

WEBVTT

NOTE duration: "00:04:09.429"

NOTE Confidence: 0.90951264

00:00:15.200 --> 00:00:17.335 Hello. I'm Durocco, vice president

NOTE Confidence: 0.90951264

00:00:17.335 --> 00:00:18.775 of programs and education for

NOTE Confidence: 0.90951264

00:00:18.775 --> 00:00:19.915 the Alzheimer's Association.

NOTE Confidence: 0.93486124

00:00:20.614 --> 00:00:21.735 I want all the listeners

NOTE Confidence: 0.93486124

00:00:21.735 --> 00:00:22.855 to know that we, the

NOTE Confidence: 0.93486124

00:00:22.855 --> 00:00:25.095 Alzheimer's Association, the Connecticut chapter

NOTE Confidence: 0.93486124

00:00:25.095 --> 00:00:26.235 is here for you.

NOTE Confidence: 0.9648023

00:00:26.614 --> 00:00:27.815 We hope that no one

NOTE Confidence: 0.9648023

00:00:27.815 --> 00:00:28.820 who goes through the journey

NOTE Confidence: 0.9648023

00:00:28.820 --> 00:00:30.100 of living with a diagnosis

NOTE Confidence: 0.9648023

00:00:30.100 --> 00:00:31.540 of Alzheimer's or other related

NOTE Confidence: 0.9648023

00:00:31.540 --> 00:00:33.320 dementias goes through this alone,

NOTE Confidence: 0.9648023

00:00:33.380 --> 00:00:34.600 as well as their caregivers.

NOTE Confidence: 0.9662881

00:00:34.900 --> 00:00:36.260 And also professionals know that

NOTE Confidence: 0.9662881

00:00:36.260 --> 00:00:37.140 we are here for them
NOTE Confidence: 0.9662881

00:00:37.140 --> 00:00:39.080 for support and resources.
NOTE Confidence: 0.9840975

00:00:40.020 --> 00:00:40.739 We want you to know
NOTE Confidence: 0.9840975

00:00:40.739 --> 00:00:42.340 that the Alzheimer's Association is
NOTE Confidence: 0.9840975

00:00:42.340 --> 00:00:43.720 part of your care team.
NOTE Confidence: 0.97066396

00:00:44.515 --> 00:00:45.475 We have a twenty four
NOTE Confidence: 0.97066396

00:00:45.475 --> 00:00:46.295 seven helpline.
NOTE Confidence: 0.9954531

00:00:46.915 --> 00:00:48.055 One eight hundred
NOTE Confidence: 0.9736912

00:00:48.675 --> 00:00:50.595 two seven two thirty nine
NOTE Confidence: 0.9736912

00:00:50.595 --> 00:00:52.355 hundred. And this helpline is
NOTE Confidence: 0.9736912

00:00:52.355 --> 00:00:54.035 for information and referral. So
NOTE Confidence: 0.9736912

00:00:54.035 --> 00:00:54.995 if you're trying to get
NOTE Confidence: 0.9736912

00:00:54.995 --> 00:00:57.000 information about a specific support
NOTE Confidence: 0.9736912

00:00:57.000 --> 00:00:57.800 group that is in your
NOTE Confidence: 0.9736912

00:00:57.800 --> 00:00:59.480 town or you want information
NOTE Confidence: 0.9736912

00:00:59.480 --> 00:01:01.000 of a a diagnostic center

NOTE Confidence: 0.9736912

00:01:01.000 --> 00:01:01.739 that's nearby,

NOTE Confidence: 0.9928589

00:01:02.120 --> 00:01:03.000 you can call us and

NOTE Confidence: 0.9928589

00:01:03.000 --> 00:01:03.980 ask for information.

NOTE Confidence: 0.99748665

00:01:04.680 --> 00:01:06.119 We also can provide free

NOTE Confidence: 0.99748665

00:01:06.119 --> 00:01:07.020 care consultations.

NOTE Confidence: 0.9690679

00:01:07.560 --> 00:01:08.600 So whether you are a

NOTE Confidence: 0.9690679

00:01:08.600 --> 00:01:09.100 professional,

NOTE Confidence: 0.9706959

00:01:10.055 --> 00:01:11.334 working in the field, if

NOTE Confidence: 0.9706959

00:01:11.334 --> 00:01:13.035 you are a family caregiver,

NOTE Confidence: 0.9706959

00:01:13.255 --> 00:01:14.215 or if you are someone

NOTE Confidence: 0.9706959

00:01:14.215 --> 00:01:16.215 diagnosed, or maybe someone concerned

NOTE Confidence: 0.9706959

00:01:16.215 --> 00:01:18.215 about getting a diagnosis or

NOTE Confidence: 0.9706959

00:01:18.215 --> 00:01:19.495 the steps to follow that

NOTE Confidence: 0.9706959

00:01:19.495 --> 00:01:20.635 diagnosis process,

NOTE Confidence: 0.98137814

00:01:21.015 --> 00:01:22.230 you can call that helpline

NOTE Confidence: 0.98137814

00:01:22.230 --> 00:01:23.190 number and also ask for
NOTE Confidence: 0.98137814

00:01:23.190 --> 00:01:24.630 a care consultation where a
NOTE Confidence: 0.98137814

00:01:24.630 --> 00:01:26.470 master's level clinician will speak
NOTE Confidence: 0.98137814

00:01:26.470 --> 00:01:27.350 to you about the journey
NOTE Confidence: 0.98137814

00:01:27.350 --> 00:01:28.550 that you're going through and
NOTE Confidence: 0.98137814

00:01:28.550 --> 00:01:29.590 give you some tools and
NOTE Confidence: 0.98137814

00:01:29.590 --> 00:01:30.950 strategies to help you with
NOTE Confidence: 0.98137814

00:01:30.950 --> 00:01:31.990 whatever your need is at
NOTE Confidence: 0.98137814

00:01:31.990 --> 00:01:32.650 the time.
NOTE Confidence: 0.96242994

00:01:33.605 --> 00:01:34.725 I also wanna share with
NOTE Confidence: 0.96242994

00:01:34.725 --> 00:01:35.845 you about our a l
NOTE Confidence: 0.96242994

00:01:35.845 --> 00:01:37.705 z dot org robust website.
NOTE Confidence: 0.97597593

00:01:38.485 --> 00:01:39.925 Our website has many, many
NOTE Confidence: 0.97597593

00:01:39.925 --> 00:01:41.285 different sections that can help.
NOTE Confidence: 0.97597593

00:01:41.285 --> 00:01:42.245 If you are living with
NOTE Confidence: 0.97597593

00:01:42.245 --> 00:01:43.605 a diagnosis, there's a section

NOTE Confidence: 0.97597593

00:01:43.605 --> 00:01:44.825 called I have Alzheimer's.

NOTE Confidence: 0.9985461

00:01:45.605 --> 00:01:47.225 We have a caregiver section

NOTE Confidence: 0.9985461

00:01:47.285 --> 00:01:48.345 that helps caregivers

NOTE Confidence: 0.99140334

00:01:48.800 --> 00:01:50.160 navigate this journey through the

NOTE Confidence: 0.99140334

00:01:50.160 --> 00:01:51.600 early, middle, and late stages

NOTE Confidence: 0.99140334

00:01:51.600 --> 00:01:52.260 of caregiving.

NOTE Confidence: 0.92546284

00:01:53.040 --> 00:01:54.640 We have several different tools

NOTE Confidence: 0.92546284

00:01:54.640 --> 00:01:55.680 online and a few I'd

NOTE Confidence: 0.92546284

00:01:55.680 --> 00:01:56.960 like to speak to are

NOTE Confidence: 0.92546284

00:01:56.960 --> 00:01:58.420 one is the OWLs navigator,

NOTE Confidence: 0.99865294

00:01:59.040 --> 00:02:00.240 and this is an online

NOTE Confidence: 0.99865294

00:02:00.240 --> 00:02:02.160 tool that helps caregivers determine

NOTE Confidence: 0.99865294

00:02:02.160 --> 00:02:03.585 a need and set and

NOTE Confidence: 0.99865294

00:02:03.585 --> 00:02:05.045 develop an action plan.

NOTE Confidence: 0.97685903

00:02:05.665 --> 00:02:06.865 We also have something called

NOTE Confidence: 0.97685903

00:02:06.865 --> 00:02:09.044 the OWLs Connected online community.

NOTE Confidence: 0.97685903

00:02:09.264 --> 00:02:09.985 It's kind of like a

NOTE Confidence: 0.97685903

00:02:09.985 --> 00:02:11.665 message board where people can

NOTE Confidence: 0.97685903

00:02:11.665 --> 00:02:14.224 share answers, ideas, opinions, and

NOTE Confidence: 0.97685903

00:02:14.224 --> 00:02:15.685 get support from one another.

NOTE Confidence: 0.97685903

00:02:15.880 --> 00:02:17.240 Our website also has a

NOTE Confidence: 0.97685903

00:02:17.240 --> 00:02:19.400 robust area where professionals can

NOTE Confidence: 0.97685903

00:02:19.400 --> 00:02:19.900 navigate

NOTE Confidence: 0.9910728

00:02:20.440 --> 00:02:22.040 and get tools that they

NOTE Confidence: 0.9910728

00:02:22.040 --> 00:02:23.100 may need and resources.

NOTE Confidence: 0.99679375

00:02:23.800 --> 00:02:25.160 Some of the topics that

NOTE Confidence: 0.99679375

00:02:25.160 --> 00:02:26.919 are included are screenings and

NOTE Confidence: 0.99679375

00:02:26.919 --> 00:02:27.419 diagnosis,

NOTE Confidence: 0.9924911

00:02:28.360 --> 00:02:29.820 treatment and care management.

NOTE Confidence: 0.9930341

00:02:30.855 --> 00:02:32.395 We also provide CMEs

NOTE Confidence: 0.9766982

00:02:33.014 --> 00:02:34.955 and many opportunities for APRNs

NOTE Confidence: 0.9766982
00:02:35.175 --> 00:02:36.155 and other professionals,
NOTE Confidence: 0.9720061
00:02:36.775 --> 00:02:37.675 doctors, neurologists
NOTE Confidence: 0.9517481
00:02:38.055 --> 00:02:39.575 to study online and get
NOTE Confidence: 0.9517481
00:02:39.575 --> 00:02:40.555 CME credits.
NOTE Confidence: 0.99895656
00:02:41.335 --> 00:02:43.415 We also have educational programs
NOTE Confidence: 0.99895656
00:02:43.415 --> 00:02:44.794 for the community members.
NOTE Confidence: 0.97841924
00:02:45.330 --> 00:02:46.690 We deliver these programs in
NOTE Confidence: 0.97841924
00:02:46.690 --> 00:02:48.310 a variety of ways, including
NOTE Confidence: 0.97841924
00:02:48.450 --> 00:02:48.950 online
NOTE Confidence: 0.97289693
00:02:49.250 --> 00:02:50.769 demand. So at any time
NOTE Confidence: 0.97289693
00:02:50.769 --> 00:02:51.650 of the day or night,
NOTE Confidence: 0.97289693
00:02:51.650 --> 00:02:53.090 you can go online and
NOTE Confidence: 0.97289693
00:02:53.090 --> 00:02:55.010 select a program, maybe the
NOTE Confidence: 0.97289693
00:02:55.010 --> 00:02:56.629 ten warning signs or understanding
NOTE Confidence: 0.97289693
00:02:56.690 --> 00:02:57.190 communication.
NOTE Confidence: 0.98375356

00:02:57.924 --> 00:02:59.125 We also do these programs
NOTE Confidence: 0.98375356

00:02:59.125 --> 00:03:00.165 out in our community, and
NOTE Confidence: 0.98375356

00:03:00.165 --> 00:03:02.025 we have wonderful community educators
NOTE Confidence: 0.99469995

00:03:02.325 --> 00:03:03.784 who help deliver these programs.
NOTE Confidence: 0.9933733

00:03:04.165 --> 00:03:05.784 They're also available virtually.
NOTE Confidence: 0.9914354

00:03:06.405 --> 00:03:08.165 We have many educational opportunities
NOTE Confidence: 0.9914354

00:03:08.165 --> 00:03:09.444 out in the community. Some
NOTE Confidence: 0.9914354

00:03:09.444 --> 00:03:10.805 of the topics include our
NOTE Confidence: 0.9914354

00:03:10.805 --> 00:03:13.120 new empowered caregiver series, which,
NOTE Confidence: 0.9914354

00:03:13.440 --> 00:03:15.040 talks about building foundations of
NOTE Confidence: 0.9914354

00:03:15.040 --> 00:03:15.540 caregiving,
NOTE Confidence: 0.9768688

00:03:15.919 --> 00:03:17.120 which explores the role of
NOTE Confidence: 0.9768688

00:03:17.120 --> 00:03:18.400 caregivers and changes that they
NOTE Confidence: 0.9768688

00:03:18.400 --> 00:03:19.139 may experience,
NOTE Confidence: 0.99253154

00:03:20.080 --> 00:03:22.080 supporting independence, which focuses on
NOTE Confidence: 0.99253154

00:03:22.080 --> 00:03:23.280 helping the person living with

NOTE Confidence: 0.99253154
00:03:23.280 --> 00:03:23.780 dementia
NOTE Confidence: 0.9892853
00:03:24.239 --> 00:03:25.780 take part in daily activities,
NOTE Confidence: 0.99552965
00:03:26.365 --> 00:03:27.405 providing the right amount of
NOTE Confidence: 0.99552965
00:03:27.405 --> 00:03:28.764 support and balance for safety
NOTE Confidence: 0.99552965
00:03:28.764 --> 00:03:29.425 and independence.
NOTE Confidence: 0.9899858
00:03:30.605 --> 00:03:32.764 Communicating effectively teaches how dementia
NOTE Confidence: 0.9899858
00:03:32.764 --> 00:03:33.665 affects communication
NOTE Confidence: 0.87797207
00:03:34.205 --> 00:03:36.205 including tips for communicating well
NOTE Confidence: 0.87797207
00:03:36.205 --> 00:03:37.885 with family, friends and health
NOTE Confidence: 0.87797207
00:03:37.885 --> 00:03:38.705 care professionals.
NOTE Confidence: 0.97834045
00:03:40.209 --> 00:03:42.150 Responding to dementia related behaviors,
NOTE Confidence: 0.97321326
00:03:42.530 --> 00:03:44.709 which details common behavior changes
NOTE Confidence: 0.97321326
00:03:44.930 --> 00:03:45.970 and how they may be
NOTE Confidence: 0.97321326
00:03:45.970 --> 00:03:47.569 a form of communication and
NOTE Confidence: 0.97321326
00:03:47.569 --> 00:03:49.410 exploring care and support services,
NOTE Confidence: 0.97321326

00:03:49.410 --> 00:03:50.690 which examines how best to

NOTE Confidence: 0.97321326

00:03:50.690 --> 00:03:52.069 prepare for future care.

NOTE Confidence: 0.988227

00:03:52.905 --> 00:03:54.345 We also have programs including

NOTE Confidence: 0.988227

00:03:54.345 --> 00:03:55.645 the ten warning signs,

NOTE Confidence: 0.99685013

00:03:56.425 --> 00:03:57.625 healthy living for your brain

NOTE Confidence: 0.99685013

00:03:57.625 --> 00:03:58.205 and body,

NOTE Confidence: 0.976329

00:03:58.825 --> 00:04:00.425 and managing money, a caregiver

NOTE Confidence: 0.976329

00:04:00.425 --> 00:04:01.325 guide to finances.