: 0.939073914

00:04:07.924 --> 00:04:10.828 Like we may have some viewpoints

NOTE Confidence: 0.939073914

00:04:10.828 --> 00:04:12.280 about certain topics,

NOTE Confidence: 0.939073914

00:04:12.280 --> 00:04:14.530 and with those viewpoints we certainly

NOTE Confidence: 0.939073914

00:04:14.530 --> 00:04:16.998 run into some blind spots as well.

NOTE Confidence: 0.939073914

00:04:17.000 --> 00:04:19.296 So we wanna be talking about these

NOTE Confidence: 0.939073914

00:04:19.296 --> 00:04:22.042 things in broad strokes as opposed to

NOTE Confidence: 0.939073914

00:04:22.042 --> 00:04:24.157 being super prescriptive about that.

NOTE Confidence: 0.886278668

00:04:27.320 --> 00:04:29.840 So we're gonna start off with

NOTE Confidence: 0.886278668

00:04:29.840 --> 00:04:32.128 really highlighting the state of

NOTE Confidence: 0.886278668

00:04:32.128 --> 00:04:34.240 diversity in psychedelic research.

NOTE Confidence: 0.886278668

00:04:34.240 --> 00:04:37.120 So far as Chris has mentioned,

NOTE Confidence: 0.886278668

00:04:37.120 --> 00:04:39.838 we we as a a community,

NOTE Confidence: 0.886278668

00:04:39.840 --> 00:04:42.352 the psychedelic research community

NOTE Confidence: 0.886278668

00:04:42.352 --> 00:04:46.120 have not particularly done a great

NOTE Confidence: 0.886278668

00:04:46.220 --> 00:04:48.675 job of of being super inclusive

NOTE Confidence: 0.886278668

00:04:48.675 --> 00:04:51.400 and representative in our samples.

NOTE Confidence: 0.886278668

00:04:51.400 --> 00:04:53.905 We've done a great job of of of

NOTE Confidence: 0.886278668

00:04:53.905 --> 00:04:56.830 gathering data that shows advocacy

NOTE Confidence: 0.886278668

00:04:56.830 --> 00:04:59.470 and safety preliminarily for for

NOTE Confidence: 0.886278668

00:04:59.470 --> 00:05:01.920 psilocybin and MDMA for example,

NOTE Confidence: 0.886278668

00:05:01.920 --> 00:05:04.960 for the major indications.

NOTE Confidence: 0.886278668

00:05:04.960 --> 00:05:07.174 What this paper here shows is

NOTE Confidence: 0.886278668

00:05:07.174 --> 00:05:09.750 that when we look at psychedelic

NOTE Confidence: 0.886278668

00:05:09.750 --> 00:05:12.280 studies in the recent decades,

NOTE Confidence: 0.886278668

00:05:12.280 --> 00:05:14.464 we actually find that a lot

NOTE Confidence: 0.886278668

00:05:14.464 --> 00:05:15.960 of these participants were,

NOTE Confidence: 0.886278668

00:05:15.960 --> 00:05:18.360 as Chris described, non Hispanic white.

NOTE Confidence: 0.886278668

00:05:18.360 --> 00:05:19.680 They tend to be prosperous.

NOTE Confidence: 0.886278668

00:05:19.680 --> 00:05:20.960 They tend to have

NOTE Confidence: 0.920494935

00:05:23.080 --> 00:05:26.038 significant levels of education as well.

NOTE Confidence: 0.920494935

00:05:26.040 --> 00:05:30.056 We don't see are actually folks who identify

NOTE Confidence: 0.920494935

00:05:30.056 --> 00:05:33.760 as African American of Latinx origin,

NOTE Confidence: 0.920494935

00:05:33.760 --> 00:05:35.464 Asian or indigenous origin,

NOTE Confidence: 0.920494935

00:05:35.464 --> 00:05:39.555 as well as all of the other wonderfully

NOTE Confidence: 0.920494935

00:05:39.555 --> 00:05:42.500 diverse ethnoracial groups that

NOTE Confidence: 0.920494935

00:05:42.500 --> 00:05:47.198 are present in the United States.

NOTE Confidence: 0.920494935

00:05:47.200 --> 00:05:50.565 For for this particular research

NOTE Confidence: 0.920494935

00:05:50.565 --> 00:05:52.680 group that not only did they
NOTE Confidence: 0.920494935

00:05:52.680 --> 00:05:53.832 look at psychedelic studies,
NOTE Confidence: 0.920494935

00:05:53.840 --> 00:05:56.556 they also looked at just just ketamine
NOTE Confidence: 0.920494935

00:05:56.556 --> 00:05:58.961 studies And then that's like a big
NOTE Confidence: 0.920494935

00:05:58.961 --> 00:06:01.718 part of our work here at Yale as well.
NOTE Confidence: 0.920494935

00:06:01.720 --> 00:06:04.288 And what they did find was pretty much
NOTE Confidence: 0.920494935

00:06:04.288 --> 00:06:06.826 the same thing right Across studies
NOTE Confidence: 0.920494935

00:06:06.826 --> 00:06:09.491 of ketamine that were conducted
NOTE Confidence: 0.920494935

00:06:09.491 --> 00:06:12.599 over the past several decades,
NOTE Confidence: 0.920494935

00:06:12.600 --> 00:06:14.480 they'd found that overwhelmingly
NOTE Confidence: 0.783603926

00:06:16.520 --> 00:06:19.800 73.7% of the pulled sample
NOTE Confidence: 0.783603926

00:06:19.800 --> 00:06:22.640 identified as non Hispanic white.
NOTE Confidence: 0.783603926

00:06:22.640 --> 00:06:24.080 So this really, you know,
NOTE Confidence: 0.783603926

00:06:24.080 --> 00:06:27.320 helps us understand just where
NOTE Confidence: 0.783603926

00:06:27.320 --> 00:06:30.236 the what the obvious barriers to
NOTE Confidence: 0.783603926

00:06:30.236 --> 00:06:32.480 accessing psychedelic research may be.

NOTE Confidence: 0.783603926

00:06:32.480 --> 00:06:35.360 Or if you identify as a person of color,

NOTE Confidence: 0.783603926

00:06:35.360 --> 00:06:37.184 it probably is the case that

NOTE Confidence: 0.783603926

00:06:37.184 --> 00:06:39.271 you're not going to get into

NOTE Confidence: 0.783603926

00:06:39.271 --> 00:06:40.875 a psychedelic clinical trial.

NOTE Confidence: 0.783603926

00:06:40.880 --> 00:06:42.399 And what are some reasons for that

NOTE Confidence: 0.897015641

00:06:45.440 --> 00:06:48.368 When we look at the MDMA

NOTE Confidence: 0.897015641

00:06:48.368 --> 00:06:50.320 research program for PTSD,

NOTE Confidence: 0.897015641

00:06:50.320 --> 00:06:52.320 things are looking a little

NOTE Confidence: 0.897015641

00:06:52.320 --> 00:06:53.520 bit more optimistic.

NOTE Confidence: 0.897015641

00:06:53.520 --> 00:06:56.195 They just completed two phase

NOTE Confidence: 0.897015641

00:06:56.195 --> 00:07:00.458 three clinical trials and the the

NOTE Confidence: 0.897015641

00:07:00.458 --> 00:07:04.608 the inclusion of participants of

NOTE Confidence: 0.897015641

00:07:04.608 --> 00:07:09.360 color were were improved from the

NOTE Confidence: 0.897015641

00:07:09.360 --> 00:07:11.560 first phase three trials that

NOTE Confidence: 0.897015641

00:07:11.560 --> 00:07:15.280 they did to the point that when

NOTE Confidence: 0.897015641

00:07:15.280 --> 00:07:17.722 they looked at their second phase
NOTE Confidence: 0.897015641

00:07:17.722 --> 00:07:20.239 three trial more than half of the
NOTE Confidence: 0.897015641

00:07:20.240 --> 00:07:23.000 recruited participants identified
NOTE Confidence: 0.897015641

00:07:23.000 --> 00:07:26.928 as Bipoc and this was actually
NOTE Confidence: 0.897015641

00:07:26.928 --> 00:07:29.538 overembling if we looked at
NOTE Confidence: 0.897015641

00:07:29.538 --> 00:07:32.717 PTSD patient population by race.
NOTE Confidence: 0.897015641

00:07:32.720 --> 00:07:34.952 While this is a a a sign of
NOTE Confidence: 0.897015641

00:07:34.952 --> 00:07:36.159 good things to come,
NOTE Confidence: 0.897015641

00:07:36.160 --> 00:07:39.490 we still need pretty systemic
NOTE Confidence: 0.897015641

00:07:39.490 --> 00:07:42.154 diversification of psychedelic research.
NOTE Confidence: 0.897015641

00:07:42.160 --> 00:07:44.368 We need this to happen also
NOTE Confidence: 0.897015641

00:07:44.368 --> 00:07:45.472 in Academy studies.
NOTE Confidence: 0.897015641

00:07:45.480 --> 00:07:47.615 We also need this to happen in
NOTE Confidence: 0.897015641

00:07:47.615 --> 00:07:48.880 psilocybin programs as well.
NOTE Confidence: 0.952846634545455

00:07:52.520 --> 00:07:54.662 If we look at other limitations
NOTE Confidence: 0.952846634545455

00:07:54.662 --> 00:07:56.720 that exist in psychedelic research,

NOTE Confidence: 0.952846634545455
00:07:56.720 --> 00:07:58.616 some of these are pretty obvious
NOTE Confidence: 0.952846634545455
00:07:58.616 --> 00:08:01.440 and and you know probably has been
NOTE Confidence: 0.952846634545455
00:08:01.440 --> 00:08:04.208 discussed in the seminar series.
NOTE Confidence: 0.952846634545455
00:08:04.208 --> 00:08:07.664 Studies often fail to report certain
NOTE Confidence: 0.952846634545455
00:08:07.664 --> 00:08:09.365 demographics sexual orientation altogether.
NOTE Confidence: 0.952846634545455
00:08:09.365 --> 00:08:12.240 Not only do they fail to report it,
NOTE Confidence: 0.952846634545455
00:08:12.240 --> 00:08:15.678 I think the the the limitation
NOTE Confidence: 0.952846634545455
00:08:15.680 --> 00:08:17.768 extends prior to that they fail
NOTE Confidence: 0.952846634545455
00:08:17.768 --> 00:08:19.160 to collect such information,
NOTE Confidence: 0.952846634545455
00:08:19.160 --> 00:08:21.897 so they couldn't report it when they
NOTE Confidence: 0.952846634545455
00:08:21.897 --> 00:08:24.119 published their primary outcomes paper.
NOTE Confidence: 0.952846634545455
00:08:24.120 --> 00:08:27.306 Other studies tend to report these
NOTE Confidence: 0.952846634545455
00:08:27.306 --> 00:08:29.730 demographics, not intersectional.
NOTE Confidence: 0.952846634545455
00:08:29.730 --> 00:08:34.455 Intersectional they they don't consider
NOTE Confidence: 0.952846634545455
00:08:34.455 --> 00:08:38.240 how participants not only just identify
NOTE Confidence: 0.952846634545455

00:08:38.240 --> 00:08:41.080 as a particular ethnoracial group,
NOTE Confidence: 0.952846634545455

00:08:41.080 --> 00:08:43.320 they might also be queer as well,
NOTE Confidence: 0.952846634545455

00:08:43.320 --> 00:08:45.560 and we just don't get the the
NOTE Confidence: 0.952846634545455

00:08:45.560 --> 00:08:47.560 sample breakdown in that way.
NOTE Confidence: 0.952846634545455

00:08:47.560 --> 00:08:50.120 So it's really hard to think about how
NOTE Confidence: 0.952846634545455

00:08:50.120 --> 00:08:52.280 these findings might generalize or not.
NOTE Confidence: 0.952846634545455

00:08:52.280 --> 00:08:55.058 Psychedelics are often discussed also in
NOTE Confidence: 0.952846634545455

00:08:55.058 --> 00:08:57.680 umbrella categories like illicit substances.
NOTE Confidence: 0.952846634545455

00:08:57.680 --> 00:09:02.656 A lot of the research that is done
NOTE Confidence: 0.952846634545455

00:09:02.656 --> 00:09:04.912 with queer populations tends to
NOTE Confidence: 0.952846634545455

00:09:04.912 --> 00:09:06.952 have a skew toward problematic
NOTE Confidence: 0.952846634545455

00:09:06.952 --> 00:09:08.518 substance use or addictions.
NOTE Confidence: 0.952846634545455

00:09:08.520 --> 00:09:10.232 That's often how psychedelic
NOTE Confidence: 0.952846634545455

00:09:10.232 --> 00:09:12.800 use is discussed in that frame,
NOTE Confidence: 0.952846634545455

00:09:12.800 --> 00:09:14.837 and it really makes it hard to
NOTE Confidence: 0.952846634545455

00:09:14.837 --> 00:09:16.527 generalize some of these findings

NOTE Confidence: 0.952846634545455
00:09:16.527 --> 00:09:18.397 to the non addicted majority.
NOTE Confidence: 0.81368476
00:09:21.000 --> 00:09:21.240 OK,
NOTE Confidence: 0.9248219575
00:09:23.360 --> 00:09:25.560 what that? So with all of these findings,
NOTE Confidence: 0.9248219575
00:09:25.560 --> 00:09:28.626 that really just seems to to indicate
NOTE Confidence: 0.9248219575
00:09:28.626 --> 00:09:32.036 that perhaps you know the reason why
NOTE Confidence: 0.9248219575
00:09:32.036 --> 00:09:34.080 folks of color or queer folks aren't
NOTE Confidence: 0.9248219575
00:09:34.142 --> 00:09:35.918 in psychedelic clinical trials.
NOTE Confidence: 0.9248219575
00:09:35.920 --> 00:09:37.756 It might be they're not interested.
NOTE Confidence: 0.9248219575
00:09:37.760 --> 00:09:41.603 But what we do see is actually with more
NOTE Confidence: 0.9248219575
00:09:41.603 --> 00:09:45.226 recent data coming out of large scale
NOTE Confidence: 0.9248219575
00:09:45.226 --> 00:09:48.891 epidemiological studies of people who've
NOTE Confidence: 0.9248219575
00:09:48.891 --> 00:09:52.160 ever used psychedelics in their lifetime,
NOTE Confidence: 0.9248219575
00:09:52.160 --> 00:09:54.410 we we see some really
NOTE Confidence: 0.9248219575
00:09:54.410 --> 00:09:55.759 interesting trends here.
NOTE Confidence: 0.9248219575
00:09:55.760 --> 00:10:00.180 We see here that more than half of
NOTE Confidence: 0.9248219575

00:10:00.180 --> 00:10:02.655 multiracial and Hispanic males reported
NOTE Confidence: 0.9248219575

00:10:02.655 --> 00:10:04.877 lifetime psilocybin or LSD use.
NOTE Confidence: 0.9248219575

00:10:04.880 --> 00:10:06.704 Another interesting thing,
NOTE Confidence: 0.9248219575

00:10:06.704 --> 00:10:08.752 perhaps not too surprising,
NOTE Confidence: 0.9248219575

00:10:08.752 --> 00:10:10.000 is, you know,
NOTE Confidence: 0.9248219575

00:10:10.000 --> 00:10:12.204 Native American males reporting
NOTE Confidence: 0.9248219575

00:10:12.204 --> 00:10:14.959 the highest lifetime peyote use,
NOTE Confidence: 0.9248219575

00:10:14.960 --> 00:10:17.464 Pacific Islander males reporting
NOTE Confidence: 0.9248219575

00:10:17.464 --> 00:10:20.594 the highest lifetime mescaline use.
NOTE Confidence: 0.9248219575

00:10:20.600 --> 00:10:22.760 But what was like most surprising for me,
NOTE Confidence: 0.9248219575

00:10:22.760 --> 00:10:24.059 especially personally speaking,
NOTE Confidence: 0.9248219575

00:10:24.059 --> 00:10:27.090 it was just seeing how Asian females
NOTE Confidence: 0.9248219575

00:10:27.158 --> 00:10:28.878 reported the highest lifetime
NOTE Confidence: 0.9248219575

00:10:28.878 --> 00:10:30.598 use of any psychedelics.
NOTE Confidence: 0.9248219575

00:10:30.600 --> 00:10:33.760 So as an immigrant
NOTE Confidence: 0.69309148

00:10:36.200 --> 00:10:39.600 who is also of of of Asian descent,

NOTE Confidence: 0.69309148

00:10:39.600 --> 00:10:42.726 the messages I got were that, yeah,

NOTE Confidence: 0.69309148

00:10:42.726 --> 00:10:44.556 like Asians don't take psychedelics.

NOTE Confidence: 0.69309148

00:10:44.560 --> 00:10:47.262 So this was in stark contrast to

NOTE Confidence: 0.69309148

00:10:47.262 --> 00:10:50.283 all of these messages that are

NOTE Confidence: 0.69309148

00:10:50.283 --> 00:10:53.233 inherited from generations before me.

NOTE Confidence: 0.69309148

00:10:53.240 --> 00:10:56.186 Which opened my eyes to the

NOTE Confidence: 0.69309148

00:10:56.186 --> 00:10:59.280 fact that Bipoc populations are

NOTE Confidence: 0.69309148

00:10:59.280 --> 00:11:01.880 interested in psychedelic views,

NOTE Confidence: 0.69309148

00:11:01.880 --> 00:11:04.410 and that psychedelic views is

NOTE Confidence: 0.69309148

00:11:04.410 --> 00:11:06.940 increasing across racial and ethnic

NOTE Confidence: 0.69309148

00:11:07.024 --> 00:11:09.436 groups in recent years as well.

NOTE Confidence: 0.69309148

00:11:09.440 --> 00:11:11.274 But here we have some clarifying information.

NOTE Confidence: 0.69309148

00:11:11.280 --> 00:11:14.640 Yeah, yeah, folks of color are

NOTE Confidence: 0.69309148

00:11:14.640 --> 00:11:16.880 actually interested in psychedelics.

NOTE Confidence: 0.69309148

00:11:16.880 --> 00:11:20.120 What we do see when we look more intently

NOTE Confidence: 0.69309148

00:11:20.120 --> 00:11:24.048 at what happens when folks of color
NOTE Confidence: 0.69309148

00:11:24.048 --> 00:11:26.372 receive information about psychedelics
NOTE Confidence: 0.69309148

00:11:26.454 --> 00:11:29.772 relevant to or similar to what they
NOTE Confidence: 0.69309148

00:11:29.772 --> 00:11:33.280 receive in psychedelic clinical trials.
NOTE Confidence: 0.69309148

00:11:33.280 --> 00:11:34.651 We see here,
NOTE Confidence: 0.69309148

00:11:34.651 --> 00:11:36.479 particularly in this study,
NOTE Confidence: 0.69309148

00:11:36.480 --> 00:11:39.680 that when bipoc individuals
NOTE Confidence: 0.69309148

00:11:39.680 --> 00:11:41.280 receive education,
NOTE Confidence: 0.69309148

00:11:41.280 --> 00:11:44.320 they actually are more likely
NOTE Confidence: 0.69309148

00:11:44.320 --> 00:11:48.424 to seek or or endorse higher
NOTE Confidence: 0.69309148

00:11:48.424 --> 00:11:51.026 likelihoods of seeking psychedelic
NOTE Confidence: 0.69309148

00:11:51.026 --> 00:11:53.210 assisted psychotherapy than their
NOTE Confidence: 0.69309148

00:11:53.210 --> 00:11:55.394 non Hispanic white counterparts.
NOTE Confidence: 0.69309148

00:11:55.400 --> 00:11:58.028 So we see here a significant
NOTE Confidence: 0.69309148

00:11:58.028 --> 00:12:00.148 difference across the different modes
NOTE Confidence: 0.69309148

00:12:00.148 --> 00:12:04.010 of reporting or or educating them

NOTE Confidence: 0.69309148

00:12:04.010 --> 00:12:06.439 about psychedelics across the board,

NOTE Confidence: 0.69309148

00:12:06.439 --> 00:12:08.104 they're just more interested than

NOTE Confidence: 0.69309148

00:12:08.104 --> 00:12:10.359 their non Hispanic white counterparts.

NOTE Confidence: 0.69309148

00:12:10.360 --> 00:12:11.448 So that's really interesting,

NOTE Confidence: 0.69309148

00:12:11.448 --> 00:12:11.720 right?

NOTE Confidence: 0.69309148

00:12:11.720 --> 00:12:13.440 Like,

NOTE Confidence: 0.69309148

00:12:13.440 --> 00:12:16.496 not only are are are people of color

NOTE Confidence: 0.69309148

00:12:16.496 --> 00:12:18.827 interested in psychedelics when you

NOTE Confidence: 0.69309148

00:12:18.827 --> 00:12:24.213 give them perhaps accurate or or clear

NOTE Confidence: 0.69309148

00:12:24.213 --> 00:12:26.278 information about what psychedelics are,

NOTE Confidence: 0.69309148

00:12:26.280 --> 00:12:27.780 they're actually quite interested in

NOTE Confidence: 0.69309148

00:12:27.780 --> 00:12:29.640 the promise of psychedelics for healing

NOTE Confidence: 0.816338546666667

00:12:32.840 --> 00:12:35.260 when when we talk about

NOTE Confidence: 0.816338546666667

00:12:35.260 --> 00:12:37.196 queer populations as well.

NOTE Confidence: 0.816338546666667

00:12:37.200 --> 00:12:39.370 I just want to highlight the this

NOTE Confidence: 0.816338546666667

00:12:39.370 --> 00:12:41.479 very nice study that was done by
NOTE Confidence: 0.816338546666667

00:12:41.479 --> 00:12:44.325 Chris Stauffer's group where they did
NOTE Confidence: 0.816338546666667

00:12:44.325 --> 00:12:46.890 focus group discussions with trans
NOTE Confidence: 0.816338546666667

00:12:46.969 --> 00:12:49.903 and gender non conforming and other
NOTE Confidence: 0.816338546666667

00:12:49.903 --> 00:12:52.858 queer individuals about the promise of
NOTE Confidence: 0.816338546666667

00:12:52.858 --> 00:12:55.594 MDMA for PTSD among their community.
NOTE Confidence: 0.816338546666667

00:12:55.600 --> 00:12:56.716 A lot of them actually said,
NOTE Confidence: 0.816338546666667

00:12:56.720 --> 00:12:58.560 oh, I've actually tried MDMA,
NOTE Confidence: 0.816338546666667

00:12:58.560 --> 00:13:00.765 you know, I've had a lot of my own
NOTE Confidence: 0.816338546666667

00:13:00.765 --> 00:13:02.318 personal experiences with that.
NOTE Confidence: 0.816338546666667

00:13:02.320 --> 00:13:04.995 These have been profoundly moving
NOTE Confidence: 0.816338546666667

00:13:04.995 --> 00:13:06.600 and life changing.
NOTE Confidence: 0.816338546666667

00:13:06.600 --> 00:13:08.428 Others are, you know,
NOTE Confidence: 0.816338546666667

00:13:08.428 --> 00:13:10.713 a little bit more hesitant,
NOTE Confidence: 0.816338546666667

00:13:10.720 --> 00:13:12.785 but they still see the promise of
NOTE Confidence: 0.816338546666667

00:13:12.785 --> 00:13:14.727 it for others like them, right?

NOTE Confidence: 0.816338546666667
00:13:14.727 --> 00:13:17.663 I I still see it as being really
NOTE Confidence: 0.816338546666667
00:13:17.663 --> 00:13:19.717 beneficial for people in general.
NOTE Confidence: 0.816338546666667
00:13:19.720 --> 00:13:22.672 So we see here a lot more clarifying
NOTE Confidence: 0.816338546666667
00:13:22.672 --> 00:13:25.119 information about whether people of color,
NOTE Confidence: 0.816338546666667
00:13:25.120 --> 00:13:26.320 whether queer folks,
NOTE Confidence: 0.816338546666667
00:13:26.320 --> 00:13:27.920 are interested in psychedelics.
NOTE Confidence: 0.816338546666667
00:13:27.920 --> 00:13:30.520 We know, Yeah, they are.
NOTE Confidence: 0.816338546666667
00:13:30.520 --> 00:13:32.638 And when they're educated about it,
NOTE Confidence: 0.816338546666667
00:13:32.640 --> 00:13:35.080 they are actually more likely
NOTE Confidence: 0.816338546666667
00:13:35.080 --> 00:13:37.096 and more interested to take part
NOTE Confidence: 0.816338546666667
00:13:37.096 --> 00:13:38.440 in psychedelic clinical trials.
NOTE Confidence: 0.951614018666667
00:13:41.040 --> 00:13:43.782 The clearest information we have at
NOTE Confidence: 0.951614018666667
00:13:43.782 --> 00:13:47.062 this point about the intersection of
NOTE Confidence: 0.951614018666667
00:13:47.062 --> 00:13:51.376 psychedelics and diversity was this research.
NOTE Confidence: 0.951614018666667
00:13:51.376 --> 00:13:56.919 So we looked at the MAPS data or MDMA
NOTE Confidence: 0.951614018666667

00:13:56.920 --> 00:14:00.063 for PTSD and we actually found that
NOTE Confidence: 0.951614018666667

00:14:00.063 --> 00:14:02.954 for people that were randomized to
NOTE Confidence: 0.951614018666667

00:14:02.954 --> 00:14:07.244 the MDMA group that folks of color
NOTE Confidence: 0.951614018666667

00:14:07.244 --> 00:14:10.328 benefited to the same extent as their
NOTE Confidence: 0.951614018666667

00:14:10.328 --> 00:14:12.716 non Hispanic white counterparts.
NOTE Confidence: 0.951614018666667

00:14:12.720 --> 00:14:14.580 A very interesting finding was
NOTE Confidence: 0.951614018666667

00:14:14.580 --> 00:14:17.407 that for folks of color that were
NOTE Confidence: 0.951614018666667

00:14:17.407 --> 00:14:19.199 randomized the placebo group,
NOTE Confidence: 0.951614018666667

00:14:19.200 --> 00:14:21.560 they actually almost, you know,
NOTE Confidence: 0.951614018666667

00:14:21.560 --> 00:14:25.016 trended towards more improvements
NOTE Confidence: 0.951614018666667

00:14:25.016 --> 00:14:27.740 than there are non Hispanic white
NOTE Confidence: 0.951614018666667

00:14:27.740 --> 00:14:29.600 counterparts in the placebo group.
NOTE Confidence: 0.951614018666667

00:14:29.600 --> 00:14:32.680 So this really speaks to the power of
NOTE Confidence: 0.951614018666667

00:14:32.680 --> 00:14:34.840 the psychedelic experience itself,
NOTE Confidence: 0.951614018666667

00:14:34.840 --> 00:14:38.840 the idea of it being a total package.
NOTE Confidence: 0.951614018666667

00:14:38.840 --> 00:14:40.548 Not only do you have the dosing

NOTE Confidence: 0.951614018666667
00:14:40.548 --> 00:14:41.036 sessions itself,
NOTE Confidence: 0.951614018666667
00:14:41.040 --> 00:14:43.314 but also the prep and integration
NOTE Confidence: 0.951614018666667
00:14:43.314 --> 00:14:45.679 sessions that can be so helpful,
NOTE Confidence: 0.951614018666667
00:14:45.680 --> 00:14:47.680 especially if you're identifying
NOTE Confidence: 0.951614018666667
00:14:47.680 --> 00:14:50.680 as part of the bipod community.
NOTE Confidence: 0.951614018666667
00:14:50.680 --> 00:14:52.520 Basically what we're taking from
NOTE Confidence: 0.951614018666667
00:14:52.520 --> 00:14:54.720 from these findings is that when
NOTE Confidence: 0.951614018666667
00:14:54.720 --> 00:14:56.778 we get people of color into trials
NOTE Confidence: 0.951614018666667
00:14:56.778 --> 00:14:58.480 at least for MDMA or PTSD,
NOTE Confidence: 0.951614018666667
00:14:58.480 --> 00:15:00.727 they might benefit to the same extent
NOTE Confidence: 0.951614018666667
00:15:00.727 --> 00:15:03.652 and it would be so helpful even if they
NOTE Confidence: 0.951614018666667
00:15:03.652 --> 00:15:05.879 were randomized to the placebo group.
NOTE Confidence: 0.951614018666667
00:15:05.880 --> 00:15:09.359 So just to really summarize the state
NOTE Confidence: 0.951614018666667
00:15:09.359 --> 00:15:11.596 of research among diverse populations
NOTE Confidence: 0.951614018666667
00:15:11.596 --> 00:15:14.480 here it it is an indictment of
NOTE Confidence: 0.951614018666667

00:15:14.554 --> 00:15:17.026 of us basically as a psychedelic

NOTE Confidence: 0.951614018666667

00:15:17.026 --> 00:15:19.541 research groups that we really should

NOTE Confidence: 0.951614018666667

00:15:19.541 --> 00:15:22.320 do a lot more to recruit diverse

NOTE Confidence: 0.951614018666667

00:15:22.320 --> 00:15:25.558 samples to improve generalizability.

NOTE Confidence: 0.951614018666667

00:15:25.560 --> 00:15:29.795 This is such an urgent need because

NOTE Confidence: 0.951614018666667

00:15:29.800 --> 00:15:32.110 folks of color and queer folks are

NOTE Confidence: 0.951614018666667

00:15:32.110 --> 00:15:33.688 also very interested in psychedelic

NOTE Confidence: 0.951614018666667

00:15:33.688 --> 00:15:35.800 use and if we do get them in,

NOTE Confidence: 0.951614018666667

00:15:35.800 --> 00:15:37.378 there's a chance that they might

NOTE Confidence: 0.951614018666667

00:15:37.378 --> 00:15:38.840 benefit to the same extent,

NOTE Confidence: 0.951614018666667

00:15:38.840 --> 00:15:41.381 perhaps a little bit more than their

NOTE Confidence: 0.951614018666667

00:15:41.381 --> 00:15:43.400 non Hispanic white counterparts.

NOTE Confidence: 0.951614018666667

00:15:43.400 --> 00:15:45.872 What this really highlights is that

NOTE Confidence: 0.951614018666667

00:15:45.872 --> 00:15:48.418 there are some patient level access

NOTE Confidence: 0.951614018666667

00:15:48.418 --> 00:15:50.478 barriers that we as researchers

NOTE Confidence: 0.951614018666667

00:15:50.478 --> 00:15:53.744 need to learn and mitigate and a lot

NOTE Confidence: 0.951614018666667
00:15:53.744 --> 00:15:55.952 of our own therapist or research
NOTE Confidence: 0.951614018666667
00:15:55.952 --> 00:15:58.755 for level problems that we need
NOTE Confidence: 0.951614018666667
00:15:58.755 --> 00:16:00.639 to recognize and address.
NOTE Confidence: 0.951614018666667
00:16:00.640 --> 00:16:03.336 And really it's it's the onus is on
NOTE Confidence: 0.951614018666667
00:16:03.336 --> 00:16:05.921 us to conduct psychedelic research
NOTE Confidence: 0.951614018666667
00:16:05.921 --> 00:16:08.956 in a culturally attuned manner
NOTE Confidence: 0.951614018666667
00:16:08.960 --> 00:16:12.159 because not doing so may be harmful.
NOTE Confidence: 0.951614018666667
00:16:12.160 --> 00:16:15.598 So how do we even start doing this right?
NOTE Confidence: 0.951614018666667
00:16:15.600 --> 00:16:16.032 Well,
NOTE Confidence: 0.951614018666667
00:16:16.032 --> 00:16:18.624 let's start with a working definition
NOTE Confidence: 0.951614018666667
00:16:18.624 --> 00:16:21.749 of what I mean by culturally
NOTE Confidence: 0.951614018666667
00:16:21.749 --> 00:16:24.077 attuned or cultural attunement.
NOTE Confidence: 0.951614018666667
00:16:24.080 --> 00:16:27.290 For me it really cultural attunement
NOTE Confidence: 0.951614018666667
00:16:27.290 --> 00:16:30.840 is an active process of of knowing,
NOTE Confidence: 0.951614018666667
00:16:30.840 --> 00:16:31.995 of being aware,
NOTE Confidence: 0.951614018666667

00:16:31.995 --> 00:16:32.380 of,
NOTE Confidence: 0.951614018666667

00:16:32.380 --> 00:16:35.178 of being able to recognize and pay
NOTE Confidence: 0.951614018666667

00:16:35.178 --> 00:16:38.168 attention to and also collaborate with
NOTE Confidence: 0.951614018666667

00:16:38.168 --> 00:16:41.420 with the goal of empowering diverse
NOTE Confidence: 0.951614018666667

00:16:41.515 --> 00:16:44.622 individuals as intrinsically cultural
NOTE Confidence: 0.951614018666667

00:16:44.622 --> 00:16:49.277 beings with unique intersectional identities.
NOTE Confidence: 0.951614018666667

00:16:49.280 --> 00:16:50.600 So in all the way,
NOTE Confidence: 0.951614018666667

00:16:50.600 --> 00:16:52.120 a lot of ways,
NOTE Confidence: 0.951614018666667

00:16:52.120 --> 00:16:55.590 this really parallels what is discussed by
NOTE Confidence: 0.951614018666667

00:16:55.590 --> 00:16:58.492 by Crenshaw in intersectionality theory.
NOTE Confidence: 0.951614018666667

00:16:58.492 --> 00:17:02.116 Cultural attunement is also highly similar
NOTE Confidence: 0.951614018666667

00:17:02.116 --> 00:17:06.155 to what we think of as cultural sensitivity,
NOTE Confidence: 0.951614018666667

00:17:06.160 --> 00:17:09.058 maybe some component of cultural competence
NOTE Confidence: 0.951614018666667

00:17:09.058 --> 00:17:12.602 that has evolved into this notion of
NOTE Confidence: 0.951614018666667

00:17:12.602 --> 00:17:15.157 culturally informed and responsive care.
NOTE Confidence: 0.951614018666667

00:17:15.160 --> 00:17:15.968 And ultimately,

NOTE Confidence: 0.951614018666667
00:17:15.968 --> 00:17:16.776 you know,
NOTE Confidence: 0.951614018666667
00:17:16.776 --> 00:17:18.796 the idea of cultural humility,
NOTE Confidence: 0.951614018666667
00:17:18.800 --> 00:17:22.801 the idea that being able to
NOTE Confidence: 0.951614018666667
00:17:22.801 --> 00:17:24.669 work with diverse individuals
NOTE Confidence: 0.951614018666667
00:17:24.669 --> 00:17:27.519 is a continual learning process,
NOTE Confidence: 0.951614018666667
00:17:27.520 --> 00:17:30.157 the one that we need to be open to.
NOTE Confidence: 0.916973387692308
00:17:30.160 --> 00:17:32.104 And that's a lot of what we ask of
NOTE Confidence: 0.916973387692308
00:17:32.104 --> 00:17:33.638 people in psychedelic sessions.
NOTE Confidence: 0.916973387692308
00:17:33.640 --> 00:17:36.160 So it it it behooves us to do the same
NOTE Confidence: 0.916973387692308
00:17:36.233 --> 00:17:38.759 for ourselves with our participants as
NOTE Confidence: 0.680678738
00:17:41.720 --> 00:17:43.760 well. Let's also define SAD.
NOTE Confidence: 0.680678738
00:17:43.760 --> 00:17:44.816 I mean, I'm not going to
NOTE Confidence: 0.680678738
00:17:44.816 --> 00:17:45.880 spend too much time on this.
NOTE Confidence: 0.680678738
00:17:45.880 --> 00:17:47.805 Everyone in this group really
NOTE Confidence: 0.680678738
00:17:47.805 --> 00:17:50.760 has a clear idea of what SAD is.
NOTE Confidence: 0.680678738

00:17:50.760 --> 00:17:52.320 As I mentioned, you know,
NOTE Confidence: 0.680678738

00:17:52.320 --> 00:17:54.685 SAD is the constellation of
NOTE Confidence: 0.680678738

00:17:54.685 --> 00:17:57.050 internal factors that that a
NOTE Confidence: 0.680678738

00:17:57.138 --> 00:17:59.858 person brings with them into
NOTE Confidence: 0.680678738

00:17:59.858 --> 00:18:02.034 a psychedelic dosing session.
NOTE Confidence: 0.680678738

00:18:02.040 --> 00:18:04.308 If we expand that and and necessarily
NOTE Confidence: 0.680678738

00:18:04.308 --> 00:18:06.680 so given what we've just discussed,
NOTE Confidence: 0.680678738

00:18:06.680 --> 00:18:08.978 it also involves all of these
NOTE Confidence: 0.680678738

00:18:08.978 --> 00:18:10.874 different access barriers that we
NOTE Confidence: 0.680678738

00:18:10.874 --> 00:18:12.674 are are talking about as well.
NOTE Confidence: 0.886880789473684

00:18:15.480 --> 00:18:17.688 I like to think of some of these
NOTE Confidence: 0.886880789473684

00:18:17.688 --> 00:18:19.049 barriers in the psychological
NOTE Confidence: 0.886880789473684

00:18:19.049 --> 00:18:21.639 sense as well as a pragmatic sense.
NOTE Confidence: 0.886880789473684

00:18:21.640 --> 00:18:24.340 So let's first work on the
NOTE Confidence: 0.886880789473684

00:18:24.340 --> 00:18:25.240 psychological barriers.
NOTE Confidence: 0.886880789473684

00:18:25.240 --> 00:18:28.045 A lot of these form part of people's

NOTE Confidence: 0.886880789473684
00:18:28.045 --> 00:18:31.160 set as they enter the psychedelic space.
NOTE Confidence: 0.886880789473684
00:18:31.160 --> 00:18:34.090 There can be actually intergenerational
NOTE Confidence: 0.886880789473684
00:18:34.090 --> 00:18:36.434 stigma about drug use.
NOTE Confidence: 0.886880789473684
00:18:36.440 --> 00:18:39.198 I've given my own personal examples,
NOTE Confidence: 0.886880789473684
00:18:39.200 --> 00:18:43.030 but we hear a lot about how folks of
NOTE Confidence: 0.886880789473684
00:18:43.030 --> 00:18:46.573 color talk about drug use as a a a
NOTE Confidence: 0.886880789473684
00:18:46.573 --> 00:18:48.750 gateway to addiction a a sure path
NOTE Confidence: 0.886880789473684
00:18:48.828 --> 00:18:51.543 down to death or imprisonment, right?
NOTE Confidence: 0.886880789473684
00:18:51.543 --> 00:18:54.607 We hear a lot about how folks of
NOTE Confidence: 0.886880789473684
00:18:54.607 --> 00:18:57.320 color think about using drugs
NOTE Confidence: 0.886880789473684
00:18:57.320 --> 00:18:59.000 as highly threatening.
NOTE Confidence: 0.886880789473684
00:18:59.000 --> 00:19:02.731 So this really involves the concept of
NOTE Confidence: 0.886880789473684
00:19:02.731 --> 00:19:05.960 stereotype threat as a person who's
NOTE Confidence: 0.886880789473684
00:19:05.960 --> 00:19:08.660 violating social norms by taking
NOTE Confidence: 0.886880789473684
00:19:08.660 --> 00:19:11.984 drugs for for Bipoc individuals is a
NOTE Confidence: 0.886880789473684

00:19:11.984 --> 00:19:14.992 very common theme of of psychedelic
NOTE Confidence: 0.886880789473684

00:19:14.992 --> 00:19:18.148 use or other illicit substance use
NOTE Confidence: 0.886880789473684

00:19:18.148 --> 00:19:20.720 as invoking the idea that they
NOTE Confidence: 0.886880789473684

00:19:20.720 --> 00:19:22.805 are deviant drug users, right?
NOTE Confidence: 0.886880789473684

00:19:22.805 --> 00:19:25.920 For other populations such as gay men,
NOTE Confidence: 0.886880789473684

00:19:25.920 --> 00:19:30.625 there's the the intrinsic idea that anyone,
NOTE Confidence: 0.886880789473684

00:19:30.625 --> 00:19:35.733 any gay men who uses drugs uses drugs to
NOTE Confidence: 0.886880789473684

00:19:35.733 --> 00:19:40.440 for for chemically altered sex or camp sex.
NOTE Confidence: 0.886880789473684

00:19:40.440 --> 00:19:43.640 There's also the idea and and you know,
NOTE Confidence: 0.886880789473684

00:19:43.640 --> 00:19:46.825 actual history of the racist war on
NOTE Confidence: 0.886880789473684

00:19:46.825 --> 00:19:49.195 drugs where where black Americans are
NOTE Confidence: 0.886880789473684

00:19:49.195 --> 00:19:51.578 arrested and charged at with drug
NOTE Confidence: 0.886880789473684

00:19:51.578 --> 00:19:53.598 related offenses at higher rates,
NOTE Confidence: 0.886880789473684

00:19:53.600 --> 00:19:55.838 they they are punished to a
NOTE Confidence: 0.886880789473684

00:19:55.838 --> 00:19:56.957 more severe extent.
NOTE Confidence: 0.886880789473684

00:19:56.960 --> 00:19:59.068 They have harsher sentences,

NOTE Confidence: 0.886880789473684
00:19:59.068 --> 00:20:01.176 longer incarceration than their
NOTE Confidence: 0.886880789473684
00:20:01.176 --> 00:20:03.679 non Hispanic black counterparts.
NOTE Confidence: 0.886880789473684
00:20:03.680 --> 00:20:06.382 So think about all of these different
NOTE Confidence: 0.886880789473684
00:20:06.382 --> 00:20:08.758 messages that folks of color inherit,
NOTE Confidence: 0.886880789473684
00:20:08.760 --> 00:20:11.400 that that queer populations inherit,
NOTE Confidence: 0.886880789473684
00:20:11.400 --> 00:20:13.776 and how that really forms part
NOTE Confidence: 0.886880789473684
00:20:13.776 --> 00:20:15.360 of their expectations their.
NOTE Confidence: 0.886880789473684
00:20:15.360 --> 00:20:17.460 Assumptions and their goals as
NOTE Confidence: 0.886880789473684
00:20:17.460 --> 00:20:19.140 they even contemplate doing
NOTE Confidence: 0.886880789473684
00:20:19.140 --> 00:20:21.520 a psychedelic clinical trial.
NOTE Confidence: 0.963045888333333
00:20:24.280 --> 00:20:26.560 When we look at the idea,
NOTE Confidence: 0.963045888333333
00:20:26.560 --> 00:20:27.706 when we look at the reality
NOTE Confidence: 0.963045888333333
00:20:27.706 --> 00:20:29.480 that a lot of these trials are
NOTE Confidence: 0.963045888333333
00:20:29.480 --> 00:20:30.760 happening in hospital settings,
NOTE Confidence: 0.963045888333333
00:20:30.760 --> 00:20:33.955 we begin to think about some of the other
NOTE Confidence: 0.963045888333333

00:20:33.960 --> 00:20:36.600 stereotypes that are triggered or activated.

NOTE Confidence: 0.963045888333333

00:20:36.600 --> 00:20:38.400 When we talk to, for example,

NOTE Confidence: 0.963045888333333

00:20:38.400 --> 00:20:40.179 bipod communities about

NOTE Confidence: 0.963045888333333

00:20:40.179 --> 00:20:41.958 doing psychedelic research,

NOTE Confidence: 0.963045888333333

00:20:41.960 --> 00:20:45.200 we all know about the Tuskegee

NOTE Confidence: 0.963045888333333

00:20:45.200 --> 00:20:46.280 Syphilis study.

NOTE Confidence: 0.963045888333333

00:20:46.280 --> 00:20:48.968 What we don't really pay a lot

NOTE Confidence: 0.963045888333333

00:20:48.968 --> 00:20:51.906 of attention to is actually this

NOTE Confidence: 0.963045888333333

00:20:51.906 --> 00:20:54.741 long history of really abusive

NOTE Confidence: 0.963045888333333

00:20:54.741 --> 00:20:57.689 psychedelic research on Ipoc and

NOTE Confidence: 0.963045888333333

00:20:57.689 --> 00:20:59.985 incarcerated populations that really

NOTE Confidence: 0.963045888333333

00:20:59.985 --> 00:21:02.644 breeds mistrust of medical systems.

NOTE Confidence: 0.963045888333333

00:21:02.644 --> 00:21:06.480 So just want to highlight this really,

NOTE Confidence: 0.963045888333333

00:21:06.480 --> 00:21:10.800 really important essential research

NOTE Confidence: 0.963045888333333

00:21:10.800 --> 00:21:14.060 by Monica Williams and John

NOTE Confidence: 0.963045888333333

00:21:14.060 --> 00:21:16.702 Sloshower and and their colleagues

NOTE Confidence: 0.963045888333333
00:21:16.702 --> 00:21:19.474 Dana Strauss and Sarah de LaSalle,
NOTE Confidence: 0.963045888333333
00:21:19.480 --> 00:21:22.780 where they reviewed early psychedelic
NOTE Confidence: 0.963045888333333
00:21:22.780 --> 00:21:26.140 research based on today's standards of
NOTE Confidence: 0.963045888333333
00:21:26.140 --> 00:21:29.920 ethical care and and conduct of research.
NOTE Confidence: 0.963045888333333
00:21:29.920 --> 00:21:32.706 And it actually turns out that a
NOTE Confidence: 0.963045888333333
00:21:32.706 --> 00:21:35.680 lot of early psychedelic studies
NOTE Confidence: 0.963045888333333
00:21:35.680 --> 00:21:37.896 were heavily recruiting from
NOTE Confidence: 0.963045888333333
00:21:37.896 --> 00:21:39.558 highly vulnerable populations.
NOTE Confidence: 0.963045888333333
00:21:39.560 --> 00:21:41.800 These were folks in prison,
NOTE Confidence: 0.963045888333333
00:21:41.800 --> 00:21:45.398 folks were serious mental illnesses or both,
NOTE Confidence: 0.963045888333333
00:21:45.400 --> 00:21:47.700 and they were subjecting them
NOTE Confidence: 0.963045888333333
00:21:47.700 --> 00:21:50.168 to really risky, highly abusive,
NOTE Confidence: 0.963045888333333
00:21:50.168 --> 00:21:51.800 unethical, you know,
NOTE Confidence: 0.963045888333333
00:21:51.800 --> 00:21:54.560 dosing schedules where they consumed
NOTE Confidence: 0.963045888333333
00:21:54.560 --> 00:21:57.320 really high doses of psychedelics.
NOTE Confidence: 0.963045888333333

00:21:57.320 --> 00:22:00.092 The dosing frequency was
NOTE Confidence: 0.963045888333333

00:22:00.092 --> 00:22:01.688 extraordinarily frequent, right?
NOTE Confidence: 0.963045888333333

00:22:01.688 --> 00:22:03.560 Like they were dosed more than once a week,
NOTE Confidence: 0.963045888333333

00:22:03.560 --> 00:22:06.840 more than five times overall.
NOTE Confidence: 0.963045888333333

00:22:06.840 --> 00:22:09.336 Often they were dosed with multiple
NOTE Confidence: 0.963045888333333

00:22:09.336 --> 00:22:12.440 drugs with no clear rationale for why.
NOTE Confidence: 0.963045888333333

00:22:12.440 --> 00:22:16.160 So evidently little thought as to,
NOTE Confidence: 0.963045888333333

00:22:16.160 --> 00:22:17.022 you know,
NOTE Confidence: 0.963045888333333

00:22:17.022 --> 00:22:19.608 drug drug interactions and and the
NOTE Confidence: 0.963045888333333

00:22:19.608 --> 00:22:22.556 potential for medical risk in that sense.
NOTE Confidence: 0.963045888333333

00:22:22.560 --> 00:22:24.920 It turns out that also a lot of
NOTE Confidence: 0.963045888333333

00:22:24.920 --> 00:22:27.434 folks that were recruited in these
NOTE Confidence: 0.963045888333333

00:22:27.434 --> 00:22:29.110 early psychedelic studies were
NOTE Confidence: 0.963045888333333

00:22:29.175 --> 00:22:31.560 differentially treated based on race.
NOTE Confidence: 0.963045888333333

00:22:31.560 --> 00:22:33.424 They were unduly influenced
NOTE Confidence: 0.963045888333333

00:22:33.424 --> 00:22:35.754 into staying in the study.

NOTE Confidence: 0.963045888333333
00:22:35.760 --> 00:22:40.356 So a very jarring example is
NOTE Confidence: 0.963045888333333
00:22:40.360 --> 00:22:43.918 how folks that were addicted to
NOTE Confidence: 0.963045888333333
00:22:43.920 --> 00:22:46.848 heroin or promised heroin in order
NOTE Confidence: 0.963045888333333
00:22:46.848 --> 00:22:50.239 to be dealt with a psychedelic.
NOTE Confidence: 0.963045888333333
00:22:50.240 --> 00:22:52.912 So that was the the compensation for for
NOTE Confidence: 0.963045888333333
00:22:52.912 --> 00:22:55.320 taking part in this psychedelic trial.
NOTE Confidence: 0.963045888333333
00:22:55.320 --> 00:22:56.916 So that would not fly today.
NOTE Confidence: 0.963045888333333
00:22:56.920 --> 00:22:58.320 And this was really the,
NOTE Confidence: 0.963045888333333
00:22:58.320 --> 00:22:59.122 you know,
NOTE Confidence: 0.963045888333333
00:22:59.122 --> 00:23:01.528 the fabric of early psychedelic research
NOTE Confidence: 0.963045888333333
00:23:01.528 --> 00:23:04.408 that was built on the foundation of
NOTE Confidence: 0.963045888333333
00:23:04.408 --> 00:23:06.413 research abuses against folks of
NOTE Confidence: 0.963045888333333
00:23:06.486 --> 00:23:08.796 color and other vulnerable groups.
NOTE Confidence: 0.963045888333333
00:23:08.800 --> 00:23:10.240 So that's what we reckoned with.
NOTE Confidence: 0.963045888333333
00:23:10.240 --> 00:23:10.575 That's,
NOTE Confidence: 0.963045888333333

00:23:10.575 --> 00:23:11.245 you know,
NOTE Confidence: 0.963045888333333

00:23:11.245 --> 00:23:12.920 the history of psychedelic research.
NOTE Confidence: 0.963045888333333

00:23:12.920 --> 00:23:16.020 That's what people bring into
NOTE Confidence: 0.963045888333333

00:23:16.020 --> 00:23:17.880 the psychedelic space.
NOTE Confidence: 0.963045888333333

00:23:17.880 --> 00:23:19.680 Every time we think about
NOTE Confidence: 0.963045888333333

00:23:19.680 --> 00:23:20.400 recruiting diversely,
NOTE Confidence: 0.963045888333333

00:23:20.400 --> 00:23:25.840 that's what we have to to to grapple with.
NOTE Confidence: 0.963045888333333

00:23:25.840 --> 00:23:28.990 We also know that in Korean trans
NOTE Confidence: 0.963045888333333

00:23:28.990 --> 00:23:31.658 communities there are so many levels
NOTE Confidence: 0.963045888333333

00:23:31.658 --> 00:23:34.360 of oppression that it would be not
NOTE Confidence: 0.963045888333333

00:23:34.360 --> 00:23:36.280 easy to to go into detail with them.
NOTE Confidence: 0.963045888333333

00:23:36.280 --> 00:23:38.320 But these include, you know,
NOTE Confidence: 0.963045888333333

00:23:38.320 --> 00:23:41.000 the the governmental refusal to
NOTE Confidence: 0.963045888333333

00:23:41.000 --> 00:23:43.680 acknowledge the early HIV epidemic.
NOTE Confidence: 0.963045888333333

00:23:43.680 --> 00:23:45.400 You know,
NOTE Confidence: 0.963045888333333

00:23:45.400 --> 00:23:46.726 really stigmatizing healthcare

NOTE Confidence: 0.963045888333333
00:23:46.726 --> 00:23:48.494 practices in many different
NOTE Confidence: 0.963045888333333
00:23:48.494 --> 00:23:50.759 parts of the country today.
NOTE Confidence: 0.963045888333333
00:23:50.760 --> 00:23:53.672 Transition of related bureaucracy,
NOTE Confidence: 0.963045888333333
00:23:53.672 --> 00:23:57.312 no insurance coverage for transition,
NOTE Confidence: 0.963045888333333
00:23:57.320 --> 00:24:00.520 transition related medical procedures,
NOTE Confidence: 0.963045888333333
00:24:00.520 --> 00:24:04.374 a lot of gatekeeping and once
NOTE Confidence: 0.963045888333333
00:24:04.374 --> 00:24:06.336 again you know like we don't
NOTE Confidence: 0.963045888333333
00:24:06.336 --> 00:24:08.199 really talk a lot about this,
NOTE Confidence: 0.963045888333333
00:24:08.200 --> 00:24:12.040 but the idea that psychedelics have
NOTE Confidence: 0.963045888333333
00:24:12.040 --> 00:24:15.545 been used to assist with conversion
NOTE Confidence: 0.963045888333333
00:24:15.545 --> 00:24:17.837 therapy for career populations.
NOTE Confidence: 0.615954536
00:24:22.120 --> 00:24:26.360 When people I'm going to spend a
NOTE Confidence: 0.615954536
00:24:26.360 --> 00:24:29.128 little bit time on not not as much
NOTE Confidence: 0.615954536
00:24:29.128 --> 00:24:31.754 time on this slide but it's the idea
NOTE Confidence: 0.615954536
00:24:31.754 --> 00:24:34.482 that you know even in that focus group
NOTE Confidence: 0.615954536

00:24:34.555 --> 00:24:37.500 discussion conducted by Christopher's
NOTE Confidence: 0.615954536

00:24:37.500 --> 00:24:40.385 group they were consistently
NOTE Confidence: 0.615954536

00:24:40.385 --> 00:24:43.245 expressing frustration with having
NOTE Confidence: 0.615954536

00:24:43.245 --> 00:24:47.936 to educate their providers on on the
NOTE Confidence: 0.615954536

00:24:47.936 --> 00:24:49.946 actual terminology have having to
NOTE Confidence: 0.615954536

00:24:49.946 --> 00:24:52.128 keep them up to date with what they
NOTE Confidence: 0.615954536

00:24:52.128 --> 00:24:54.116 mean when they say dad name right.
NOTE Confidence: 0.615954536

00:24:54.120 --> 00:24:57.879 What they mean when they say trans
NOTE Confidence: 0.615954536

00:24:57.880 --> 00:25:00.787 so or or when they use the word sis
NOTE Confidence: 0.615954536

00:25:00.787 --> 00:25:03.997 right Like to the extent that a lot
NOTE Confidence: 0.615954536

00:25:03.997 --> 00:25:06.080 of these participants had to and
NOTE Confidence: 0.615954536

00:25:06.080 --> 00:25:07.680 chose to conceal their identity.
NOTE Confidence: 0.615954536

00:25:07.680 --> 00:25:10.515 So going back in the closet again,
NOTE Confidence: 0.615954536

00:25:10.520 --> 00:25:11.588 really traumatizing,
NOTE Confidence: 0.615954536

00:25:11.588 --> 00:25:14.792 really threatening to their self worth
NOTE Confidence: 0.615954536

00:25:14.792 --> 00:25:17.712 and their identity and these are the

NOTE Confidence: 0.615954536

00:25:17.712 --> 00:25:19.152 things that queer populations grapple

NOTE Confidence: 0.615954536

00:25:19.152 --> 00:25:21.078 with when they enter medical settings.

NOTE Confidence: 0.858527451333333

00:25:24.440 --> 00:25:26.750 So really, jumping right into the

NOTE Confidence: 0.858527451333333

00:25:26.750 --> 00:25:29.692 back to the idea of psychedelic

NOTE Confidence: 0.858527451333333

00:25:29.692 --> 00:25:31.678 assisted conversion therapy,

NOTE Confidence: 0.858527451333333

00:25:31.680 --> 00:25:34.105 I really wanna highlight this

NOTE Confidence: 0.858527451333333

00:25:34.105 --> 00:25:35.560 book Querying Psychedelics.

NOTE Confidence: 0.858527451333333

00:25:35.560 --> 00:25:37.460 It's an anthology published

NOTE Confidence: 0.858527451333333

00:25:37.460 --> 00:25:39.835 by the folks at Chacruna.

NOTE Confidence: 0.858527451333333

00:25:39.840 --> 00:25:42.360 Alexander Bowser was a fellow here

NOTE Confidence: 0.858527451333333

00:25:42.360 --> 00:25:45.582 at Yale who's gone on to become the

NOTE Confidence: 0.858527451333333

00:25:45.582 --> 00:25:48.237 Chief Political Officer at Siben.

NOTE Confidence: 0.858527451333333

00:25:48.240 --> 00:25:51.805 And he continues to advocate

NOTE Confidence: 0.858527451333333

00:25:51.805 --> 00:25:54.560 for making sure that, you know,

NOTE Confidence: 0.858527451333333

00:25:54.560 --> 00:25:56.156 that history does not repeat itself,

NOTE Confidence: 0.858527451333333

00:25:56.160 --> 00:25:59.740 basically, that psychedelics aren't used
NOTE Confidence: 0.858527451333333

00:25:59.740 --> 00:26:03.970 for for anything that might threaten
NOTE Confidence: 0.858527451333333

00:26:03.970 --> 00:26:08.520 the integrity and reality of great lives.
NOTE Confidence: 0.858527451333333

00:26:08.520 --> 00:26:09.920 So in this book,
NOTE Confidence: 0.858527451333333

00:26:09.920 --> 00:26:11.880 they did mention how, you know,
NOTE Confidence: 0.858527451333333

00:26:11.880 --> 00:26:14.120 one of the early uses of psychedelics was,
NOTE Confidence: 0.858527451333333

00:26:14.120 --> 00:26:17.366 you know, explicit attempts to cure
NOTE Confidence: 0.858527451333333

00:26:17.366 --> 00:26:20.550 homosexuality and this really outdated term
NOTE Confidence: 0.858527451333333

00:26:20.550 --> 00:26:25.280 here that I would not pronounce or say.
NOTE Confidence: 0.858527451333333

00:26:25.280 --> 00:26:27.424 And a lot of these took place in
NOTE Confidence: 0.858527451333333

00:26:27.424 --> 00:26:29.638 and out of hospitals in England,
NOTE Confidence: 0.858527451333333

00:26:29.640 --> 00:26:31.280 in in Canada, North America,
NOTE Confidence: 0.858527451333333

00:26:31.280 --> 00:26:31.836 really.
NOTE Confidence: 0.858527451333333

00:26:31.836 --> 00:26:35.728 And they spent three decades and was
NOTE Confidence: 0.858527451333333

00:26:35.728 --> 00:26:38.914 discontinued shortly after the international
NOTE Confidence: 0.858527451333333

00:26:38.914 --> 00:26:42.066 prohibition of psychedelics in 1971.

NOTE Confidence: 0.858527451333333
00:26:42.066 --> 00:26:44.596 So this was really recent.
NOTE Confidence: 0.858527451333333
00:26:44.600 --> 00:26:45.162 This is,
NOTE Confidence: 0.858527451333333
00:26:45.162 --> 00:26:45.724 you know,
NOTE Confidence: 0.858527451333333
00:26:45.724 --> 00:26:47.410 when we think about bringing queer
NOTE Confidence: 0.858527451333333
00:26:47.463 --> 00:26:49.159 folks into psychedelic research,
NOTE Confidence: 0.858527451333333
00:26:49.160 --> 00:26:50.408 this is necessarily some of the
NOTE Confidence: 0.858527451333333
00:26:50.408 --> 00:26:51.839 things we need to grapple with.
NOTE Confidence: 0.858527451333333
00:26:51.840 --> 00:26:53.238 To us researchers
NOTE Confidence: 0.822747041666667
00:26:56.120 --> 00:26:59.360 talking about pragmatic bears really quickly,
NOTE Confidence: 0.822747041666667
00:26:59.360 --> 00:27:01.622 there's a lot of research out
NOTE Confidence: 0.822747041666667
00:27:01.622 --> 00:27:03.730 there showing how, you know,
NOTE Confidence: 0.822747041666667
00:27:03.730 --> 00:27:07.610 one of the ways in which accessing clinical
NOTE Confidence: 0.822747041666667
00:27:07.708 --> 00:27:11.096 trials or or studies in general, right,
NOTE Confidence: 0.822747041666667
00:27:11.096 --> 00:27:14.360 not even psychedelic trials, is the idea
NOTE Confidence: 0.822747041666667
00:27:14.360 --> 00:27:17.240 that transportation is a huge barrier.
NOTE Confidence: 0.822747041666667

00:27:17.240 --> 00:27:19.118 It is a a larger barrier,
NOTE Confidence: 0.822747041666667

00:27:19.120 --> 00:27:21.060 especially among lower income
NOTE Confidence: 0.822747041666667

00:27:21.060 --> 00:27:22.515 or uninsured populations.
NOTE Confidence: 0.822747041666667

00:27:22.520 --> 00:27:25.800 And we know that the this tends to correlate
NOTE Confidence: 0.822747041666667

00:27:25.800 --> 00:27:27.680 strongly with marginalized status.
NOTE Confidence: 0.822747041666667

00:27:27.680 --> 00:27:29.280 When we talk about transportation,
NOTE Confidence: 0.822747041666667

00:27:29.280 --> 00:27:31.158 we also talk about, you know,
NOTE Confidence: 0.822747041666667

00:27:31.160 --> 00:27:33.680 who's gonna take care of my children
NOTE Confidence: 0.822747041666667

00:27:33.680 --> 00:27:36.354 for me to make these study visits?
NOTE Confidence: 0.822747041666667

00:27:36.360 --> 00:27:38.761 Who's gonna pay me for me to
NOTE Confidence: 0.822747041666667

00:27:38.761 --> 00:27:40.400 make these study visits?
NOTE Confidence: 0.822747041666667

00:27:40.400 --> 00:27:43.718 Is my my job at risk here?
NOTE Confidence: 0.822747041666667

00:27:43.720 --> 00:27:46.240 My job isn't really secure or stable.
NOTE Confidence: 0.822747041666667

00:27:46.240 --> 00:27:49.880 I work a shift I don't even have.
NOTE Confidence: 0.822747041666667

00:27:49.880 --> 00:27:51.440 I didn't even sign a contract.
NOTE Confidence: 0.822747041666667

00:27:51.440 --> 00:27:54.445 A lot of this is under table money, right?

NOTE Confidence: 0.822747041666667
00:27:54.445 --> 00:27:57.685 Like, so there's no security here for me
NOTE Confidence: 0.822747041666667
00:27:57.685 --> 00:28:01.279 and I'm struggling with depression or PTSD.
NOTE Confidence: 0.822747041666667
00:28:01.280 --> 00:28:07.520 How can I make sure that I can feed my family
NOTE Confidence: 0.822747041666667
00:28:07.520 --> 00:28:11.120 two weeks from now after I do this trial?
NOTE Confidence: 0.822747041666667
00:28:11.120 --> 00:28:14.306 Will this make me so destabilized
NOTE Confidence: 0.822747041666667
00:28:14.306 --> 00:28:17.832 that I cannot work anymore and
NOTE Confidence: 0.822747041666667
00:28:17.832 --> 00:28:20.496 thereby endanger the likelihood,
NOTE Confidence: 0.822747041666667
00:28:20.496 --> 00:28:21.840 my likelihood.
NOTE Confidence: 0.822747041666667
00:28:21.840 --> 00:28:22.680 You know,
NOTE Confidence: 0.822747041666667
00:28:22.680 --> 00:28:25.200 my family's ability to meet their
NOTE Confidence: 0.822747041666667
00:28:25.200 --> 00:28:26.040 basic needs.
NOTE Confidence: 0.822747041666667
00:28:26.040 --> 00:28:28.416 So these are all really important
NOTE Confidence: 0.822747041666667
00:28:28.416 --> 00:28:30.455 pragmatic barriers that we also
NOTE Confidence: 0.822747041666667
00:28:30.455 --> 00:28:32.400 as research groups need to
NOTE Confidence: 0.822747041666667
00:28:32.400 --> 00:28:33.956 be actively thinking about.
NOTE Confidence: 0.829672553333333

00:28:36.240 --> 00:28:38.992 OK, so we're gonna move on into the
NOTE Confidence: 0.8296725533333333

00:28:38.992 --> 00:28:41.700 idea of setting right and and I'm not
NOTE Confidence: 0.8296725533333333

00:28:41.700 --> 00:28:43.240 gonna spend too much time defining it,
NOTE Confidence: 0.8296725533333333

00:28:43.240 --> 00:28:46.810 but really it's the constellation of
NOTE Confidence: 0.8296725533333333

00:28:46.810 --> 00:28:50.319 external factors that a person navigates
NOTE Confidence: 0.8296725533333333

00:28:50.319 --> 00:28:53.757 as they enter the psychedelic space.
NOTE Confidence: 0.8296725533333333

00:28:53.760 --> 00:28:57.645 And it is my contention that adjusting
NOTE Confidence: 0.8296725533333333

00:28:57.645 --> 00:29:01.885 elements of the setting is actually a
NOTE Confidence: 0.8296725533333333

00:29:01.885 --> 00:29:06.240 very realistic and and maybe not easy,
NOTE Confidence: 0.8296725533333333

00:29:06.240 --> 00:29:09.840 but a realistic way to positively
NOTE Confidence: 0.8296725533333333

00:29:09.840 --> 00:29:12.240 influence components of participants.
NOTE Confidence: 0.8296725533333333

00:29:12.240 --> 00:29:15.355 That and this is really important
NOTE Confidence: 0.8296725533333333

00:29:15.355 --> 00:29:17.377 not only for recruiting people into
NOTE Confidence: 0.8296725533333333

00:29:17.377 --> 00:29:19.037 a a psychedelic clinical trial,
NOTE Confidence: 0.8296725533333333

00:29:19.040 --> 00:29:21.590 but also keeping them in the
NOTE Confidence: 0.8296725533333333

00:29:21.590 --> 00:29:23.720 clinical trial retention.

NOTE Confidence: 0.8296725533333333
00:29:23.720 --> 00:29:27.304 If we don't create a therapeutic space that
NOTE Confidence: 0.8296725533333333
00:29:27.304 --> 00:29:29.559 really affirms people's diverse identities,
NOTE Confidence: 0.8296725533333333
00:29:29.559 --> 00:29:32.277 we're perpetuating harm in that way.
NOTE Confidence: 0.8296725533333333
00:29:32.280 --> 00:29:34.440 We're we're perpetuating color blindness.
NOTE Confidence: 0.8296725533333333
00:29:34.440 --> 00:29:36.940 We're perpetuating a closeting
NOTE Confidence: 0.8296725533333333
00:29:36.940 --> 00:29:39.440 of their authentic identities.
NOTE Confidence: 0.8296725533333333
00:29:39.440 --> 00:29:42.016 And when we think about all the power
NOTE Confidence: 0.8296725533333333
00:29:42.016 --> 00:29:45.040 of set and setting as it informs
NOTE Confidence: 0.8296725533333333
00:29:45.040 --> 00:29:46.884 the psychedelic dosing experience
NOTE Confidence: 0.8296725533333333
00:29:46.884 --> 00:29:48.958 and our desired outcomes,
NOTE Confidence: 0.8296725533333333
00:29:48.960 --> 00:29:50.260 we're really putting our
NOTE Confidence: 0.8296725533333333
00:29:50.260 --> 00:29:51.973 own research at risk, right?
NOTE Confidence: 0.8296725533333333
00:29:51.973 --> 00:29:54.038 We're diminishing the healing potential.
NOTE Confidence: 0.8296725533333333
00:29:54.040 --> 00:29:57.120 Psychedelics may even cost harm.
NOTE Confidence: 0.8296725533333333
00:29:57.120 --> 00:29:58.720 So we we don't want to do that.
NOTE Confidence: 0.8296725533333333

00:29:58.720 --> 00:30:00.773 We want to be prepared to to
NOTE Confidence: 0.8296725533333333

00:30:00.773 --> 00:30:01.838 meet people where they are.
NOTE Confidence: 0.8296725533333333

00:30:01.840 --> 00:30:04.920 We want to be pretty proactive actually,
NOTE Confidence: 0.8296725533333333

00:30:04.920 --> 00:30:07.888 about making sure that people are entering
NOTE Confidence: 0.8296725533333333

00:30:07.888 --> 00:30:11.277 a a space that feels safe for them.
NOTE Confidence: 0.8296725533333333

00:30:11.280 --> 00:30:12.000 How do we do this?
NOTE Confidence: 0.8296725533333333

00:30:12.000 --> 00:30:15.640 So I just once again really want to
NOTE Confidence: 0.8296725533333333

00:30:15.640 --> 00:30:17.832 highlight Monica Williams's work.
NOTE Confidence: 0.8296725533333333

00:30:17.832 --> 00:30:19.476 This was pivotal.
NOTE Confidence: 0.8296725533333333

00:30:19.480 --> 00:30:21.952 They talked in in their publication
NOTE Confidence: 0.8296725533333333

00:30:21.952 --> 00:30:24.812 about the many design issues that they
NOTE Confidence: 0.8296725533333333

00:30:24.812 --> 00:30:27.520 tried to mitigate in trying to bring
NOTE Confidence: 0.8296725533333333

00:30:27.520 --> 00:30:30.664 folks of color into an MDMAPTSD trial.
NOTE Confidence: 0.8296725533333333

00:30:30.664 --> 00:30:33.496 So I'm gonna build upon that
NOTE Confidence: 0.8296725533333333

00:30:33.496 --> 00:30:36.560 foundation and expend it to queer
NOTE Confidence: 0.8296725533333333

00:30:36.560 --> 00:30:38.600 related recommendations as well.

NOTE Confidence: 0.829672553333333

00:30:38.600 --> 00:30:40.399 So the first thing really that comes

NOTE Confidence: 0.829672553333333

00:30:40.399 --> 00:30:42.515 to mind is we need to make sure

NOTE Confidence: 0.829672553333333

00:30:42.515 --> 00:30:44.080 that everyone on the study team

NOTE Confidence: 0.922048710833333

00:30:47.200 --> 00:30:49.846 is representative of the diversity that

NOTE Confidence: 0.922048710833333

00:30:49.846 --> 00:30:53.395 we want in our study sample, right.

NOTE Confidence: 0.922048710833333

00:30:53.395 --> 00:30:55.935 Intentionally diversifying your study

NOTE Confidence: 0.922048710833333

00:30:55.935 --> 00:31:00.315 team may have a benefit of of making

NOTE Confidence: 0.922048710833333

00:31:00.315 --> 00:31:02.295 minoritized participants feel more

NOTE Confidence: 0.922048710833333

00:31:02.295 --> 00:31:05.118 invested and comfortable participating.

NOTE Confidence: 0.922048710833333

00:31:05.120 --> 00:31:08.540 It really is a very outward

NOTE Confidence: 0.922048710833333

00:31:08.540 --> 00:31:11.528 signal to participants that we

NOTE Confidence: 0.922048710833333

00:31:11.528 --> 00:31:13.478 care about your preferences,

NOTE Confidence: 0.922048710833333

00:31:13.478 --> 00:31:15.991 for whom you want to work with

NOTE Confidence: 0.922048710833333

00:31:15.991 --> 00:31:17.758 through these study sessions,

NOTE Confidence: 0.922048710833333

00:31:17.760 --> 00:31:20.118 and internally for the team itself.

NOTE Confidence: 0.922048710833333

00:31:20.120 --> 00:31:22.556 It really helps you understand appreciate
NOTE Confidence: 0.922048710833333

00:31:22.556 --> 00:31:25.260 some of the culturally relevant concerns
NOTE Confidence: 0.922048710833333

00:31:25.260 --> 00:31:27.795 people might have about participating.
NOTE Confidence: 0.922048710833333

00:31:27.800 --> 00:31:29.319 So we all have our blind spots,
NOTE Confidence: 0.922048710833333

00:31:29.320 --> 00:31:30.556 as I said from the start.
NOTE Confidence: 0.922048710833333

00:31:30.560 --> 00:31:33.510 So having a diverse team is perhaps
NOTE Confidence: 0.922048710833333

00:31:33.510 --> 00:31:35.280 a great way of highlighting what
NOTE Confidence: 0.922048710833333

00:31:35.280 --> 00:31:37.064 the blind spots are and making
NOTE Confidence: 0.922048710833333

00:31:37.064 --> 00:31:38.768 sure that there are checks and
NOTE Confidence: 0.922048710833333

00:31:38.825 --> 00:31:40.437 balances in place internally.
NOTE Confidence: 0.69733281

00:31:43.920 --> 00:31:46.400 Often times in psychedelic research,
NOTE Confidence: 0.69733281

00:31:46.400 --> 00:31:49.840 we rely on a male female therapist diet,
NOTE Confidence: 0.69733281

00:31:49.840 --> 00:31:52.413 so two people working with two
NOTE Confidence: 0.69733281

00:31:52.413 --> 00:31:53.892 facilitators or therapists
NOTE Confidence: 0.69733281

00:31:53.892 --> 00:31:56.357 working with a single participant.
NOTE Confidence: 0.69733281

00:31:56.360 --> 00:31:58.664 We contend when you know that

NOTE Confidence: 0.69733281

00:31:58.664 --> 00:32:00.200 this is gender essentializing.

NOTE Confidence: 0.69733281

00:32:00.200 --> 00:32:04.524 Basically this borrows from the

NOTE Confidence: 0.69733281

00:32:04.524 --> 00:32:07.279 psychoanalytic tradition that if we

NOTE Confidence: 0.69733281

00:32:07.279 --> 00:32:10.904 have a man and a woman serving as

NOTE Confidence: 0.69733281

00:32:10.904 --> 00:32:13.879 facilitators in the psychedelic space,

NOTE Confidence: 0.69733281

00:32:13.880 --> 00:32:17.138 this is our archetypically the parental

NOTE Confidence: 0.69733281

00:32:17.138 --> 00:32:20.848 image that we want to present here, right?

NOTE Confidence: 0.69733281

00:32:20.848 --> 00:32:23.760 This is the platform from which people's

NOTE Confidence: 0.69733281

00:32:23.831 --> 00:32:26.556 psychedelic experiences grow and sprout.

NOTE Confidence: 0.69733281

00:32:26.560 --> 00:32:28.290 It might offer a corrective

NOTE Confidence: 0.69733281

00:32:28.290 --> 00:32:29.674 experience for people who,

NOTE Confidence: 0.69733281

00:32:29.680 --> 00:32:32.368 you know, didn't have really great

NOTE Confidence: 0.69733281

00:32:32.368 --> 00:32:34.160 relationships with their parents.

NOTE Confidence: 0.69733281

00:32:34.160 --> 00:32:35.920 But it is gender essentializing.

NOTE Confidence: 0.69733281

00:32:35.920 --> 00:32:38.518 Because people can be gender diverse.

NOTE Confidence: 0.69733281

00:32:38.520 --> 00:32:41.040 They can be raised in households with single
NOTE Confidence: 0.69733281

00:32:41.040 --> 00:32:43.765 same sex or gender diverse parents, right?
NOTE Confidence: 0.69733281

00:32:43.765 --> 00:32:46.675 So we need to be responsive.
NOTE Confidence: 0.69733281

00:32:46.680 --> 00:32:49.760 We need to expand beyond the binary.
NOTE Confidence: 0.69733281

00:32:49.760 --> 00:32:53.848 We need to have pretty diverse gender
NOTE Confidence: 0.69733281

00:32:53.848 --> 00:32:56.708 pairing options that are responsive
NOTE Confidence: 0.69733281

00:32:56.708 --> 00:32:58.772 to what participants prefer.
NOTE Confidence: 0.69733281

00:32:58.772 --> 00:33:00.876 So if they say,
NOTE Confidence: 0.69733281

00:33:00.880 --> 00:33:01.831 you know what,
NOTE Confidence: 0.69733281

00:33:01.831 --> 00:33:03.733 actually I want two men working
NOTE Confidence: 0.69733281

00:33:03.733 --> 00:33:05.542 with me and I'm a woman where
NOTE Confidence: 0.69733281

00:33:05.542 --> 00:33:07.958 we can be open to that as well
NOTE Confidence: 0.915862771428571

00:33:11.720 --> 00:33:13.520 using culturally responsive
NOTE Confidence: 0.915862771428571

00:33:13.520 --> 00:33:15.920 recruitment strategies and materials.
NOTE Confidence: 0.915862771428571

00:33:15.920 --> 00:33:18.792 So a point, the, the biggest point here
NOTE Confidence: 0.915862771428571

00:33:18.792 --> 00:33:22.096 is that a lot of the time when we want

NOTE Confidence: 0.915862771428571
00:33:22.096 --> 00:33:24.640 to recruit for our clinical trials,
NOTE Confidence: 0.915862771428571
00:33:24.640 --> 00:33:28.198 we rely a lot on Flyers.
NOTE Confidence: 0.915862771428571
00:33:28.200 --> 00:33:31.240 And this is not a critique at all.
NOTE Confidence: 0.915862771428571
00:33:31.240 --> 00:33:33.440 But truly, like a lot of the time,
NOTE Confidence: 0.915862771428571
00:33:33.440 --> 00:33:36.410 these Flyers are very minimal in
NOTE Confidence: 0.915862771428571
00:33:36.410 --> 00:33:39.320 terms of information about the study.
NOTE Confidence: 0.915862771428571
00:33:39.320 --> 00:33:42.640 You usually don't even have any
NOTE Confidence: 0.915862771428571
00:33:42.640 --> 00:33:44.040 information about whom the person
NOTE Confidence: 0.915862771428571
00:33:44.040 --> 00:33:45.919 is going to be working with.
NOTE Confidence: 0.915862771428571
00:33:45.920 --> 00:33:49.796 In the study on that flyer,
NOTE Confidence: 0.915862771428571
00:33:49.800 --> 00:33:52.600 you usually only have a single mention of
NOTE Confidence: 0.915862771428571
00:33:52.600 --> 00:33:55.148 the indication of interest depression, PTSD.
NOTE Confidence: 0.915862771428571
00:33:55.148 --> 00:33:57.236 Do you have symptoms of schizophrenia?
NOTE Confidence: 0.915862771428571
00:33:57.240 --> 00:33:57.920 Etcetera.
NOTE Confidence: 0.915862771428571
00:33:57.920 --> 00:34:00.640 Consider this study, right?
NOTE Confidence: 0.915862771428571

00:34:00.640 --> 00:34:03.598 So when we think about how
NOTE Confidence: 0.862337148

00:34:05.960 --> 00:34:08.700 education about mental health and
NOTE Confidence: 0.862337148

00:34:08.700 --> 00:34:11.440 mental illness might be desperate,
NOTE Confidence: 0.862337148

00:34:11.440 --> 00:34:14.200 that then becomes an inequitable
NOTE Confidence: 0.862337148

00:34:14.200 --> 00:34:16.918 recruitment tool, right?
NOTE Confidence: 0.862337148

00:34:16.920 --> 00:34:19.920 And we contend that it it may be
NOTE Confidence: 0.862337148

00:34:19.920 --> 00:34:22.798 worthwhile to talk about racial trauma,
NOTE Confidence: 0.862337148

00:34:22.800 --> 00:34:25.768 to to talk about common to rare side
NOTE Confidence: 0.862337148

00:34:25.768 --> 00:34:28.717 effects of psychedelics on your flyer,
NOTE Confidence: 0.862337148

00:34:28.720 --> 00:34:31.018 to even have pictures and information
NOTE Confidence: 0.862337148

00:34:31.018 --> 00:34:33.638 about your study staff on these Flyers.
NOTE Confidence: 0.862337148

00:34:33.640 --> 00:34:38.680 So here is an actual flyer that we used at
NOTE Confidence: 0.862337148

00:34:38.800 --> 00:34:42.478 the MGMAPTSD study to recruit folks of color.
NOTE Confidence: 0.862337148

00:34:42.480 --> 00:34:44.235 So I wouldn't spend too much time on this,
NOTE Confidence: 0.862337148

00:34:44.240 --> 00:34:47.680 but but at first glance,
NOTE Confidence: 0.862337148

00:34:47.680 --> 00:34:49.768 I think we all can agree that this is

NOTE Confidence: 0.862337148

00:34:49.768 --> 00:34:51.649 way more information than you would

NOTE Confidence: 0.862337148

00:34:51.649 --> 00:34:53.992 typically see on a study flyer, right?

NOTE Confidence: 0.862337148

00:34:53.992 --> 00:34:55.752 You wouldn't even see pictures

NOTE Confidence: 0.862337148

00:34:55.752 --> 00:34:57.160 of the study step.

NOTE Confidence: 0.862337148

00:34:57.160 --> 00:35:00.679 But here we have that because we want people

NOTE Confidence: 0.862337148

00:35:00.680 --> 00:35:03.074 to know who they're going to be working with.

NOTE Confidence: 0.862337148

00:35:03.080 --> 00:35:05.545 We want to engender trust

NOTE Confidence: 0.862337148

00:35:05.545 --> 00:35:07.517 in this process proactively.

NOTE Confidence: 0.862337148

00:35:07.520 --> 00:35:10.463 So therefore we put our faces on on these

NOTE Confidence: 0.862337148

00:35:10.463 --> 00:35:12.798 Flyers so that people know ahead of

NOTE Confidence: 0.862337148

00:35:12.798 --> 00:35:14.919 time who they're going to be talking to.

NOTE Confidence: 0.862337148

00:35:14.920 --> 00:35:16.200 They might, you know,

NOTE Confidence: 0.862337148

00:35:16.200 --> 00:35:18.120 do some research on the Internet.

NOTE Confidence: 0.862337148

00:35:18.120 --> 00:35:19.216 Who is, you know,

NOTE Confidence: 0.862337148

00:35:19.216 --> 00:35:21.240 like Terence Chang, Who, who is he?

NOTE Confidence: 0.862337148

00:35:21.240 --> 00:35:21.840 So they'll,
NOTE Confidence: 0.862337148

00:35:21.840 --> 00:35:23.892 they'll pull up information about me
NOTE Confidence: 0.862337148

00:35:23.892 --> 00:35:26.214 and then they'll learn about me, right.
NOTE Confidence: 0.862337148

00:35:26.214 --> 00:35:28.458 And that's the transparency and trust
NOTE Confidence: 0.862337148

00:35:28.458 --> 00:35:30.959 that we want to model for people.
NOTE Confidence: 0.862337148

00:35:30.960 --> 00:35:33.168 And they're able to do that when they
NOTE Confidence: 0.862337148

00:35:33.168 --> 00:35:35.432 have that information on the flyer here.
NOTE Confidence: 0.862337148

00:35:35.432 --> 00:35:37.056 On this flyer, I also want to
NOTE Confidence: 0.862337148

00:35:37.056 --> 00:35:38.496 highlight this is a PTSD trial.
NOTE Confidence: 0.862337148

00:35:38.496 --> 00:35:39.600 First and foremost.
NOTE Confidence: 0.862337148

00:35:39.600 --> 00:35:42.234 We want to be super clear
NOTE Confidence: 0.862337148

00:35:42.234 --> 00:35:44.560 that racial trauma is real.
NOTE Confidence: 0.862337148

00:35:44.560 --> 00:35:47.062 People can have trauma due to
NOTE Confidence: 0.862337148

00:35:47.062 --> 00:35:48.313 racism and discrimination.
NOTE Confidence: 0.862337148

00:35:48.320 --> 00:35:51.351 We put that up there at the top really
NOTE Confidence: 0.862337148

00:35:51.351 --> 00:35:54.479 as an obvious way to tell people that,

NOTE Confidence: 0.862337148

00:35:54.480 --> 00:35:55.512 hey, yeah,

NOTE Confidence: 0.862337148

00:35:55.512 --> 00:35:58.092 we know that what you've

NOTE Confidence: 0.862337148

00:35:58.092 --> 00:35:59.640 experienced is trauma.

NOTE Confidence: 0.862337148

00:35:59.640 --> 00:36:01.842 We know that you're you're experiencing

NOTE Confidence: 0.862337148

00:36:01.842 --> 00:36:04.320 symptoms of trauma due to these racist,

NOTE Confidence: 0.862337148

00:36:04.320 --> 00:36:07.400 discriminatory experiences.

NOTE Confidence: 0.862337148

00:36:07.400 --> 00:36:10.480 And this is a trial for you.

NOTE Confidence: 0.862337148

00:36:10.480 --> 00:36:12.960 So really making sure that people get the,

NOTE Confidence: 0.862337148

00:36:12.960 --> 00:36:14.980 the message that they're eligible

NOTE Confidence: 0.862337148

00:36:14.980 --> 00:36:17.442 for a clinical trial because often

NOTE Confidence: 0.862337148

00:36:17.442 --> 00:36:19.674 times people just think about how,

NOTE Confidence: 0.862337148

00:36:19.680 --> 00:36:21.198 yeah, this doesn't apply to me.

NOTE Confidence: 0.862337148

00:36:21.200 --> 00:36:22.760 Why would it apply to me?

NOTE Confidence: 0.862337148

00:36:22.760 --> 00:36:24.360 Oh, turns out that,

NOTE Confidence: 0.862337148

00:36:24.360 --> 00:36:25.160 you know,

NOTE Confidence: 0.862337148

00:36:25.160 --> 00:36:27.400 discrimination can lead to trauma.
NOTE Confidence: 0.862337148

00:36:27.400 --> 00:36:28.960 Maybe I can consider this
NOTE Confidence: 0.930894285

00:36:31.480 --> 00:36:34.400 and one of the the biggest things here.
NOTE Confidence: 0.930894285

00:36:34.400 --> 00:36:36.731 Another big thing to highlight is that
NOTE Confidence: 0.930894285

00:36:36.731 --> 00:36:39.526 we have a lot of information about
NOTE Confidence: 0.930894285

00:36:39.526 --> 00:36:42.840 common to rare side effects here.
NOTE Confidence: 0.930894285

00:36:42.840 --> 00:36:45.654 The the the most common thing that
NOTE Confidence: 0.930894285

00:36:45.654 --> 00:36:48.655 we've heard in this trial when we
NOTE Confidence: 0.930894285

00:36:48.655 --> 00:36:51.360 screen people for this study was will
NOTE Confidence: 0.930894285

00:36:51.360 --> 00:36:53.617 this leave a hole in my head? Right.
NOTE Confidence: 0.930894285

00:36:53.617 --> 00:36:55.993 So this is a matter of debunking a
NOTE Confidence: 0.930894285

00:36:55.993 --> 00:36:58.288 lot of these myths and the the first
NOTE Confidence: 0.930894285

00:36:58.288 --> 00:37:00.240 point of contact is often the Flyers.
NOTE Confidence: 0.930894285

00:37:00.240 --> 00:37:02.148 So that is a great chance for people to
NOTE Confidence: 0.930894285

00:37:02.148 --> 00:37:04.237 to already have that question answered.
NOTE Confidence: 0.779120153888889

00:37:06.600 --> 00:37:08.329 OK, I know I wasn't gonna spend

NOTE Confidence: 0.779120153888889
00:37:08.329 --> 00:37:10.285 too much sad I wasn't gonna spend
NOTE Confidence: 0.779120153888889
00:37:10.285 --> 00:37:13.279 too much time there, but I did.
NOTE Confidence: 0.779120153888889
00:37:13.280 --> 00:37:17.235 So when you have this wonderful flyer,
NOTE Confidence: 0.779120153888889
00:37:17.240 --> 00:37:18.488 you got to think about, well,
NOTE Confidence: 0.779120153888889
00:37:18.488 --> 00:37:21.121 where am I going to put this fire, right?
NOTE Confidence: 0.779120153888889
00:37:21.121 --> 00:37:24.010 Where am I going to put this fire that
NOTE Confidence: 0.779120153888889
00:37:24.086 --> 00:37:26.795 will have the most impact for reaching
NOTE Confidence: 0.779120153888889
00:37:26.800 --> 00:37:29.474 the groups that I want to reach?
NOTE Confidence: 0.779120153888889
00:37:29.480 --> 00:37:31.160 And this is where, you know,
NOTE Confidence: 0.779120153888889
00:37:31.160 --> 00:37:34.160 creating a fire is only the first step.
NOTE Confidence: 0.779120153888889
00:37:34.160 --> 00:37:35.156 A lot of times, you know,
NOTE Confidence: 0.779120153888889
00:37:35.160 --> 00:37:38.555 running a clinical trial is really hard.
NOTE Confidence: 0.779120153888889
00:37:38.560 --> 00:37:40.527 We do however need to go above
NOTE Confidence: 0.779120153888889
00:37:40.527 --> 00:37:42.356 and beyond the level of effort
NOTE Confidence: 0.779120153888889
00:37:42.356 --> 00:37:44.498 needed to run a clinical trial to
NOTE Confidence: 0.779120153888889

00:37:44.566 --> 00:37:46.816 reach diverse groups and that is
NOTE Confidence: 0.779120153888889

00:37:46.816 --> 00:37:48.730 often the under appreciated thing.
NOTE Confidence: 0.779120153888889

00:37:48.730 --> 00:37:51.600 This is a whole job in itself,
NOTE Confidence: 0.779120153888889

00:37:51.600 --> 00:37:54.480 you know, outreach and and recruitment.
NOTE Confidence: 0.779120153888889

00:37:54.480 --> 00:37:56.428 When you have a wonderful, wonderful flyer,
NOTE Confidence: 0.779120153888889

00:37:56.428 --> 00:37:58.940 you want to reach out to folks in
NOTE Confidence: 0.779120153888889

00:37:59.009 --> 00:38:00.959 the community that are leaders.
NOTE Confidence: 0.779120153888889

00:38:00.960 --> 00:38:04.950 All of these gatekeepers to help you
NOTE Confidence: 0.779120153888889

00:38:04.950 --> 00:38:06.705 disseminate accurate study information.
NOTE Confidence: 0.779120153888889

00:38:06.705 --> 00:38:09.075 Where do you find these people?
NOTE Confidence: 0.779120153888889

00:38:09.080 --> 00:38:13.077 You know these are not just people
NOTE Confidence: 0.779120153888889

00:38:13.080 --> 00:38:14.360 hanging around campus, right?
NOTE Confidence: 0.779120153888889

00:38:14.360 --> 00:38:16.800 Like, these are people in churches.
NOTE Confidence: 0.779120153888889

00:38:16.800 --> 00:38:18.576 These are leaders and and people
NOTE Confidence: 0.779120153888889

00:38:18.576 --> 00:38:20.800 who do your hair, who do your nail,
NOTE Confidence: 0.779120153888889

00:38:20.800 --> 00:38:22.171 who cut your hair, right?

NOTE Confidence: 0.779120153888889
00:38:22.171 --> 00:38:24.501 Like who serve you in restaurants, right?
NOTE Confidence: 0.779120153888889
00:38:24.501 --> 00:38:26.888 Who go on radio shows and the
NOTE Confidence: 0.779120153888889
00:38:26.888 --> 00:38:29.000 radio shows that you listen to,
NOTE Confidence: 0.779120153888889
00:38:29.000 --> 00:38:32.845 who are there at the pride centers,
NOTE Confidence: 0.779120153888889
00:38:32.845 --> 00:38:35.470 the rainbow Centers for your
NOTE Confidence: 0.779120153888889
00:38:35.470 --> 00:38:37.644 peer support sessions, right.
NOTE Confidence: 0.779120153888889
00:38:37.644 --> 00:38:41.016 And these are just such great
NOTE Confidence: 0.779120153888889
00:38:41.016 --> 00:38:43.774 underutilized avenues for us to
NOTE Confidence: 0.779120153888889
00:38:43.774 --> 00:38:46.354 disseminate information about the trial.
NOTE Confidence: 0.779120153888889
00:38:46.360 --> 00:38:49.960 Word of mouth is really powerful.
NOTE Confidence: 0.779120153888889
00:38:49.960 --> 00:38:52.732 Often times you can,
NOTE Confidence: 0.779120153888889
00:38:52.732 --> 00:38:55.320 you can speak at, you know,
NOTE Confidence: 0.779120153888889
00:38:55.320 --> 00:38:59.240 your intended group as long as you want.
NOTE Confidence: 0.779120153888889
00:38:59.240 --> 00:39:01.060 But what they really want to hear
NOTE Confidence: 0.779120153888889
00:39:01.060 --> 00:39:03.239 is that the person that they trust,
NOTE Confidence: 0.779120153888889

00:39:03.240 --> 00:39:05.440 who is the the gatekeeper,
NOTE Confidence: 0.779120153888889

00:39:05.440 --> 00:39:06.919 the community leader,
NOTE Confidence: 0.779120153888889

00:39:06.919 --> 00:39:09.464 if they gave them the green light
NOTE Confidence: 0.779120153888889

00:39:09.464 --> 00:39:11.440 to go forward with doing this study,
NOTE Confidence: 0.779120153888889

00:39:11.440 --> 00:39:12.920 that's what they need, right?
NOTE Confidence: 0.779120153888889

00:39:12.920 --> 00:39:15.760 You can, they can listen to you all day long.
NOTE Confidence: 0.779120153888889

00:39:15.760 --> 00:39:19.162 They actually just wanna hear whether
NOTE Confidence: 0.779120153888889

00:39:19.162 --> 00:39:22.280 their pastor says this is a go.
NOTE Confidence: 0.779120153888889

00:39:22.280 --> 00:39:24.539 So a lot of times we need to leverage
NOTE Confidence: 0.779120153888889

00:39:24.539 --> 00:39:26.777 all of these community bridging resources
NOTE Confidence: 0.779120153888889

00:39:26.777 --> 00:39:29.200 to really get our message across,
NOTE Confidence: 0.779120153888889

00:39:29.200 --> 00:39:31.318 get study information across as well.
NOTE Confidence: 0.78495227

00:39:33.640 --> 00:39:35.953 OK, so I was gonna hot play this video,
NOTE Confidence: 0.78495227

00:39:35.960 --> 00:39:37.034 but I don't think I will
NOTE Confidence: 0.78495227

00:39:37.034 --> 00:39:38.120 for in the interest of time.
NOTE Confidence: 0.78495227

00:39:38.120 --> 00:39:40.848 But we have such a wonderful resource here

NOTE Confidence: 0.78495227

00:39:40.848 --> 00:39:43.879 with the Yale Cultural Ambassadors Program.

NOTE Confidence: 0.78495227

00:39:43.880 --> 00:39:45.932 Our group in the OCD clinic

NOTE Confidence: 0.78495227

00:39:45.932 --> 00:39:47.720 is actively talking to them.

NOTE Confidence: 0.78495227

00:39:47.720 --> 00:39:49.477 We've been trying to build a relationship.

NOTE Confidence: 0.78495227

00:39:49.480 --> 00:39:51.910 It's all about the relationship

NOTE Confidence: 0.78495227

00:39:51.910 --> 00:39:54.120 here and it it takes time.

NOTE Confidence: 0.78495227

00:39:54.120 --> 00:39:56.064 So I would strongly encourage people

NOTE Confidence: 0.78495227

00:39:56.064 --> 00:39:58.115 to to use this available resource

NOTE Confidence: 0.78495227

00:39:58.115 --> 00:40:00.390 as much as you can. You know,

NOTE Confidence: 0.78495227

00:40:00.390 --> 00:40:02.315 they've been pivotal with the COVID trials,

NOTE Confidence: 0.78495227

00:40:02.320 --> 00:40:06.280 with the cancer trials, etcetera.

NOTE Confidence: 0.78495227

00:40:06.280 --> 00:40:08.040 Why not, you know,

NOTE Confidence: 0.78495227

00:40:08.040 --> 00:40:10.680 branch out into psychedelics as well,

NOTE Confidence: 0.922274786111111

00:40:13.160 --> 00:40:15.536 OK. So let's say you're you're

NOTE Confidence: 0.922274786111111

00:40:15.536 --> 00:40:18.475 able to get people into the study

NOTE Confidence: 0.922274786111111

00:40:18.475 --> 00:40:20.595 to even consider the study,
NOTE Confidence: 0.9222747861111111

00:40:20.600 --> 00:40:24.000 you bring them in for a consent call.
NOTE Confidence: 0.9222747861111111

00:40:24.000 --> 00:40:27.106 We don't want to scare people off with
NOTE Confidence: 0.9222747861111111

00:40:27.106 --> 00:40:32.960 certain language in the consent form, right?
NOTE Confidence: 0.9222747861111111

00:40:32.960 --> 00:40:35.906 Our suggestion here is to consider
NOTE Confidence: 0.9222747861111111

00:40:35.906 --> 00:40:38.462 replacing certain words such as
NOTE Confidence: 0.9222747861111111

00:40:38.462 --> 00:40:39.983 investigation or experimental
NOTE Confidence: 0.9222747861111111

00:40:39.983 --> 00:40:43.025 session with study session or or
NOTE Confidence: 0.9222747861111111

00:40:43.106 --> 00:40:45.756 just study your overnight session.
NOTE Confidence: 0.9222747861111111

00:40:45.760 --> 00:40:47.472 A lot of times,
NOTE Confidence: 0.9222747861111111

00:40:47.472 --> 00:40:49.612 a lot of these particularly
NOTE Confidence: 0.9222747861111111

00:40:49.612 --> 00:40:52.900 loaded terms have a high risk
NOTE Confidence: 0.9222747861111111

00:40:52.900 --> 00:40:55.240 of activating implicit stigma
NOTE Confidence: 0.9222747861111111

00:40:55.240 --> 00:40:57.664 and negative stereotypes against
NOTE Confidence: 0.9222747861111111

00:40:57.664 --> 00:40:59.720 medical research and drug use.
NOTE Confidence: 0.810858918571429

00:41:03.720 --> 00:41:05.554 When we talk about language too right,

NOTE Confidence: 0.810858918571429

00:41:05.560 --> 00:41:08.864 we also want to be super responsive

NOTE Confidence: 0.810858918571429

00:41:08.864 --> 00:41:11.288 to how people refer to themselves.

NOTE Confidence: 0.810858918571429

00:41:11.288 --> 00:41:14.134 We want to mirror some of the terminology

NOTE Confidence: 0.810858918571429

00:41:14.134 --> 00:41:17.074 that queer folks use to self identify.

NOTE Confidence: 0.810858918571429

00:41:17.080 --> 00:41:19.474 This really helps us avoid conflating

NOTE Confidence: 0.810858918571429

00:41:19.474 --> 00:41:21.720 sex and gender for example,

NOTE Confidence: 0.810858918571429

00:41:21.720 --> 00:41:24.300 and really reduces the

NOTE Confidence: 0.810858918571429

00:41:24.300 --> 00:41:26.235 likelihood of microaggressions.

NOTE Confidence: 0.810858918571429

00:41:26.240 --> 00:41:28.840 So this here is a gender bred person.

NOTE Confidence: 0.810858918571429

00:41:28.840 --> 00:41:32.480 They continue to update similar

NOTE Confidence: 0.810858918571429

00:41:32.480 --> 00:41:34.705 infographics like this that really

NOTE Confidence: 0.810858918571429

00:41:34.705 --> 00:41:38.800 helps us stay up to date with

NOTE Confidence: 0.810858918571429

00:41:38.800 --> 00:41:41.020 evolving terminology for for sexual

NOTE Confidence: 0.810858918571429

00:41:41.020 --> 00:41:42.796 and gender diverse individuals.

NOTE Confidence: 0.840773020769231

00:41:45.040 --> 00:41:47.128 I also want to highlight here a good

NOTE Confidence: 0.840773020769231

00:41:47.128 --> 00:41:49.039 resource for clinician education here.
NOTE Confidence: 0.840773020769231

00:41:49.040 --> 00:41:52.346 This is UCS FS Center for
NOTE Confidence: 0.840773020769231

00:41:52.346 --> 00:41:54.078 Excellence on Transgender Health.
NOTE Confidence: 0.840773020769231

00:41:54.080 --> 00:41:58.320 This is a very accessible open
NOTE Confidence: 0.840773020769231

00:41:58.320 --> 00:42:02.120 source self training module or
NOTE Confidence: 0.840773020769231

00:42:02.120 --> 00:42:07.624 course that they offer and you
NOTE Confidence: 0.840773020769231

00:42:07.624 --> 00:42:09.928 can easily access that and they're
NOTE Confidence: 0.840773020769231

00:42:09.928 --> 00:42:12.715 just like very not time consuming,
NOTE Confidence: 0.840773020769231

00:42:12.715 --> 00:42:16.530 very easy to to complete modules that
NOTE Confidence: 0.840773020769231

00:42:16.629 --> 00:42:19.750 really highlight the the diversity
NOTE Confidence: 0.840773020769231

00:42:19.750 --> 00:42:23.460 of how people who are sexual and
NOTE Confidence: 0.840773020769231

00:42:23.566 --> 00:42:26.638 gender diverse self identify,
NOTE Confidence: 0.840773020769231

00:42:26.640 --> 00:42:28.560 really paying attention to
NOTE Confidence: 0.840773020769231

00:42:28.560 --> 00:42:30.480 how words matter basically.
NOTE Confidence: 0.915481842857143

00:42:32.800 --> 00:42:35.920 OK, so I put this point
NOTE Confidence: 0.915481842857143

00:42:35.920 --> 00:42:37.720 here really the idea that

NOTE Confidence: 0.898078698125

00:42:39.960 --> 00:42:42.330 a lot of time, a lot of these clinical trials

NOTE Confidence: 0.898078698125

00:42:42.382 --> 00:42:44.537 are are are conducted in English, right?

NOTE Confidence: 0.898078698125

00:42:44.537 --> 00:42:47.039 Like that's even a inclusion criterion.

NOTE Confidence: 0.898078698125

00:42:47.040 --> 00:42:50.757 They need to be able to understand

NOTE Confidence: 0.898078698125

00:42:50.760 --> 00:42:54.440 study materials in English and that

NOTE Confidence: 0.898078698125

00:42:54.440 --> 00:42:58.280 certainly rules out a huge part of our

NOTE Confidence: 0.898078698125

00:42:58.280 --> 00:43:00.240 Connecticut population at least, right?

NOTE Confidence: 0.898078698125

00:43:00.240 --> 00:43:03.552 We have a lot of folks who don't have,

NOTE Confidence: 0.898078698125

00:43:03.560 --> 00:43:04.800 who don't speak English

NOTE Confidence: 0.898078698125

00:43:04.800 --> 00:43:06.040 as their first language,

NOTE Confidence: 0.898078698125

00:43:06.040 --> 00:43:09.491 who do suffer from mental health problems and

NOTE Confidence: 0.898078698125

00:43:09.491 --> 00:43:12.677 should have access to psychedelic trials.

NOTE Confidence: 0.898078698125

00:43:12.680 --> 00:43:16.560 So I I put this up here as food for thought.

NOTE Confidence: 0.898078698125

00:43:16.560 --> 00:43:19.878 For us to consider how feasible

NOTE Confidence: 0.898078698125

00:43:19.880 --> 00:43:23.198 it can be to translate materials,

NOTE Confidence: 0.898078698125

00:43:23.200 --> 00:43:24.328 to hire translators,
NOTE Confidence: 0.898078698125

00:43:24.328 --> 00:43:27.541 to hire study team members who can work
NOTE Confidence: 0.898078698125

00:43:27.541 --> 00:43:29.565 effectively through psychedelic sessions
NOTE Confidence: 0.898078698125

00:43:29.565 --> 00:43:32.720 in a different language than English.
NOTE Confidence: 0.898078698125

00:43:32.720 --> 00:43:34.916 And this is really something to
NOTE Confidence: 0.898078698125

00:43:34.916 --> 00:43:37.200 consider given how intensive and time
NOTE Confidence: 0.898078698125

00:43:37.200 --> 00:43:39.075 consuming study procedures can be.
NOTE Confidence: 0.898078698125

00:43:39.080 --> 00:43:43.680 Psychedelic trial, OK,
NOTE Confidence: 0.898078698125

00:43:43.680 --> 00:43:45.305 when we talk about language
NOTE Confidence: 0.898078698125

00:43:45.305 --> 00:43:46.280 other than English,
NOTE Confidence: 0.898078698125

00:43:46.280 --> 00:43:49.300 we also talk about immigrant status, right.
NOTE Confidence: 0.898078698125

00:43:49.300 --> 00:43:52.800 And one thing that we,
NOTE Confidence: 0.898078698125

00:43:52.800 --> 00:43:53.800 that I think you know,
NOTE Confidence: 0.898078698125

00:43:53.800 --> 00:43:57.440 we don't pay a lot of attention to is the
NOTE Confidence: 0.898078698125

00:43:57.440 --> 00:44:00.400 the idea of of this fear of deportation.
NOTE Confidence: 0.898078698125

00:44:00.400 --> 00:44:03.145 We need to establish participants

NOTE Confidence: 0.898078698125

00:44:03.145 --> 00:44:05.890 safety beyond the physical and

NOTE Confidence: 0.898078698125

00:44:05.979 --> 00:44:08.640 psychological or physiological.

NOTE Confidence: 0.898078698125

00:44:08.640 --> 00:44:10.905 When we talk about a

NOTE Confidence: 0.898078698125

00:44:10.905 --> 00:44:12.717 schedule one trial right,

NOTE Confidence: 0.898078698125

00:44:12.720 --> 00:44:17.862 it is understandably natural for for

NOTE Confidence: 0.898078698125

00:44:17.862 --> 00:44:21.910 certain individuals to be extremely hesitant

NOTE Confidence: 0.898078698125

00:44:21.910 --> 00:44:24.360 and apprehensive about taking part.

NOTE Confidence: 0.898078698125

00:44:24.360 --> 00:44:25.840 They believe you know that.

NOTE Confidence: 0.898078698125

00:44:25.840 --> 00:44:30.075 You know when I take a psychedelic,

NOTE Confidence: 0.898078698125

00:44:30.080 --> 00:44:32.110 immigration officers are gonna bust

NOTE Confidence: 0.898078698125

00:44:32.110 --> 00:44:34.400 through the door and deport me,

NOTE Confidence: 0.898078698125

00:44:34.400 --> 00:44:34.770 right?

NOTE Confidence: 0.898078698125

00:44:34.770 --> 00:44:37.730 So we we it behooves us to think

NOTE Confidence: 0.898078698125

00:44:37.730 --> 00:44:40.150 really intentionally about what our

NOTE Confidence: 0.898078698125

00:44:40.150 --> 00:44:43.096 study policies are about the non

NOTE Confidence: 0.898078698125

00:44:43.180 --> 00:44:46.160 reporting of undocumented immigrants.
NOTE Confidence: 0.898078698125

00:44:46.160 --> 00:44:49.700 How can we work with community
NOTE Confidence: 0.898078698125

00:44:49.700 --> 00:44:53.000 based groups to really improve
NOTE Confidence: 0.898078698125

00:44:53.000 --> 00:44:55.640 trust among migrant communities?
NOTE Confidence: 0.898078698125

00:44:55.640 --> 00:44:57.920 How can we use them to help guide
NOTE Confidence: 0.898078698125

00:44:57.920 --> 00:44:59.127 these conversations if that's
NOTE Confidence: 0.898078698125

00:44:59.127 --> 00:44:59.997 something that we
NOTE Confidence: 0.9646513875

00:45:02.040 --> 00:45:05.960 really want to do? And that's also, you know,
NOTE Confidence: 0.97943074

00:45:08.640 --> 00:45:12.712 the, the related point is
NOTE Confidence: 0.97943074

00:45:12.712 --> 00:45:15.040 that immigrant communities,
NOTE Confidence: 0.97943074

00:45:15.040 --> 00:45:18.218 undocumented immigrant migrants have a
NOTE Confidence: 0.97943074

00:45:18.218 --> 00:45:20.101 higher risk for all of the different
NOTE Confidence: 0.97943074

00:45:20.101 --> 00:45:22.317 mental illnesses that we're interested in,
NOTE Confidence: 0.97943074

00:45:22.320 --> 00:45:26.160 in psychedelic trials. So.
NOTE Confidence: 0.97943074

00:45:26.160 --> 00:45:27.840 So that's just something to think about.
NOTE Confidence: 0.97943074

00:45:27.840 --> 00:45:30.866 You know, like how ethically

NOTE Confidence: 0.97943074

00:45:30.866 --> 00:45:33.158 are we proceeding by,

NOTE Confidence: 0.97943074

00:45:33.160 --> 00:45:35.068 by running a trial that excludes

NOTE Confidence: 0.97943074

00:45:35.068 --> 00:45:37.608 a subset of the population here in

NOTE Confidence: 0.97943074

00:45:37.608 --> 00:45:39.996 the United States or in Connecticut

NOTE Confidence: 0.97943074

00:45:40.000 --> 00:45:41.560 that are actually suffering

NOTE Confidence: 0.97943074

00:45:41.560 --> 00:45:43.668 the most from the mental health

NOTE Confidence: 0.97943074

00:45:43.668 --> 00:45:45.038 problems we're most interested in.

NOTE Confidence: 0.7748247811111111

00:45:47.960 --> 00:45:51.976 All right. So here we also talk about

NOTE Confidence: 0.7748247811111111

00:45:51.976 --> 00:45:56.768 how providing equitable incentives might

NOTE Confidence: 0.7748247811111111

00:45:56.768 --> 00:46:01.160 be a way to bring more folks of color,

NOTE Confidence: 0.7748247811111111

00:46:01.160 --> 00:46:05.000 more diverse folks into our clinical

NOTE Confidence: 0.7748247811111111

00:46:05.000 --> 00:46:07.428 trials utilizing convenience enhancing

NOTE Confidence: 0.7748247811111111

00:46:07.428 --> 00:46:09.812 technology offering rideshare credits

NOTE Confidence: 0.7748247811111111

00:46:09.812 --> 00:46:12.840 to improve access to participation.

NOTE Confidence: 0.7748247811111111

00:46:12.840 --> 00:46:15.402 While this may target the idea

NOTE Confidence: 0.7748247811111111

00:46:15.402 --> 00:46:17.728 of transportation as an access
NOTE Confidence: 0.7748247811111111

00:46:17.728 --> 00:46:19.876 barrier and not necessarily
NOTE Confidence: 0.9481530633333333

00:46:21.960 --> 00:46:23.079 may not always
NOTE Confidence: 0.9698760133333333

00:46:25.840 --> 00:46:29.158 solve the issue of, you know,
NOTE Confidence: 0.9698760133333333

00:46:29.160 --> 00:46:31.109 who do I turn to for childcare, Etcetera.
NOTE Confidence: 0.9698760133333333

00:46:31.109 --> 00:46:33.581 But I think it is a a nice
NOTE Confidence: 0.9698760133333333

00:46:33.581 --> 00:46:36.141 first step that we can think
NOTE Confidence: 0.9698760133333333

00:46:36.141 --> 00:46:37.877 about more carefully together,
NOTE Confidence: 0.9698760133333333

00:46:37.880 --> 00:46:39.784 about how compensation schedules
NOTE Confidence: 0.9698760133333333

00:46:39.784 --> 00:46:43.403 can be put on a sliding scale and
NOTE Confidence: 0.9698760133333333

00:46:43.403 --> 00:46:45.347 what how can we determine who has a
NOTE Confidence: 0.9698760133333333

00:46:45.347 --> 00:46:47.038 greater need than the other person.
NOTE Confidence: 0.92657713625

00:46:49.680 --> 00:46:51.960 OK, so let's say you got them in,
NOTE Confidence: 0.92657713625

00:46:51.960 --> 00:46:53.920 you know they're here for for their
NOTE Confidence: 0.92657713625

00:46:53.920 --> 00:46:56.888 first study visit, it's a prep visit.
NOTE Confidence: 0.92657713625

00:46:56.888 --> 00:47:00.080 They enter the the study room.

NOTE Confidence: 0.92657713625

00:47:00.080 --> 00:47:02.699 I think every step of the way we need

NOTE Confidence: 0.92657713625

00:47:02.699 --> 00:47:05.738 to be thinking about how we can be

NOTE Confidence: 0.92657713625

00:47:05.738 --> 00:47:07.568 culturally attuned to participants needs.

NOTE Confidence: 0.92657713625

00:47:07.568 --> 00:47:11.341 So a great way to think about that is how

NOTE Confidence: 0.92657713625

00:47:11.341 --> 00:47:13.633 we can introduce diversity and artwork,

NOTE Confidence: 0.92657713625

00:47:13.640 --> 00:47:15.435 some of the decorations here

NOTE Confidence: 0.92657713625

00:47:15.435 --> 00:47:18.268 and how we select music for the

NOTE Confidence: 0.92657713625

00:47:18.268 --> 00:47:19.717 dosing sessions themselves.

NOTE Confidence: 0.92657713625

00:47:19.720 --> 00:47:21.320 It's really important to understand,

NOTE Confidence: 0.92657713625

00:47:21.320 --> 00:47:23.824 you know, the cultural roots of such decor

NOTE Confidence: 0.92657713625

00:47:23.824 --> 00:47:26.400 that we incorporate them respectfully,

NOTE Confidence: 0.92657713625

00:47:26.400 --> 00:47:29.676 that we're not doing it in a

NOTE Confidence: 0.92657713625

00:47:29.676 --> 00:47:31.080 culturally appropriative way.

NOTE Confidence: 0.92657713625

00:47:31.080 --> 00:47:35.272 There are really obvious ways in which we can

NOTE Confidence: 0.92657713625

00:47:35.272 --> 00:47:38.760 do to to queer and diversified dosing space.

NOTE Confidence: 0.92657713625

00:47:38.760 --> 00:47:41.024 Fried flags, for example.
NOTE Confidence: 0.92657713625

00:47:41.024 --> 00:47:43.288 Art depicting same sex
NOTE Confidence: 0.92657713625

00:47:43.288 --> 00:47:45.200 relationships for example,
NOTE Confidence: 0.92657713625

00:47:45.200 --> 00:47:46.960 employing queer office staff,
NOTE Confidence: 0.92657713625

00:47:46.960 --> 00:47:48.720 making sure that people
NOTE Confidence: 0.92657713625

00:47:48.720 --> 00:47:50.758 have access to single stall,
NOTE Confidence: 0.92657713625

00:47:50.760 --> 00:47:52.095 gender neutral bathrooms.
NOTE Confidence: 0.92657713625

00:47:52.095 --> 00:47:55.720 All of these are essential ways of making
NOTE Confidence: 0.92657713625

00:47:55.720 --> 00:47:59.030 sure that every moment that a participant
NOTE Confidence: 0.92657713625

00:47:59.030 --> 00:48:03.300 spends in our at our study site is is,
NOTE Confidence: 0.92657713625

00:48:03.300 --> 00:48:04.360 you know,
NOTE Confidence: 0.92657713625

00:48:04.360 --> 00:48:07.240 situated in a feeling of safety and comfort,
NOTE Confidence: 0.92657713625

00:48:07.240 --> 00:48:07.960 right?
NOTE Confidence: 0.92657713625

00:48:07.960 --> 00:48:10.656 That they're not feeling only
NOTE Confidence: 0.92657713625

00:48:10.656 --> 00:48:12.532 safe in the room and then micro
NOTE Confidence: 0.92657713625

00:48:12.532 --> 00:48:13.956 grasped against when they leave

NOTE Confidence: 0.92657713625

00:48:13.956 --> 00:48:15.600 the room to use the bathroom.

NOTE Confidence: 0.958685296666667

00:48:19.200 --> 00:48:21.000 This is a point about music.

NOTE Confidence: 0.958685296666667

00:48:21.000 --> 00:48:23.304 A a lot of the times the playlist

NOTE Confidence: 0.958685296666667

00:48:23.304 --> 00:48:25.718 that we use in dosing sessions

NOTE Confidence: 0.958685296666667

00:48:25.718 --> 00:48:27.478 can be pretty standardized.

NOTE Confidence: 0.958685296666667

00:48:27.480 --> 00:48:30.252 They they're highly instrumental and they

NOTE Confidence: 0.958685296666667

00:48:30.252 --> 00:48:33.413 are evocative of a particular spiritual

NOTE Confidence: 0.958685296666667

00:48:33.413 --> 00:48:36.506 experience for some people, right?

NOTE Confidence: 0.958685296666667

00:48:36.506 --> 00:48:40.262 So given the invalidating and potentially

NOTE Confidence: 0.958685296666667

00:48:40.262 --> 00:48:43.417 traumatic experiences that many queer

NOTE Confidence: 0.958685296666667

00:48:43.417 --> 00:48:46.397 folks have with religious institutions,

NOTE Confidence: 0.958685296666667

00:48:46.400 --> 00:48:48.108 it might be a moment to pause

NOTE Confidence: 0.958685296666667

00:48:48.108 --> 00:48:49.744 and think about, you know,

NOTE Confidence: 0.958685296666667

00:48:49.744 --> 00:48:52.004 just what what is happening

NOTE Confidence: 0.958685296666667

00:48:52.004 --> 00:48:54.080 here for this person.

NOTE Confidence: 0.958685296666667

00:48:54.080 --> 00:48:57.400 And a great way to prevent potential
NOTE Confidence: 0.958685296666667

00:48:57.400 --> 00:49:00.200 re traumatization of of certain
NOTE Confidence: 0.958685296666667

00:49:00.200 --> 00:49:01.958 folks is to have them here.
NOTE Confidence: 0.958685296666667

00:49:01.960 --> 00:49:05.600 And that samples of intended music playlists.
NOTE Confidence: 0.958685296666667

00:49:05.600 --> 00:49:08.050 So this is just another way to
NOTE Confidence: 0.958685296666667

00:49:08.050 --> 00:49:11.076 to be queer affirming in your
NOTE Confidence: 0.958685296666667

00:49:11.076 --> 00:49:13.600 collaboration with the participant.
NOTE Confidence: 0.958685296666667

00:49:13.600 --> 00:49:19.812 OK, I I'm gonna make the hour mark here.
NOTE Confidence: 0.958685296666667

00:49:19.812 --> 00:49:21.804 We're gonna round the corner and
NOTE Confidence: 0.958685296666667

00:49:21.804 --> 00:49:23.337 talk about assessments, right?
NOTE Confidence: 0.958685296666667

00:49:23.337 --> 00:49:26.022 So we highlighted how assessment
NOTE Confidence: 0.958685296666667

00:49:26.022 --> 00:49:28.652 procedures are an integral part
NOTE Confidence: 0.958685296666667

00:49:28.652 --> 00:49:31.389 of of the study process in a
NOTE Confidence: 0.958685296666667

00:49:31.389 --> 00:49:33.640 clinical trial for psychedelics.
NOTE Confidence: 0.958685296666667

00:49:33.640 --> 00:49:36.840 The the choice of assessments is
NOTE Confidence: 0.958685296666667

00:49:36.840 --> 00:49:39.480 also so important to signal to

NOTE Confidence: 0.958685296666667
00:49:39.480 --> 00:49:42.000 participants that you really care
NOTE Confidence: 0.958685296666667
00:49:42.000 --> 00:49:44.537 about their diverse identities and
NOTE Confidence: 0.958685296666667
00:49:44.537 --> 00:49:46.616 the the how in which you conduct
NOTE Confidence: 0.958685296666667
00:49:46.616 --> 00:49:48.477 your assessment is also so important.
NOTE Confidence: 0.958685296666667
00:49:48.480 --> 00:49:51.014 So all of that also feeds into
NOTE Confidence: 0.958685296666667
00:49:51.014 --> 00:49:54.468 the idea of retaining them in the
NOTE Confidence: 0.958685296666667
00:49:54.468 --> 00:49:57.405 psychedelic trial because if if a
NOTE Confidence: 0.958685296666667
00:49:57.405 --> 00:49:59.348 person starts feeling micrograss during
NOTE Confidence: 0.958685296666667
00:49:59.348 --> 00:50:01.183 an assessment interval every time
NOTE Confidence: 0.958685296666667
00:50:01.183 --> 00:50:03.354 they have to come in for a study visit,
NOTE Confidence: 0.958685296666667
00:50:03.360 --> 00:50:04.380 they're probably not going
NOTE Confidence: 0.958685296666667
00:50:04.380 --> 00:50:06.280 to want to stay in the trial.
NOTE Confidence: 0.958685296666667
00:50:06.280 --> 00:50:09.400 So first of all, right,
NOTE Confidence: 0.958685296666667
00:50:09.400 --> 00:50:11.836 before we even conduct any assessment,
NOTE Confidence: 0.958685296666667
00:50:11.840 --> 00:50:15.080 I think it behooves us as as clinicians
NOTE Confidence: 0.958685296666667

00:50:15.080 --> 00:50:17.816 and researchers to to work with the
NOTE Confidence: 0.958685296666667

00:50:17.816 --> 00:50:19.512 understanding that certain experiences
NOTE Confidence: 0.958685296666667

00:50:19.512 --> 00:50:21.838 typically not considered criterion A,
NOTE Confidence: 0.958685296666667

00:50:21.840 --> 00:50:22.656 for example,
NOTE Confidence: 0.958685296666667

00:50:22.656 --> 00:50:25.512 can still lead to symptoms of depression,
NOTE Confidence: 0.958685296666667

00:50:25.520 --> 00:50:26.918 anxiety or PTSD.
NOTE Confidence: 0.958685296666667

00:50:26.918 --> 00:50:29.714 So what I'm specifically referring to
NOTE Confidence: 0.958685296666667

00:50:29.720 --> 00:50:32.527 are the many different ways in which
NOTE Confidence: 0.958685296666667

00:50:32.527 --> 00:50:35.001 identity based stress and trauma can
NOTE Confidence: 0.958685296666667

00:50:35.001 --> 00:50:36.424 manifest through microaggressions,
NOTE Confidence: 0.958685296666667

00:50:36.424 --> 00:50:37.960 through hate crimes,
NOTE Confidence: 0.958685296666667

00:50:37.960 --> 00:50:41.560 through racially motivated violence or
NOTE Confidence: 0.958685296666667

00:50:41.560 --> 00:50:44.236 or sexual or gender motivated violence.
NOTE Confidence: 0.911180144285714

00:50:47.320 --> 00:50:51.996 For I I contend that to do,
NOTE Confidence: 0.911180144285714

00:50:52.000 --> 00:50:53.600 to conduct assessment in
NOTE Confidence: 0.911180144285714

00:50:53.600 --> 00:50:55.200 a culturally attuned way,

NOTE Confidence: 0.911180144285714
00:50:55.200 --> 00:50:57.864 we really need to be highly
NOTE Confidence: 0.911180144285714
00:50:57.864 --> 00:50:59.640 educated about minority stress.
NOTE Confidence: 0.911180144285714
00:50:59.640 --> 00:51:02.461 We need to know and and recognize
NOTE Confidence: 0.911180144285714
00:51:02.461 --> 00:51:05.350 the reality that all of these
NOTE Confidence: 0.911180144285714
00:51:05.350 --> 00:51:07.478 identity related stressors often
NOTE Confidence: 0.911180144285714
00:51:07.478 --> 00:51:10.612 result from existing in a system
NOTE Confidence: 0.911180144285714
00:51:10.612 --> 00:51:13.032 that really endows certain other
NOTE Confidence: 0.911180144285714
00:51:13.032 --> 00:51:15.638 identities with power and privilege
NOTE Confidence: 0.911180144285714
00:51:15.638 --> 00:51:17.668 and oppresses others, right.
NOTE Confidence: 0.911180144285714
00:51:17.668 --> 00:51:19.996 We need to recognize how all
NOTE Confidence: 0.911180144285714
00:51:19.996 --> 00:51:22.682 of the isms permeate modern
NOTE Confidence: 0.911180144285714
00:51:22.682 --> 00:51:25.012 healthcare and that we're working
NOTE Confidence: 0.911180144285714
00:51:25.012 --> 00:51:28.000 actively to to keep that in check.
NOTE Confidence: 0.911180144285714
00:51:28.000 --> 00:51:30.982 So I I certainly do encourage people
NOTE Confidence: 0.911180144285714
00:51:30.982 --> 00:51:32.734 to continue educating themselves,
NOTE Confidence: 0.911180144285714

00:51:32.734 --> 00:51:34.969 to continue referencing and referring
NOTE Confidence: 0.911180144285714

00:51:34.969 --> 00:51:37.584 back to all of the professional
NOTE Confidence: 0.911180144285714

00:51:37.584 --> 00:51:39.196 guidelines and standards we
NOTE Confidence: 0.911180144285714

00:51:39.196 --> 00:51:41.390 have for working with folks of
NOTE Confidence: 0.911180144285714

00:51:41.390 --> 00:51:43.232 color and queer folks as well.
NOTE Confidence: 0.942158071

00:51:45.520 --> 00:51:47.536 And through this process,
NOTE Confidence: 0.942158071

00:51:47.536 --> 00:51:50.560 this continual process of self education,
NOTE Confidence: 0.942158071

00:51:50.560 --> 00:51:53.062 we begin to know and understand
NOTE Confidence: 0.942158071

00:51:53.062 --> 00:51:56.049 more about what could be asked when
NOTE Confidence: 0.942158071

00:51:56.049 --> 00:51:58.515 we conduct that first psych eval.
NOTE Confidence: 0.942158071

00:51:58.520 --> 00:52:00.960 For someone that we screened
NOTE Confidence: 0.942158071

00:52:00.960 --> 00:52:02.912 for a psychedelic trial.
NOTE Confidence: 0.942158071

00:52:02.920 --> 00:52:04.141 There are a lot of, like,
NOTE Confidence: 0.942158071

00:52:04.141 --> 00:52:06.846 really great queer affirming intake
NOTE Confidence: 0.942158071

00:52:06.846 --> 00:52:11.619 protocols that we can integrate into our own
NOTE Confidence: 0.942158071

00:52:11.619 --> 00:52:14.412 assessment procedures first of all, right?

NOTE Confidence: 0.942158071

00:52:14.412 --> 00:52:15.944 Like giving open-ended quest

NOTE Confidence: 0.942158071

00:52:15.944 --> 00:52:18.120 options for how a person wants

NOTE Confidence: 0.942158071

00:52:18.120 --> 00:52:19.795 to identify for their gender,

NOTE Confidence: 0.942158071

00:52:19.800 --> 00:52:23.000 for their sexual orientation, etcetera.

NOTE Confidence: 0.942158071

00:52:23.000 --> 00:52:26.825 When people see that on your iPad or your

NOTE Confidence: 0.942158071

00:52:26.825 --> 00:52:30.876 paper that you hand over to them to fill out,

NOTE Confidence: 0.942158071

00:52:30.880 --> 00:52:33.120 that really is a way to signal,

NOTE Confidence: 0.942158071

00:52:33.120 --> 00:52:37.226 you know, like we trust that how you

NOTE Confidence: 0.942158071

00:52:37.226 --> 00:52:41.440 identify is your reality and we wanna,

NOTE Confidence: 0.942158071

00:52:41.440 --> 00:52:43.312 you know, be on the same page as that.

NOTE Confidence: 0.942158071

00:52:43.320 --> 00:52:46.155 So tell us exactly how you identify.

NOTE Confidence: 0.942158071

00:52:46.160 --> 00:52:48.750 That is such an empowering way and

NOTE Confidence: 0.942158071

00:52:48.750 --> 00:52:51.000 affirming way for participants to

NOTE Confidence: 0.942158071

00:52:51.000 --> 00:52:53.121 to be brought into the study and

NOTE Confidence: 0.942158071

00:52:53.121 --> 00:52:55.577 it's so easy to to integrate that

NOTE Confidence: 0.942158071

00:52:55.577 --> 00:52:57.797 into your assessments too as well.

NOTE Confidence: 0.917647602222222

00:53:01.400 --> 00:53:05.360 So really the the point of this is that

NOTE Confidence: 0.9063344812

00:53:09.040 --> 00:53:10.474 you know there there could be

NOTE Confidence: 0.9063344812

00:53:10.474 --> 00:53:11.871 pressure for someone to try to

NOTE Confidence: 0.9063344812

00:53:11.871 --> 00:53:13.229 do it right and that's what I

NOTE Confidence: 0.9063344812

00:53:13.229 --> 00:53:14.559 talked about on the next slide.

NOTE Confidence: 0.9063344812

00:53:14.560 --> 00:53:16.360 It's all about balance, right,

NOTE Confidence: 0.9063344812

00:53:16.360 --> 00:53:18.808 like we're we're not over or

NOTE Confidence: 0.9063344812

00:53:18.808 --> 00:53:20.440 under focusing on identity.

NOTE Confidence: 0.9063344812

00:53:20.440 --> 00:53:23.000 We're open to making mistakes along the way,

NOTE Confidence: 0.9063344812

00:53:23.000 --> 00:53:25.424 but we're always trying to to

NOTE Confidence: 0.9063344812

00:53:25.424 --> 00:53:27.040 correct that for ourselves.

NOTE Confidence: 0.9063344812

00:53:27.040 --> 00:53:28.996 We're not assuming that how people

NOTE Confidence: 0.9063344812

00:53:28.996 --> 00:53:31.095 wanted all clients want to talk

NOTE Confidence: 0.9063344812

00:53:31.095 --> 00:53:32.559 about their diverse identities.

NOTE Confidence: 0.9063344812

00:53:32.560 --> 00:53:35.059 It may have nothing to do with

NOTE Confidence: 0.9063344812

00:53:35.059 --> 00:53:37.760 some of their presenting concerns

NOTE Confidence: 0.9063344812

00:53:37.760 --> 00:53:39.540 and we're not asking invasive

NOTE Confidence: 0.9063344812

00:53:39.540 --> 00:53:41.320 questions just out of curiosity.

NOTE Confidence: 0.9063344812

00:53:41.320 --> 00:53:42.640 So just out of curiosity,

NOTE Confidence: 0.9063344812

00:53:42.640 --> 00:53:44.558 what are you right like that would

NOTE Confidence: 0.9063344812

00:53:44.558 --> 00:53:46.852 be super micro aggressive for a

NOTE Confidence: 0.9063344812

00:53:46.852 --> 00:53:49.018 participant to receive from from

NOTE Confidence: 0.9063344812

00:53:49.018 --> 00:53:52.224 someone that they should trust in this

NOTE Confidence: 0.9063344812

00:53:52.224 --> 00:53:54.720 highly vulnerable therapeutic process.

NOTE Confidence: 0.9063344812

00:53:54.720 --> 00:53:57.096 So you know at this point in time usually

NOTE Confidence: 0.9063344812

00:53:57.096 --> 00:53:59.280 is when people start feeling like,

NOTE Confidence: 0.9063344812

00:53:59.280 --> 00:54:01.320 oh like I'm I'm confused like

NOTE Confidence: 0.9063344812

00:54:01.320 --> 00:54:02.960 what are you saying really?

NOTE Confidence: 0.9063344812

00:54:02.960 --> 00:54:05.200 You know we want to be attentive and

NOTE Confidence: 0.9063344812

00:54:05.200 --> 00:54:07.561 led by the patient in understanding

NOTE Confidence: 0.9063344812

00:54:07.561 --> 00:54:09.173 their identity development because
NOTE Confidence: 0.9063344812

00:54:09.173 --> 00:54:11.159 it it ranges on the spectrum.
NOTE Confidence: 0.9063344812

00:54:11.160 --> 00:54:14.430 People are maybe at point A at one
NOTE Confidence: 0.9063344812

00:54:14.430 --> 00:54:17.110 point in time at point B the next
NOTE Confidence: 0.9063344812

00:54:17.202 --> 00:54:19.715 day or the next month or year.
NOTE Confidence: 0.9063344812

00:54:19.720 --> 00:54:22.128 We need to do our own homework and
NOTE Confidence: 0.9063344812

00:54:22.128 --> 00:54:24.358 learning more about identity diversity.
NOTE Confidence: 0.9063344812

00:54:24.360 --> 00:54:26.470 And I strongly encourage people
NOTE Confidence: 0.9063344812

00:54:26.470 --> 00:54:28.158 to be super warm,
NOTE Confidence: 0.9063344812

00:54:28.160 --> 00:54:30.080 non judgmental and compassionate
NOTE Confidence: 0.9063344812

00:54:30.080 --> 00:54:32.480 and accepting of their sharing
NOTE Confidence: 0.9063344812

00:54:32.480 --> 00:54:35.264 and having you know,
NOTE Confidence: 0.9063344812

00:54:35.264 --> 00:54:38.680 the the the capacity to own
NOTE Confidence: 0.9063344812

00:54:38.680 --> 00:54:40.560 up to my progressions.
NOTE Confidence: 0.9063344812

00:54:40.560 --> 00:54:43.462 Even if it was unintentional.
NOTE Confidence: 0.9063344812

00:54:43.462 --> 00:54:46.117 And for you to apologize,

NOTE Confidence: 0.9063344812

00:54:46.120 --> 00:54:49.880 quickly own it and then move on,

NOTE Confidence: 0.9063344812

00:54:49.880 --> 00:54:52.490 which really signals to the participant

NOTE Confidence: 0.9063344812

00:54:52.490 --> 00:54:56.040 that you're able to take this in stride,

NOTE Confidence: 0.9063344812

00:54:56.040 --> 00:54:59.155 that you can stand to be corrected.

NOTE Confidence: 0.9063344812

00:54:59.160 --> 00:55:01.120 You can tolerate that and that you

NOTE Confidence: 0.9063344812

00:55:01.120 --> 00:55:02.736 trust that they will continue to

NOTE Confidence: 0.9063344812

00:55:02.736 --> 00:55:04.760 do that if it comes up for them.

NOTE Confidence: 0.9063344812

00:55:04.760 --> 00:55:07.704 So what better way to build trust and

NOTE Confidence: 0.9063344812

00:55:07.704 --> 00:55:09.560 rapport than being super transparent

NOTE Confidence: 0.9063344812

00:55:09.560 --> 00:55:12.200 and honest in that way as well?

NOTE Confidence: 0.9063344812

00:55:12.200 --> 00:55:12.520 OK,

NOTE Confidence: 0.968428068

00:55:14.640 --> 00:55:15.975 The next few slides really

NOTE Confidence: 0.968428068

00:55:15.975 --> 00:55:17.310 highlight all of the different

NOTE Confidence: 0.968428068

00:55:17.360 --> 00:55:18.720 options that we can consider.

NOTE Confidence: 0.968428068

00:55:18.720 --> 00:55:21.648 These are not exhaustive at all

NOTE Confidence: 0.968428068

00:55:21.648 --> 00:55:24.142 and and certainly more interviews
NOTE Confidence: 0.968428068

00:55:24.142 --> 00:55:26.852 and self report measures continue
NOTE Confidence: 0.968428068

00:55:26.852 --> 00:55:29.960 to be released over the years.
NOTE Confidence: 0.968428068

00:55:29.960 --> 00:55:31.964 Let's remain curious and open to
NOTE Confidence: 0.968428068

00:55:31.964 --> 00:55:33.886 what what these measures could do
NOTE Confidence: 0.968428068

00:55:33.886 --> 00:55:35.727 for us in in helping us understand
NOTE Confidence: 0.968428068

00:55:35.727 --> 00:55:37.666 a a person more holistically as
NOTE Confidence: 0.968428068

00:55:37.666 --> 00:55:39.848 we bring them through our trials.
NOTE Confidence: 0.968428068

00:55:39.848 --> 00:55:42.120 So the cultural formulation
NOTE Confidence: 0.968428068

00:55:42.120 --> 00:55:45.520 interview certainly is a a great
NOTE Confidence: 0.968428068

00:55:45.520 --> 00:55:47.380 assessment to integrate in.
NOTE Confidence: 0.968428068

00:55:47.380 --> 00:55:49.240 In working with participants.
NOTE Confidence: 0.968428068

00:55:49.240 --> 00:55:52.495 It helps you understand how they understand
NOTE Confidence: 0.968428068

00:55:52.495 --> 00:55:56.040 their problems from a cultural lens.
NOTE Confidence: 0.968428068

00:55:56.040 --> 00:55:59.058 What are some of their culturally
NOTE Confidence: 0.968428068

00:55:59.058 --> 00:56:01.790 sanctioned ways of working through

NOTE Confidence: 0.968428068

00:56:01.790 --> 00:56:04.396 mental health problems that could

NOTE Confidence: 0.968428068

00:56:04.396 --> 00:56:06.186 be brought into the healing

NOTE Confidence: 0.968428068

00:56:06.186 --> 00:56:08.599 process in a psychedelic trial?

NOTE Confidence: 0.968428068

00:56:08.600 --> 00:56:10.357 I just want to highlight EU Conn

NOTE Confidence: 0.968428068

00:56:10.357 --> 00:56:11.679 racial ethnic stress and trauma,

NOTE Confidence: 0.968428068

00:56:11.680 --> 00:56:13.186 survey the unrest.

NOTE Confidence: 0.968428068

00:56:13.186 --> 00:56:16.570 Basically it's a a cultural or

NOTE Confidence: 0.968428068

00:56:16.570 --> 00:56:19.995 racialized version of the Caps

NOTE Confidence: 0.968428068

00:56:19.995 --> 00:56:24.346 5 and it allows you to assess

NOTE Confidence: 0.968428068

00:56:24.346 --> 00:56:27.248 for incidents of racial trauma,

NOTE Confidence: 0.968428068

00:56:27.248 --> 00:56:30.108 racial discrimination that informs the

NOTE Confidence: 0.968428068

00:56:30.108 --> 00:56:32.600 person's presentation of PTSD symptoms.

NOTE Confidence: 0.839796854545455

00:56:35.400 --> 00:56:37.008 There are a few self-reports that

NOTE Confidence: 0.839796854545455

00:56:37.008 --> 00:56:38.520 I'm just gonna breeze through.

NOTE Confidence: 0.839796854545455

00:56:38.520 --> 00:56:40.885 This is the general ethnic

NOTE Confidence: 0.839796854545455

00:56:40.885 --> 00:56:42.777 discrimination scale really helping
NOTE Confidence: 0.839796854545455

00:56:42.777 --> 00:56:46.960 you understand in a very easy way
NOTE Confidence: 0.839796854545455

00:56:46.960 --> 00:56:50.053 people's experiences with ethno,
NOTE Confidence: 0.839796854545455

00:56:50.053 --> 00:56:53.412 racial discrimination and racism.
NOTE Confidence: 0.839796854545455

00:56:53.412 --> 00:56:56.772 Basically this is a self report measure
NOTE Confidence: 0.839796854545455

00:56:56.772 --> 00:56:59.699 of intersectional microaggressions that
NOTE Confidence: 0.839796854545455

00:56:59.699 --> 00:57:05.016 have occurred to queer folks of color.
NOTE Confidence: 0.839796854545455

00:57:05.016 --> 00:57:09.240 Basically, this is a self report
NOTE Confidence: 0.839796854545455

00:57:09.240 --> 00:57:12.056 measure of internalized model
NOTE Confidence: 0.839796854545455

00:57:12.056 --> 00:57:14.332 minority stereotypes among Asians.
NOTE Confidence: 0.839796854545455

00:57:14.332 --> 00:57:18.000 So this is a group specific measure.
NOTE Confidence: 0.839796854545455

00:57:18.000 --> 00:57:21.381 It's something that I'm fond of and
NOTE Confidence: 0.839796854545455

00:57:21.381 --> 00:57:25.120 that I think a lot about 'cause you
NOTE Confidence: 0.839796854545455

00:57:25.120 --> 00:57:28.240 can imagine how certain Asians who
NOTE Confidence: 0.839796854545455

00:57:28.240 --> 00:57:30.640 have internalized the model minority
NOTE Confidence: 0.839796854545455

00:57:30.640 --> 00:57:32.959 stereotype could become super stoic,

NOTE Confidence: 0.839796854545455
00:57:32.960 --> 00:57:34.493 standoffish,
NOTE Confidence: 0.839796854545455
00:57:34.493 --> 00:57:39.864 or or adopt more of a people pleasing
NOTE Confidence: 0.839796854545455
00:57:39.864 --> 00:57:42.000 approach through a healing process.
NOTE Confidence: 0.839796854545455
00:57:42.000 --> 00:57:44.439 That is meant that can be meant to be,
NOTE Confidence: 0.839796854545455
00:57:44.440 --> 00:57:46.150 you know, pretty,
NOTE Confidence: 0.839796854545455
00:57:46.150 --> 00:57:49.000 vulnerable and and expressive and
NOTE Confidence: 0.839796854545455
00:57:49.000 --> 00:57:50.764 how that really shapes how they
NOTE Confidence: 0.839796854545455
00:57:50.764 --> 00:57:52.919 show up during a dosing session.
NOTE Confidence: 0.839796854545455
00:57:52.920 --> 00:57:55.944 So it might give you a lot of
NOTE Confidence: 0.839796854545455
00:57:55.944 --> 00:57:58.366 information that you can then
NOTE Confidence: 0.839796854545455
00:57:58.366 --> 00:58:00.478 collaborate with the participant
NOTE Confidence: 0.839796854545455
00:58:00.480 --> 00:58:03.476 to work through if it makes sense.
NOTE Confidence: 0.839796854545455
00:58:03.480 --> 00:58:05.205 There are also similar measures
NOTE Confidence: 0.839796854545455
00:58:05.205 --> 00:58:06.240 for internalized racism,
NOTE Confidence: 0.839796854545455
00:58:06.240 --> 00:58:08.598 internalized sexual and gender stigma too.
NOTE Confidence: 0.839796854545455

00:58:08.600 --> 00:58:10.584 So strongly encourage people
NOTE Confidence: 0.839796854545455

00:58:10.584 --> 00:58:13.560 to check all of those out.
NOTE Confidence: 0.839796854545455

00:58:13.560 --> 00:58:15.168 This is the the last self
NOTE Confidence: 0.839796854545455

00:58:15.168 --> 00:58:16.640 report that I'll talk about.
NOTE Confidence: 0.839796854545455

00:58:16.640 --> 00:58:18.660 This is the barriers to
NOTE Confidence: 0.839796854545455

00:58:18.660 --> 00:58:20.276 access to care evaluation.
NOTE Confidence: 0.839796854545455

00:58:20.280 --> 00:58:23.824 What you get from this very easy to
NOTE Confidence: 0.839796854545455

00:58:23.824 --> 00:58:27.018 administer self report is a lot of
NOTE Confidence: 0.839796854545455

00:58:27.018 --> 00:58:29.604 responses that talk about things that
NOTE Confidence: 0.839796854545455

00:58:29.604 --> 00:58:31.060 highlight certain access barriers
NOTE Confidence: 0.839796854545455

00:58:31.060 --> 00:58:33.228 that people might not talk about
NOTE Confidence: 0.839796854545455

00:58:33.228 --> 00:58:35.237 when they show up for study visits.
NOTE Confidence: 0.839796854545455

00:58:35.240 --> 00:58:35.568 Oh,
NOTE Confidence: 0.839796854545455

00:58:35.568 --> 00:58:37.864 turns out I don't have time to
NOTE Confidence: 0.839796854545455

00:58:37.864 --> 00:58:40.036 take off work for the study visit.
NOTE Confidence: 0.839796854545455

00:58:40.040 --> 00:58:41.755 So I I basically skipped work to

NOTE Confidence: 0.839796854545455
00:58:41.755 --> 00:58:44.132 come to this study visit and that was
NOTE Confidence: 0.839796854545455
00:58:44.132 --> 00:58:45.712 something that was not discussed.
NOTE Confidence: 0.839796854545455
00:58:45.720 --> 00:58:47.995 But if you administered this
NOTE Confidence: 0.839796854545455
00:58:47.995 --> 00:58:49.360 self report measure,
NOTE Confidence: 0.839796854545455
00:58:49.360 --> 00:58:52.188 you're able to get that information and
NOTE Confidence: 0.839796854545455
00:58:52.188 --> 00:58:54.552 bring it up and start thinking about,
NOTE Confidence: 0.839796854545455
00:58:54.552 --> 00:58:54.840 oh,
NOTE Confidence: 0.839796854545455
00:58:54.840 --> 00:58:57.297 maybe we need to have a protocol
NOTE Confidence: 0.839796854545455
00:58:57.297 --> 00:58:59.054 amendment for certain groups that
NOTE Confidence: 0.839796854545455
00:58:59.054 --> 00:59:01.280 we want to bring into the study.
NOTE Confidence: 0.839796854545455
00:59:01.280 --> 00:59:01.982 So you know,
NOTE Confidence: 0.839796854545455
00:59:01.982 --> 00:59:03.992 just a great way to to get a
NOTE Confidence: 0.839796854545455
00:59:03.992 --> 00:59:06.960 lot of that information, really.
NOTE Confidence: 0.839796854545455
00:59:06.960 --> 00:59:07.336 OK.
NOTE Confidence: 0.839796854545455
00:59:07.336 --> 00:59:08.840 So as a conclusion,
NOTE Confidence: 0.839796854545455

00:59:08.840 --> 00:59:11.510 we really understand how hopefully
NOTE Confidence: 0.839796854545455

00:59:11.510 --> 00:59:14.180 people understand how these different
NOTE Confidence: 0.839796854545455

00:59:14.256 --> 00:59:16.704 barriers interact as part of set
NOTE Confidence: 0.839796854545455

00:59:16.704 --> 00:59:19.113 and setting to dissuade diverse
NOTE Confidence: 0.839796854545455

00:59:19.113 --> 00:59:21.237 participation in psychedelic trials.
NOTE Confidence: 0.839796854545455

00:59:21.240 --> 00:59:22.545 And as such,
NOTE Confidence: 0.839796854545455

00:59:22.545 --> 00:59:24.720 any strategies to address these
NOTE Confidence: 0.839796854545455

00:59:24.720 --> 00:59:27.465 barriers need to be attuned to
NOTE Confidence: 0.839796854545455

00:59:27.465 --> 00:59:29.265 the culturally relevant factors
NOTE Confidence: 0.839796854545455

00:59:29.265 --> 00:59:31.440 involved in their formation.
NOTE Confidence: 0.839796854545455

00:59:31.440 --> 00:59:33.696 So we've talked about many culturally
NOTE Confidence: 0.839796854545455

00:59:33.696 --> 00:59:36.024 attuned ways to recruit to assess
NOTE Confidence: 0.839796854545455

00:59:36.024 --> 00:59:37.672 and hopefully retain diverse
NOTE Confidence: 0.839796854545455

00:59:37.672 --> 00:59:39.320 people in psychedelic research,
NOTE Confidence: 0.839796854545455

00:59:39.320 --> 00:59:41.210 and none of these are meant
NOTE Confidence: 0.839796854545455

00:59:41.210 --> 00:59:42.155 to be prescriptive.

NOTE Confidence: 0.839796854545455
00:59:42.160 --> 00:59:44.496 I only ask for folks in this call
NOTE Confidence: 0.839796854545455
00:59:44.496 --> 00:59:46.770 and people who are listening to
NOTE Confidence: 0.839796854545455
00:59:46.770 --> 00:59:49.710 to consider and perhaps adapt and
NOTE Confidence: 0.839796854545455
00:59:49.710 --> 00:59:51.776 enact these recommendations as
NOTE Confidence: 0.839796854545455
00:59:51.776 --> 00:59:54.341 appropriate and feasible in your
NOTE Confidence: 0.839796854545455
00:59:54.341 --> 00:59:56.393 own psychedelic clinical trial.
NOTE Confidence: 0.839796854545455
00:59:56.400 --> 00:59:57.520 So with that, I'll, I'll,
NOTE Confidence: 0.839796854545455
00:59:57.520 --> 01:00:02.086 I'll conclude and stop here and
NOTE Confidence: 0.839796854545455
01:00:02.086 --> 01:00:03.316 I just highly, you know,
NOTE Confidence: 0.839796854545455
01:00:03.320 --> 01:00:04.403 wanna thank Ben,
NOTE Confidence: 0.839796854545455
01:00:04.403 --> 01:00:07.560 Chris and the rest of the OCD clinic,
NOTE Confidence: 0.839796854545455
01:00:07.560 --> 01:00:09.120 the Enac lab,
NOTE Confidence: 0.839796854545455
01:00:09.120 --> 01:00:12.216 all of the other organizations that
NOTE Confidence: 0.839796854545455
01:00:12.216 --> 01:00:15.800 have contributed in some way or another
NOTE Confidence: 0.931832262
01:00:15.880 --> 01:00:18.520 to to these slides here. Thank you for that.
NOTE Confidence: 0.836640331333333

01:00:21.880 --> 01:00:23.200 Thank you, Terence for being
NOTE Confidence: 0.836640331333333

01:00:23.200 --> 01:00:24.907 with us today and sharing this
NOTE Confidence: 0.836640331333333

01:00:24.907 --> 01:00:26.239 perspective and and material.
NOTE Confidence: 0.836640331333333

01:00:26.240 --> 01:00:27.440 It's really an important one.
NOTE Confidence: 0.877698273529412

01:00:30.200 --> 01:00:32.190 We are at a little after 430 and I know
NOTE Confidence: 0.877698273529412

01:00:32.247 --> 01:00:34.044 that I couple of us need to, it's fine.
NOTE Confidence: 0.877698273529412

01:00:34.044 --> 01:00:34.954 We started a little late.
NOTE Confidence: 0.877698273529412

01:00:34.960 --> 01:00:36.556 So your time and control was perfect.
NOTE Confidence: 0.877698273529412

01:00:36.560 --> 01:00:38.880 We just started late.
NOTE Confidence: 0.877698273529412

01:00:38.880 --> 01:00:40.448 But maybe if there's one or two
NOTE Confidence: 0.877698273529412

01:00:40.448 --> 01:00:41.669 questions we could take them
NOTE Confidence: 0.877698273529412

01:00:41.669 --> 01:00:42.919 briefly and then we'll close.
NOTE Confidence: 0.877698273529412

01:00:42.920 --> 01:00:44.675 I know some of us want to get over
NOTE Confidence: 0.877698273529412

01:00:44.675 --> 01:00:46.356 to the film screening at 5:30.
NOTE Confidence: 0.868816172

01:00:51.880 --> 01:00:53.920 Well, that's easy hearing. None.
NOTE Confidence: 0.868816172

01:00:53.920 --> 01:00:56.440 Thank you, everyone, for being with us.

NOTE Confidence: 0.868816172

01:00:56.440 --> 01:00:58.396 Have a great weekend. Take care.

NOTE Confidence: 0.8209627675

01:00:59.320 --> 01:01:01.000 Thank you. Thank you.