

WEBVTT

NOTE duration: "00:11:58.677"

NOTE Confidence: 0.8852132

00:00:00.719 --> 00:00:02.340 Hi, everyone. I'm Kartik.

NOTE Confidence: 0.987908

00:00:03.679 --> 00:00:05.519 Third year, in the primary

NOTE Confidence: 0.987908

00:00:05.519 --> 00:00:07.060 care program here at Yale.

NOTE Confidence: 0.987908

00:00:07.359 --> 00:00:08.880 And, yeah, I was very

NOTE Confidence: 0.987908

00:00:08.880 --> 00:00:10.080 fortunate to be able to

NOTE Confidence: 0.987908

00:00:10.080 --> 00:00:12.500 rotate in Grundy County, Tennessee

NOTE Confidence: 0.987908

00:00:12.799 --> 00:00:14.099 as a second year,

NOTE Confidence: 0.92541504

00:00:14.924 --> 00:00:15.585 in spring.

NOTE Confidence: 0.9267171

00:00:15.965 --> 00:00:17.805 And I have a couple

NOTE Confidence: 0.9267171

00:00:17.805 --> 00:00:18.305 slides,

NOTE Confidence: 0.98421705

00:00:19.805 --> 00:00:20.845 that I'll go through. So

NOTE Confidence: 0.98421705

00:00:20.845 --> 00:00:22.525 Grundy County is basically in

NOTE Confidence: 0.98421705

00:00:22.525 --> 00:00:24.704 the southwest corner or southeast,

NOTE Confidence: 0.98421705

00:00:24.765 --> 00:00:26.125 excuse me, corner of of

NOTE Confidence: 0.98421705

00:00:26.125 --> 00:00:28.210 Tennessee. It's around, like, forty  
NOTE Confidence: 0.98421705

00:00:28.210 --> 00:00:29.990 five minute drive from Chattanooga,  
NOTE Confidence: 0.98421705

00:00:30.130 --> 00:00:31.010 kind of in the,  
NOTE Confidence: 0.9942898

00:00:32.130 --> 00:00:33.970 like, southern end of of  
NOTE Confidence: 0.9942898

00:00:33.970 --> 00:00:34.470 Appalachia,  
NOTE Confidence: 0.9279541

00:00:35.010 --> 00:00:36.710 both, like, culturally and geographically.  
NOTE Confidence: 0.97307795

00:00:37.570 --> 00:00:39.570 And, it's kind of located  
NOTE Confidence: 0.97307795

00:00:39.570 --> 00:00:40.790 on a on a plateau.  
NOTE Confidence: 0.97307795

00:00:40.930 --> 00:00:41.354 So,  
NOTE Confidence: 0.99780273

00:00:41.835 --> 00:00:42.815 a lot of residents,  
NOTE Confidence: 0.9315918

00:00:43.274 --> 00:00:44.475 kind of live on this  
NOTE Confidence: 0.9315918

00:00:44.475 --> 00:00:47.135 mountain plateau and and culturally,  
NOTE Confidence: 0.99347794

00:00:47.835 --> 00:00:49.114 kind of feels a little  
NOTE Confidence: 0.99347794

00:00:49.114 --> 00:00:49.934 different from,  
NOTE Confidence: 0.92736816

00:00:50.475 --> 00:00:51.995 like, the the lower areas.  
NOTE Confidence: 0.92736816

00:00:51.995 --> 00:00:52.795 So you'll find, like, a

NOTE Confidence: 0.92736816  
00:00:52.795 --> 00:00:54.415 lot of patients sometimes.  
NOTE Confidence: 0.9823448  
00:00:54.840 --> 00:00:56.120 They, like, consider the plateau  
NOTE Confidence: 0.9823448  
00:00:56.120 --> 00:00:57.080 as their home and can  
NOTE Confidence: 0.9823448  
00:00:57.080 --> 00:00:58.520 be a little hesitant to  
NOTE Confidence: 0.9823448  
00:00:58.520 --> 00:00:59.580 go off of that.  
NOTE Confidence: 0.9913236  
00:01:00.120 --> 00:01:01.480 But so while I was  
NOTE Confidence: 0.9913236  
00:01:01.480 --> 00:01:02.600 there, I rotated at a  
NOTE Confidence: 0.9913236  
00:01:02.600 --> 00:01:04.060 couple different clinics.  
NOTE Confidence: 0.93774414  
00:01:05.000 --> 00:01:05.959 One of them was,  
NOTE Confidence: 0.9580078  
00:01:06.440 --> 00:01:07.640 kind of, like, similar to  
NOTE Confidence: 0.9580078  
00:01:07.640 --> 00:01:08.140 a,  
NOTE Confidence: 0.95273846  
00:01:08.455 --> 00:01:10.134 like, more, like, primary care  
NOTE Confidence: 0.95273846  
00:01:10.134 --> 00:01:11.415 clinic you might find in  
NOTE Confidence: 0.95273846  
00:01:11.415 --> 00:01:12.075 the northeast.  
NOTE Confidence: 0.9875183  
00:01:12.854 --> 00:01:13.814 So I won't talk about  
NOTE Confidence: 0.9875183

00:01:13.814 --> 00:01:14.795 that as much.  
NOTE Confidence: 0.9951172

00:01:15.174 --> 00:01:16.175 But the the  
NOTE Confidence: 0.92200816

00:01:16.615 --> 00:01:17.575 one of the clinics I  
NOTE Confidence: 0.92200816

00:01:17.575 --> 00:01:19.015 was at, Tracy City Free  
NOTE Confidence: 0.92200816

00:01:19.015 --> 00:01:19.515 Clinic,  
NOTE Confidence: 0.9318626

00:01:20.055 --> 00:01:21.494 it was basically within a  
NOTE Confidence: 0.9318626

00:01:21.494 --> 00:01:23.334 a community center started by  
NOTE Confidence: 0.9318626

00:01:23.334 --> 00:01:23.700 this,  
NOTE Confidence: 0.97770184

00:01:24.180 --> 00:01:27.000 local community advocate, Emily Parton.  
NOTE Confidence: 0.9588623

00:01:28.340 --> 00:01:29.959 And and they basically,  
NOTE Confidence: 0.89591473

00:01:30.659 --> 00:01:31.539 or I I should say,  
NOTE Confidence: 0.89591473

00:01:31.539 --> 00:01:31.780 like,  
NOTE Confidence: 0.95957726

00:01:32.579 --> 00:01:34.420 the overall, like, Tennessee is  
NOTE Confidence: 0.95957726

00:01:34.420 --> 00:01:36.100 one of, like, ten states  
NOTE Confidence: 0.95957726

00:01:36.100 --> 00:01:37.880 which hasn't expanded Medicaid.  
NOTE Confidence: 0.99491954

00:01:38.515 --> 00:01:40.194 And there's there's around, like,

NOTE Confidence: 0.99491954

00:01:40.194 --> 00:01:42.034 fifteen percent of people in

NOTE Confidence: 0.99491954

00:01:42.034 --> 00:01:43.334 the county who are uninsured,

NOTE Confidence: 0.99491954

00:01:43.395 --> 00:01:45.235 but most patients in this

NOTE Confidence: 0.99491954

00:01:45.235 --> 00:01:45.735 clinic,

NOTE Confidence: 0.973999

00:01:46.515 --> 00:01:47.334 were uninsured.

NOTE Confidence: 0.99940324

00:01:47.795 --> 00:01:48.755 That's why they were going

NOTE Confidence: 0.99940324

00:01:48.755 --> 00:01:49.735 to the free clinic.

NOTE Confidence: 0.99958146

00:01:50.115 --> 00:01:51.314 It's it's run by this,

NOTE Confidence: 0.99958146

00:01:51.314 --> 00:01:52.055 like, retired

NOTE Confidence: 0.97753906

00:01:52.460 --> 00:01:54.860 family medicine physician, doctor Phelps,

NOTE Confidence: 0.97753906

00:01:54.860 --> 00:01:56.539 and then his, like, friend

NOTE Confidence: 0.97753906

00:01:56.539 --> 00:01:57.439 who's a rheumatologist

NOTE Confidence: 0.9735786

00:01:57.820 --> 00:01:58.939 sometimes comes, I think, a

NOTE Confidence: 0.9735786

00:01:58.939 --> 00:02:00.219 couple days a month.

NOTE Confidence: 0.9961548

00:02:01.659 --> 00:02:02.700 And so I I was

NOTE Confidence: 0.9961548

00:02:02.700 --> 00:02:04.000 working with them.  
NOTE Confidence: 0.9910075

00:02:04.539 --> 00:02:05.899 Usually, we would see around,  
NOTE Confidence: 0.9910075

00:02:05.899 --> 00:02:07.705 like, four to six patients  
NOTE Confidence: 0.9910075

00:02:07.845 --> 00:02:08.585 per day,  
NOTE Confidence: 0.9970703

00:02:09.845 --> 00:02:10.345 and  
NOTE Confidence: 0.94056284

00:02:10.645 --> 00:02:11.685 kind of similar. Like, I  
NOTE Confidence: 0.94056284

00:02:11.685 --> 00:02:12.965 would see the patient and  
NOTE Confidence: 0.94056284

00:02:12.965 --> 00:02:13.465 then,  
NOTE Confidence: 0.9954427

00:02:13.925 --> 00:02:15.065 precept with them.  
NOTE Confidence: 0.99902344

00:02:15.605 --> 00:02:16.905 I think the the  
NOTE Confidence: 0.9970296

00:02:17.205 --> 00:02:19.820 the patient complexity was, like,  
NOTE Confidence: 0.9970296

00:02:19.820 --> 00:02:21.020 higher than I was used  
NOTE Confidence: 0.9970296

00:02:21.020 --> 00:02:21.740 to here,  
NOTE Confidence: 0.89729816

00:02:22.380 --> 00:02:24.000 like, at at, like, Cornell  
NOTE Confidence: 0.89729816

00:02:24.060 --> 00:02:25.200 Scott and PCC.  
NOTE Confidence: 0.99247235

00:02:26.700 --> 00:02:27.580 I would I would say,

NOTE Confidence: 0.99247235

00:02:27.580 --> 00:02:29.180 like, the average or most

NOTE Confidence: 0.99247235

00:02:29.180 --> 00:02:30.460 most of the patients were

NOTE Confidence: 0.99247235

00:02:30.460 --> 00:02:31.900 kind of, like, in the

NOTE Confidence: 0.99247235

00:02:31.900 --> 00:02:34.034 top ten percent of complexity

NOTE Confidence: 0.99247235

00:02:34.174 --> 00:02:35.394 that you might find here

NOTE Confidence: 0.96278214

00:02:35.694 --> 00:02:36.435 at the PCC.

NOTE Confidence: 0.9763387

00:02:37.534 --> 00:02:38.754 But a lot of, like,

NOTE Confidence: 0.9763387

00:02:38.814 --> 00:02:41.294 chronic uncontrolled chronic diseases, like

NOTE Confidence: 0.9763387

00:02:41.294 --> 00:02:42.275 cardiac disease,

NOTE Confidence: 1

00:02:43.775 --> 00:02:44.275 psychiatric

NOTE Confidence: 1

00:02:44.974 --> 00:02:45.474 disease,

NOTE Confidence: 0.5982666

00:02:46.814 --> 00:02:47.555 Hep C,

NOTE Confidence: 0.9788086

00:02:48.560 --> 00:02:50.660 And, like, doctor Phelps here,

NOTE Confidence: 0.98078614

00:02:51.040 --> 00:02:52.000 has, like, really been a

NOTE Confidence: 0.98078614

00:02:52.000 --> 00:02:54.100 champion for hep c treatment,

NOTE Confidence: 0.96623886

00:02:54.480 --> 00:02:55.440 and so that this is,  
NOTE Confidence: 0.96623886

00:02:55.440 --> 00:02:56.720 like, a excellent place to  
NOTE Confidence: 0.96623886

00:02:56.720 --> 00:02:57.940 to learn about that.  
NOTE Confidence: 0.8684431

00:02:59.600 --> 00:03:00.639 I I think it was  
NOTE Confidence: 0.8684431

00:03:00.800 --> 00:03:01.780 it clinically,  
NOTE Confidence: 0.9854981

00:03:03.044 --> 00:03:04.584 kind of, like, pushed me,  
NOTE Confidence: 0.99368286

00:03:05.044 --> 00:03:06.745 in in terms of, like,  
NOTE Confidence: 0.99368286

00:03:06.885 --> 00:03:08.245 seeing things that neither I  
NOTE Confidence: 0.99368286

00:03:08.245 --> 00:03:09.764 nor my attending had seen  
NOTE Confidence: 0.99368286

00:03:09.764 --> 00:03:10.264 before.  
NOTE Confidence: 0.9696452

00:03:10.885 --> 00:03:11.864 So, like, patients,  
NOTE Confidence: 0.9784885

00:03:12.325 --> 00:03:13.364 like, who who came in  
NOTE Confidence: 0.9784885

00:03:13.364 --> 00:03:14.885 on insulin pump or,  
NOTE Confidence: 0.9963379

00:03:15.525 --> 00:03:17.685 like, patients with bipolar disorder  
NOTE Confidence: 0.9963379

00:03:17.685 --> 00:03:18.345 who needed,  
NOTE Confidence: 0.99930245

00:03:18.724 --> 00:03:21.070 like, active management of their

NOTE Confidence: 0.99930245  
00:03:21.070 --> 00:03:22.210 psychiatric meds.  
NOTE Confidence: 0.911438  
00:03:22.830 --> 00:03:23.950 So so it's definitely,  
NOTE Confidence: 0.925727  
00:03:24.270 --> 00:03:25.870 like a like a really  
NOTE Confidence: 0.925727  
00:03:25.870 --> 00:03:27.410 challenging and also rewarding  
NOTE Confidence: 0.9992676  
00:03:27.710 --> 00:03:28.770 learning experience.  
NOTE Confidence: 0.95574355  
00:03:30.430 --> 00:03:31.790 And the other main clinic  
NOTE Confidence: 0.95574355  
00:03:31.790 --> 00:03:34.215 was, Bershba Springs, which is  
NOTE Confidence: 0.95574355  
00:03:34.535 --> 00:03:35.655 located in a in, like,  
NOTE Confidence: 0.95574355  
00:03:35.655 --> 00:03:36.394 a smaller,  
NOTE Confidence: 0.82039386  
00:03:37.735 --> 00:03:38.875 like, hamlet almost  
NOTE Confidence: 0.95210403  
00:03:39.254 --> 00:03:41.095 around, like, forty five minutes  
NOTE Confidence: 0.95210403  
00:03:41.095 --> 00:03:43.175 or so north of Tracy  
NOTE Confidence: 0.95210403  
00:03:43.175 --> 00:03:43.655 City.  
NOTE Confidence: 0.9970703  
00:03:44.375 --> 00:03:46.295 And and this, this is  
NOTE Confidence: 0.9970703  
00:03:46.295 --> 00:03:47.515 also a free clinic.  
NOTE Confidence: 0.9336286

00:03:48.129 --> 00:03:49.250 Most of the patients here,  
NOTE Confidence: 0.9336286

00:03:49.250 --> 00:03:49.989 again, uninsured.  
NOTE Confidence: 0.93937176

00:03:52.370 --> 00:03:53.650 And as far as who  
NOTE Confidence: 0.93937176

00:03:53.650 --> 00:03:55.110 you'll work with here,  
NOTE Confidence: 0.98588866

00:03:55.569 --> 00:03:57.830 there's a nurse practitioner, Ashley,  
NOTE Confidence: 0.96674263

00:03:58.530 --> 00:04:00.129 who's there a couple days  
NOTE Confidence: 0.96674263

00:04:00.129 --> 00:04:01.110 a week, I think.  
NOTE Confidence: 0.9967448

00:04:01.775 --> 00:04:02.834 The the attending,  
NOTE Confidence: 0.94673777

00:04:03.455 --> 00:04:05.375 doctor Nick Pumiglia, he's actually  
NOTE Confidence: 0.94673777

00:04:05.375 --> 00:04:06.114 a YPC,  
NOTE Confidence: 0.89697266

00:04:07.055 --> 00:04:08.015 alum, and,  
NOTE Confidence: 0.9694214

00:04:08.575 --> 00:04:09.875 he comes in person,  
NOTE Confidence: 0.97824097

00:04:10.894 --> 00:04:11.855 on some of the days.  
NOTE Confidence: 0.97824097

00:04:11.855 --> 00:04:12.754 But some days,  
NOTE Confidence: 0.99459136

00:04:13.055 --> 00:04:14.754 you'll just see patients independently  
NOTE Confidence: 0.99459136

00:04:14.974 --> 00:04:16.175 and then staff with him

NOTE Confidence: 0.99459136

00:04:16.175 --> 00:04:16.995 in the evening.

NOTE Confidence: 0.8795166

00:04:18.790 --> 00:04:20.089 There are also student

NOTE Confidence: 0.92911786

00:04:20.390 --> 00:04:21.850 volunteers and interns,

NOTE Confidence: 0.93849874

00:04:22.950 --> 00:04:24.150 and I was able to

NOTE Confidence: 0.93849874

00:04:24.150 --> 00:04:25.190 meet a couple of them.

NOTE Confidence: 0.93849874

00:04:25.190 --> 00:04:25.690 And,

NOTE Confidence: 0.9911702

00:04:26.230 --> 00:04:27.350 they kind of, like, shadowed

NOTE Confidence: 0.9911702

00:04:27.350 --> 00:04:28.070 me, and then I did

NOTE Confidence: 0.9911702

00:04:28.070 --> 00:04:29.910 some teaching with them, throughout

NOTE Confidence: 0.9911702

00:04:29.910 --> 00:04:30.890 my time here.

NOTE Confidence: 0.8605957

00:04:32.205 --> 00:04:32.705 And,

NOTE Confidence: 0.993042

00:04:33.564 --> 00:04:35.004 in terms of the,

NOTE Confidence: 0.9543563

00:04:35.485 --> 00:04:37.245 the patient population, I would

NOTE Confidence: 0.9543563

00:04:37.245 --> 00:04:38.604 say here, the patients tend

NOTE Confidence: 0.9543563

00:04:38.604 --> 00:04:39.645 to be not quite as

NOTE Confidence: 0.9543563

00:04:39.645 --> 00:04:40.925 complex as at the Tracy  
NOTE Confidence: 0.9543563

00:04:40.925 --> 00:04:42.525 City Medical Clinic,  
NOTE Confidence: 0.97021484

00:04:42.925 --> 00:04:43.425 but,  
NOTE Confidence: 0.9777832

00:04:44.419 --> 00:04:45.380 still, you'll see, like, a  
NOTE Confidence: 0.9777832

00:04:45.380 --> 00:04:46.680 wide variety of cases.  
NOTE Confidence: 0.9805501

00:04:47.779 --> 00:04:49.460 There there's some kids as  
NOTE Confidence: 0.9805501

00:04:49.460 --> 00:04:51.220 well, which you can or  
NOTE Confidence: 0.9805501

00:04:51.220 --> 00:04:52.520 you can choose to, like,  
NOTE Confidence: 0.9913505

00:04:53.139 --> 00:04:54.500 not see depending on your  
NOTE Confidence: 0.9913505

00:04:54.500 --> 00:04:55.320 comfort level.  
NOTE Confidence: 0.8901367

00:04:56.865 --> 00:04:57.365 And,  
NOTE Confidence: 0.9968005

00:04:57.825 --> 00:04:58.945 in terms of, like, the  
NOTE Confidence: 0.9968005

00:04:58.945 --> 00:05:00.945 the logistics of the the  
NOTE Confidence: 0.9968005

00:05:00.945 --> 00:05:01.985 clinic, I think this was,  
NOTE Confidence: 0.9968005

00:05:01.985 --> 00:05:03.125 like, the really interesting  
NOTE Confidence: 0.9698622

00:05:03.505 --> 00:05:05.425 part, because the the labs

NOTE Confidence: 0.9698622

00:05:05.425 --> 00:05:06.404 are all done on-site.

NOTE Confidence: 0.9824537

00:05:07.025 --> 00:05:08.625 Or they're collected on-site, but

NOTE Confidence: 0.9824537

00:05:08.625 --> 00:05:09.985 then sent off to Quest.

NOTE Confidence: 0.9824537

00:05:09.985 --> 00:05:11.190 And so we would, like,

NOTE Confidence: 0.9824537

00:05:11.190 --> 00:05:13.029 fill out these order forms,

NOTE Confidence: 0.9824537

00:05:13.270 --> 00:05:14.949 to indicate which labs we

NOTE Confidence: 0.9824537

00:05:14.949 --> 00:05:16.789 want done. And then if

NOTE Confidence: 0.9824537

00:05:16.789 --> 00:05:17.750 if you wanna order a

NOTE Confidence: 0.9824537

00:05:17.750 --> 00:05:19.029 specialized lab test, then you

NOTE Confidence: 0.9824537

00:05:19.029 --> 00:05:19.910 have to look through the

NOTE Confidence: 0.9824537

00:05:19.910 --> 00:05:20.410 Quest,

NOTE Confidence: 0.92787004

00:05:21.029 --> 00:05:22.410 like this, like, thick booklet

NOTE Confidence: 0.92787004

00:05:22.470 --> 00:05:24.389 and and indicate which,

NOTE Confidence: 0.9043945

00:05:24.964 --> 00:05:26.425 which test you want ordered.

NOTE Confidence: 0.96479493

00:05:27.365 --> 00:05:29.045 Then the the a lot

NOTE Confidence: 0.96479493

00:05:29.045 --> 00:05:30.565 of time also I spent,  
NOTE Confidence: 0.96479493

00:05:30.565 --> 00:05:32.665 like, learning about medications and,  
NOTE Confidence: 0.92929685

00:05:33.205 --> 00:05:35.305 different alternatives to common medications  
NOTE Confidence: 0.9550171

00:05:36.005 --> 00:05:37.625 because the the medications,  
NOTE Confidence: 0.9911957

00:05:38.165 --> 00:05:39.419 at both of these are  
NOTE Confidence: 0.9911957

00:05:39.419 --> 00:05:40.220 given out at both of  
NOTE Confidence: 0.9911957

00:05:40.220 --> 00:05:41.740 these clinics. They function as  
NOTE Confidence: 0.9911957

00:05:41.740 --> 00:05:42.240 dispensaries.  
NOTE Confidence: 0.9360994

00:05:44.460 --> 00:05:46.180 And the they come from  
NOTE Confidence: 0.9360994

00:05:46.380 --> 00:05:48.779 Americares says donated medications. They  
NOTE Confidence: 0.9360994

00:05:48.779 --> 00:05:50.539 come from private citizens who  
NOTE Confidence: 0.9360994

00:05:50.539 --> 00:05:52.240 will donate unused medications.  
NOTE Confidence: 0.9027588

00:05:53.100 --> 00:05:55.085 And then the clinics also  
NOTE Confidence: 0.9027588

00:05:55.085 --> 00:05:56.525 have some funding which allows  
NOTE Confidence: 0.9027588

00:05:56.525 --> 00:05:57.985 them to purchase a supply.  
NOTE Confidence: 0.9027588

00:05:58.125 --> 00:05:59.565 And so there there's the

NOTE Confidence: 0.9027588  
00:05:59.885 --> 00:06:01.485 in Bershava Springs, in some  
NOTE Confidence: 0.9027588  
00:06:01.485 --> 00:06:03.345 extent, Tracy's, the the medication  
NOTE Confidence: 0.8991292  
00:06:03.964 --> 00:06:05.085 in the dispensary are kind  
NOTE Confidence: 0.8991292  
00:06:05.085 --> 00:06:06.365 of broken out into three  
NOTE Confidence: 0.8991292  
00:06:06.365 --> 00:06:07.425 sections, and  
NOTE Confidence: 0.9929199  
00:06:07.939 --> 00:06:09.539 and they'll kind of, like,  
NOTE Confidence: 0.9929199  
00:06:09.539 --> 00:06:11.219 point you towards using the  
NOTE Confidence: 0.9929199  
00:06:11.219 --> 00:06:13.719 donated medications first and then  
NOTE Confidence: 0.9929199  
00:06:13.939 --> 00:06:15.300 only resorting to, like, the  
NOTE Confidence: 0.9929199  
00:06:15.300 --> 00:06:16.279 purchased medications  
NOTE Confidence: 0.99541014  
00:06:17.139 --> 00:06:19.319 if, if needed. And so  
NOTE Confidence: 0.9789481  
00:06:19.860 --> 00:06:21.060 a lot of times, the  
NOTE Confidence: 0.9789481  
00:06:21.060 --> 00:06:22.099 clinic would have a lot  
NOTE Confidence: 0.9789481  
00:06:22.099 --> 00:06:23.604 of, say, like, telmisartan,  
NOTE Confidence: 0.7998535  
00:06:23.985 --> 00:06:24.485 omesartan,  
NOTE Confidence: 0.9885383

00:06:24.865 --> 00:06:25.745 but not have, like, the  
NOTE Confidence: 0.9885383

00:06:25.745 --> 00:06:27.505 losartan or valsartan that we  
NOTE Confidence: 0.9885383

00:06:27.505 --> 00:06:28.625 might be more used to  
NOTE Confidence: 0.9885383

00:06:28.625 --> 00:06:29.904 prescribing here, things like that.  
NOTE Confidence: 0.9885383

00:06:29.904 --> 00:06:30.565 And so  
NOTE Confidence: 0.98661804

00:06:31.345 --> 00:06:32.464 and so there there was  
NOTE Confidence: 0.98661804

00:06:32.464 --> 00:06:33.664 a lot of time that  
NOTE Confidence: 0.98661804

00:06:33.664 --> 00:06:34.625 I spent just, like, in  
NOTE Confidence: 0.98661804

00:06:34.625 --> 00:06:35.985 the dispensary looking at the  
NOTE Confidence: 0.98661804

00:06:35.985 --> 00:06:37.904 various alternatives and trying to  
NOTE Confidence: 0.98661804

00:06:37.904 --> 00:06:39.240 figure out based on what  
NOTE Confidence: 0.98661804

00:06:39.240 --> 00:06:40.060 was available,  
NOTE Confidence: 0.90286255

00:06:41.080 --> 00:06:42.940 and, like, based on,  
NOTE Confidence: 0.9669922

00:06:43.319 --> 00:06:44.680 what wasn't available as you  
NOTE Confidence: 0.9669922

00:06:44.680 --> 00:06:45.819 can see in this photo,  
NOTE Confidence: 0.921875

00:06:47.240 --> 00:06:48.440 what a good option might

NOTE Confidence: 0.921875

00:06:48.440 --> 00:06:49.419 be for the patients.

NOTE Confidence: 0.9590731

00:06:49.800 --> 00:06:51.080 And then once we pick

NOTE Confidence: 0.9590731

00:06:51.080 --> 00:06:52.759 the medications, then the staff

NOTE Confidence: 0.9590731

00:06:52.759 --> 00:06:52.839 or,

NOTE Confidence: 0.92419434

00:06:53.944 --> 00:06:54.604 like, sometimes,

NOTE Confidence: 0.9179443

00:06:55.065 --> 00:06:56.185 like I or the other

NOTE Confidence: 0.9179443

00:06:56.185 --> 00:06:58.125 providers, depending on time, would,

NOTE Confidence: 0.9788574

00:06:58.505 --> 00:06:59.884 like, count out the pills,

NOTE Confidence: 0.9739502

00:07:00.505 --> 00:07:02.104 using this pill counter and

NOTE Confidence: 0.9739502

00:07:02.104 --> 00:07:04.044 then, write the the prescription

NOTE Confidence: 0.9709744

00:07:04.585 --> 00:07:06.025 for the patients kind of

NOTE Confidence: 0.9709744

00:07:06.025 --> 00:07:07.085 kind of like this.

NOTE Confidence: 0.9916928

00:07:07.944 --> 00:07:09.145 Like, I'm sorry to interrupt

NOTE Confidence: 0.9916928

00:07:09.145 --> 00:07:10.260 you. I don't see that

NOTE Confidence: 0.9916928

00:07:10.260 --> 00:07:11.780 you're sharing your slides. I

NOTE Confidence: 0.9916928

00:07:11.780 --> 00:07:12.500 thought you were gonna be  
NOTE Confidence: 0.9916928

00:07:12.500 --> 00:07:13.380 sharing them at the end  
NOTE Confidence: 0.9916928

00:07:13.380 --> 00:07:14.420 after you're done talking, but  
NOTE Confidence: 0.9916928

00:07:14.420 --> 00:07:15.140 I don't see that you're  
NOTE Confidence: 0.9916928

00:07:15.140 --> 00:07:16.200 sharing your screen.  
NOTE Confidence: 0.9784284

00:07:17.540 --> 00:07:18.980 Oh, oh, shoot. Okay. I'm  
NOTE Confidence: 0.9784284

00:07:18.980 --> 00:07:20.180 I'm sorry. I thought that  
NOTE Confidence: 0.9784284

00:07:20.180 --> 00:07:21.640 was shared. My bad.  
NOTE Confidence: 0.9927734

00:07:22.820 --> 00:07:24.120 Let me try that again.  
NOTE Confidence: 0.98576474

00:07:49.240 --> 00:07:50.199 Okay. Can you all see  
NOTE Confidence: 0.98576474

00:07:50.199 --> 00:07:52.425 that now? Perfect. Yep. Okay.  
NOTE Confidence: 0.98576474

00:07:52.425 --> 00:07:53.485 Sorry about that.  
NOTE Confidence: 0.91880965

00:07:54.185 --> 00:07:55.385 But here, let me just  
NOTE Confidence: 0.91880965

00:07:55.385 --> 00:07:56.824 quickly show. So the the  
NOTE Confidence: 0.91880965

00:07:56.905 --> 00:07:58.345 this is Tracy City free  
NOTE Confidence: 0.91880965

00:07:58.345 --> 00:07:59.565 clinic. This is,

NOTE Confidence: 0.9388253

00:08:00.985 --> 00:08:02.905 Bershava Springs Medical Clinic. These

NOTE Confidence: 0.9388253

00:08:02.905 --> 00:08:04.425 are, like, the lab forms

NOTE Confidence: 0.9388253

00:08:04.425 --> 00:08:05.610 that we filled out.

NOTE Confidence: 0.9699041

00:08:06.090 --> 00:08:07.310 This is kind of, like,

NOTE Confidence: 0.9699041

00:08:07.530 --> 00:08:08.729 a photo from the the

NOTE Confidence: 0.9699041

00:08:08.729 --> 00:08:09.229 dispensary.

NOTE Confidence: 0.99740744

00:08:09.930 --> 00:08:10.969 And then these are, like,

NOTE Confidence: 0.99740744

00:08:10.969 --> 00:08:11.930 the some of the pill

NOTE Confidence: 0.99740744

00:08:11.930 --> 00:08:13.210 counters that we would use

NOTE Confidence: 0.99740744

00:08:13.210 --> 00:08:14.490 to to count out the

NOTE Confidence: 0.99740744

00:08:14.490 --> 00:08:14.990 medications.

NOTE Confidence: 0.9753196

00:08:18.009 --> 00:08:18.889 Let's see. But, yeah, I

NOTE Confidence: 0.9753196

00:08:18.889 --> 00:08:20.009 think I think those were

NOTE Confidence: 0.9753196

00:08:20.009 --> 00:08:20.509 the,

NOTE Confidence: 0.9395393

00:08:21.275 --> 00:08:22.395 kind of, like, the logistics.

NOTE Confidence: 0.9395393

00:08:22.395 --> 00:08:23.595 And then tray Tracy City  
NOTE Confidence: 0.9395393

00:08:23.595 --> 00:08:24.875 free clinic also has, like,  
NOTE Confidence: 0.9395393

00:08:24.875 --> 00:08:25.775 paper charting,  
NOTE Confidence: 0.9219232

00:08:26.794 --> 00:08:28.074 because that that was kind  
NOTE Confidence: 0.9219232

00:08:28.074 --> 00:08:29.835 of like a like a  
NOTE Confidence: 0.9219232

00:08:29.995 --> 00:08:31.435 what what the the physician  
NOTE Confidence: 0.9219232

00:08:31.435 --> 00:08:32.475 there was used to. And  
NOTE Confidence: 0.9219232

00:08:32.475 --> 00:08:34.395 then, Bershia Pass Springs has  
NOTE Confidence: 0.9219232

00:08:34.395 --> 00:08:35.130 its own,  
NOTE Confidence: 0.93827313

00:08:35.610 --> 00:08:36.990 EMR, which is which,  
NOTE Confidence: 0.9976196

00:08:37.370 --> 00:08:39.450 actually, I I enjoyed using  
NOTE Confidence: 0.9976196

00:08:39.450 --> 00:08:40.270 quite a bit.  
NOTE Confidence: 0.75756836

00:08:41.450 --> 00:08:41.770 And,  
NOTE Confidence: 0.9470825

00:08:42.410 --> 00:08:43.710 yeah, in in terms  
NOTE Confidence: 0.98955077

00:08:44.410 --> 00:08:45.929 of, I guess but before  
NOTE Confidence: 0.98955077

00:08:45.929 --> 00:08:46.890 I get into this, I'll

NOTE Confidence: 0.98955077  
00:08:46.890 --> 00:08:48.510 just talk about, like, my  
NOTE Confidence: 0.9970703  
00:08:48.890 --> 00:08:49.390 overall  
NOTE Confidence: 0.9969727  
00:08:49.975 --> 00:08:51.995 clinical reflections. I I think,  
NOTE Confidence: 0.9975098  
00:08:52.535 --> 00:08:54.135 it definitely, like, pushed my  
NOTE Confidence: 0.9975098  
00:08:54.135 --> 00:08:55.915 clinical skills quite a bit.  
NOTE Confidence: 0.9918546  
00:08:56.455 --> 00:08:57.815 I think in terms of  
NOTE Confidence: 0.9918546  
00:08:57.815 --> 00:08:59.515 people who are interested in  
NOTE Confidence: 0.9918546  
00:08:59.735 --> 00:09:00.235 procedures,  
NOTE Confidence: 0.9951782  
00:09:00.934 --> 00:09:02.235 there there is opportunity.  
NOTE Confidence: 0.9457482  
00:09:03.089 --> 00:09:04.449 There can be opportunity to  
NOTE Confidence: 0.9457482  
00:09:04.449 --> 00:09:05.670 do that, I think, particularly  
NOTE Confidence: 0.9457482  
00:09:05.809 --> 00:09:06.870 with the rheumatology,  
NOTE Confidence: 0.9772407  
00:09:08.449 --> 00:09:09.730 days. I I was only  
NOTE Confidence: 0.9772407  
00:09:09.730 --> 00:09:11.350 there for four weeks,  
NOTE Confidence: 0.97839886  
00:09:11.809 --> 00:09:12.690 since I did this as  
NOTE Confidence: 0.97839886

00:09:12.690 --> 00:09:14.209 a private ambulatory rotation. But

NOTE Confidence: 0.97839886

00:09:14.209 --> 00:09:15.329 if someone's there for six

NOTE Confidence: 0.97839886

00:09:15.329 --> 00:09:16.690 weeks, I think there would

NOTE Confidence: 0.97839886

00:09:16.690 --> 00:09:17.589 be more opportunity.

NOTE Confidence: 0.8989258

00:09:19.095 --> 00:09:20.295 And then Tracy City also,

NOTE Confidence: 0.8989258

00:09:20.295 --> 00:09:21.434 like, the the physician,

NOTE Confidence: 0.97491455

00:09:21.975 --> 00:09:23.334 the the attending would would

NOTE Confidence: 0.97491455

00:09:23.334 --> 00:09:25.015 sometimes draw the labs himself,

NOTE Confidence: 0.97491455

00:09:25.015 --> 00:09:26.535 and and I I was

NOTE Confidence: 0.97491455

00:09:26.535 --> 00:09:28.054 not super comfortable with that.

NOTE Confidence: 0.97491455

00:09:28.054 --> 00:09:29.015 But if if you are,

NOTE Confidence: 0.97491455

00:09:29.015 --> 00:09:30.714 then that's that's something that

NOTE Confidence: 0.97491455

00:09:30.774 --> 00:09:31.654 that you could do as

NOTE Confidence: 0.97491455

00:09:31.654 --> 00:09:32.154 well.

NOTE Confidence: 0.91308594

00:09:33.790 --> 00:09:34.290 And,

NOTE Confidence: 0.9433865

00:09:34.830 --> 00:09:35.630 and and I think I

NOTE Confidence: 0.9433865  
00:09:35.630 --> 00:09:37.010 think more more broadly,  
NOTE Confidence: 0.95255536  
00:09:38.429 --> 00:09:39.710 I think it it it  
NOTE Confidence: 0.95255536  
00:09:39.710 --> 00:09:40.830 was it was valuable in  
NOTE Confidence: 0.95255536  
00:09:40.830 --> 00:09:42.830 terms of, like, reflecting on  
NOTE Confidence: 0.95255536  
00:09:42.830 --> 00:09:44.910 on my own biases and  
NOTE Confidence: 0.95255536  
00:09:44.910 --> 00:09:45.390 then,  
NOTE Confidence: 0.95491534  
00:09:46.190 --> 00:09:48.445 and, like like, kind of,  
NOTE Confidence: 0.95491534  
00:09:48.445 --> 00:09:48.945 like,  
NOTE Confidence: 0.9628906  
00:09:49.404 --> 00:09:50.785 increased exposure to,  
NOTE Confidence: 0.9589289  
00:09:51.485 --> 00:09:53.084 people from Appalachia since this  
NOTE Confidence: 0.9589289  
00:09:53.084 --> 00:09:53.885 is not a region of  
NOTE Confidence: 0.9589289  
00:09:53.885 --> 00:09:54.925 the the country that I've  
NOTE Confidence: 0.9589289  
00:09:54.925 --> 00:09:55.885 spent a lot of time  
NOTE Confidence: 0.9589289  
00:09:55.885 --> 00:09:56.464 in before.  
NOTE Confidence: 0.9370117  
00:09:57.084 --> 00:09:58.365 And I I as, like,  
NOTE Confidence: 0.9370117

00:09:58.365 --> 00:09:59.485 a person of color, was  
NOTE Confidence: 0.9370117

00:09:59.485 --> 00:10:00.625 was worried about,  
NOTE Confidence: 0.99194336

00:10:01.245 --> 00:10:01.745 racism,  
NOTE Confidence: 0.9951172

00:10:02.285 --> 00:10:02.785 but  
NOTE Confidence: 0.9777561

00:10:03.250 --> 00:10:04.370 found that that was not  
NOTE Confidence: 0.9777561

00:10:04.370 --> 00:10:05.670 the case. And and,  
NOTE Confidence: 0.97998047

00:10:06.450 --> 00:10:07.990 yeah, talking with other other,  
NOTE Confidence: 0.9848904

00:10:08.370 --> 00:10:09.970 people of color rotated here,  
NOTE Confidence: 0.9848904

00:10:09.970 --> 00:10:11.010 it sounds like that that  
NOTE Confidence: 0.9848904

00:10:11.010 --> 00:10:12.530 was a similar experience for  
NOTE Confidence: 0.9848904

00:10:12.530 --> 00:10:13.650 them. And so I think  
NOTE Confidence: 0.9848904

00:10:13.650 --> 00:10:15.330 that that part was was  
NOTE Confidence: 0.9848904

00:10:15.330 --> 00:10:16.230 really reassuring.  
NOTE Confidence: 0.9388835

00:10:18.125 --> 00:10:19.325 And then I I think,  
NOTE Confidence: 0.9388835

00:10:19.325 --> 00:10:19.825 overall,  
NOTE Confidence: 0.99902344

00:10:20.365 --> 00:10:21.105 the rotation

NOTE Confidence: 0.946167  
00:10:21.565 --> 00:10:23.024 just, like, was was  
NOTE Confidence: 0.9571533  
00:10:23.725 --> 00:10:24.945 it, like, increased my  
NOTE Confidence: 0.9467468  
00:10:25.325 --> 00:10:27.425 interest in rural medicine and  
NOTE Confidence: 0.9467468  
00:10:27.644 --> 00:10:28.545 was just, like,  
NOTE Confidence: 0.9409994  
00:10:28.925 --> 00:10:30.524 yeah, overall, one of, like,  
NOTE Confidence: 0.9409994  
00:10:30.524 --> 00:10:31.964 the best rotations, I think,  
NOTE Confidence: 0.9032715  
00:10:32.550 --> 00:10:33.950 from my time here at,  
NOTE Confidence: 0.9973959  
00:10:34.390 --> 00:10:35.130 at YPC.  
NOTE Confidence: 0.81243896  
00:10:36.149 --> 00:10:37.370 In in terms of,  
NOTE Confidence: 0.9979248  
00:10:38.070 --> 00:10:39.209 fun things to do,  
NOTE Confidence: 0.9475599  
00:10:39.910 --> 00:10:41.510 there's, like, a lot of  
NOTE Confidence: 0.9475599  
00:10:41.510 --> 00:10:43.190 great hiking, lot of great  
NOTE Confidence: 0.9475599  
00:10:43.190 --> 00:10:44.809 country cooking nearby.  
NOTE Confidence: 0.90063477  
00:10:45.990 --> 00:10:46.230 And,  
NOTE Confidence: 0.9692871  
00:10:46.934 --> 00:10:47.815 I think one one of  
NOTE Confidence: 0.9692871

00:10:47.815 --> 00:10:49.095 the weekends I ended up,  
NOTE Confidence: 0.9692871

00:10:49.095 --> 00:10:51.015 like, being invited by my,  
NOTE Confidence: 0.9837782

00:10:52.375 --> 00:10:53.895 like, landlady to attend her  
NOTE Confidence: 0.9837782

00:10:53.895 --> 00:10:54.395 church,  
NOTE Confidence: 0.97764236

00:10:55.175 --> 00:10:56.295 and got to meet some  
NOTE Confidence: 0.97764236

00:10:56.295 --> 00:10:57.255 of the members of the  
NOTE Confidence: 0.97764236

00:10:57.255 --> 00:10:58.615 congregation there, which was really  
NOTE Confidence: 0.97764236

00:10:58.615 --> 00:11:00.054 cool since I had personally  
NOTE Confidence: 0.97764236

00:11:00.054 --> 00:11:01.095 never been to a church  
NOTE Confidence: 0.97764236

00:11:01.095 --> 00:11:01.595 before,  
NOTE Confidence: 0.93033856

00:11:02.940 --> 00:11:03.980 and then ended up, like,  
NOTE Confidence: 0.93033856

00:11:03.980 --> 00:11:05.120 helping one of the,  
NOTE Confidence: 0.9450073

00:11:06.699 --> 00:11:08.399 like, local community members,  
NOTE Confidence: 0.9973493

00:11:08.940 --> 00:11:10.540 with some repairs on on  
NOTE Confidence: 0.9973493

00:11:10.540 --> 00:11:11.679 his RV.  
NOTE Confidence: 0.9571045

00:11:12.059 --> 00:11:13.260 And so I think you

NOTE Confidence: 0.9571045

00:11:13.339 --> 00:11:14.720 you'll you'll kind of, like,

NOTE Confidence: 0.9842529

00:11:15.024 --> 00:11:16.945 find ways to, like, meet

NOTE Confidence: 0.9842529

00:11:16.945 --> 00:11:18.065 meet some of the community

NOTE Confidence: 0.9842529

00:11:18.065 --> 00:11:19.505 members outside of clinic to

NOTE Confidence: 0.9842529

00:11:19.505 --> 00:11:20.964 which can be really rewarding.

NOTE Confidence: 0.99175715

00:11:22.705 --> 00:11:23.665 And then I did also

NOTE Confidence: 0.99175715

00:11:23.665 --> 00:11:24.865 end up taking a weekend

NOTE Confidence: 0.99175715

00:11:24.865 --> 00:11:26.385 trip to to Birmingham while

NOTE Confidence: 0.99175715

00:11:26.385 --> 00:11:27.985 I was down there. That's,

NOTE Confidence: 0.99175715

00:11:27.985 --> 00:11:29.024 like, two and a half

NOTE Confidence: 0.99175715

00:11:29.024 --> 00:11:30.550 hours away. And then if

NOTE Confidence: 0.99175715

00:11:30.550 --> 00:11:31.850 you wanna take, like, weekend

NOTE Confidence: 0.99175715

00:11:31.910 --> 00:11:33.350 trips to, like, Atlanta or

NOTE Confidence: 0.99175715

00:11:33.350 --> 00:11:34.950 Nashville, those are all, like,

NOTE Confidence: 0.99175715

00:11:34.950 --> 00:11:35.910 one and a half, two

NOTE Confidence: 0.99175715

00:11:35.910 --> 00:11:36.730 hours away.  
NOTE Confidence: 0.88635254

00:11:37.910 --> 00:11:39.030 Yeah. So, overall, would would  
NOTE Confidence: 0.88635254

00:11:39.030 --> 00:11:39.929 highly recommend,  
NOTE Confidence: 0.9848633

00:11:40.630 --> 00:11:41.370 this rotation,  
NOTE Confidence: 0.97478694

00:11:42.470 --> 00:11:43.910 both for, like, learning about  
NOTE Confidence: 0.97478694

00:11:43.910 --> 00:11:45.429 rural medicine and then also  
NOTE Confidence: 0.97478694

00:11:45.429 --> 00:11:45.929 just,  
NOTE Confidence: 0.8519287

00:11:46.684 --> 00:11:48.285 direct the cultural experience in  
NOTE Confidence: 0.8519287

00:11:48.285 --> 00:11:48.765 general.  
NOTE Confidence: 0.9000244

00:11:49.085 --> 00:11:50.445 But, yeah, happy to take  
NOTE Confidence: 0.9000244

00:11:50.445 --> 00:11:51.905 any any questions in the