

WEBVTT

NOTE duration:"00:57:22"

NOTE recognizability:0.767

NOTE language:en-us

NOTE Confidence: 0.46551193

00:00:00.000 --> 00:00:01.600 Humanities and medicine, Hello

NOTE Confidence: 0.65373471

00:00:01.600 --> 00:00:02.800 to those of you on sale

NOTE Confidence: 0.735155705

00:00:04.720 --> 00:00:05.920 and yeah, I'll say

NOTE Confidence: 0.655809918181818

00:00:05.920 --> 00:00:07.474 a couple of words about borrow

NOTE Confidence: 0.655809918181818

00:00:07.474 --> 00:00:09.000 lecture and then we'll introduce

NOTE Confidence: 0.66732151

00:00:09.360 --> 00:00:11.335 Randy and Linda and turn

NOTE Confidence: 0.66732151

00:00:11.335 --> 00:00:13.840 there with that. So this

NOTE Confidence: 0.579925062

00:00:13.840 --> 00:00:16.760 is the borrow lecture and then the

NOTE Confidence: 0.579925062

00:00:16.760 --> 00:00:18.640 Kenneth and Georgia borrow endowment

NOTE Confidence: 0.461238248888889

00:00:18.640 --> 00:00:20.750 on established by friends and

NOTE Confidence: 0.461238248888889

00:00:20.750 --> 00:00:23.280 former colleagues of Kenneth George

NOTE Confidence: 0.461238248888889

00:00:23.280 --> 00:00:26.118 Barwick today walking downstairs

NOTE Confidence: 0.55991727

00:00:26.120 --> 00:00:26.798 as we speak.

NOTE Confidence: 0.619164958333333

00:00:29.120 --> 00:00:30.985 Doctor Hannon Barwick who died
NOTE Confidence: 0.6191649583333333

00:00:30.985 --> 00:00:33.238 in 2001, was a gastro and
NOTE Confidence: 0.4395705373333333

00:00:33.360 --> 00:00:34.985 pathologist on back of the
NOTE Confidence: 0.4395705373333333

00:00:34.985 --> 00:00:37.021 shearing down out of the school
NOTE Confidence: 0.4395705373333333

00:00:37.021 --> 00:00:39.520 in the 1970 eighties and he
NOTE Confidence: 0.93751962

00:00:39.520 --> 00:00:40.680 was committed to sharing
NOTE Confidence: 0.73659921375

00:00:40.680 --> 00:00:42.220 the value and importance
NOTE Confidence: 0.73659921375

00:00:42.220 --> 00:00:43.760 of the humanities medicine.
NOTE Confidence: 0.73659921375

00:00:43.760 --> 00:00:46.093 He received the Leo Owenstein Award
NOTE Confidence: 0.73659921375

00:00:46.093 --> 00:00:49.488 in 1986 for promoting humane and
NOTE Confidence: 0.73659921375

00:00:49.488 --> 00:00:52.080 egalitarian medical education.
NOTE Confidence: 0.73659921375

00:00:52.080 --> 00:00:53.835 George Barwick of the name
NOTE Confidence: 0.73659921375

00:00:53.835 --> 00:00:55.239 lecture is here tonight.
NOTE Confidence: 0.73659921375

00:00:55.240 --> 00:00:56.880 Welcome back. Thank you.
NOTE Confidence: 0.411208684

00:00:58.040 --> 00:00:58.840 Glad to be back. A
NOTE Confidence: 0.438474565

00:00:59.120 --> 00:01:01.264 fellow humanist, fellow professional was

NOTE Confidence: 0.438474565

00:01:01.264 --> 00:01:02.960 a deep regard on how the humanities are

NOTE Confidence: 0.5368279

00:01:06.120 --> 00:01:08.310 questions. So welcome and

NOTE Confidence: 0.5368279

00:01:08.310 --> 00:01:10.560 thank you all who are here,

NOTE Confidence: 0.5368279

00:01:10.560 --> 00:01:14.480 our works and everybody else and

NOTE Confidence: 0.549576562222222

00:01:15.280 --> 00:01:16.768 very much look forward to this

NOTE Confidence: 0.549576562222222

00:01:16.768 --> 00:01:18.904 and all today. So Under the Skin,

NOTE Confidence: 0.549576562222222

00:01:18.904 --> 00:01:20.634 the Hidden Total Reasons on

NOTE Confidence: 0.325523937833333

00:01:20.640 --> 00:01:22.840 American Lives and Our health

NOTE Confidence: 0.325523937833333

00:01:22.840 --> 00:01:24.000 information conversation.

NOTE Confidence: 0.5960851575

00:01:26.080 --> 00:01:27.440 And there's an earlier

NOTE Confidence: 0.5960851575

00:01:27.440 --> 00:01:28.800 title of slowing ramps.

NOTE Confidence: 0.49840587

00:01:29.920 --> 00:01:30.640 They will work

NOTE Confidence: 0.350682268

00:01:33.120 --> 00:01:35.520 So Linda at the Gregory

NOTE Confidence: 0.559147058

00:01:35.600 --> 00:01:36.940 Mark Graduate School of Journalism

NOTE Confidence: 0.559147058

00:01:36.940 --> 00:01:38.839 and she named with a joint appointment

NOTE Confidence: 0.559147058

00:01:38.839 --> 00:01:40.610 at the City College of New York
NOTE Confidence: 0.559147058

00:01:40.610 --> 00:01:42.140 as well as the tributing writer
NOTE Confidence: 0.559147058

00:01:42.140 --> 00:01:43.684 at the New York Times Magazine,
NOTE Confidence: 0.559147058

00:01:43.684 --> 00:01:45.304 which she covers the intersection
NOTE Confidence: 0.559147058

00:01:45.304 --> 00:01:46.600 of grades and health.
NOTE Confidence: 0.559147058

00:01:46.600 --> 00:01:49.058 She also scored as executive of
NOTE Confidence: 0.559147058

00:01:49.058 --> 00:01:51.168 her Essence magazine and as a
NOTE Confidence: 0.559147058

00:01:51.168 --> 00:01:52.912 science editor at New York Times
NOTE Confidence: 0.559147058

00:01:52.912 --> 00:01:54.760 from article on the journal from
NOTE Confidence: 0.559147058

00:01:54.823 --> 00:01:57.037 the totality of the Violence of
NOTE Confidence: 0.559147058

00:01:57.037 --> 00:01:58.513 our National Magazine Award.
NOTE Confidence: 0.559147058

00:01:58.520 --> 00:02:01.212 She contributed her to the 1619
NOTE Confidence: 0.559147058

00:02:01.212 --> 00:02:05.038 project and her book Under the Skin
NOTE Confidence: 0.559147058

00:02:05.040 --> 00:02:07.455 that I just mentioned was a bias
NOTE Confidence: 0.559147058

00:02:07.455 --> 00:02:10.320 for the different department of
NOTE Confidence: 0.375454976

00:02:12.360 --> 00:02:13.160 the and I have asked

NOTE Confidence: 0.387342633333333
00:02:15.680 --> 00:02:18.638 for this, I mean in person.
NOTE Confidence: 0.387342633333333
00:02:18.640 --> 00:02:20.399 And I also want to thank Randy
NOTE Confidence: 0.387342633333333
00:02:20.400 --> 00:02:23.560 I've seen for serving as moderator.
NOTE Confidence: 0.387342633333333
00:02:23.560 --> 00:02:28.040 Again, Randy is my favorite moderator.
NOTE Confidence: 0.387342633333333
00:02:28.040 --> 00:02:31.480 She is a graduate of Yale Library
NOTE Confidence: 0.387342633333333
00:02:31.480 --> 00:02:33.840 School and health journalist.
NOTE Confidence: 0.387342633333333
00:02:33.840 --> 00:02:35.790 She is a graduate of medicines
NOTE Confidence: 0.387342633333333
00:02:35.790 --> 00:02:37.800 for the pro and Medicine.
NOTE Confidence: 0.387342633333333
00:02:37.800 --> 00:02:39.940 She also teaches English Yale
NOTE Confidence: 0.387342633333333
00:02:39.940 --> 00:02:41.652 undergraduates in the English
NOTE Confidence: 0.387342633333333
00:02:41.652 --> 00:02:43.908 department here and teaches journalism
NOTE Confidence: 0.387342633333333
00:02:43.908 --> 00:02:46.113 at Columbia University of Journalism.
NOTE Confidence: 0.387342633333333
00:02:46.120 --> 00:02:47.664 And she'll be automatically
NOTE Confidence: 0.387342633333333
00:02:47.664 --> 00:02:51.918 both on her and on on.
NOTE Confidence: 0.6779854175
00:02:57.520 --> 00:03:02.440 I'm so not stressed. OK, so welcome and
NOTE Confidence: 0.897373062

00:03:02.560 --> 00:03:03.960 thank you for being here. And
NOTE Confidence: 0.7592925325

00:03:07.200 --> 00:03:08.460 those of you on Zoom, I know
NOTE Confidence: 0.7592925325

00:03:08.460 --> 00:03:10.479 this room is a little tricky,
NOTE Confidence: 0.7592925325

00:03:10.480 --> 00:03:12.480 so just throw it in the chat.
NOTE Confidence: 0.536514355

00:03:12.560 --> 00:03:13.440 We have trouble hearing.
NOTE Confidence: 0.64264844

00:03:16.520 --> 00:03:19.958 So what we're going to do is
NOTE Confidence: 0.64264844

00:03:19.960 --> 00:03:21.437 when is in three to few people
NOTE Confidence: 0.738446237777778

00:03:22.480 --> 00:03:25.720 yes in the mode of what of her style.
NOTE Confidence: 0.738446237777778

00:03:25.720 --> 00:03:27.896 Then I look these questions and
NOTE Confidence: 0.738446237777778

00:03:27.896 --> 00:03:29.688 then we do want to break it
NOTE Confidence: 0.738446237777778

00:03:29.688 --> 00:03:31.760 up for people here in person.
NOTE Confidence: 0.738446237777778

00:03:31.760 --> 00:03:34.400 And I think Anna's gonna monitor the Zoom.
NOTE Confidence: 0.738446237777778

00:03:34.400 --> 00:03:37.116 So people on Zoom, feel free to
NOTE Confidence: 0.738446237777778

00:03:37.120 --> 00:03:39.360 send in your questions in the chat.
NOTE Confidence: 0.885442598571429

00:03:43.480 --> 00:03:46.238 Well, first, thank you everyone who's here.
NOTE Confidence: 0.885442598571429

00:03:46.240 --> 00:03:48.280 Thank you. To the our family.

NOTE Confidence: 0.885442598571429
00:03:48.280 --> 00:03:50.692 Thank you Randy and Anna.
NOTE Confidence: 0.885442598571429
00:03:50.692 --> 00:03:55.280 It's really nice to be here again.
NOTE Confidence: 0.885442598571429
00:03:55.280 --> 00:03:59.876 And the part I'm gonna read is
NOTE Confidence: 0.885442598571429
00:03:59.876 --> 00:04:02.603 a part about my father and a lot
NOTE Confidence: 0.885442598571429
00:04:02.603 --> 00:04:03.958 of what I write about, I mean,
NOTE Confidence: 0.885442598571429
00:04:03.960 --> 00:04:07.572 basically everything is I kind of figured
NOTE Confidence: 0.885442598571429
00:04:07.572 --> 00:04:10.440 out partially through doing research,
NOTE Confidence: 0.885442598571429
00:04:10.440 --> 00:04:12.360 partially by doing reporting,
NOTE Confidence: 0.885442598571429
00:04:12.360 --> 00:04:14.880 and partially through my own
NOTE Confidence: 0.885442598571429
00:04:14.880 --> 00:04:16.920 personal and lived experience.
NOTE Confidence: 0.885442598571429
00:04:16.920 --> 00:04:18.719 And this is one of those spots.
NOTE Confidence: 0.866348778
00:04:21.400 --> 00:04:24.137 In 1999, my father, a college educated
NOTE Confidence: 0.866348778
00:04:24.137 --> 00:04:26.869 man who had retired from his job
NOTE Confidence: 0.866348778
00:04:26.869 --> 00:04:29.600 as a manager in a division agency,
NOTE Confidence: 0.866348778
00:04:29.600 --> 00:04:31.160 became critically I'll.
NOTE Confidence: 0.866348778

00:04:31.160 --> 00:04:33.240 In his early 70s,
NOTE Confidence: 0.866348778

00:04:33.240 --> 00:04:35.358 he was diagnosed with colon cancer,
NOTE Confidence: 0.866348778

00:04:35.360 --> 00:04:37.160 and as the disease worsened,
NOTE Confidence: 0.866348778

00:04:37.160 --> 00:04:40.440 he also began to suffer from mild dementia.
NOTE Confidence: 0.866348778

00:04:40.440 --> 00:04:42.550 I lived in New York City, across the
NOTE Confidence: 0.866348778

00:04:42.550 --> 00:04:44.800 country from my hometown of Denver,
NOTE Confidence: 0.866348778

00:04:44.800 --> 00:04:47.392 so though my parents had been divorced for
NOTE Confidence: 0.866348778

00:04:47.392 --> 00:04:50.555 years, my mother agreed to manage his care.
NOTE Confidence: 0.866348778

00:04:50.560 --> 00:04:52.919 One day she called me and said,
NOTE Confidence: 0.866348778

00:04:52.920 --> 00:04:54.160 you need to come home.
NOTE Confidence: 0.866348778

00:04:54.160 --> 00:04:55.800 Your father needs you.
NOTE Confidence: 0.866348778

00:04:55.800 --> 00:04:57.440 He's in the hospital.
NOTE Confidence: 0.866348778

00:04:57.440 --> 00:04:59.228 She instructed me to dress in
NOTE Confidence: 0.866348778

00:04:59.228 --> 00:05:01.048 professional attire and to bring my
NOTE Confidence: 0.866348778

00:05:01.048 --> 00:05:03.036 business cards from the New York Times,
NOTE Confidence: 0.866348778

00:05:03.040 --> 00:05:06.199 where I was the editor of the health pages.

NOTE Confidence: 0.866348778

00:05:06.200 --> 00:05:09.000 When she picked me up at the airport,

NOTE Confidence: 0.866348778

00:05:09.000 --> 00:05:10.960 dressed in extremely corporate attire,

NOTE Confidence: 0.866348778

00:05:10.960 --> 00:05:12.288 looking like the hospital

NOTE Confidence: 0.866348778

00:05:12.288 --> 00:05:14.280 vice president she used to be,

NOTE Confidence: 0.866348778

00:05:14.280 --> 00:05:16.919 I asked her, what are we doing?

NOTE Confidence: 0.866348778

00:05:16.920 --> 00:05:19.704 Her reply was one They're treating

NOTE Confidence: 0.866348778

00:05:19.704 --> 00:05:22.044 your father like a inward.

NOTE Confidence: 0.866348778

00:05:22.044 --> 00:05:26.400 We need to let them see who he is.

NOTE Confidence: 0.866348778

00:05:26.400 --> 00:05:28.514 We. When we arrived at the veterans

NOTE Confidence: 0.866348778

00:05:28.514 --> 00:05:30.199 hospital he had insisted on,

NOTE Confidence: 0.866348778

00:05:30.200 --> 00:05:32.398 I was shocked by what I saw.

NOTE Confidence: 0.866348778

00:05:32.400 --> 00:05:34.820 My father, courtly sophisticated

NOTE Confidence: 0.866348778

00:05:34.820 --> 00:05:37.240 and always impeccably dressed,

NOTE Confidence: 0.866348778

00:05:37.240 --> 00:05:39.124 was frighteningly thin, dishevelled,

NOTE Confidence: 0.866348778

00:05:39.124 --> 00:05:41.479 wearing a dirty hospital gown,

NOTE Confidence: 0.866348778

00:05:41.480 --> 00:05:46.048 his hair uncombed as we walked in.
NOTE Confidence: 0.866348778

00:05:46.048 --> 00:05:47.608 An attendant was speaking to
NOTE Confidence: 0.866348778

00:05:47.608 --> 00:05:49.517 him in a disrespectful hiss.
NOTE Confidence: 0.866348778

00:05:49.520 --> 00:05:52.016 When I pushed past the attendant and leaned
NOTE Confidence: 0.866348778

00:05:52.016 --> 00:05:54.474 down to hug my father, he whispered.
NOTE Confidence: 0.866348778

00:05:54.474 --> 00:05:56.759 Get Me Out of here.
NOTE Confidence: 0.866348778

00:05:56.760 --> 00:05:58.920 Everything changed once we arrived.
NOTE Confidence: 0.866348778

00:05:58.920 --> 00:05:59.632 My mother,
NOTE Confidence: 0.866348778

00:05:59.632 --> 00:06:01.056 flipping into an ambitious
NOTE Confidence: 0.866348778

00:06:01.056 --> 00:06:02.480 mode I didn't recognize,
NOTE Confidence: 0.866348778

00:06:02.480 --> 00:06:04.040 sent everyone straight.
NOTE Confidence: 0.866348778

00:06:04.040 --> 00:06:06.592 Doctors, nurses, and hospital administrators.
NOTE Confidence: 0.866348778

00:06:06.592 --> 00:06:10.120 We showed them my father's college degrees,
NOTE Confidence: 0.866348778

00:06:10.120 --> 00:06:12.280 medals from military service,
NOTE Confidence: 0.866348778

00:06:12.280 --> 00:06:15.520 and photographs of him free illness.
NOTE Confidence: 0.866348778

00:06:15.520 --> 00:06:18.005 I let his caregivers know that he

NOTE Confidence: 0.866348778

00:06:18.005 --> 00:06:19.880 had studied biology in college,

NOTE Confidence: 0.866348778

00:06:19.880 --> 00:06:22.112 so explaining things in a respectful

NOTE Confidence: 0.866348778

00:06:22.112 --> 00:06:24.062 way would help him understand

NOTE Confidence: 0.866348778

00:06:24.062 --> 00:06:26.764 what was going on and prevent him

NOTE Confidence: 0.866348778

00:06:26.764 --> 00:06:28.760 from feeling afraid and angry.

NOTE Confidence: 0.866348778

00:06:28.760 --> 00:06:30.512 My father, who died several months

NOTE Confidence: 0.866348778

00:06:30.512 --> 00:06:32.280 after my mother and I visited,

NOTE Confidence: 0.866348778

00:06:32.280 --> 00:06:34.168 didn't deserve special treatment

NOTE Confidence: 0.866348778

00:06:34.168 --> 00:06:37.000 because of his class and education.

NOTE Confidence: 0.866348778

00:06:37.000 --> 00:06:38.848 Class was the only part my mother

NOTE Confidence: 0.866348778

00:06:38.848 --> 00:06:40.200 and I had to play,

NOTE Confidence: 0.866348778

00:06:40.200 --> 00:06:42.800 so we played it.

NOTE Confidence: 0.866348778

00:06:42.800 --> 00:06:44.468 But like everyone else,

NOTE Confidence: 0.866348778

00:06:44.468 --> 00:06:47.640 he should have been treated with dignity.

NOTE Confidence: 0.866348778

00:06:47.640 --> 00:06:53.052 I tell that story and it's you know,

NOTE Confidence: 0.866348778

00:06:53.052 --> 00:06:55.712 upsetting and it was interesting
NOTE Confidence: 0.866348778

00:06:55.712 --> 00:06:57.952 because where the Veterans hospital
NOTE Confidence: 0.866348778

00:06:57.952 --> 00:07:00.850 is now is a medical school at
NOTE Confidence: 0.866348778

00:07:00.850 --> 00:07:02.434 the University of Colorado.
NOTE Confidence: 0.866348778

00:07:02.440 --> 00:07:02.739 So.
NOTE Confidence: 0.866348778

00:07:02.739 --> 00:07:04.533 But I didn't realize that when
NOTE Confidence: 0.866348778

00:07:04.533 --> 00:07:06.924 I went to speak there that last
NOTE Confidence: 0.866348778

00:07:06.924 --> 00:07:10.732 year and I got out of the car
NOTE Confidence: 0.866348778

00:07:10.732 --> 00:07:12.520 and these really well dressed,
NOTE Confidence: 0.866348778

00:07:12.520 --> 00:07:14.280 professional looking black women
NOTE Confidence: 0.866348778

00:07:14.280 --> 00:07:17.000 ran to the car and they took me,
NOTE Confidence: 0.866348778

00:07:17.000 --> 00:07:19.275 took my arms and and I'm like,
NOTE Confidence: 0.866348778

00:07:19.280 --> 00:07:20.000 what's happening?
NOTE Confidence: 0.866348778

00:07:20.000 --> 00:07:21.800 They're just being so nurturing.
NOTE Confidence: 0.866348778

00:07:21.800 --> 00:07:23.288 Is this how they treat all
NOTE Confidence: 0.866348778

00:07:23.288 --> 00:07:24.032 their guest speakers?

NOTE Confidence: 0.866348778

00:07:24.040 --> 00:07:26.416 And then I looked over and saw the

NOTE Confidence: 0.866348778

00:07:26.416 --> 00:07:28.385 barracks and I realized they had

NOTE Confidence: 0.866348778

00:07:28.385 --> 00:07:30.848 figured out that that was where I

NOTE Confidence: 0.866348778

00:07:30.848 --> 00:07:33.038 had this big terrible thing happen.

NOTE Confidence: 0.866348778

00:07:33.040 --> 00:07:35.480 And they were just trying to look out for me.

NOTE Confidence: 0.929344428

00:07:35.480 --> 00:07:37.960 But that, you know, moment.

NOTE Confidence: 0.929344428

00:07:37.960 --> 00:07:39.164 I never forgot that.

NOTE Confidence: 0.929344428

00:07:39.164 --> 00:07:41.706 Why did why does anyone have to play

NOTE Confidence: 0.929344428

00:07:41.706 --> 00:07:43.728 a respectability card just to get

NOTE Confidence: 0.929344428

00:07:43.728 --> 00:07:45.637 treatment and care in a hospital?

NOTE Confidence: 0.7837652

00:07:47.680 --> 00:07:50.000 Well, one of the questions I have,

NOTE Confidence: 0.954429336666667

00:07:50.000 --> 00:07:51.755 and I know some of you might not have

NOTE Confidence: 0.965211865

00:07:51.960 --> 00:07:53.120 read the whole book.

NOTE Confidence: 0.609924271666667

00:07:55.200 --> 00:07:55.920 Well, one of the things I

NOTE Confidence: 0.592037914

00:07:55.920 --> 00:07:56.720 actually do want to say,

NOTE Confidence: 0.592037914

00:07:56.720 --> 00:07:58.358 as I was working on my questions,
NOTE Confidence: 0.592037914

00:07:58.360 --> 00:08:01.080 I kept saying things like you say, you say
NOTE Confidence: 0.9113588575

00:08:01.480 --> 00:08:04.340 because reading this is a
NOTE Confidence: 0.9113588575

00:08:04.340 --> 00:08:06.280 a the easiest book to read
NOTE Confidence: 0.923945663333333

00:08:06.280 --> 00:08:07.364 because you feel like
NOTE Confidence: 0.923945663333333

00:08:07.364 --> 00:08:08.719 Linda's just chatting to you.
NOTE Confidence: 0.923945663333333

00:08:08.720 --> 00:08:10.520 You feel like you're just talking to you.
NOTE Confidence: 0.923945663333333

00:08:10.520 --> 00:08:11.658 You don't even feel like you're
NOTE Confidence: 0.923945663333333

00:08:11.658 --> 00:08:13.232 you just feel like you're having a
NOTE Confidence: 0.923945663333333

00:08:13.232 --> 00:08:15.108 conversation with a really smart friend.
NOTE Confidence: 0.923945663333333

00:08:15.108 --> 00:08:16.716 And we're gonna get to that.
NOTE Confidence: 0.923945663333333

00:08:16.720 --> 00:08:17.680 How you pulled that off.
NOTE Confidence: 0.923945663333333

00:08:17.680 --> 00:08:19.568 But one of the things,
NOTE Confidence: 0.923945663333333

00:08:19.568 --> 00:08:21.360 because you teach journalism,
NOTE Confidence: 0.923945663333333

00:08:21.360 --> 00:08:22.718 you've been at the New York Times,
NOTE Confidence: 0.923945663333333

00:08:22.720 --> 00:08:23.985 you've been at the premier

NOTE Confidence: 0.9239456633333333
00:08:23.985 --> 00:08:24.997 places as an editor
NOTE Confidence: 0.855791505
00:08:25.000 --> 00:08:27.730 and a writer. You taught
NOTE Confidence: 0.855791505
00:08:27.730 --> 00:08:29.399 both in your magazine
NOTE Confidence: 0.82491601
00:08:29.400 --> 00:08:31.638 piece on Simone Landrum, and you
NOTE Confidence: 0.741602625714286
00:08:31.640 --> 00:08:34.440 also hear a woman whose first child
NOTE Confidence: 0.941861312
00:08:35.960 --> 00:08:38.336 died at birth, and then you
NOTE Confidence: 0.941861312
00:08:38.336 --> 00:08:40.680 were with her during labor.
NOTE Confidence: 0.941861312
00:08:40.680 --> 00:08:42.936 And you talk about you did errands
NOTE Confidence: 0.941861312
00:08:42.936 --> 00:08:45.200 for her, you became a friend,
NOTE Confidence: 0.941861312
00:08:45.200 --> 00:08:46.800 you hugged her. I mean,
NOTE Confidence: 0.764776354
00:08:47.480 --> 00:08:49.510 sort of in journalism school, you learned
NOTE Confidence: 0.764776354
00:08:49.510 --> 00:08:51.155 that you're supposed to be a family
NOTE Confidence: 0.87740975
00:08:51.160 --> 00:08:53.320 on the wall. You're not supposed to affect
NOTE Confidence: 0.8540393825
00:08:53.320 --> 00:08:57.480 story. So I'm just curious what your thoughts
NOTE Confidence: 0.966854901666667
00:08:57.480 --> 00:08:59.478 are as a journalist. And then
NOTE Confidence: 0.893375056

00:08:59.760 --> 00:09:01.280 you were like this writer,
NOTE Confidence: 0.893375056

00:09:01.280 --> 00:09:04.920 caregiver, friend also.
NOTE Confidence: 0.893375056

00:09:04.920 --> 00:09:06.837 Well, let me feel like you broke this rule.
NOTE Confidence: 0.893375056

00:09:06.840 --> 00:09:07.742 Oh, definitely.
NOTE Confidence: 0.893375056

00:09:07.742 --> 00:09:11.360 I broke that rule so many times. And why?
NOTE Confidence: 0.893375056

00:09:11.360 --> 00:09:13.680 And it's so funny because I teach
NOTE Confidence: 0.893375056

00:09:13.680 --> 00:09:15.301 journalism and my journalism students
NOTE Confidence: 0.893375056

00:09:15.301 --> 00:09:17.557 are listening to me talk about how I,
NOTE Confidence: 0.893375056

00:09:17.560 --> 00:09:21.634 you know, do interviews and kind of,
NOTE Confidence: 0.893375056

00:09:21.640 --> 00:09:23.638 I guess, get into people's lives.
NOTE Confidence: 0.893375056

00:09:23.640 --> 00:09:25.584 And one, I remember when a student raised
NOTE Confidence: 0.893375056

00:09:25.584 --> 00:09:27.477 his hand and he turns to me and says,
NOTE Confidence: 0.893375056

00:09:27.480 --> 00:09:28.760 do you have no boundaries?
NOTE Confidence: 0.893375056

00:09:28.760 --> 00:09:31.638 And it's like, well,
NOTE Confidence: 0.893375056

00:09:31.638 --> 00:09:34.434 boundaries are not my best thing.
NOTE Confidence: 0.893375056

00:09:34.440 --> 00:09:37.518 But I think with Simone Lantrum,

NOTE Confidence: 0.893375056

00:09:37.520 --> 00:09:40.800 I ended up being more of a humanist.

NOTE Confidence: 0.893375056

00:09:40.800 --> 00:09:44.087 Because one thing is to read about research,

NOTE Confidence: 0.893375056

00:09:44.087 --> 00:09:47.650 even read interviews of people who have

NOTE Confidence: 0.893375056

00:09:47.738 --> 00:09:50.651 been treated badly in the medical system

NOTE Confidence: 0.893375056

00:09:50.651 --> 00:09:54.320 and then to see how badly she was treated.

NOTE Confidence: 0.893375056

00:09:54.320 --> 00:09:59.200 And I and I also she I really like her.

NOTE Confidence: 0.893375056

00:09:59.200 --> 00:10:02.040 And the first interview I did with her

NOTE Confidence: 0.893375056

00:10:02.040 --> 00:10:04.440 was just to hear about she was pregnant.

NOTE Confidence: 0.893375056

00:10:04.440 --> 00:10:06.240 She was working with a doula.

NOTE Confidence: 0.893375056

00:10:06.240 --> 00:10:08.634 And she told me about her losing

NOTE Confidence: 0.893375056

00:10:08.634 --> 00:10:10.679 a child the year before.

NOTE Confidence: 0.893375056

00:10:10.680 --> 00:10:13.668 And still it was, you know, a nightmare.

NOTE Confidence: 0.893375056

00:10:13.668 --> 00:10:17.080 And when I was leaving, I asked her,

NOTE Confidence: 0.893375056

00:10:17.080 --> 00:10:18.760 who's gonna be with you when

NOTE Confidence: 0.893375056

00:10:18.760 --> 00:10:20.039 you have this baby?

NOTE Confidence: 0.893375056

00:10:20.040 --> 00:10:22.758 And she said, just the doodle.
NOTE Confidence: 0.893375056

00:10:22.760 --> 00:10:24.735 And then she looked at me and
NOTE Confidence: 0.893375056

00:10:24.735 --> 00:10:26.240 all of a sudden I just stopped.
NOTE Confidence: 0.893375056

00:10:26.240 --> 00:10:28.571 Like, she'd come back as she
NOTE Confidence: 0.893375056

00:10:28.571 --> 00:10:30.317 came back and be with her.
NOTE Confidence: 0.893375056

00:10:30.320 --> 00:10:31.440 I've had two children.
NOTE Confidence: 0.893375056

00:10:31.440 --> 00:10:32.560 I've been at birth,
NOTE Confidence: 0.893375056

00:10:32.560 --> 00:10:33.520 some other people.
NOTE Confidence: 0.893375056

00:10:33.520 --> 00:10:34.480 Plus, you know,
NOTE Confidence: 0.893375056

00:10:34.480 --> 00:10:35.814 the journalist part is like, well,
NOTE Confidence: 0.893375056

00:10:35.814 --> 00:10:38.462 I'll be at the birth and then I can just
NOTE Confidence: 0.893375056

00:10:38.462 --> 00:10:41.880 have a nice happy ending on my story.
NOTE Confidence: 0.893375056

00:10:41.880 --> 00:10:43.240 I ended up coming back,
NOTE Confidence: 0.893375056

00:10:43.240 --> 00:10:46.600 but too early because she had false labor.
NOTE Confidence: 0.893375056

00:10:46.600 --> 00:10:48.434 But I was already on the plane,
NOTE Confidence: 0.893375056

00:10:48.440 --> 00:10:50.120 so I ended up spending quite a bit.

NOTE Confidence: 0.893375056

00:10:50.120 --> 00:10:52.757 I stayed, spent a lot of time with her.

NOTE Confidence: 0.893375056

00:10:52.760 --> 00:10:56.472 When she went into labor I was not expecting.

NOTE Confidence: 0.893375056

00:10:56.472 --> 00:10:58.680 I thought it would be smooth.

NOTE Confidence: 0.893375056

00:10:58.680 --> 00:11:00.876 I thought they'd intrigue her kindly.

NOTE Confidence: 0.893375056

00:11:00.880 --> 00:11:02.059 But they didn't.

NOTE Confidence: 0.893375056

00:11:02.059 --> 00:11:03.238 And I was.

NOTE Confidence: 0.893375056

00:11:03.240 --> 00:11:06.600 I was basically she had a pneumonia there,

NOTE Confidence: 0.893375056

00:11:06.600 --> 00:11:09.008 but when they kept asking her the

NOTE Confidence: 0.893375056

00:11:09.008 --> 00:11:11.139 worst part was when they asked

NOTE Confidence: 0.893375056

00:11:11.139 --> 00:11:12.878 her how many children do you have?

NOTE Confidence: 0.893375056

00:11:12.880 --> 00:11:15.877 She said two but I had a still birth

NOTE Confidence: 0.893375056

00:11:15.880 --> 00:11:18.904 and then they said to her when was the

NOTE Confidence: 0.893375056

00:11:18.904 --> 00:11:20.998 demise And she named that baby Harmony.

NOTE Confidence: 0.893375056

00:11:21.000 --> 00:11:22.968 She loved her even though you

NOTE Confidence: 0.893375056

00:11:22.968 --> 00:11:24.816 know she passed away and they

NOTE Confidence: 0.893375056

00:11:24.816 --> 00:11:26.156 asked her that several times.

NOTE Confidence: 0.893375056

00:11:26.160 --> 00:11:29.919 At each you could see the, you know her.

NOTE Confidence: 0.893375056

00:11:29.919 --> 00:11:31.880 When she was hooked up to a monitor.

NOTE Confidence: 0.893375056

00:11:31.880 --> 00:11:34.141 You could see the monitor go like

NOTE Confidence: 0.893375056

00:11:34.141 --> 00:11:36.576 this because she was upset and it was

NOTE Confidence: 0.893375056

00:11:36.576 --> 00:11:38.480 the doula who said please stop that,

NOTE Confidence: 0.893375056

00:11:38.480 --> 00:11:39.030 put it,

NOTE Confidence: 0.893375056

00:11:39.030 --> 00:11:41.230 make a make a note in her medical

NOTE Confidence: 0.893375056

00:11:41.306 --> 00:11:43.688 records and stop asking her that

NOTE Confidence: 0.893375056

00:11:43.688 --> 00:11:45.680 horrific question over and over.

NOTE Confidence: 0.893375056

00:11:45.680 --> 00:11:47.927 And then the rest of it was

NOTE Confidence: 0.893375056

00:11:47.927 --> 00:11:49.200 very touch and go,

NOTE Confidence: 0.893375056

00:11:49.200 --> 00:11:51.846 and she was treated quite badly

NOTE Confidence: 0.893375056

00:11:51.846 --> 00:11:55.476 by the people attending her.

NOTE Confidence: 0.893375056

00:11:55.480 --> 00:11:55.869 Me,

NOTE Confidence: 0.893375056

00:11:55.869 --> 00:11:57.814 Simone and Abdullah were the

NOTE Confidence: 0.893375056

00:11:57.814 --> 00:11:59.370 only black people with

NOTE Confidence: 0.593312611666667

00:11:59.443 --> 00:12:03.200 any color single room in New Orleans.

NOTE Confidence: 0.593312611666667

00:12:03.200 --> 00:12:05.690 And the doctor was rushed and

NOTE Confidence: 0.593312611666667

00:12:05.690 --> 00:12:07.240 not kind, barely introduced

NOTE Confidence: 0.593312611666667

00:12:07.240 --> 00:12:09.120 himself and replied to him. So

NOTE Confidence: 0.905165211818182

00:12:11.600 --> 00:12:14.260 I had to rewrite the story so

NOTE Confidence: 0.905165211818182

00:12:14.260 --> 00:12:16.470 that this part was, you know,

NOTE Confidence: 0.905165211818182

00:12:16.470 --> 00:12:18.360 that's the part where your heart

NOTE Confidence: 0.905165211818182

00:12:18.360 --> 00:12:19.719 starts beating really hard.

NOTE Confidence: 0.905165211818182

00:12:19.720 --> 00:12:20.956 And that was not at all.

NOTE Confidence: 0.6841021475

00:12:22.960 --> 00:12:24.240 And I'm asking this,

NOTE Confidence: 0.929195195

00:12:25.520 --> 00:12:26.320 did you hear from

NOTE Confidence: 0.92592441

00:12:26.320 --> 00:12:27.838 any of the doctors in the

NOTE Confidence: 0.92592441

00:12:27.838 --> 00:12:29.160 hospital or any feedback after

NOTE Confidence: 0.666354827142857

00:12:29.160 --> 00:12:30.972 you wrote the stories that actually

NOTE Confidence: 0.666354827142857

00:12:30.972 --> 00:12:32.480 maybe have a different memory
NOTE Confidence: 0.666354827142857

00:12:32.480 --> 00:12:33.544 and we remember things different?
NOTE Confidence: 0.666354827142857

00:12:33.544 --> 00:12:35.058 Did you get any pushback from?
NOTE Confidence: 0.666354827142857

00:12:35.058 --> 00:12:37.781 No, They were totally scared of me
NOTE Confidence: 0.666354827142857

00:12:37.781 --> 00:12:40.202 and I'm sad, but what I did do was
NOTE Confidence: 0.666354827142857

00:12:40.202 --> 00:12:42.440 I went to the hospital, you know,
NOTE Confidence: 0.666354827142857

00:12:42.440 --> 00:12:46.120 they got in trouble and there was a session.
NOTE Confidence: 0.666354827142857

00:12:46.120 --> 00:12:47.359 So they had to, some of them
NOTE Confidence: 0.666354827142857

00:12:47.359 --> 00:12:48.992 had to go through, you know,
NOTE Confidence: 0.666354827142857

00:12:48.992 --> 00:12:50.672 anti racism training and it
NOTE Confidence: 0.666354827142857

00:12:50.672 --> 00:12:51.680 was quite elaborate.
NOTE Confidence: 0.666354827142857

00:12:51.680 --> 00:12:53.514 So I was in the zoo room
NOTE Confidence: 0.786846075833333

00:12:56.280 --> 00:12:59.710 and there was another patient who had
NOTE Confidence: 0.786846075833333

00:12:59.710 --> 00:13:02.820 been treated quite unkindly and and
NOTE Confidence: 0.786846075833333

00:13:02.820 --> 00:13:06.320 badly and had her child was disabled.
NOTE Confidence: 0.786846075833333

00:13:06.320 --> 00:13:08.808 So she came in to the room to

NOTE Confidence: 0.786846075833333

00:13:08.808 --> 00:13:11.077 the Zoom and told her story.

NOTE Confidence: 0.786846075833333

00:13:11.080 --> 00:13:13.880 And I asked my friend who had let me in.

NOTE Confidence: 0.786846075833333

00:13:13.880 --> 00:13:17.275 I said was anybody who treated her,

NOTE Confidence: 0.786846075833333

00:13:17.280 --> 00:13:19.038 listen, did they hear her story?

NOTE Confidence: 0.786846075833333

00:13:19.040 --> 00:13:21.245 And they said yes and that that and they

NOTE Confidence: 0.786846075833333

00:13:21.245 --> 00:13:23.423 but they were smart because they also

NOTE Confidence: 0.786846075833333

00:13:23.423 --> 00:13:25.960 brought in someone who had a good experience.

NOTE Confidence: 0.786846075833333

00:13:25.960 --> 00:13:28.074 And that person said, you know what,

NOTE Confidence: 0.786846075833333

00:13:28.080 --> 00:13:29.478 This, this worked well for me.

NOTE Confidence: 0.786846075833333

00:13:29.480 --> 00:13:31.964 Thank you for the care I got so that

NOTE Confidence: 0.786846075833333

00:13:31.964 --> 00:13:34.515 it wasn't all just you know shade.

NOTE Confidence: 0.786846075833333

00:13:34.520 --> 00:13:37.680 Well what they ended up doing was they

NOTE Confidence: 0.786846075833333

00:13:37.680 --> 00:13:39.668 realized they needed an obstetric

NOTE Confidence: 0.786846075833333

00:13:39.668 --> 00:13:42.664 emergency room and they opened it and

NOTE Confidence: 0.786846075833333

00:13:42.664 --> 00:13:45.875 that was not cheap and they had they had

NOTE Confidence: 0.786846075833333

00:13:45.875 --> 00:13:48.517 to hire four people and I don't know,
NOTE Confidence: 0.786846075833333

00:13:48.520 --> 00:13:50.564 I don't think they built anything new
NOTE Confidence: 0.786846075833333

00:13:50.564 --> 00:13:52.864 but they moved things around because of
NOTE Confidence: 0.786846075833333

00:13:52.864 --> 00:13:54.916 these people telling their story and
NOTE Confidence: 0.786846075833333

00:13:54.978 --> 00:13:56.994 they were calling it like Co design.
NOTE Confidence: 0.786846075833333

00:13:57.000 --> 00:13:59.107 So they were changing the hospital based
NOTE Confidence: 0.786846075833333

00:13:59.107 --> 00:14:01.108 on the experiences of people from the
NOTE Confidence: 0.786846075833333

00:14:01.108 --> 00:14:02.925 community who had been served by them
NOTE Confidence: 0.786846075833333

00:14:02.925 --> 00:14:06.520 both in a good way and not so good way.
NOTE Confidence: 0.786846075833333

00:14:06.520 --> 00:14:08.576 Now, I want to go back in time a
NOTE Confidence: 0.786846075833333

00:14:08.576 --> 00:14:10.990 bit because you talk about your own
NOTE Confidence: 0.786846075833333

00:14:10.990 --> 00:14:12.656 journey and one of the things you
NOTE Confidence: 0.786846075833333

00:14:12.656 --> 00:14:15.840 write about is this Heckler report from
NOTE Confidence: 0.90444470875

00:14:16.520 --> 00:14:18.520 1985. And I know I told you I
NOTE Confidence: 0.90444470875

00:14:18.520 --> 00:14:19.520 practically memorized the book.
NOTE Confidence: 0.90444470875

00:14:19.520 --> 00:14:20.440 So if you don't remember

NOTE Confidence: 0.90444470875

00:14:20.440 --> 00:14:21.352 anything in your book,

NOTE Confidence: 0.90444470875

00:14:21.352 --> 00:14:23.706 you can ask me because I know it.

NOTE Confidence: 0.90444470875

00:14:23.706 --> 00:14:26.040 It's kind of like page 12 or whatever.

NOTE Confidence: 0.90444470875

00:14:26.040 --> 00:14:27.500 But so you write about the

NOTE Confidence: 0.90444470875

00:14:27.500 --> 00:14:29.360 Heckler report between that 1985,

NOTE Confidence: 0.93948556

00:14:29.720 --> 00:14:31.880 which looked like it was

NOTE Confidence: 0.910526011111111

00:14:32.520 --> 00:14:33.336 positive and going well.

NOTE Confidence: 0.910526011111111

00:14:33.336 --> 00:14:35.600 And then it kind of veered left and didn't.

NOTE Confidence: 0.910526011111111

00:14:35.600 --> 00:14:37.580 And I thought maybe you can just for

NOTE Confidence: 0.910526011111111

00:14:37.580 --> 00:14:39.560 the audience that might not remember

NOTE Confidence: 0.921729773333333

00:14:39.560 --> 00:14:41.840 or know what this report was,

NOTE Confidence: 0.921729773333333

00:14:41.840 --> 00:14:43.932 explain what the report was and what

NOTE Confidence: 0.921729773333333

00:14:43.932 --> 00:14:46.116 was like, wow, this is great. I'm glad

NOTE Confidence: 0.910326352

00:14:46.120 --> 00:14:48.080 it came out, but actually

NOTE Confidence: 0.820565341666667

00:14:49.320 --> 00:14:50.280 it wasn't as good as you

NOTE Confidence: 0.691936187777778

00:14:50.280 --> 00:14:51.756 thought. And then I'm going to add on top.
NOTE Confidence: 0.691936187777778

00:14:51.760 --> 00:14:53.440 Then, how did that sort of start
NOTE Confidence: 0.691936187777778

00:14:53.440 --> 00:14:55.120 to sink into you as a health?
NOTE Confidence: 0.847855102

00:14:56.760 --> 00:14:59.896 Well, the Heckler report was amazing
NOTE Confidence: 0.847855102

00:14:59.896 --> 00:15:02.248 for its time because it was the
NOTE Confidence: 0.847855102

00:15:02.248 --> 00:15:04.400 first time that people of color,
NOTE Confidence: 0.847855102

00:15:04.400 --> 00:15:06.975 mainly black people's experiences, had
NOTE Confidence: 0.847855102

00:15:06.975 --> 00:15:09.579 been documented by the federal government.
NOTE Confidence: 0.847855102

00:15:09.579 --> 00:15:12.050 And Margaret Schuyler was the head of
NOTE Confidence: 0.847855102

00:15:12.116 --> 00:15:14.314 Health and Human Services at the time,
NOTE Confidence: 0.847855102

00:15:14.320 --> 00:15:16.560 and she was like a Reagan Republican.
NOTE Confidence: 0.847855102

00:15:16.560 --> 00:15:18.960 And what I think I read,
NOTE Confidence: 0.847855102

00:15:18.960 --> 00:15:19.807 I don't even think I put this
NOTE Confidence: 0.847855102

00:15:19.807 --> 00:15:20.558 in the book that it was,
NOTE Confidence: 0.847855102

00:15:20.560 --> 00:15:22.730 she had some black friend or black
NOTE Confidence: 0.847855102

00:15:22.730 --> 00:15:24.797 person who worked with her who said,

NOTE Confidence: 0.847855102

00:15:24.800 --> 00:15:27.000 you know, you really should look at this.

NOTE Confidence: 0.847855102

00:15:27.000 --> 00:15:29.880 And I've had this experience happen.

NOTE Confidence: 0.847855102

00:15:29.880 --> 00:15:31.917 And so she ended up doing that.

NOTE Confidence: 0.847855102

00:15:31.920 --> 00:15:33.558 And when the report came out,

NOTE Confidence: 0.847855102

00:15:33.560 --> 00:15:35.800 people were quite amazed at,

NOTE Confidence: 0.847855102

00:15:35.800 --> 00:15:38.398 you know, health of the health,

NOTE Confidence: 0.847855102

00:15:38.400 --> 00:15:39.924 racial health disparities,

NOTE Confidence: 0.847855102

00:15:39.924 --> 00:15:41.956 people's complaints about treatment.

NOTE Confidence: 0.847855102

00:15:41.960 --> 00:15:44.720 And it was an important document.

NOTE Confidence: 0.847855102

00:15:44.720 --> 00:15:46.358 It got a lot of media coverage,

NOTE Confidence: 0.847855102

00:15:46.360 --> 00:15:48.256 but the only thing that was

NOTE Confidence: 0.847855102

00:15:48.256 --> 00:15:49.520 missing was any solutions.

NOTE Confidence: 0.847855102

00:15:49.520 --> 00:15:52.048 So it did not offer to do anything

NOTE Confidence: 0.847855102

00:15:52.048 --> 00:15:54.637 about it in it didn't put any

NOTE Confidence: 0.847855102

00:15:54.637 --> 00:15:56.512 more money toward the problem.

NOTE Confidence: 0.847855102

00:15:56.520 --> 00:15:58.641 But what it basically said was we

NOTE Confidence: 0.847855102

00:15:58.641 --> 00:16:00.400 see that there's this problem.

NOTE Confidence: 0.847855102

00:16:00.400 --> 00:16:03.196 You, you, the people who are,

NOTE Confidence: 0.847855102

00:16:03.200 --> 00:16:03.850 you know,

NOTE Confidence: 0.847855102

00:16:03.850 --> 00:16:05.475 being having problems need to

NOTE Confidence: 0.847855102

00:16:05.475 --> 00:16:07.640 take care of yourselves better.

NOTE Confidence: 0.847855102

00:16:07.640 --> 00:16:09.936 So it ended up being this kind

NOTE Confidence: 0.847855102

00:16:09.936 --> 00:16:12.520 of weird blame situation without

NOTE Confidence: 0.847855102

00:16:12.520 --> 00:16:15.080 any responsibility from the,

NOTE Confidence: 0.847855102

00:16:15.080 --> 00:16:15.776 you know,

NOTE Confidence: 0.847855102

00:16:15.776 --> 00:16:17.516 the hospital systems but especially

NOTE Confidence: 0.847855102

00:16:17.516 --> 00:16:19.240 from the federal government.

NOTE Confidence: 0.847855102

00:16:19.240 --> 00:16:20.640 So Speaking of blaming,

NOTE Confidence: 0.950329957272727

00:16:20.640 --> 00:16:22.152 you had a sort of evolution

NOTE Confidence: 0.950329957272727

00:16:22.152 --> 00:16:23.760 in your way of thinking.

NOTE Confidence: 0.950329957272727

00:16:23.760 --> 00:16:24.972 And you talk about in the

NOTE Confidence: 0.950329957272727
00:16:24.972 --> 00:16:26.040 beginning of the book that,
NOTE Confidence: 0.950329957272727
00:16:26.040 --> 00:16:28.680 I mean you were a major player at
NOTE Confidence: 0.950329957272727
00:16:28.680 --> 00:16:30.936 Essence New York Times big time
NOTE Confidence: 0.950329957272727
00:16:30.936 --> 00:16:33.400 editor and helping promote self
NOTE Confidence: 0.950329957272727
00:16:33.400 --> 00:16:35.800 help and all this wonderful advice.
NOTE Confidence: 0.950329957272727
00:16:35.800 --> 00:16:37.377 And can you just explain, like,
NOTE Confidence: 0.950329957272727
00:16:37.377 --> 00:16:39.462 how you thought about health
NOTE Confidence: 0.950329957272727
00:16:39.462 --> 00:16:42.479 then and how your journey changed
NOTE Confidence: 0.950329957272727
00:16:42.480 --> 00:16:44.279 that led to this book or maybe
NOTE Confidence: 0.950329957272727
00:16:44.279 --> 00:16:47.040 because of the research?
NOTE Confidence: 0.90714577875
00:16:47.040 --> 00:16:50.920 Well, I got to Essence magazine in the
NOTE Confidence: 0.90714577875
00:16:50.920 --> 00:16:54.880 late 80s, and I was, it was my dream job.
NOTE Confidence: 0.90714577875
00:16:54.880 --> 00:16:57.040 I just wanted to be at Essence magazine.
NOTE Confidence: 0.90714577875
00:16:57.040 --> 00:16:59.434 I wanted to have an audience of black women.
NOTE Confidence: 0.90714577875
00:16:59.440 --> 00:17:01.905 And in my head I was like, I see that
NOTE Confidence: 0.90714577875

00:17:01.905 --> 00:17:03.080 there are racial health disparities.
NOTE Confidence: 0.90714577875

00:17:03.080 --> 00:17:05.033 I've read the Heckler report and I
NOTE Confidence: 0.90714577875

00:17:05.033 --> 00:17:07.368 know I can solve this problem because
NOTE Confidence: 0.90714577875

00:17:07.368 --> 00:17:09.886 if you know better, you do better.
NOTE Confidence: 0.90714577875

00:17:09.886 --> 00:17:12.058 And I'm saying I'm gonna give
NOTE Confidence: 0.90714577875

00:17:12.058 --> 00:17:14.202 everybody the information in a way
NOTE Confidence: 0.90714577875

00:17:14.202 --> 00:17:16.520 that people the readers of Essence.
NOTE Confidence: 0.90714577875

00:17:16.520 --> 00:17:19.256 And at the time there were a million
NOTE Confidence: 0.90714577875

00:17:19.256 --> 00:17:21.745 subscribers and and with a pass around
NOTE Confidence: 0.90714577875

00:17:21.745 --> 00:17:23.918 of 8 million because basically hair
NOTE Confidence: 0.90714577875

00:17:23.918 --> 00:17:25.680 salons 'cause it was always there.
NOTE Confidence: 0.90714577875

00:17:25.680 --> 00:17:26.915 And I'm thinking they're gonna
NOTE Confidence: 0.90714577875

00:17:26.915 --> 00:17:28.679 people are trapped in the hair salon.
NOTE Confidence: 0.90714577875

00:17:28.680 --> 00:17:30.199 They're gonna turn to the health pages.
NOTE Confidence: 0.90714577875

00:17:30.200 --> 00:17:33.182 I'm gonna make them really, you know,
NOTE Confidence: 0.90714577875

00:17:33.182 --> 00:17:35.471 interesting to read and just just

NOTE Confidence: 0.90714577875

00:17:35.471 --> 00:17:36.626 basically tell people this is

NOTE Confidence: 0.90714577875

00:17:36.626 --> 00:17:38.360 what you do if you're pregnant.

NOTE Confidence: 0.90714577875

00:17:38.360 --> 00:17:40.360 You take care of yourself.

NOTE Confidence: 0.90714577875

00:17:40.360 --> 00:17:42.348 You take prenatal vitamins,

NOTE Confidence: 0.90714577875

00:17:42.348 --> 00:17:44.760 you eat well, drink a lot of water,

NOTE Confidence: 0.90714577875

00:17:44.760 --> 00:17:46.160 you exercise all the stuff.

NOTE Confidence: 0.90714577875

00:17:46.160 --> 00:17:48.435 So this is what I was doing.

NOTE Confidence: 0.90714577875

00:17:48.440 --> 00:17:52.193 And then I got someone said on a flyer,

NOTE Confidence: 0.90714577875

00:17:52.200 --> 00:17:52.728 you should,

NOTE Confidence: 0.90714577875

00:17:52.728 --> 00:17:54.576 you should apply to this health fellowship

NOTE Confidence: 0.90714577875

00:17:54.576 --> 00:17:56.558 at the Harvard School of Public Health.

NOTE Confidence: 0.90714577875

00:17:56.560 --> 00:17:57.244 It's for journalists.

NOTE Confidence: 0.90714577875

00:17:57.244 --> 00:17:58.906 And I was like, OK, well,

NOTE Confidence: 0.90714577875

00:17:58.906 --> 00:18:01.517 I'm sure I will not get that.

NOTE Confidence: 0.90714577875

00:18:01.520 --> 00:18:02.609 And I did.

NOTE Confidence: 0.90714577875

00:18:02.609 --> 00:18:06.519 So now I shift because I'm in public health,
NOTE Confidence: 0.90714577875

00:18:06.520 --> 00:18:08.340 but I'm also starting to
NOTE Confidence: 0.90714577875

00:18:08.340 --> 00:18:09.796 do more serious articles,
NOTE Confidence: 0.90714577875

00:18:09.800 --> 00:18:11.840 not just sort of self help,
NOTE Confidence: 0.90714577875

00:18:11.840 --> 00:18:14.283 but more serious stories about I had
NOTE Confidence: 0.90714577875

00:18:14.283 --> 00:18:16.662 done a piece about environmental justice.
NOTE Confidence: 0.90714577875

00:18:16.662 --> 00:18:19.856 I had done a piece about the
NOTE Confidence: 0.90714577875

00:18:19.856 --> 00:18:22.664 emergency room and how people are
NOTE Confidence: 0.90714577875

00:18:22.664 --> 00:18:26.120 using it just as their primary care.
NOTE Confidence: 0.90714577875

00:18:26.120 --> 00:18:27.900 But then I so I get out of Harvard School
NOTE Confidence: 0.90714577875

00:18:27.943 --> 00:18:29.680 of Public Health and I was kind of like,
NOTE Confidence: 0.90714577875

00:18:29.680 --> 00:18:29.906 OK,
NOTE Confidence: 0.90714577875

00:18:29.906 --> 00:18:30.584 wait a minute,
NOTE Confidence: 0.90714577875

00:18:30.584 --> 00:18:32.280 this is not what I'm talking about,
NOTE Confidence: 0.90714577875

00:18:32.280 --> 00:18:35.800 is not all I I hadn't made a
NOTE Confidence: 0.90714577875

00:18:35.800 --> 00:18:37.904 total shift and sometimes I beat

NOTE Confidence: 0.90714577875

00:18:37.904 --> 00:18:40.000 myself up a little bit about it.

NOTE Confidence: 0.90714577875

00:18:40.000 --> 00:18:41.720 I wrote a book called Body and Soul,

NOTE Confidence: 0.90714577875

00:18:41.720 --> 00:18:43.520 which is a black women's self

NOTE Confidence: 0.90714577875

00:18:43.520 --> 00:18:45.160 help guide and did great.

NOTE Confidence: 0.90714577875

00:18:45.160 --> 00:18:46.888 It was supposed to be like the black

NOTE Confidence: 0.90714577875

00:18:46.888 --> 00:18:48.088 women's our bodies, ourselves.

NOTE Confidence: 0.90714577875

00:18:48.088 --> 00:18:49.720 It did really well.

NOTE Confidence: 0.90714577875

00:18:49.720 --> 00:18:50.638 So I was thinking about it.

NOTE Confidence: 0.90714577875

00:18:50.640 --> 00:18:53.232 I was like, I wish I hadn't been so,

NOTE Confidence: 0.90714577875

00:18:53.240 --> 00:18:55.032 you know, so Elvish.

NOTE Confidence: 0.90714577875

00:18:55.032 --> 00:18:58.226 And then I looked at the foreword.

NOTE Confidence: 0.90714577875

00:18:58.226 --> 00:19:00.756 I forgot this. Angela Davis.

NOTE Confidence: 0.90714577875

00:19:00.760 --> 00:19:02.596 In June, Jordan wrote the foreword.

NOTE Confidence: 0.90714577875

00:19:02.600 --> 00:19:04.896 So hello.

NOTE Confidence: 0.90714577875

00:19:04.896 --> 00:19:08.512 It was pretty radical if it had Angela

NOTE Confidence: 0.90714577875

00:19:08.512 --> 00:19:10.552 Davis writing the foreword talking
NOTE Confidence: 0.90714577875

00:19:10.552 --> 00:19:12.800 about injustice in the healthcare system.
NOTE Confidence: 0.90714577875

00:19:12.800 --> 00:19:15.800 So, but even you know,
NOTE Confidence: 0.90714577875

00:19:15.800 --> 00:19:19.520 after that book I continued to look at,
NOTE Confidence: 0.90714577875

00:19:19.520 --> 00:19:21.440 he started to think this is not the
NOTE Confidence: 0.90714577875

00:19:21.440 --> 00:19:23.319 way I'm talking about self help.
NOTE Confidence: 0.90714577875

00:19:23.320 --> 00:19:26.156 I was calling it self help is not all
NOTE Confidence: 0.90714577875

00:19:26.156 --> 00:19:28.760 right and but it took me a while.
NOTE Confidence: 0.90714577875

00:19:28.760 --> 00:19:30.706 I'm very slow as a thinker and
NOTE Confidence: 0.90714577875

00:19:30.706 --> 00:19:33.960 sometimes as a writer, to be honest,
NOTE Confidence: 0.90714577875

00:19:33.960 --> 00:19:36.798 to shift and then, but now,
NOTE Confidence: 0.90714577875

00:19:36.800 --> 00:19:37.452 you know,
NOTE Confidence: 0.90714577875

00:19:37.452 --> 00:19:40.060 I see that telling people what to do
NOTE Confidence: 0.898407269666667

00:19:40.131 --> 00:19:42.339 and changing individual behavior
NOTE Confidence: 0.898407269666667

00:19:42.339 --> 00:19:44.547 without looking at systemic
NOTE Confidence: 0.898407269666667

00:19:44.547 --> 00:19:46.963 and institutional issues is not

NOTE Confidence: 0.898407269666667
00:19:46.963 --> 00:19:49.429 gonna solve the problem of racial
NOTE Confidence: 0.898407269666667
00:19:49.429 --> 00:19:52.200 inequality in health in this country.
NOTE Confidence: 0.898407269666667
00:19:52.200 --> 00:19:53.160 And a lot of the
NOTE Confidence: 0.651937226666667
00:19:53.240 --> 00:19:56.480 book that you talk about is the
NOTE Confidence: 0.651937226666667
00:19:56.480 --> 00:19:58.320 racial inequalities and what that
NOTE Confidence: 0.651937226666667
00:19:58.320 --> 00:19:59.914 does to your physical health and
NOTE Confidence: 0.651937226666667
00:19:59.914 --> 00:20:01.993 what that does to your mental health.
NOTE Confidence: 0.651937226666667
00:20:02.000 --> 00:20:04.824 And there are in this audience people
NOTE Confidence: 0.651937226666667
00:20:04.824 --> 00:20:06.462 with a very scientific background
NOTE Confidence: 0.651937226666667
00:20:06.462 --> 00:20:08.994 and on zoom and we're learning
NOTE Confidence: 0.651937226666667
00:20:08.994 --> 00:20:10.440 about Physiology and we're learning
NOTE Confidence: 0.651937226666667
00:20:10.440 --> 00:20:12.120 about genetics and they're learning
NOTE Confidence: 0.651937226666667
00:20:12.120 --> 00:20:14.560 genetics in a way that I never did.
NOTE Confidence: 0.651937226666667
00:20:14.560 --> 00:20:17.737 But I think that's baked into our DNA like
NOTE Confidence: 0.651937226666667
00:20:17.737 --> 00:20:20.474 here's a germ and this is what it does.
NOTE Confidence: 0.651937226666667

00:20:20.480 --> 00:20:22.600 You have a faulty gene or.
NOTE Confidence: 0.771729895714286

00:20:23.240 --> 00:20:24.472 You know, it's just
NOTE Confidence: 0.771729895714286

00:20:24.472 --> 00:20:25.396 everything's very sciencey
NOTE Confidence: 0.807605425

00:20:25.400 --> 00:20:26.798 and your book, you're bringing up
NOTE Confidence: 0.8981797425

00:20:27.480 --> 00:20:29.240 a whole other perspective.
NOTE Confidence: 0.95373647

00:20:29.640 --> 00:20:32.784 And I'm interested in because you start,
NOTE Confidence: 0.95373647

00:20:32.784 --> 00:20:34.610 you were at the science section of the
NOTE Confidence: 0.95373647

00:20:34.610 --> 00:20:36.640 New York Times, your own evolution.
NOTE Confidence: 0.95373647

00:20:36.640 --> 00:20:38.880 And if you can explain to this audience
NOTE Confidence: 0.95373647

00:20:38.880 --> 00:20:40.877 of scientists like how that makes sense,
NOTE Confidence: 0.95373647

00:20:40.880 --> 00:20:44.120 that something like that's so abstract,
NOTE Confidence: 0.95373647

00:20:44.120 --> 00:20:45.965 like injustice, like how does
NOTE Confidence: 0.95373647

00:20:45.965 --> 00:20:47.810 that affect you physically and
NOTE Confidence: 0.95373647

00:20:47.872 --> 00:20:49.840 how did you come to incorporate?
NOTE Confidence: 0.955184133

00:20:51.000 --> 00:20:53.112 Well, when I was writing about
NOTE Confidence: 0.955184133

00:20:53.112 --> 00:20:54.520 black mothers and babies,

NOTE Confidence: 0.955184133

00:20:54.520 --> 00:20:57.664 about Simone Landrum's story, I still

NOTE Confidence: 0.955184133

00:20:57.664 --> 00:21:00.440 hadn't figured out everything because.

NOTE Confidence: 0.955184133

00:21:00.440 --> 00:21:05.240 And the the number that struck me was

NOTE Confidence: 0.955184133

00:21:05.348 --> 00:21:08.394 why is a black woman, black birthing

NOTE Confidence: 0.955184133

00:21:08.394 --> 00:21:10.479 person with an advanced degree,

NOTE Confidence: 0.955184133

00:21:10.480 --> 00:21:14.104 a master's degree, APHDAJD, an MD?

NOTE Confidence: 0.955184133

00:21:14.104 --> 00:21:17.273 Why is she more likely to die or almost

NOTE Confidence: 0.955184133

00:21:17.273 --> 00:21:19.673 die in childbirth or in pregnancy,

NOTE Confidence: 0.955184133

00:21:19.680 --> 00:21:21.920 childbirth and the time after than a white

NOTE Confidence: 0.955184133

00:21:21.920 --> 00:21:23.918 woman with an eighth grade education?

NOTE Confidence: 0.955184133

00:21:23.920 --> 00:21:27.064 So that is going against everything

NOTE Confidence: 0.955184133

00:21:27.064 --> 00:21:29.160 that most people believe.

NOTE Confidence: 0.955184133

00:21:29.160 --> 00:21:30.552 And it's also going against what

NOTE Confidence: 0.955184133

00:21:30.552 --> 00:21:32.263 I was trying to do by saying

NOTE Confidence: 0.955184133

00:21:32.263 --> 00:21:33.715 just take good care of yourself.

NOTE Confidence: 0.955184133

00:21:33.720 --> 00:21:37.480 So people who are highly educated and now

NOTE Confidence: 0.955184133

00:21:37.480 --> 00:21:39.760 the research has expanded to people who are,

NOTE Confidence: 0.955184133

00:21:39.760 --> 00:21:42.000 I mean, I say wealthy,

NOTE Confidence: 0.955184133

00:21:42.000 --> 00:21:44.331 but the New York Times itself last

NOTE Confidence: 0.955184133

00:21:44.331 --> 00:21:45.936 year said childbirth is dangerous

NOTE Confidence: 0.955184133

00:21:45.936 --> 00:21:48.120 even when the black family is rich.

NOTE Confidence: 0.955184133

00:21:48.120 --> 00:21:49.566 OK, The New York Times doesn't

NOTE Confidence: 0.955184133

00:21:49.566 --> 00:21:50.840 use the word rich much.

NOTE Confidence: 0.955184133

00:21:50.840 --> 00:21:52.992 So putting a fine point that even if

NOTE Confidence: 0.955184133

00:21:52.992 --> 00:21:55.063 you have money and even if you know

NOTE Confidence: 0.955184133

00:21:55.063 --> 00:21:57.082 what to do and have an education

NOTE Confidence: 0.955184133

00:21:57.082 --> 00:21:59.032 and have access to health care,

NOTE Confidence: 0.955184133

00:21:59.040 --> 00:22:04.640 then still why are black mothers dying?

NOTE Confidence: 0.955184133

00:22:04.640 --> 00:22:07.280 And then if you look at the statistics,

NOTE Confidence: 0.955184133

00:22:07.280 --> 00:22:11.558 the upper end of the education,

NOTE Confidence: 0.955184133

00:22:11.560 --> 00:22:14.098 you know the the the white death rate is

NOTE Confidence: 0.955184133

00:22:14.098 --> 00:22:16.520 here and the Black Death rate is here.

NOTE Confidence: 0.955184133

00:22:16.520 --> 00:22:19.320 It's wider than at the less educated,

NOTE Confidence: 0.955184133

00:22:19.320 --> 00:22:20.361 less wealthy end.

NOTE Confidence: 0.955184133

00:22:20.361 --> 00:22:23.282 So why is it just race and not

NOTE Confidence: 0.955184133

00:22:23.282 --> 00:22:25.742 having to do with education and

NOTE Confidence: 0.955184133

00:22:25.742 --> 00:22:28.159 money and access to healthcare?

NOTE Confidence: 0.955184133

00:22:28.160 --> 00:22:29.678 So that's when I started saying,

NOTE Confidence: 0.955184133

00:22:29.680 --> 00:22:30.160 well,

NOTE Confidence: 0.955184133

00:22:30.160 --> 00:22:32.533 this isn't the something wrong

NOTE Confidence: 0.955184133

00:22:32.533 --> 00:22:34.345 with the healthcare system

NOTE Confidence: 0.955184133

00:22:34.345 --> 00:22:36.157 isn't totally explaining this.

NOTE Confidence: 0.955184133

00:22:36.160 --> 00:22:37.240 That's when I started that.

NOTE Confidence: 0.955184133

00:22:37.240 --> 00:22:39.424 That's when I ran up against

NOTE Confidence: 0.955184133

00:22:39.424 --> 00:22:40.516 doctor Arlene Geronimus,

NOTE Confidence: 0.955184133

00:22:40.520 --> 00:22:42.720 who coined the term weathering.

NOTE Confidence: 0.955184133

00:22:42.720 --> 00:22:44.480 And weathering is her.
NOTE Confidence: 0.955184133

00:22:44.480 --> 00:22:46.284 She's been, she's been worked.
NOTE Confidence: 0.955184133

00:22:46.284 --> 00:22:49.040 I guess she's almost 70 or around that age.
NOTE Confidence: 0.955184133

00:22:49.040 --> 00:22:50.876 She's been working on this theory
NOTE Confidence: 0.955184133

00:22:50.876 --> 00:22:53.070 since she was an undergrad at
NOTE Confidence: 0.955184133

00:22:53.070 --> 00:22:55.244 Princeton to explain infant mortality.
NOTE Confidence: 0.955184133

00:22:55.244 --> 00:22:57.399 And that's what she started.
NOTE Confidence: 0.955184133

00:22:57.400 --> 00:23:00.480 And what she found out was during
NOTE Confidence: 0.955184133

00:23:00.480 --> 00:23:03.080 the time when there was, you know,
NOTE Confidence: 0.955184133

00:23:03.080 --> 00:23:05.000 high rates of infant mortality and
NOTE Confidence: 0.955184133

00:23:05.058 --> 00:23:06.918 the blame was on teen pregnancy.
NOTE Confidence: 0.955184133

00:23:06.920 --> 00:23:09.400 And so it was always babies having babies.
NOTE Confidence: 0.955184133

00:23:09.400 --> 00:23:12.184 That is what is causing this
NOTE Confidence: 0.955184133

00:23:12.184 --> 00:23:14.268 infant mortality problem in among
NOTE Confidence: 0.955184133

00:23:14.268 --> 00:23:15.636 black people in the United States.
NOTE Confidence: 0.955184133

00:23:15.640 --> 00:23:17.880 So this is basically in the 90s,

NOTE Confidence: 0.955184133

00:23:17.880 --> 00:23:20.466 but what she found out was

NOTE Confidence: 0.955184133

00:23:20.466 --> 00:23:21.759 actually infant mortality.

NOTE Confidence: 0.955184133

00:23:21.760 --> 00:23:23.596 If you look at the numbers,

NOTE Confidence: 0.955184133

00:23:23.600 --> 00:23:26.435 it's worse or it's not as bad for teenagers.

NOTE Confidence: 0.955184133

00:23:26.440 --> 00:23:28.325 It's worse for women who

NOTE Confidence: 0.955184133

00:23:28.325 --> 00:23:29.833 are slightly older than,

NOTE Confidence: 0.955184133

00:23:29.840 --> 00:23:30.698 you know, teens,

NOTE Confidence: 0.955184133

00:23:30.698 --> 00:23:33.319 So in their late 20s and sometimes early 30s,

NOTE Confidence: 0.955184133

00:23:33.320 --> 00:23:34.600 but it's before, you know,

NOTE Confidence: 0.955184133

00:23:34.600 --> 00:23:36.312 sort of like the 40s when you start

NOTE Confidence: 0.955184133

00:23:36.312 --> 00:23:38.278 to see something different going on.

NOTE Confidence: 0.955184133

00:23:38.280 --> 00:23:39.800 So she coined this term,

NOTE Confidence: 0.955184133

00:23:39.800 --> 00:23:44.810 weathering to to explain how the lived

NOTE Confidence: 0.955184133

00:23:44.810 --> 00:23:47.058 experience of battling discrimination

NOTE Confidence: 0.955184133

00:23:47.058 --> 00:23:49.720 creates a kind of premature aging

NOTE Confidence: 0.955184133

00:23:49.720 --> 00:23:52.400 by raising the allostatic load.
NOTE Confidence: 0.955184133

00:23:52.400 --> 00:23:54.955 And what how I explain it to
NOTE Confidence: 0.955184133

00:23:54.955 --> 00:23:57.912 my undergrads or my students.
NOTE Confidence: 0.955184133

00:23:57.912 --> 00:24:01.952 It's like recently one of my
NOTE Confidence: 0.955184133

00:24:01.952 --> 00:24:03.468 colleagues came into the office
NOTE Confidence: 0.955184133

00:24:03.468 --> 00:24:05.010 and said there's no such thing
NOTE Confidence: 0.842593052307692

00:24:05.061 --> 00:24:06.120 as a microaggression.
NOTE Confidence: 0.842593052307692

00:24:06.120 --> 00:24:10.200 And I was like, OK, yes, there is.
NOTE Confidence: 0.842593052307692

00:24:10.200 --> 00:24:13.439 Yes, there is. And then she kept on.
NOTE Confidence: 0.842593052307692

00:24:13.440 --> 00:24:16.037 And then I felt my body changing.
NOTE Confidence: 0.842593052307692

00:24:16.040 --> 00:24:18.920 I felt my heart racing.
NOTE Confidence: 0.842593052307692

00:24:18.920 --> 00:24:20.252 I'm sure, you know,
NOTE Confidence: 0.842593052307692

00:24:20.252 --> 00:24:21.917 my blood pressure is OK,
NOTE Confidence: 0.842593052307692

00:24:21.920 --> 00:24:23.678 but I'm sure it was rising.
NOTE Confidence: 0.842593052307692

00:24:23.680 --> 00:24:24.958 I felt tense.
NOTE Confidence: 0.842593052307692

00:24:24.958 --> 00:24:27.514 I felt my whole body changing.

NOTE Confidence: 0.842593052307692
00:24:27.520 --> 00:24:29.960 And I turned to her and I said,
NOTE Confidence: 0.842593052307692
00:24:29.960 --> 00:24:34.240 what you're doing is called microaggression.
NOTE Confidence: 0.842593052307692
00:24:34.240 --> 00:24:38.620 And it's making me feel And then,
NOTE Confidence: 0.842593052307692
00:24:38.620 --> 00:24:40.240 you know, so to explain that,
NOTE Confidence: 0.842593052307692
00:24:40.240 --> 00:24:42.165 it's like if that happens
NOTE Confidence: 0.842593052307692
00:24:42.165 --> 00:24:43.659 to you occasionally, like,
NOTE Confidence: 0.842593052307692
00:24:43.659 --> 00:24:45.693 you know, she doesn't do that
NOTE Confidence: 0.842593052307692
00:24:45.693 --> 00:24:47.359 anymore because I told her.
NOTE Confidence: 0.842593052307692
00:24:47.360 --> 00:24:49.439 But if that happens to you over
NOTE Confidence: 0.842593052307692
00:24:49.439 --> 00:24:51.075 and over because of what's
NOTE Confidence: 0.842593052307692
00:24:51.075 --> 00:24:52.760 happening to you in society.
NOTE Confidence: 0.842593052307692
00:24:52.760 --> 00:24:54.017 And David Williams,
NOTE Confidence: 0.842593052307692
00:24:54.017 --> 00:24:56.531 who's a wonderful position at the
NOTE Confidence: 0.842593052307692
00:24:56.531 --> 00:24:58.680 Harvard School of Public Health,
NOTE Confidence: 0.842593052307692
00:24:58.680 --> 00:25:02.160 has this scale of everyday racism.
NOTE Confidence: 0.842593052307692

00:25:02.160 --> 00:25:03.988 And the everyday racism
NOTE Confidence: 0.842593052307692

00:25:03.988 --> 00:25:06.273 is pretty is not terrible.
NOTE Confidence: 0.842593052307692

00:25:06.280 --> 00:25:07.837 But if it happens to you over and over,
NOTE Confidence: 0.842593052307692

00:25:07.840 --> 00:25:08.224 it's like,
NOTE Confidence: 0.842593052307692

00:25:08.224 --> 00:25:10.115 do people move away from you in the elevator
NOTE Confidence: 0.842593052307692

00:25:10.115 --> 00:25:11.680 because they think you're dangerous?
NOTE Confidence: 0.842593052307692

00:25:11.680 --> 00:25:13.741 Do people sit you in the back of the
NOTE Confidence: 0.842593052307692

00:25:13.741 --> 00:25:15.637 restaurant because they think you're lesser?
NOTE Confidence: 0.842593052307692

00:25:15.640 --> 00:25:17.638 And then do you experience discrimination?
NOTE Confidence: 0.842593052307692

00:25:17.640 --> 00:25:19.719 Those are the kind of everyday things.
NOTE Confidence: 0.842593052307692

00:25:19.720 --> 00:25:21.584 But then do you,
NOTE Confidence: 0.842593052307692

00:25:21.584 --> 00:25:23.606 have you dealt with discrimination
NOTE Confidence: 0.842593052307692

00:25:23.606 --> 00:25:26.680 in housing at work or by the police?
NOTE Confidence: 0.842593052307692

00:25:26.680 --> 00:25:29.088 So the more of these instances where
NOTE Confidence: 0.842593052307692

00:25:29.088 --> 00:25:32.035 your body kicks into this kind of high gear,
NOTE Confidence: 0.842593052307692

00:25:32.040 --> 00:25:35.346 raises your allostatic load and

NOTE Confidence: 0.842593052307692
00:25:35.346 --> 00:25:37.676 makes your body age prematurely,
NOTE Confidence: 0.842593052307692
00:25:37.680 --> 00:25:40.224 She calls it weathering at when
NOTE Confidence: 0.842593052307692
00:25:40.224 --> 00:25:42.513 I first interviewed her in 2018,
NOTE Confidence: 0.842593052307692
00:25:42.513 --> 00:25:44.278 we have this great conversation.
NOTE Confidence: 0.842593052307692
00:25:44.280 --> 00:25:45.484 We're on the phone for like 2
NOTE Confidence: 0.842593052307692
00:25:45.484 --> 00:25:46.439 hours and finally I was like,
NOTE Confidence: 0.842593052307692
00:25:46.440 --> 00:25:48.073 you know I'm from the New York Times, right?
NOTE Confidence: 0.842593052307692
00:25:48.073 --> 00:25:49.638 We're not just chit chatting.
NOTE Confidence: 0.842593052307692
00:25:49.640 --> 00:25:52.178 I'm interviewing you and I realized
NOTE Confidence: 0.842593052307692
00:25:52.178 --> 00:25:54.311 she doesn't get interviewed much
NOTE Confidence: 0.842593052307692
00:25:54.311 --> 00:25:56.156 because no one believes her.
NOTE Confidence: 0.842593052307692
00:25:56.160 --> 00:25:58.638 Now she is a, you know,
NOTE Confidence: 0.842593052307692
00:25:58.640 --> 00:26:00.773 a an expert and you know we fly her
NOTE Confidence: 0.842593052307692
00:26:00.773 --> 00:26:03.139 into New York City to talk about
NOTE Confidence: 0.842593052307692
00:26:03.139 --> 00:26:04.515 maternal and infant mortality.
NOTE Confidence: 0.842593052307692

00:26:04.520 --> 00:26:07.558 She has a book herself all weathering
NOTE Confidence: 0.842593052307692

00:26:07.560 --> 00:26:08.613 and she's considered,
NOTE Confidence: 0.842593052307692

00:26:08.613 --> 00:26:11.070 you know her theories are now not
NOTE Confidence: 0.842593052307692

00:26:11.134 --> 00:26:13.210 so much theories but you know
NOTE Confidence: 0.842593052307692

00:26:13.210 --> 00:26:14.688 believed and but it.
NOTE Confidence: 0.842593052307692

00:26:14.688 --> 00:26:16.944 But that helped me understand why
NOTE Confidence: 0.842593052307692

00:26:16.944 --> 00:26:19.484 it wasn't just what happens to
NOTE Confidence: 0.842593052307692

00:26:19.484 --> 00:26:21.152 you in the hospital.
NOTE Confidence: 0.842593052307692

00:26:21.160 --> 00:26:23.715 It happens to you before and and
NOTE Confidence: 0.842593052307692

00:26:23.715 --> 00:26:25.895 actually some people believe that
NOTE Confidence: 0.842593052307692

00:26:25.895 --> 00:26:27.915 and including Doctor Geronimus,
NOTE Confidence: 0.842593052307692

00:26:27.920 --> 00:26:31.312 that it's in many ways worse for the
NOTE Confidence: 0.842593052307692

00:26:31.312 --> 00:26:34.878 more educated of us because we have more,
NOTE Confidence: 0.842593052307692

00:26:34.880 --> 00:26:35.520 you know,
NOTE Confidence: 0.842593052307692

00:26:35.520 --> 00:26:36.480 we have more,
NOTE Confidence: 0.842593052307692

00:26:36.480 --> 00:26:39.480 I guess we bump into more people

NOTE Confidence: 0.842593052307692
00:26:39.480 --> 00:26:42.876 who are outside of our community at work,
NOTE Confidence: 0.842593052307692
00:26:42.880 --> 00:26:43.510 at school.
NOTE Confidence: 0.842593052307692
00:26:43.510 --> 00:26:45.715 So if you're in predominantly white spaces,
NOTE Confidence: 0.842593052307692
00:26:45.720 --> 00:26:48.276 you probably are more likely to
NOTE Confidence: 0.842593052307692
00:26:48.280 --> 00:26:49.768 have these microaggressions happen
NOTE Confidence: 0.842593052307692
00:26:49.768 --> 00:26:52.000 to you as I just did.
NOTE Confidence: 0.842593052307692
00:26:53.000 --> 00:26:55.680 I have just
NOTE Confidence: 0.190986395
00:27:04.280 --> 00:27:07.960 take five, I have a lot more questions,
NOTE Confidence: 0.190986395
00:27:07.960 --> 00:27:10.240 but should we open it up for a
NOTE Confidence: 0.190986395
00:27:10.240 --> 00:27:11.980 bit And then I do the view that
NOTE Confidence: 0.190986395
00:27:11.980 --> 00:27:13.340 I do want to sneak back in,
NOTE Confidence: 0.190986395
00:27:13.340 --> 00:27:14.928 but maybe should we see if
NOTE Confidence: 0.190986395
00:27:14.928 --> 00:27:15.908 there's any in the audience
NOTE Confidence: 0.190986395
00:27:15.908 --> 00:27:17.160 or are there any coming in on
NOTE Confidence: 0.739813997777778
00:27:19.680 --> 00:27:21.633 soon? Let's give it to the people here first,
NOTE Confidence: 0.458803925

00:27:23.800 --> 00:27:24.720 about the right anchor.
NOTE Confidence: 0.82385372

00:27:27.960 --> 00:27:30.919 I like questions someone asked us.
NOTE Confidence: 0.13944066

00:27:32.240 --> 00:27:32.360 OK.
NOTE Confidence: 0.33703187

00:27:34.600 --> 00:27:38.280 So I I finished your book yesterday and
NOTE Confidence: 0.33703187

00:27:38.280 --> 00:27:40.199 this book could have been, it's so good
NOTE Confidence: 0.7517796075

00:27:42.760 --> 00:27:46.080 but it's like you covered so much and
NOTE Confidence: 0.7517796075

00:27:46.080 --> 00:27:48.600 yet there's so much more you could other
NOTE Confidence: 0.75849595

00:27:48.640 --> 00:27:49.720 areas that you could have covered.
NOTE Confidence: 0.75849595

00:27:49.720 --> 00:27:51.679 And I just wondered how you chose
NOTE Confidence: 0.75849595

00:27:51.680 --> 00:27:54.360 the broad areas that you just have
NOTE Confidence: 0.75849595

00:27:54.360 --> 00:27:56.160 in there and what didn't make.
NOTE Confidence: 0.771671914

00:27:59.920 --> 00:28:02.320 I tried to cover everything.
NOTE Confidence: 0.771671914

00:28:02.320 --> 00:28:05.665 I knew that I, you know just
NOTE Confidence: 0.771671914

00:28:05.665 --> 00:28:07.157 everything about this topic,
NOTE Confidence: 0.771671914

00:28:07.160 --> 00:28:10.120 and I really tried to do all that.
NOTE Confidence: 0.771671914

00:28:10.120 --> 00:28:12.586 And then I was late and so I was

NOTE Confidence: 0.771671914

00:28:12.586 --> 00:28:14.611 starting to get in trouble because

NOTE Confidence: 0.771671914

00:28:14.611 --> 00:28:16.960 I had already missed the deadline.

NOTE Confidence: 0.771671914

00:28:16.960 --> 00:28:17.996 It was in the middle of COVID.

NOTE Confidence: 0.771671914

00:28:18.000 --> 00:28:21.424 So I got assigned a piece to write

NOTE Confidence: 0.771671914

00:28:21.424 --> 00:28:24.398 about racial disparities in COVID.

NOTE Confidence: 0.771671914

00:28:24.400 --> 00:28:27.396 I ended up writing about life expectancy.

NOTE Confidence: 0.771671914

00:28:27.400 --> 00:28:29.234 I was part of the 1619 project,

NOTE Confidence: 0.771671914

00:28:29.240 --> 00:28:31.742 so I was taking all these

NOTE Confidence: 0.771671914

00:28:31.742 --> 00:28:34.160 side detours and my editor,

NOTE Confidence: 0.771671914

00:28:34.160 --> 00:28:35.460 who's really nice and my

NOTE Confidence: 0.771671914

00:28:35.460 --> 00:28:36.760 agent who's not so nice,

NOTE Confidence: 0.829784376666667

00:28:38.840 --> 00:28:40.958 fine, that's good in an agent,

NOTE Confidence: 0.829784376666667

00:28:40.960 --> 00:28:42.760 not on a zoom call.

NOTE Confidence: 0.829784376666667

00:28:42.760 --> 00:28:44.286 And you know you're in trouble when

NOTE Confidence: 0.829784376666667

00:28:44.286 --> 00:28:46.078 both of them are on and they're like,

NOTE Confidence: 0.829784376666667

00:28:46.080 --> 00:28:47.598 you need to finish this book.
NOTE Confidence: 0.829784376666667

00:28:47.600 --> 00:28:49.840 And the next 6 something,
NOTE Confidence: 0.829784376666667

00:28:49.840 --> 00:28:52.000 I think it was like 6 weeks and hurry up,
NOTE Confidence: 0.829784376666667

00:28:52.000 --> 00:28:54.112 stressed. Yeah, I know.
NOTE Confidence: 0.829784376666667

00:28:54.112 --> 00:28:56.628 See, my allostatic load is
NOTE Confidence: 0.829784376666667

00:28:56.628 --> 00:28:59.113 going on talking about this,
NOTE Confidence: 0.829784376666667

00:28:59.120 --> 00:29:01.675 and I realized I needed to just
NOTE Confidence: 0.829784376666667

00:29:01.680 --> 00:29:03.636 figure this out and end it.
NOTE Confidence: 0.829784376666667

00:29:03.640 --> 00:29:06.076 What I feel like I left
NOTE Confidence: 0.829784376666667

00:29:06.076 --> 00:29:08.879 out was I wish I had had.
NOTE Confidence: 0.829784376666667

00:29:08.880 --> 00:29:11.148 I wish I had been known that abortion was
NOTE Confidence: 0.829784376666667

00:29:11.148 --> 00:29:13.480 going to go down in the dog's decision.
NOTE Confidence: 0.829784376666667

00:29:13.480 --> 00:29:15.040 So that happened in my book,
NOTE Confidence: 0.829784376666667

00:29:15.040 --> 00:29:16.180 came out in June.
NOTE Confidence: 0.829784376666667

00:29:16.180 --> 00:29:17.320 That happened in July.
NOTE Confidence: 0.829784376666667

00:29:17.320 --> 00:29:19.318 I would have written much more

NOTE Confidence: 0.829784376666667
00:29:19.318 --> 00:29:20.317 about reproductive justice.
NOTE Confidence: 0.829784376666667
00:29:20.320 --> 00:29:22.160 I'm really interested in that.
NOTE Confidence: 0.829784376666667
00:29:22.160 --> 00:29:22.910 My family,
NOTE Confidence: 0.829784376666667
00:29:22.910 --> 00:29:24.785 my grandparents and my aunts
NOTE Confidence: 0.829784376666667
00:29:24.785 --> 00:29:27.159 and uncles are from Mississippi,
NOTE Confidence: 0.829784376666667
00:29:27.160 --> 00:29:28.880 and I think about that.
NOTE Confidence: 0.829784376666667
00:29:28.880 --> 00:29:32.156 The dog's decision happened in Mississippi.
NOTE Confidence: 0.829784376666667
00:29:32.160 --> 00:29:34.463 And I think so much of the
NOTE Confidence: 0.829784376666667
00:29:34.463 --> 00:29:36.738 conversation that we have in this
NOTE Confidence: 0.829784376666667
00:29:36.738 --> 00:29:39.174 country about abortion is only about
NOTE Confidence: 0.829784376666667
00:29:39.174 --> 00:29:41.710 abortion and not about a broader
NOTE Confidence: 0.829784376666667
00:29:41.710 --> 00:29:43.358 lens of reproductive justice,
NOTE Confidence: 0.829784376666667
00:29:43.360 --> 00:29:46.160 which is the right to have a baby,
NOTE Confidence: 0.829784376666667
00:29:46.160 --> 00:29:48.696 the right not to have a child,
NOTE Confidence: 0.829784376666667
00:29:48.696 --> 00:29:50.800 and the right, if you have your child,
NOTE Confidence: 0.829784376666667

00:29:50.800 --> 00:29:53.080 to have that child grow up in a healthy way,
NOTE Confidence: 0.829784376666667

00:29:53.080 --> 00:29:55.280 in a in a safe and healthy environment.
NOTE Confidence: 0.829784376666667

00:29:55.280 --> 00:29:57.440 And that is what Mississippi is,
NOTE Confidence: 0.829784376666667

00:29:57.440 --> 00:30:00.113 a place where much of that does not happen.
NOTE Confidence: 0.829784376666667

00:30:00.120 --> 00:30:01.713 So I had a lot to say about that,
NOTE Confidence: 0.829784376666667

00:30:01.720 --> 00:30:03.136 but I realized,
NOTE Confidence: 0.829784376666667

00:30:03.136 --> 00:30:06.040 stop now before you get in trouble.
NOTE Confidence: 0.829784376666667

00:30:06.040 --> 00:30:08.370 So I wish I had, you know,
NOTE Confidence: 0.829784376666667

00:30:08.370 --> 00:30:10.920 been able to put more of that in the book.
NOTE Confidence: 0.18780471

00:30:13.000 --> 00:30:14.918 Want to introduce yourself when you ask,
NOTE Confidence: 0.29572796

00:30:16.000 --> 00:30:20.038 I'm a post doc here, you know,
NOTE Confidence: 0.29572796

00:30:20.040 --> 00:30:22.440 thanks for coming. I really
NOTE Confidence: 0.29572796

00:30:22.440 --> 00:30:24.168 appreciate your your perspective,
NOTE Confidence: 0.29572796

00:30:24.168 --> 00:30:25.400 especially being able to
NOTE Confidence: 0.92470579

00:30:26.280 --> 00:30:27.918 travel through several
NOTE Confidence: 0.92470579

00:30:27.920 --> 00:30:30.160 different worlds. Speaking

NOTE Confidence: 0.9630777675

00:30:30.160 --> 00:30:32.360 of that, I wanted to ask you if

NOTE Confidence: 0.920556667142857

00:30:33.600 --> 00:30:35.025 you know, in talking about

NOTE Confidence: 0.920556667142857

00:30:35.025 --> 00:30:36.450 your book and presenting your

NOTE Confidence: 0.920556667142857

00:30:36.502 --> 00:30:38.078 results throughout the country,

NOTE Confidence: 0.97053775

00:30:39.480 --> 00:30:40.640 what have you noticed

NOTE Confidence: 0.825973098

00:30:41.000 --> 00:30:42.760 in terms of like resistance

NOTE Confidence: 0.934051316666667

00:30:42.760 --> 00:30:43.840 from people when

NOTE Confidence: 0.82351496

00:30:43.840 --> 00:30:45.460 you when you communicate these results?

NOTE Confidence: 0.82351496

00:30:45.460 --> 00:30:48.346 Have they been, Have attitudes

NOTE Confidence: 0.82351496

00:30:48.346 --> 00:30:49.864 changed over the last like 18

NOTE Confidence: 0.82351496

00:30:49.864 --> 00:30:52.040 months or so? And if so, how?

NOTE Confidence: 0.860457522307692

00:30:53.000 --> 00:30:56.416 I think attitudes have changed because it's

NOTE Confidence: 0.860457522307692

00:30:56.416 --> 00:30:59.960 there's so much more conversation about,

NOTE Confidence: 0.860457522307692

00:30:59.960 --> 00:31:02.480 you know, racing in the medical system.

NOTE Confidence: 0.860457522307692

00:31:02.480 --> 00:31:04.790 It's, you know, racism as a public

NOTE Confidence: 0.860457522307692

00:31:04.790 --> 00:31:06.760 health threat is something that
NOTE Confidence: 0.860457522307692

00:31:06.760 --> 00:31:08.916 I used to be wary of saying,
NOTE Confidence: 0.860457522307692

00:31:08.920 --> 00:31:10.840 but now people do say it.
NOTE Confidence: 0.860457522307692

00:31:10.840 --> 00:31:12.040 There's been other books,
NOTE Confidence: 0.860457522307692

00:31:12.040 --> 00:31:13.840 there's been more discussion about this.
NOTE Confidence: 0.860457522307692

00:31:13.840 --> 00:31:15.460 There's definitely been discussion
NOTE Confidence: 0.860457522307692

00:31:15.460 --> 00:31:19.600 at the medical school level,
NOTE Confidence: 0.860457522307692

00:31:19.600 --> 00:31:21.320 which has been really exciting.
NOTE Confidence: 0.860457522307692

00:31:21.320 --> 00:31:23.875 I think that there's still
NOTE Confidence: 0.860457522307692

00:31:23.875 --> 00:31:25.919 people and it's hard.
NOTE Confidence: 0.860457522307692

00:31:25.920 --> 00:31:29.952 I just got into a quite vigorous
NOTE Confidence: 0.860457522307692

00:31:29.952 --> 00:31:32.568 debate with someone who was saying
NOTE Confidence: 0.860457522307692

00:31:32.568 --> 00:31:34.917 still giving some kind of genetic
NOTE Confidence: 0.860457522307692

00:31:34.920 --> 00:31:37.512 explanation for infant mortality.
NOTE Confidence: 0.860457522307692

00:31:37.512 --> 00:31:38.946 So. And it wouldn't.
NOTE Confidence: 0.860457522307692

00:31:38.946 --> 00:31:40.518 And he wouldn't let it go.

NOTE Confidence: 0.860457522307692
00:31:40.520 --> 00:31:41.876 And you know, I'm pretty good.
NOTE Confidence: 0.860457522307692
00:31:41.880 --> 00:31:42.368 I'm like,
NOTE Confidence: 0.860457522307692
00:31:42.368 --> 00:31:44.076 I can play the dozens with research.
NOTE Confidence: 0.860457522307692
00:31:44.080 --> 00:31:44.362 OK.
NOTE Confidence: 0.860457522307692
00:31:44.362 --> 00:31:47.360 So And he was just like kept on a note,
NOTE Confidence: 0.860457522307692
00:31:47.360 --> 00:31:48.620 Don't you think there's something
NOTE Confidence: 0.860457522307692
00:31:48.620 --> 00:31:49.880 different about the black body?
NOTE Confidence: 0.860457522307692
00:31:49.880 --> 00:31:52.840 And I'm like there's something
NOTE Confidence: 0.860457522307692
00:31:52.840 --> 00:31:54.120 different about everyone's bodies.
NOTE Confidence: 0.860457522307692
00:31:54.120 --> 00:31:56.358 But there is as a demographic,
NOTE Confidence: 0.860457522307692
00:31:56.360 --> 00:32:00.360 there is no gene that is causing our,
NOTE Confidence: 0.860457522307692
00:32:00.360 --> 00:32:02.457 you know, the fact that we have 2
NOTE Confidence: 0.860457522307692
00:32:02.457 --> 00:32:03.999 1/2 times higher in black people,
NOTE Confidence: 0.860457522307692
00:32:04.000 --> 00:32:05.102 infant mortality.
NOTE Confidence: 0.860457522307692
00:32:05.102 --> 00:32:08.408 And I have my favorite study
NOTE Confidence: 0.860457522307692

00:32:08.408 --> 00:32:10.839 of this is so great,
NOTE Confidence: 0.860457522307692

00:32:10.840 --> 00:32:12.900 it's these two guys,
NOTE Confidence: 0.860457522307692

00:32:12.900 --> 00:32:15.475 They are neonatologists in Chicago,
NOTE Confidence: 0.860457522307692

00:32:15.480 --> 00:32:18.035 at the University of Illinois in Chicago.
NOTE Confidence: 0.860457522307692

00:32:18.040 --> 00:32:20.200 So they looked at birth certificates,
NOTE Confidence: 0.860457522307692

00:32:20.200 --> 00:32:22.840 10s of thousands in four groups.
NOTE Confidence: 0.860457522307692

00:32:22.840 --> 00:32:25.756 So it was black American women,
NOTE Confidence: 0.860457522307692

00:32:25.760 --> 00:32:28.346 White American women lack new immigrants
NOTE Confidence: 0.860457522307692

00:32:28.346 --> 00:32:31.620 from some of the poorest areas and
NOTE Confidence: 0.860457522307692

00:32:31.620 --> 00:32:34.075 then white immigrants from Europe.
NOTE Confidence: 0.860457522307692

00:32:34.080 --> 00:32:37.096 And the round one was they looked at
NOTE Confidence: 0.860457522307692

00:32:37.096 --> 00:32:39.680 the birth weights of of thousands of
NOTE Confidence: 0.860457522307692

00:32:39.680 --> 00:32:42.400 babies so and divided them in this way.
NOTE Confidence: 0.860457522307692

00:32:42.400 --> 00:32:44.832 So what they found was three groups had
NOTE Confidence: 0.860457522307692

00:32:44.832 --> 00:32:47.642 the same birth weights and it was you
NOTE Confidence: 0.860457522307692

00:32:47.642 --> 00:32:49.640 know basically normal birth weights.

NOTE Confidence: 0.860457522307692
00:32:49.640 --> 00:32:51.158 So it was the white women,
NOTE Confidence: 0.860457522307692
00:32:51.160 --> 00:32:52.384 the white immigrants,
NOTE Confidence: 0.860457522307692
00:32:52.384 --> 00:32:55.380 and the the women from the Caribbean
NOTE Confidence: 0.860457522307692
00:32:55.380 --> 00:32:57.560 and African countries newly here.
NOTE Confidence: 0.860457522307692
00:32:57.560 --> 00:33:00.120 And then the only one that had small
NOTE Confidence: 0.860457522307692
00:33:00.120 --> 00:33:02.320 babies were black American women.
NOTE Confidence: 0.860457522307692
00:33:02.320 --> 00:33:03.880 So then they looked at the next round,
NOTE Confidence: 0.860457522307692
00:33:03.880 --> 00:33:05.320 if it was a, you know,
NOTE Confidence: 0.860457522307692
00:33:05.320 --> 00:33:08.440 woman who had the next round of babies.
NOTE Confidence: 0.860457522307692
00:33:08.440 --> 00:33:12.440 And now the white women babies were normal.
NOTE Confidence: 0.860457522307692
00:33:12.440 --> 00:33:14.960 The black American babies were still small.
NOTE Confidence: 0.860457522307692
00:33:14.960 --> 00:33:16.955 The European babies were a little bigger,
NOTE Confidence: 0.860457522307692
00:33:16.960 --> 00:33:19.560 but now in one generation,
NOTE Confidence: 0.860457522307692
00:33:19.560 --> 00:33:22.050 the babies from Africa and the
NOTE Confidence: 0.860457522307692
00:33:22.050 --> 00:33:24.404 Caribbean had now matched what
NOTE Confidence: 0.860457522307692

00:33:24.404 --> 00:33:26.436 the African American babies,
NOTE Confidence: 0.860457522307692

00:33:26.440 --> 00:33:26.970 you know,
NOTE Confidence: 0.860457522307692

00:33:26.970 --> 00:33:28.560 the black American babies look like.
NOTE Confidence: 0.860457522307692

00:33:28.560 --> 00:33:30.520 And I remember the reason I was
NOTE Confidence: 0.860457522307692

00:33:30.520 --> 00:33:32.850 interested in this is I know the two
NOTE Confidence: 0.860457522307692

00:33:32.850 --> 00:33:34.720 researchers now and they're like, you know,
NOTE Confidence: 0.860457522307692

00:33:34.720 --> 00:33:36.040 they're not like out there people,
NOTE Confidence: 0.860457522307692

00:33:36.040 --> 00:33:37.294 they're very serious.
NOTE Confidence: 0.860457522307692

00:33:37.294 --> 00:33:40.220 But I remember that the quote that
NOTE Confidence: 0.860457522307692

00:33:40.299 --> 00:33:42.735 went with this study said something
NOTE Confidence: 0.860457522307692

00:33:42.735 --> 00:33:45.580 about being a A growing up black
NOTE Confidence: 0.860457522307692

00:33:45.580 --> 00:33:48.560 in America is bad for your baby.
NOTE Confidence: 0.860457522307692

00:33:48.560 --> 00:33:50.280 What it is is racism.
NOTE Confidence: 0.860457522307692

00:33:50.280 --> 00:33:51.869 And you know people aren't really saying
NOTE Confidence: 0.860457522307692

00:33:51.869 --> 00:33:53.718 that kind of thing in medical journals.
NOTE Confidence: 0.860457522307692

00:33:53.720 --> 00:33:56.411 So I latched right on to them and

NOTE Confidence: 0.860457522307692

00:33:56.411 --> 00:33:58.877 and had them explain my research.

NOTE Confidence: 0.860457522307692

00:33:58.880 --> 00:34:00.400 When I went to Chicago,

NOTE Confidence: 0.860457522307692

00:34:00.400 --> 00:34:01.816 they one of them appeared with

NOTE Confidence: 0.860457522307692

00:34:01.816 --> 00:34:02.760 me and it was

NOTE Confidence: 0.87873287

00:34:02.821 --> 00:34:04.492 really great. But you know,

NOTE Confidence: 0.87873287

00:34:04.492 --> 00:34:07.128 but still I'm still arguing about this. We.

NOTE Confidence: 0.87873287

00:34:07.128 --> 00:34:10.072 I was arguing about the kidney function test.

NOTE Confidence: 0.87873287

00:34:10.080 --> 00:34:13.005 We no sorry. It was the lung a pulmonary

NOTE Confidence: 0.87873287

00:34:13.005 --> 00:34:15.040 function test and it was like, no,

NOTE Confidence: 0.87873287

00:34:15.040 --> 00:34:16.480 we still have to race correct.

NOTE Confidence: 0.87873287

00:34:16.480 --> 00:34:19.432 I was like, can we get off of this?

NOTE Confidence: 0.87873287

00:34:19.440 --> 00:34:20.361 No, we don't.

NOTE Confidence: 0.87873287

00:34:20.361 --> 00:34:23.120 And I I give the example of myself.

NOTE Confidence: 0.87873287

00:34:23.120 --> 00:34:25.238 I am from Colorado, all right?

NOTE Confidence: 0.87873287

00:34:25.240 --> 00:34:26.360 I ran track there.

NOTE Confidence: 0.87873287

00:34:26.360 --> 00:34:27.760 I ran track in college.
NOTE Confidence: 0.87873287

00:34:27.760 --> 00:34:30.400 I have the lung function of Serena Williams.
NOTE Confidence: 0.87873287

00:34:30.400 --> 00:34:31.904 So why do I?
NOTE Confidence: 0.87873287

00:34:31.904 --> 00:34:34.473 Why is there rate correction for me
NOTE Confidence: 0.87873287

00:34:34.473 --> 00:34:37.236 10 to 15% of if I'm being measured
NOTE Confidence: 0.87873287

00:34:37.236 --> 00:34:39.600 in this parameter Still why we have
NOTE Confidence: 0.87873287

00:34:39.600 --> 00:34:41.811 to look at individual people and not
NOTE Confidence: 0.87873287

00:34:41.811 --> 00:34:43.917 look at people as demographic groups.
NOTE Confidence: 0.87873287

00:34:43.920 --> 00:34:44.884 But this, you know,
NOTE Confidence: 0.87873287

00:34:44.884 --> 00:34:46.600 we're really getting into it about this.
NOTE Confidence: 0.87873287

00:34:46.600 --> 00:34:47.920 He's like we still have to
NOTE Confidence: 0.87873287

00:34:47.920 --> 00:34:48.800 have this race correction.
NOTE Confidence: 0.87873287

00:34:48.800 --> 00:34:50.725 I believe that black people's lungs are
NOTE Confidence: 0.87873287

00:34:50.725 --> 00:34:53.160 smaller. I'm not or less efficient.
NOTE Confidence: 0.87873287

00:34:53.160 --> 00:34:55.942 I'm just like I don't and no one
NOTE Confidence: 0.87873287

00:34:55.942 --> 00:34:58.206 does except even the, you know,

NOTE Confidence: 0.87873287

00:34:58.206 --> 00:35:00.264 American Jurassic Society of which you

NOTE Confidence: 0.87873287

00:35:00.264 --> 00:35:02.560 should probably belong as a pulmonologist is.

NOTE Confidence: 0.87873287

00:35:02.560 --> 00:35:04.720 Cheney said that this isn't right.

NOTE Confidence: 0.87873287

00:35:04.720 --> 00:35:07.065 So please so that. So that's what

NOTE Confidence: 0.87873287

00:35:07.065 --> 00:35:09.000 I'm still pushing back against.

NOTE Confidence: 0.87873287

00:35:09.000 --> 00:35:09.960 Thank you for that.

NOTE Confidence: 0.87873287

00:35:09.960 --> 00:35:10.391 Appreciate it.

NOTE Confidence: 0.87873287

00:35:10.391 --> 00:35:11.537 Yeah I think may all static

NOTE Confidence: 0.87873287

00:35:11.537 --> 00:35:12.759 load might have ticked up there

NOTE Confidence: 0.383168775

00:35:17.480 --> 00:35:19.560 that's the so sorry

NOTE Confidence: 0.469262918

00:35:22.120 --> 00:35:25.682 I'll get back here and I'm and

NOTE Confidence: 0.469262918

00:35:25.682 --> 00:35:27.936 I am a first year student of

NOTE Confidence: 0.469262918

00:35:27.936 --> 00:35:30.320 the year school public health.

NOTE Confidence: 0.469262918

00:35:30.320 --> 00:35:33.851 My question is, you mentioned that there

NOTE Confidence: 0.469262918

00:35:33.851 --> 00:35:35.837 have been conversations in medical school.

NOTE Confidence: 0.469262918

00:35:35.840 --> 00:35:37.562 So do you have any connections
NOTE Confidence: 0.469262918

00:35:37.562 --> 00:35:39.804 or any place where you could be
NOTE Confidence: 0.469262918

00:35:39.804 --> 00:35:41.874 able to express your own research
NOTE Confidence: 0.469262918

00:35:41.874 --> 00:35:44.576 specifically to even met students in
NOTE Confidence: 0.469262918

00:35:44.576 --> 00:35:46.884 common or even those that have will
NOTE Confidence: 0.469262918

00:35:46.884 --> 00:35:49.359 be going on to actually practice?
NOTE Confidence: 0.469262918

00:35:49.360 --> 00:35:50.836 Yes, a lot.
NOTE Confidence: 0.469262918

00:35:50.836 --> 00:35:54.200 I get invited quite a bit and it's really,
NOTE Confidence: 0.469262918

00:35:54.200 --> 00:35:56.555 really wonderful because you see
NOTE Confidence: 0.469262918

00:35:56.555 --> 00:35:59.444 that there's this kind of swell
NOTE Confidence: 0.469262918

00:35:59.444 --> 00:36:02.026 of interest in these things in
NOTE Confidence: 0.469262918

00:36:02.026 --> 00:36:03.756 medical school and nursing school,
NOTE Confidence: 0.469262918

00:36:03.760 --> 00:36:06.880 in public health school.
NOTE Confidence: 0.469262918

00:36:06.880 --> 00:36:08.866 I want you specifically or anyone
NOTE Confidence: 0.469262918

00:36:08.866 --> 00:36:11.526 here to look at the Institute for
NOTE Confidence: 0.469262918

00:36:11.526 --> 00:36:13.636 Healing and Justice of Medicine.

NOTE Confidence: 0.469262918

00:36:13.640 --> 00:36:16.153 So these are a group of medical

NOTE Confidence: 0.469262918

00:36:16.153 --> 00:36:18.611 students who are getting the their

NOTE Confidence: 0.469262918

00:36:18.611 --> 00:36:21.385 degree from 2020 from UCSF in San

NOTE Confidence: 0.469262918

00:36:21.385 --> 00:36:23.290 Francisco and they were getting

NOTE Confidence: 0.469262918

00:36:23.368 --> 00:36:25.612 a joint degree at Berkeley in

NOTE Confidence: 0.469262918

00:36:25.612 --> 00:36:28.345 public health and they took a class

NOTE Confidence: 0.469262918

00:36:28.345 --> 00:36:30.280 that is in medical inequality.

NOTE Confidence: 0.469262918

00:36:30.280 --> 00:36:32.180 They got really excited.

NOTE Confidence: 0.469262918

00:36:32.180 --> 00:36:34.439 They started this institute and

NOTE Confidence: 0.469262918

00:36:34.439 --> 00:36:36.952 someone told me about it when they

NOTE Confidence: 0.469262918

00:36:36.952 --> 00:36:39.158 were launching their launch had like

NOTE Confidence: 0.469262918

00:36:39.160 --> 00:36:42.492 several thousand people on Zoom in May

NOTE Confidence: 0.469262918

00:36:42.492 --> 00:36:44.808 2020 and they wrote this manifesto

NOTE Confidence: 0.469262918

00:36:44.808 --> 00:36:47.040 that sounds a lot like my book.

NOTE Confidence: 0.469262918

00:36:47.040 --> 00:36:47.916 I'm just like, Oh my God,

NOTE Confidence: 0.469262918

00:36:47.920 --> 00:36:49.680 these kids really did a good job here.
NOTE Confidence: 0.469262918

00:36:49.680 --> 00:36:51.420 They're so smart.
NOTE Confidence: 0.469262918

00:36:51.420 --> 00:36:54.560 And so I called them and I was,
NOTE Confidence: 0.469262918

00:36:54.560 --> 00:36:57.150 I mentioned them here and and I
NOTE Confidence: 0.469262918

00:36:57.150 --> 00:36:58.440 was interviewing them and I said,
NOTE Confidence: 0.469262918

00:36:58.440 --> 00:37:00.840 I notice you have an address.
NOTE Confidence: 0.469262918

00:37:00.840 --> 00:37:02.800 Where is your given office?
NOTE Confidence: 0.469262918

00:37:02.800 --> 00:37:04.288 And they're like, oh, like, no,
NOTE Confidence: 0.469262918

00:37:04.288 --> 00:37:06.464 it's our, you know, student lounge.
NOTE Confidence: 0.469262918

00:37:06.464 --> 00:37:08.996 And I'm like, does the school give you money?
NOTE Confidence: 0.469262918

00:37:09.000 --> 00:37:12.520 And they're like \$600 a year or something.
NOTE Confidence: 0.469262918

00:37:12.520 --> 00:37:14.797 And I said, oh, you buy pizza with that.
NOTE Confidence: 0.469262918

00:37:14.800 --> 00:37:16.550 So these students have managed
NOTE Confidence: 0.469262918

00:37:16.550 --> 00:37:17.600 to pull together.
NOTE Confidence: 0.469262918

00:37:17.600 --> 00:37:20.519 They have conversations on Zoom about how
NOTE Confidence: 0.469262918

00:37:20.519 --> 00:37:23.460 to make change in their medical schools,

NOTE Confidence: 0.469262918

00:37:23.460 --> 00:37:25.360 which I find thrilling.

NOTE Confidence: 0.469262918

00:37:25.360 --> 00:37:29.488 One of the best times I had speaking

NOTE Confidence: 0.469262918

00:37:29.488 --> 00:37:32.680 at at a medical school was at Temple

NOTE Confidence: 0.469262918

00:37:32.680 --> 00:37:36.397 and the all of the second years had to.

NOTE Confidence: 0.469262918

00:37:36.400 --> 00:37:37.758 It was my book is a sign.

NOTE Confidence: 0.469262918

00:37:37.760 --> 00:37:40.280 So you know, this is like the jackpot for me.

NOTE Confidence: 0.469262918

00:37:40.280 --> 00:37:43.832 Then they all come and we have a

NOTE Confidence: 0.469262918

00:37:43.832 --> 00:37:45.784 conversation and one woman raised

NOTE Confidence: 0.469262918

00:37:45.784 --> 00:37:49.104 her hand and she had just started her

NOTE Confidence: 0.469262918

00:37:49.104 --> 00:37:52.270 some kind of clinical training and she,

NOTE Confidence: 0.469262918

00:37:52.270 --> 00:37:55.759 she was really upset and she said I was in,

NOTE Confidence: 0.469262918

00:37:55.760 --> 00:37:58.433 you know, I'm, I want to be an OBGYN.

NOTE Confidence: 0.469262918

00:37:58.440 --> 00:37:59.006 And I,

NOTE Confidence: 0.469262918

00:37:59.006 --> 00:38:01.270 we had a patient who was in distress

NOTE Confidence: 0.469262918

00:38:01.342 --> 00:38:03.316 and everyone else in the room,

NOTE Confidence: 0.469262918

00:38:03.320 --> 00:38:04.520 I was the lowest ranked person.

NOTE Confidence: 0.469262918

00:38:04.520 --> 00:38:06.400 I was just a student.

NOTE Confidence: 0.469262918

00:38:06.400 --> 00:38:08.600 Everyone else was down here,

NOTE Confidence: 0.469262918

00:38:08.600 --> 00:38:09.336 you know,

NOTE Confidence: 0.469262918

00:38:09.336 --> 00:38:12.280 not by her head and focusing on this,

NOTE Confidence: 0.469262918

00:38:12.280 --> 00:38:13.428 but she was trying.

NOTE Confidence: 0.469262918

00:38:13.428 --> 00:38:15.485 She was really upset and this woman

NOTE Confidence: 0.469262918

00:38:15.485 --> 00:38:17.135 started tearing up and she said

NOTE Confidence: 0.469262918

00:38:17.135 --> 00:38:18.958 I did not know what to do.

NOTE Confidence: 0.469262918

00:38:18.960 --> 00:38:20.280 And because I felt so bad.

NOTE Confidence: 0.469262918

00:38:20.280 --> 00:38:21.757 And I said what did you do?

NOTE Confidence: 0.469262918

00:38:21.760 --> 00:38:24.328 And she said I held her hand and

NOTE Confidence: 0.469262918

00:38:24.328 --> 00:38:26.536 I hugged her and everyone was

NOTE Confidence: 0.469262918

00:38:26.536 --> 00:38:27.640 crying and I

NOTE Confidence: 0.940504264166667

00:38:27.720 --> 00:38:30.878 just thought, will you be my doctor please,

NOTE Confidence: 0.940504264166667

00:38:30.880 --> 00:38:32.280 once you get your training?

NOTE Confidence: 0.940504264166667
00:38:32.280 --> 00:38:34.880 And I just was so moved by that.
NOTE Confidence: 0.940504264166667
00:38:34.880 --> 00:38:36.959 And I think that there is a
NOTE Confidence: 0.940504264166667
00:38:36.959 --> 00:38:38.680 lot of interest in empathy.
NOTE Confidence: 0.940504264166667
00:38:38.680 --> 00:38:41.158 There's a lot of interest in learning,
NOTE Confidence: 0.940504264166667
00:38:41.160 --> 00:38:43.296 of course, everything you need to know in
NOTE Confidence: 0.940504264166667
00:38:43.296 --> 00:38:45.120 medical school and in nursing school and,
NOTE Confidence: 0.940504264166667
00:38:45.120 --> 00:38:47.072 you know, to practice.
NOTE Confidence: 0.940504264166667
00:38:47.072 --> 00:38:50.172 But also there is a sort of
NOTE Confidence: 0.940504264166667
00:38:50.172 --> 00:38:52.128 urge and a groundswell of trying
NOTE Confidence: 0.940504264166667
00:38:52.128 --> 00:38:54.199 to do things differently.
NOTE Confidence: 0.491501694
00:38:58.320 --> 00:39:02.020 Can I introduce you? So I'm
NOTE Confidence: 0.491501694
00:39:02.020 --> 00:39:04.600 glad to the university of law.
NOTE Confidence: 0.8471444033333333
00:39:07.000 --> 00:39:09.350 So when we think about the
NOTE Confidence: 0.8471444033333333
00:39:09.350 --> 00:39:12.760 prejudice that occurs on site,
NOTE Confidence: 0.8471444033333333
00:39:12.760 --> 00:39:14.104 what are your thoughts
NOTE Confidence: 0.8471444033333333

00:39:14.104 --> 00:39:16.120 about how you deal with it?
NOTE Confidence: 0.8471444033333333

00:39:16.120 --> 00:39:17.533 I have an idea, but I'd be interested
NOTE Confidence: 0.8471444033333333

00:39:17.533 --> 00:39:19.731 in what's your thoughts on what do you,
NOTE Confidence: 0.8471444033333333

00:39:19.731 --> 00:39:20.793 what do you mean on site?
NOTE Confidence: 0.8471444033333333

00:39:20.800 --> 00:39:23.380 Well with the patients you
NOTE Confidence: 0.8471444033333333

00:39:23.380 --> 00:39:25.078 cited who was ignored,
NOTE Confidence: 0.8471444033333333

00:39:25.078 --> 00:39:26.356 who was condescent,
NOTE Confidence: 0.8471444033333333

00:39:26.360 --> 00:39:30.640 you know all of those anti therapeutic sort
NOTE Confidence: 0.386681232

00:39:30.800 --> 00:39:34.880 of happens in a debate customs.
NOTE Confidence: 0.828555061428571

00:39:34.880 --> 00:39:38.381 I think it's hard and I think back to
NOTE Confidence: 0.828555061428571

00:39:38.381 --> 00:39:41.557 what happened with Simone Landrum.
NOTE Confidence: 0.828555061428571

00:39:41.560 --> 00:39:43.534 I don't think anyone realized that
NOTE Confidence: 0.828555061428571

00:39:43.534 --> 00:39:45.240 they were doing anything wrong.
NOTE Confidence: 0.828555061428571

00:39:45.240 --> 00:39:48.733 No one was thinking that the way
NOTE Confidence: 0.828555061428571

00:39:48.733 --> 00:39:51.600 they were treating her was wrong
NOTE Confidence: 0.828555061428571

00:39:51.600 --> 00:39:55.038 because that's how they were trained.

NOTE Confidence: 0.828555061428571

00:39:55.040 --> 00:39:57.824 I think that someone has got

NOTE Confidence: 0.828555061428571

00:39:57.824 --> 00:40:01.399 to speak up in in the moment.

NOTE Confidence: 0.828555061428571

00:40:01.399 --> 00:40:05.268 I also think so much, but I really do

NOTE Confidence: 0.828555061428571

00:40:05.268 --> 00:40:08.360 think so much of it is unconscious.

NOTE Confidence: 0.828555061428571

00:40:08.360 --> 00:40:11.000 I was speaking at here.

NOTE Confidence: 0.828555061428571

00:40:11.000 --> 00:40:12.557 I guess it was a maybe it was Zoom.

NOTE Confidence: 0.828555061428571

00:40:12.560 --> 00:40:15.284 It was at the School of Nursing.

NOTE Confidence: 0.828555061428571

00:40:15.284 --> 00:40:17.612 I've been talking about my stuff

NOTE Confidence: 0.828555061428571

00:40:17.612 --> 00:40:19.160 and a woman raised her hand.

NOTE Confidence: 0.828555061428571

00:40:19.160 --> 00:40:20.220 She was a nursing.

NOTE Confidence: 0.828555061428571

00:40:20.220 --> 00:40:22.452 She was quite far along in her education

NOTE Confidence: 0.828555061428571

00:40:22.452 --> 00:40:25.120 and she looked kind of upset and we were,

NOTE Confidence: 0.828555061428571

00:40:25.120 --> 00:40:25.966 she said,

NOTE Confidence: 0.828555061428571

00:40:25.966 --> 00:40:30.000 I think that I have been doing white woman.

NOTE Confidence: 0.828555061428571

00:40:30.000 --> 00:40:32.250 I've been doing things that weren't

NOTE Confidence: 0.828555061428571

00:40:32.250 --> 00:40:34.958 exactly right given how you describe this.

NOTE Confidence: 0.828555061428571

00:40:34.960 --> 00:40:36.157 And I said give me an example.

NOTE Confidence: 0.828555061428571

00:40:36.160 --> 00:40:38.708 And she she was really hard.

NOTE Confidence: 0.828555061428571

00:40:38.708 --> 00:40:41.840 I'm sure this was hard for her to say,

NOTE Confidence: 0.828555061428571

00:40:41.840 --> 00:40:42.574 she said.

NOTE Confidence: 0.828555061428571

00:40:42.574 --> 00:40:44.409 Sometimes when I look at

NOTE Confidence: 0.828555061428571

00:40:44.409 --> 00:40:46.119 patients that aren't like me,

NOTE Confidence: 0.828555061428571

00:40:46.120 --> 00:40:48.144 whether it's language, education,

NOTE Confidence: 0.828555061428571

00:40:48.144 --> 00:40:50.576 skin color, whatever it is,

NOTE Confidence: 0.828555061428571

00:40:50.576 --> 00:40:53.110 I think I don't know if they can

NOTE Confidence: 0.828555061428571

00:40:53.110 --> 00:40:53.640 be compliant.

NOTE Confidence: 0.828555061428571

00:40:53.640 --> 00:40:54.708 So let me do,

NOTE Confidence: 0.828555061428571

00:40:54.708 --> 00:40:56.680 let me give them a treatment that

NOTE Confidence: 0.828555061428571

00:40:56.680 --> 00:40:58.773 may be a little bit harsher because

NOTE Confidence: 0.828555061428571

00:40:58.773 --> 00:41:01.086 I know I can save their life or I

NOTE Confidence: 0.828555061428571

00:41:01.086 --> 00:41:03.360 know I can save their leg or I know

NOTE Confidence: 0.828555061428571

00:41:03.360 --> 00:41:07.173 you know and she and she said that

NOTE Confidence: 0.828555061428571

00:41:07.173 --> 00:41:11.054 non compliant is a thing and and I'm

NOTE Confidence: 0.828555061428571

00:41:11.054 --> 00:41:13.908 I have to check myself and I was

NOTE Confidence: 0.828555061428571

00:41:13.908 --> 00:41:16.715 so moved by having her admit that.

NOTE Confidence: 0.828555061428571

00:41:16.720 --> 00:41:17.665 But you know,

NOTE Confidence: 0.828555061428571

00:41:17.665 --> 00:41:21.280 I think one of the solutions that I see is,

NOTE Confidence: 0.828555061428571

00:41:21.280 --> 00:41:21.716 you know,

NOTE Confidence: 0.828555061428571

00:41:21.716 --> 00:41:23.024 I am excited by medical students

NOTE Confidence: 0.828555061428571

00:41:23.024 --> 00:41:24.518 who are saying we want to have,

NOTE Confidence: 0.828555061428571

00:41:24.520 --> 00:41:26.296 we want to have a different

NOTE Confidence: 0.828555061428571

00:41:26.296 --> 00:41:27.480 kind of medical education,

NOTE Confidence: 0.828555061428571

00:41:27.480 --> 00:41:30.280 we want to practice differently.

NOTE Confidence: 0.828555061428571

00:41:30.280 --> 00:41:33.136 I don't think anti racism training

NOTE Confidence: 0.828555061428571

00:41:33.136 --> 00:41:35.411 is the answer to everything.

NOTE Confidence: 0.828555061428571

00:41:35.411 --> 00:41:38.368 And some of it is really, you know,

NOTE Confidence: 0.828555061428571

00:41:38.368 --> 00:41:41.280 some implicit bias training is not very good.
NOTE Confidence: 0.828555061428571

00:41:41.280 --> 00:41:43.520 But I think getting people
NOTE Confidence: 0.828555061428571

00:41:43.520 --> 00:41:45.312 to talk about this,
NOTE Confidence: 0.828555061428571

00:41:45.320 --> 00:41:48.520 the Department of Health in New York City,
NOTE Confidence: 0.828555061428571

00:41:48.520 --> 00:41:50.392 they're all 7000 employees.
NOTE Confidence: 0.828555061428571

00:41:50.392 --> 00:41:52.732 Several years ago when Mary
NOTE Confidence: 0.828555061428571

00:41:52.732 --> 00:41:54.476 Bassett was the commissioner had
NOTE Confidence: 0.828555061428571

00:41:54.476 --> 00:41:56.504 to go through anti racism training
NOTE Confidence: 0.828555061428571

00:41:56.504 --> 00:41:58.437 like it was like a week long.
NOTE Confidence: 0.828555061428571

00:41:58.440 --> 00:42:01.716 It was not a sort of like computer thing.
NOTE Confidence: 0.828555061428571

00:42:01.720 --> 00:42:05.656 And I and I always think that was good.
NOTE Confidence: 0.828555061428571

00:42:05.656 --> 00:42:08.800 So that's that's what I have.
NOTE Confidence: 0.828555061428571

00:42:08.800 --> 00:42:12.092 We just had an anecdote when I
NOTE Confidence: 0.828555061428571

00:42:12.092 --> 00:42:13.796 was a surgery intern,
NOTE Confidence: 0.828555061428571

00:42:13.800 --> 00:42:16.964 one of the the director of the
NOTE Confidence: 0.828555061428571

00:42:16.964 --> 00:42:19.440 emergency department fairs was renowned,

NOTE Confidence: 0.828555061428571
00:42:19.440 --> 00:42:23.426 was really laying into any healthcare
NOTE Confidence: 0.828555061428571
00:42:23.426 --> 00:42:28.372 provider who exhibited any sort of
NOTE Confidence: 0.828555061428571
00:42:28.372 --> 00:42:30.257 bias and inappropriate treatment.
NOTE Confidence: 0.828555061428571
00:42:30.257 --> 00:42:32.616 And this was at the county healthcare
NOTE Confidence: 0.828555061428571
00:42:32.616 --> 00:42:34.520 hospital where many people come
NOTE Confidence: 0.828555061428571
00:42:34.520 --> 00:42:36.320 in they they disheveled,
NOTE Confidence: 0.828555061428571
00:42:36.320 --> 00:42:39.160 they're homeless and so forth.
NOTE Confidence: 0.828555061428571
00:42:39.160 --> 00:42:42.940 And so any any healthcare provider
NOTE Confidence: 0.828555061428571
00:42:42.940 --> 00:42:45.940 who is disrespectful in in a
NOTE Confidence: 0.828555061428571
00:42:45.940 --> 00:42:47.720 degree would just be
NOTE Confidence: 0.705924589230769
00:42:50.080 --> 00:42:52.384 totally pivotal board and so that
NOTE Confidence: 0.705924589230769
00:42:52.384 --> 00:42:55.160 was an example I thought of that
NOTE Confidence: 0.705924589230769
00:42:55.160 --> 00:42:57.666 the effect of one-on-one and
NOTE Confidence: 0.705924589230769
00:42:57.666 --> 00:43:00.240 there's not a lot of forces between
NOTE Confidence: 0.705924589230769
00:43:00.240 --> 00:43:02.280 really change someone for the way.
NOTE Confidence: 0.371166786

00:43:03.280 --> 00:43:06.360 I think that for that, it's not
NOTE Confidence: 0.763395075

00:43:06.360 --> 00:43:07.816 very efficient. But one-on-one,
NOTE Confidence: 0.763395075

00:43:07.816 --> 00:43:09.636 it would have an effect
NOTE Confidence: 0.763395075

00:43:09.636 --> 00:43:11.920 certainly on the invention.
NOTE Confidence: 0.763395075

00:43:11.920 --> 00:43:14.136 And that's tough. Didn't do it.
NOTE Confidence: 0.763395075

00:43:14.136 --> 00:43:14.880 Tough to implement.
NOTE Confidence: 0.763395075

00:43:14.880 --> 00:43:18.120 But we all had that.
NOTE Confidence: 0.763395075

00:43:18.120 --> 00:43:20.160 When we call out,
NOTE Confidence: 0.763395075

00:43:20.160 --> 00:43:20.920 we have a physical.
NOTE Confidence: 0.852896158571429

00:43:24.680 --> 00:43:26.612 Yeah, I think I I agree with
NOTE Confidence: 0.852896158571429

00:43:26.612 --> 00:43:28.757 you and I think it is hard.
NOTE Confidence: 0.852896158571429

00:43:28.760 --> 00:43:30.468 It's hard to you have to figure
NOTE Confidence: 0.852896158571429

00:43:30.468 --> 00:43:32.627 out how to say it so the person
NOTE Confidence: 0.852896158571429

00:43:32.627 --> 00:43:34.519 doesn't just shut down and get mad.
NOTE Confidence: 0.43280367

00:43:36.680 --> 00:43:39.160 Yeah. So I was Rita.
NOTE Confidence: 0.6239565933333333

00:43:43.400 --> 00:43:45.836 Hi, I'm Melissa. I'm an M1.

NOTE Confidence: 0.6239565933333333
00:43:45.840 --> 00:43:47.947 I was wondering, you talked a bit
NOTE Confidence: 0.6239565933333333
00:43:47.947 --> 00:43:50.116 about your own transition between self
NOTE Confidence: 0.6239565933333333
00:43:50.116 --> 00:43:52.954 help and then looking or self help and
NOTE Confidence: 0.6239565933333333
00:43:52.954 --> 00:43:55.268 then looking at more systemic issues
NOTE Confidence: 0.6239565933333333
00:43:55.268 --> 00:43:57.914 and also the dodgy Jackson decision.
NOTE Confidence: 0.6239565933333333
00:43:57.920 --> 00:44:00.188 And I was wondering if that the
NOTE Confidence: 0.6239565933333333
00:44:00.188 --> 00:44:01.916 conversation you've been having moving
NOTE Confidence: 0.6239565933333333
00:44:01.916 --> 00:44:04.535 to static issues is more difficult
NOTE Confidence: 0.6239565933333333
00:44:04.535 --> 00:44:07.160 or more challenging in reproductive
NOTE Confidence: 0.6239565933333333
00:44:07.160 --> 00:44:09.759 justice versus other health issues
NOTE Confidence: 0.6239565933333333
00:44:09.760 --> 00:44:12.240 inherently because reproductive justice
NOTE Confidence: 0.6239565933333333
00:44:12.240 --> 00:44:13.700 comes at intersectional identities.
NOTE Confidence: 0.6239565933333333
00:44:13.700 --> 00:44:16.760 So have you seen those same conversations,
NOTE Confidence: 0.6239565933333333
00:44:16.760 --> 00:44:18.979 have less push back and let's say
NOTE Confidence: 0.6239565933333333
00:44:18.979 --> 00:44:20.840 like cancer and other identities
NOTE Confidence: 0.6239565933333333

00:44:20.840 --> 00:44:23.200 or different things like that?
NOTE Confidence: 0.6239565933333333

00:44:23.200 --> 00:44:24.120 That's interesting.
NOTE Confidence: 0.6239565933333333

00:44:24.120 --> 00:44:27.680 I think with reproductive justice
NOTE Confidence: 0.581903832

00:44:30.560 --> 00:44:32.400 it's too old because people,
NOTE Confidence: 0.581903832

00:44:32.400 --> 00:44:33.944 I'm not a doctor,
NOTE Confidence: 0.581903832

00:44:33.944 --> 00:44:36.760 but it's so personal having a baby.
NOTE Confidence: 0.581903832

00:44:36.760 --> 00:44:37.720 You know what I mean?
NOTE Confidence: 0.581903832

00:44:37.720 --> 00:44:39.970 It's like people are really scared
NOTE Confidence: 0.581903832

00:44:39.970 --> 00:44:43.069 because they know what is going on with
NOTE Confidence: 0.581903832

00:44:43.069 --> 00:44:45.952 maternal mortality and black women and
NOTE Confidence: 0.581903832

00:44:45.952 --> 00:44:48.160 are saying I don't want to have a baby,
NOTE Confidence: 0.581903832

00:44:48.160 --> 00:44:51.680 which is not a conversation that I want
NOTE Confidence: 0.581903832

00:44:51.680 --> 00:44:53.240 to continue, you know what I mean?
NOTE Confidence: 0.581903832

00:44:53.240 --> 00:44:54.398 I don't want to advance that.
NOTE Confidence: 0.581903832

00:44:54.400 --> 00:44:57.199 I want to say in a self help way,
NOTE Confidence: 0.581903832

00:44:57.200 --> 00:44:59.168 you have to take really good

NOTE Confidence: 0.581903832

00:44:59.168 --> 00:45:00.152 care of yourself.

NOTE Confidence: 0.581903832

00:45:00.160 --> 00:45:01.816 Of course you may have to

NOTE Confidence: 0.581903832

00:45:01.816 --> 00:45:03.400 bring someone with you, you.

NOTE Confidence: 0.581903832

00:45:03.400 --> 00:45:05.320 There's certainly there's a

NOTE Confidence: 0.581903832

00:45:05.320 --> 00:45:07.720 rise of social justice doulas.

NOTE Confidence: 0.581903832

00:45:07.720 --> 00:45:10.344 Maybe you need you can get one of

NOTE Confidence: 0.581903832

00:45:10.344 --> 00:45:12.678 those and who won't charge you.

NOTE Confidence: 0.581903832

00:45:12.680 --> 00:45:14.568 And it's really interesting.

NOTE Confidence: 0.581903832

00:45:14.568 --> 00:45:17.615 But I find that talking about

NOTE Confidence: 0.581903832

00:45:17.615 --> 00:45:19.675 reproductive justice is such

NOTE Confidence: 0.581903832

00:45:19.675 --> 00:45:23.003 a basic broader lens and gets

NOTE Confidence: 0.581903832

00:45:23.003 --> 00:45:25.718 the conversation away from the,

NOTE Confidence: 0.581903832

00:45:25.720 --> 00:45:26.718 you know,

NOTE Confidence: 0.581903832

00:45:26.718 --> 00:45:29.213 sometimes toxic debate around abortion

NOTE Confidence: 0.581903832

00:45:29.213 --> 00:45:32.210 when you're talking about just you know,

NOTE Confidence: 0.581903832

00:45:32.210 --> 00:45:34.280 you're speaking about it more broadly.
NOTE Confidence: 0.581903832

00:45:34.280 --> 00:45:36.638 Is that what you were kind of thinking about?
NOTE Confidence: 0.581903832

00:45:36.640 --> 00:45:37.195 Yeah.
NOTE Confidence: 0.581903832

00:45:37.195 --> 00:45:41.080 I I really was trying to understand
NOTE Confidence: 0.581903832

00:45:41.080 --> 00:45:43.726 if people are more open to having
NOTE Confidence: 0.581903832

00:45:43.726 --> 00:45:44.860 systemic conversations about
NOTE Confidence: 0.581903832

00:45:44.923 --> 00:45:48.288 institutionalized racism with other
NOTE Confidence: 0.581903832

00:45:48.288 --> 00:45:50.696 kind of health challenges more or less
NOTE Confidence: 0.581903832

00:45:50.696 --> 00:45:53.280 than they are with reproductive health.
NOTE Confidence: 0.581903832

00:45:53.280 --> 00:45:55.457 I think I was asked to speak
NOTE Confidence: 0.581903832

00:45:55.457 --> 00:45:57.040 about breast cancer recently,
NOTE Confidence: 0.581903832

00:45:57.040 --> 00:45:59.798 and I find that one hard because
NOTE Confidence: 0.581903832

00:45:59.798 --> 00:46:02.579 it's so unclear why black women
NOTE Confidence: 0.581903832

00:46:02.579 --> 00:46:04.595 get that really aggressive,
NOTE Confidence: 0.581903832

00:46:04.600 --> 00:46:05.132 you know,
NOTE Confidence: 0.581903832

00:46:05.132 --> 00:46:06.196 form of breast cancer.

NOTE Confidence: 0.581903832

00:46:06.200 --> 00:46:08.840 So I kind of backed away from that

NOTE Confidence: 0.581903832

00:46:08.840 --> 00:46:11.516 because I didn't like I I think

NOTE Confidence: 0.581903832

00:46:11.516 --> 00:46:13.906 reproductive justice not in maternal

NOTE Confidence: 0.581903832

00:46:13.906 --> 00:46:16.319 infant mortality is clear to me.

NOTE Confidence: 0.581903832

00:46:16.320 --> 00:46:17.172 Breast cancer,

NOTE Confidence: 0.581903832

00:46:17.172 --> 00:46:20.154 I don't quite know why that is.

NOTE Confidence: 0.581903832

00:46:20.160 --> 00:46:22.365 I'm working on a story right now

NOTE Confidence: 0.581903832

00:46:22.365 --> 00:46:24.529 about black women in hair relaxers

NOTE Confidence: 0.581903832

00:46:24.529 --> 00:46:26.839 and cancer and it's super interesting,

NOTE Confidence: 0.581903832

00:46:26.840 --> 00:46:28.832 but also it's been working on it for

NOTE Confidence: 0.581903832

00:46:28.832 --> 00:46:30.839 like 9 months because it's hard.

NOTE Confidence: 0.581903832

00:46:30.840 --> 00:46:32.400 This isn't all about, you know,

NOTE Confidence: 0.581903832

00:46:32.400 --> 00:46:35.718 this is not so much about my,

NOTE Confidence: 0.581903832

00:46:35.720 --> 00:46:37.160 what I know most about,

NOTE Confidence: 0.581903832

00:46:37.160 --> 00:46:40.310 which is sort of having racial

NOTE Confidence: 0.581903832

00:46:40.310 --> 00:46:42.050 health disparities come in
NOTE Confidence: 0.581903832

00:46:42.050 --> 00:46:44.320 three-way because of three things.
NOTE Confidence: 0.581903832

00:46:44.320 --> 00:46:46.895 One is the weathering effect
NOTE Confidence: 0.581903832

00:46:46.895 --> 00:46:48.955 and discrimination in society.
NOTE Confidence: 0.581903832

00:46:48.960 --> 00:46:51.599 2 is discrimination in the healthcare system.
NOTE Confidence: 0.581903832

00:46:51.600 --> 00:46:54.680 And then three is discrimination,
NOTE Confidence: 0.581903832

00:46:54.680 --> 00:46:56.204 state sanctioned segregation that
NOTE Confidence: 0.581903832

00:46:56.204 --> 00:46:58.490 has made black communities and other
NOTE Confidence: 0.581903832

00:46:58.548 --> 00:47:00.398 communities of color less helpful.
NOTE Confidence: 0.581903832

00:47:00.400 --> 00:47:03.598 So those are my better areas,
NOTE Confidence: 0.581903832

00:47:03.600 --> 00:47:05.240 but some areas are harder.
NOTE Confidence: 0.581903832

00:47:05.240 --> 00:47:08.160 And I try not to step too far out of
NOTE Confidence: 0.581903832

00:47:08.246 --> 00:47:11.230 my comfort zone as I'm not a physician and,
NOTE Confidence: 0.581903832

00:47:11.230 --> 00:47:11.940 you know,
NOTE Confidence: 0.581903832

00:47:11.940 --> 00:47:13.360 I'm not a researcher.
NOTE Confidence: 0.581903832

00:47:13.360 --> 00:47:15.672 So it takes me a long time to

NOTE Confidence: 0.581903832

00:47:15.672 --> 00:47:17.459 understand things and to make sure

NOTE Confidence: 0.581903832

00:47:17.459 --> 00:47:19.320 that what I'm saying makes sense.

NOTE Confidence: 0.755099068333334

00:47:22.880 --> 00:47:24.356 I just want to give another,

NOTE Confidence: 0.755099068333334

00:47:24.360 --> 00:47:25.320 ask another question or

NOTE Confidence: 0.790118938

00:47:25.360 --> 00:47:27.040 a question from the chat.

NOTE Confidence: 0.790118938

00:47:27.040 --> 00:47:28.400 And this is from Julie Rosenberg,

NOTE Confidence: 0.790118938

00:47:28.400 --> 00:47:30.852 who's a pediatrician. A researcher.

NOTE Confidence: 0.790118938

00:47:30.852 --> 00:47:32.645 She wrote that she recently learned

NOTE Confidence: 0.790118938

00:47:32.645 --> 00:47:34.239 that in Texas were there new laws

NOTE Confidence: 0.788123034285714

00:47:34.240 --> 00:47:35.952 against EI in education,

NOTE Confidence: 0.788123034285714

00:47:35.952 --> 00:47:38.180 Pediatrician was told she should

NOTE Confidence: 0.788123034285714

00:47:38.180 --> 00:47:39.759 remove prereadings about the history

NOTE Confidence: 0.794954278571429

00:47:39.760 --> 00:47:41.958 of segregation and medicine for her course.

NOTE Confidence: 0.95682296

00:47:42.440 --> 00:47:44.720 She may decide to risk her job to keep it.

NOTE Confidence: 0.95682296

00:47:44.720 --> 00:47:46.390 What has been happening for your work in

NOTE Confidence: 0.95682296

00:47:46.390 --> 00:47:48.000 the setting of this type of censorship?

NOTE Confidence: 0.95682296

00:47:48.000 --> 00:47:48.959 What do you think we can do

NOTE Confidence: 0.769956055

00:47:48.960 --> 00:47:51.876 about this for you in censorship?

NOTE Confidence: 0.769956055

00:47:51.880 --> 00:47:53.104 This is real.

NOTE Confidence: 0.769956055

00:47:53.104 --> 00:47:55.552 I'm the most positive person ever.

NOTE Confidence: 0.769956055

00:47:55.560 --> 00:47:59.608 And last year around this time I went

NOTE Confidence: 0.769956055

00:47:59.608 --> 00:48:01.508 to ADEI in education conference.

NOTE Confidence: 0.769956055

00:48:01.508 --> 00:48:04.529 So this was the people who were the

NOTE Confidence: 0.769956055

00:48:04.529 --> 00:48:06.336 DEI representatives at colleges.

NOTE Confidence: 0.769956055

00:48:06.336 --> 00:48:08.676 And they were so afraid.

NOTE Confidence: 0.769956055

00:48:08.680 --> 00:48:10.000 And I'm thinking, wow,

NOTE Confidence: 0.769956055

00:48:10.000 --> 00:48:11.320 they're really so dramatic.

NOTE Confidence: 0.769956055

00:48:11.320 --> 00:48:12.520 They're really talking about this.

NOTE Confidence: 0.769956055

00:48:12.520 --> 00:48:13.663 They're so scared.

NOTE Confidence: 0.769956055

00:48:13.663 --> 00:48:16.800 Now I see exactly what they're talking about.

NOTE Confidence: 0.769956055

00:48:16.800 --> 00:48:19.558 And there has been so much pushback.

NOTE Confidence: 0.769956055

00:48:19.560 --> 00:48:22.652 And there's this guy,

NOTE Confidence: 0.769956055

00:48:22.652 --> 00:48:24.198 Stanley Goldfarb.

NOTE Confidence: 0.769956055

00:48:24.200 --> 00:48:24.585 Yeah.

NOTE Confidence: 0.769956055

00:48:24.585 --> 00:48:27.665 And he it's so funny because I interviewed

NOTE Confidence: 0.769956055

00:48:27.665 --> 00:48:30.719 him two years ago and he was just like,

NOTE Confidence: 0.769956055

00:48:30.720 --> 00:48:32.256 he just sounded kind of crazy

NOTE Confidence: 0.769956055

00:48:32.256 --> 00:48:33.280 and took my call.

NOTE Confidence: 0.769956055

00:48:33.280 --> 00:48:34.720 He didn't know who I was.

NOTE Confidence: 0.769956055

00:48:34.720 --> 00:48:36.585 He's telling me that maternal

NOTE Confidence: 0.769956055

00:48:36.585 --> 00:48:38.077 mortality is completely overblown

NOTE Confidence: 0.769956055

00:48:38.077 --> 00:48:40.277 and not that many people die and

NOTE Confidence: 0.769956055

00:48:40.277 --> 00:48:41.960 we shouldn't be focusing on this.

NOTE Confidence: 0.769956055

00:48:41.960 --> 00:48:42.944 And you know,

NOTE Confidence: 0.769956055

00:48:42.944 --> 00:48:45.178 I didn't enjoy interviewing him,

NOTE Confidence: 0.769956055

00:48:45.178 --> 00:48:48.560 but now I next thing is he has this

NOTE Confidence: 0.769956055

00:48:48.560 --> 00:48:50.999 book and now he has this organization
NOTE Confidence: 0.769956055

00:48:50.999 --> 00:48:53.715 called Do No Harm and he's been
NOTE Confidence: 0.769956055

00:48:53.788 --> 00:48:55.900 recruiting more and more people,
NOTE Confidence: 0.769956055

00:48:55.900 --> 00:48:57.280 more and more positions,
NOTE Confidence: 0.769956055

00:48:57.280 --> 00:48:59.084 mostly to his organization.
NOTE Confidence: 0.769956055

00:48:59.084 --> 00:49:01.790 I'm pitching a story about this
NOTE Confidence: 0.769956055

00:49:01.869 --> 00:49:04.742 because it's getting really big and
NOTE Confidence: 0.769956055

00:49:04.742 --> 00:49:07.754 I am scared about what's happening.
NOTE Confidence: 0.769956055

00:49:07.760 --> 00:49:09.923 And I think this group of people
NOTE Confidence: 0.769956055

00:49:09.923 --> 00:49:11.759 who are pushing back against,
NOTE Confidence: 0.769956055

00:49:11.760 --> 00:49:12.432 you know,
NOTE Confidence: 0.769956055

00:49:12.432 --> 00:49:15.460 sort of the the progress we've made
NOTE Confidence: 0.769956055

00:49:15.460 --> 00:49:18.490 by talking about these issues have
NOTE Confidence: 0.769956055

00:49:18.578 --> 00:49:21.800 gotten much stronger and much louder.
NOTE Confidence: 0.769956055

00:49:21.800 --> 00:49:26.960 There was just, I think it was the ER docs.
NOTE Confidence: 0.769956055

00:49:26.960 --> 00:49:28.528 The ER docs have.

NOTE Confidence: 0.769956055

00:49:28.528 --> 00:49:32.358 I think it it's it was just,

NOTE Confidence: 0.769956055

00:49:32.358 --> 00:49:33.396 it was Tuesday,

NOTE Confidence: 0.769956055

00:49:33.400 --> 00:49:35.842 it was their annual convention and

NOTE Confidence: 0.769956055

00:49:35.842 --> 00:49:39.153 there was a Doctor Who was on the

NOTE Confidence: 0.769956055

00:49:39.153 --> 00:49:41.158 Mainstage who was talking about,

NOTE Confidence: 0.769956055

00:49:41.160 --> 00:49:41.906 you know,

NOTE Confidence: 0.769956055

00:49:41.906 --> 00:49:43.771 like we shouldn't be having

NOTE Confidence: 0.769956055

00:49:43.771 --> 00:49:44.517 these conversations.

NOTE Confidence: 0.769956055

00:49:44.520 --> 00:49:46.113 And he had,

NOTE Confidence: 0.769956055

00:49:46.113 --> 00:49:49.440 he's also a A a politician of some sort.

NOTE Confidence: 0.769956055

00:49:49.440 --> 00:49:51.696 And he introduced a bill that was saying

NOTE Confidence: 0.769956055

00:49:51.696 --> 00:49:54.078 you can't have this conversation anymore.

NOTE Confidence: 0.769956055

00:49:54.080 --> 00:49:56.120 So the ER docs were protesting.

NOTE Confidence: 0.769956055

00:49:56.120 --> 00:49:58.320 Why does he have to be on stage?

NOTE Confidence: 0.769956055

00:49:58.320 --> 00:50:00.595 And the head of the organization ironically,

NOTE Confidence: 0.769956055

00:50:00.600 --> 00:50:01.920 is a black woman who said,
NOTE Confidence: 0.769956055

00:50:01.920 --> 00:50:03.915 yes, we want to have him there.
NOTE Confidence: 0.769956055

00:50:03.920 --> 00:50:05.480 But I was reading about this.
NOTE Confidence: 0.769956055

00:50:05.480 --> 00:50:06.140 I wanted to go,
NOTE Confidence: 0.769956055

00:50:06.140 --> 00:50:06.800 but I was like,
NOTE Confidence: 0.769956055

00:50:06.800 --> 00:50:09.761 I had to teach that day and it was
NOTE Confidence: 0.769956055

00:50:09.761 --> 00:50:12.375 in DC But I think this has gotten
NOTE Confidence: 0.769956055

00:50:12.375 --> 00:50:14.560 much more aggressive to say please.
NOTE Confidence: 0.769956055

00:50:14.560 --> 00:50:16.540 You know,
NOTE Confidence: 0.769956055

00:50:16.540 --> 00:50:20.520 Doctor Goldfarb's editorial was
NOTE Confidence: 0.769956055

00:50:20.520 --> 00:50:22.650 take two aspirin and call me
NOTE Confidence: 0.769956055

00:50:22.650 --> 00:50:24.920 by my by your pronouns.
NOTE Confidence: 0.769956055

00:50:24.920 --> 00:50:25.960 And then the other one,
NOTE Confidence: 0.769956055

00:50:25.960 --> 00:50:28.535 his other editorial the Wall
NOTE Confidence: 0.769956055

00:50:28.535 --> 00:50:30.595 Street Journal loves him,
NOTE Confidence: 0.769956055

00:50:30.600 --> 00:50:34.440 was about how students are so busy being.

NOTE Confidence: 0.769956055

00:50:34.440 --> 00:50:37.008 I'm just using so many quotes woke that

NOTE Confidence: 0.769956055

00:50:37.008 --> 00:50:39.476 they aren't learning how to treat COVID.

NOTE Confidence: 0.769956055

00:50:39.480 --> 00:50:40.776 And because they're not,

NOTE Confidence: 0.769956055

00:50:40.776 --> 00:50:42.720 they're so focused on social issues

NOTE Confidence: 0.769956055

00:50:42.775 --> 00:50:44.714 and they're going to be bad doctors.

NOTE Confidence: 0.769956055

00:50:44.720 --> 00:50:45.760 And I was like, really?

NOTE Confidence: 0.769956055

00:50:45.760 --> 00:50:49.506 Oh my goodness, this is so insulting.

NOTE Confidence: 0.769956055

00:50:49.506 --> 00:50:54.077 But this? These voices are getting stronger.

NOTE Confidence: 0.769956055

00:50:54.080 --> 00:50:55.795 My friend who works at the AMA

NOTE Confidence: 0.769956055

00:50:55.795 --> 00:50:57.733 said she wrote a piece in the

NOTE Confidence: 0.769956055

00:50:57.733 --> 00:50:59.158 New England Journal of Medicine.

NOTE Confidence: 0.769956055

00:50:59.160 --> 00:51:00.560 You should look it up.

NOTE Confidence: 0.769956055

00:51:00.560 --> 00:51:01.502 Althea Maybank.

NOTE Confidence: 0.769956055

00:51:01.502 --> 00:51:01.973 Dr.

NOTE Confidence: 0.769956055

00:51:01.973 --> 00:51:05.270 Maybank is does help equity and she

NOTE Confidence: 0.785642915

00:51:05.360 --> 00:51:08.760 wrote about this push push back
NOTE Confidence: 0.785642915

00:51:08.760 --> 00:51:12.140 against DEI in medicine and she's
NOTE Confidence: 0.785642915

00:51:12.140 --> 00:51:13.920 herself gets death threats.
NOTE Confidence: 0.2730293

00:51:22.160 --> 00:51:23.320 Sure I'll do the 11 other one
NOTE Confidence: 0.2730293

00:51:23.320 --> 00:51:24.350 and then maybe we have time
NOTE Confidence: 0.2730293

00:51:24.350 --> 00:51:25.520 for one more line question.
NOTE Confidence: 0.92097235

00:51:28.040 --> 00:51:29.912 This question is why do you
NOTE Confidence: 0.92097235

00:51:29.912 --> 00:51:31.040 think race is still being used
NOTE Confidence: 0.892283782307692

00:51:31.089 --> 00:51:31.560 as a factor
NOTE Confidence: 0.788861965

00:51:31.560 --> 00:51:33.625 in formulas such as the vaginal birth
NOTE Confidence: 0.788861965

00:51:33.625 --> 00:51:35.760 FT section even though it's known that
NOTE Confidence: 0.788861965

00:51:35.760 --> 00:51:37.440 there's no biological market for race?
NOTE Confidence: 0.626927891666667

00:51:37.680 --> 00:51:39.480 How can perspective physician's best work
NOTE Confidence: 0.4110009333333333

00:51:39.480 --> 00:51:41.640 towards changing this?
NOTE Confidence: 0.4110009333333333

00:51:41.640 --> 00:51:45.848 I think that it when something gets
NOTE Confidence: 0.4110009333333333

00:51:45.848 --> 00:51:49.880 entrenched and I think that whole C-section,

NOTE Confidence: 0.4110009333333333
00:51:49.880 --> 00:51:52.720 the EGF, the kidney function,
NOTE Confidence: 0.4110009333333333
00:51:52.720 --> 00:51:56.476 the spirometer and the pulmonary function,
NOTE Confidence: 0.4110009333333333
00:51:56.480 --> 00:51:57.695 these are old.
NOTE Confidence: 0.4110009333333333
00:51:57.695 --> 00:52:00.960 In the 1619 project I traced back the,
NOTE Confidence: 0.4110009333333333
00:52:00.960 --> 00:52:03.123 you know, the fact that the the
NOTE Confidence: 0.4110009333333333
00:52:03.123 --> 00:52:05.273 idea that black people have reduced
NOTE Confidence: 0.4110009333333333
00:52:05.273 --> 00:52:07.871 lung function may have come from
NOTE Confidence: 0.4110009333333333
00:52:07.871 --> 00:52:09.960 Thomas Jefferson was definitely
NOTE Confidence: 0.4110009333333333
00:52:09.960 --> 00:52:13.938 popularized in medical journals and
NOTE Confidence: 0.4110009333333333
00:52:13.938 --> 00:52:16.392 in medical practice and education in
NOTE Confidence: 0.4110009333333333
00:52:16.392 --> 00:52:19.188 the 1800s by a physician who was the
NOTE Confidence: 0.4110009333333333
00:52:19.188 --> 00:52:21.439 first person to use a spirometer.
NOTE Confidence: 0.4110009333333333
00:52:21.440 --> 00:52:24.920 So if this just keeps not getting changed,
NOTE Confidence: 0.4110009333333333
00:52:24.920 --> 00:52:27.000 it just keeps moving along.
NOTE Confidence: 0.4110009333333333
00:52:27.000 --> 00:52:30.264 And you know if I'm still debating a
NOTE Confidence: 0.4110009333333333

00:52:30.264 --> 00:52:33.080 position about lung function last week,
NOTE Confidence: 0.4110009333333333

00:52:33.080 --> 00:52:36.944 this is very entrenched which is,
NOTE Confidence: 0.4110009333333333

00:52:36.944 --> 00:52:39.268 but I think that it's there's been
NOTE Confidence: 0.4110009333333333

00:52:39.268 --> 00:52:41.225 movement certainly some of the
NOTE Confidence: 0.4110009333333333

00:52:41.225 --> 00:52:43.170 medical societies are saying please
NOTE Confidence: 0.4110009333333333

00:52:43.170 --> 00:52:45.372 stop correcting for you know,
NOTE Confidence: 0.4110009333333333

00:52:45.372 --> 00:52:47.399 kidney function, please stop correcting,
NOTE Confidence: 0.4110009333333333

00:52:47.399 --> 00:52:49.637 we need to stop correcting this.
NOTE Confidence: 0.4110009333333333

00:52:49.640 --> 00:52:51.691 One of my favorite things was I
NOTE Confidence: 0.4110009333333333

00:52:51.691 --> 00:52:53.696 was speaking at the Columbia School
NOTE Confidence: 0.4110009333333333

00:52:53.696 --> 00:52:55.786 of Nursing And so this instructor
NOTE Confidence: 0.4110009333333333

00:52:55.786 --> 00:52:58.537 raises her hand and she says I this
NOTE Confidence: 0.4110009333333333

00:52:58.537 --> 00:53:00.825 is the textbook I use and so much
NOTE Confidence: 0.4110009333333333

00:53:00.825 --> 00:53:02.439 of it is not correct.
NOTE Confidence: 0.4110009333333333

00:53:02.440 --> 00:53:06.288 And it had the EGFR correction and it
NOTE Confidence: 0.4110009333333333

00:53:06.288 --> 00:53:08.640 had the long auction correction and so

NOTE Confidence: 0.4110009333333333
00:53:08.700 --> 00:53:11.157 she held up the textbook and it was read.
NOTE Confidence: 0.4110009333333333
00:53:11.160 --> 00:53:13.116 She said, I just scratched this
NOTE Confidence: 0.4110009333333333
00:53:13.116 --> 00:53:15.080 stuff out and keep teaching.
NOTE Confidence: 0.4110009333333333
00:53:15.080 --> 00:53:16.400 Why don't you just get a new textbook?
NOTE Confidence: 0.4110009333333333
00:53:16.400 --> 00:53:17.376 And she said, oh,
NOTE Confidence: 0.4110009333333333
00:53:17.376 --> 00:53:19.292 so I get this whole, you know,
NOTE Confidence: 0.4110009333333333
00:53:19.292 --> 00:53:21.714 it's very hard to revise the textbook.
NOTE Confidence: 0.4110009333333333
00:53:21.720 --> 00:53:22.748 It's really expensive that
NOTE Confidence: 0.4110009333333333
00:53:22.748 --> 00:53:24.033 you don't revise that often.
NOTE Confidence: 0.4110009333333333
00:53:24.040 --> 00:53:24.660 You update,
NOTE Confidence: 0.4110009333333333
00:53:24.660 --> 00:53:26.520 but you don't make big revisions
NOTE Confidence: 0.4110009333333333
00:53:26.520 --> 00:53:27.880 because it takes a lot.
NOTE Confidence: 0.4110009333333333
00:53:27.880 --> 00:53:30.080 So I think some of this is just
NOTE Confidence: 0.4110009333333333
00:53:30.080 --> 00:53:32.320 embedded and it's hard to shake it out.
NOTE Confidence: 0.4110009333333333
00:53:32.320 --> 00:53:32.440 OK,
NOTE Confidence: 0.50935169

00:53:42.310 --> 00:53:43.470 And into these years. My name is Rita.

NOTE Confidence: 0.365827874

00:53:44.470 --> 00:53:45.470 I'm a first year pass.

NOTE Confidence: 0.601714338888889

00:53:47.430 --> 00:53:49.752 Well, I thought student and I

NOTE Confidence: 0.601714338888889

00:53:49.752 --> 00:53:51.240 was just wondering while you

NOTE Confidence: 0.601714338888889

00:53:51.240 --> 00:53:52.360 do all of this thing for you,

NOTE Confidence: 0.601714338888889

00:53:52.360 --> 00:53:56.074 if you ever decide is something

NOTE Confidence: 0.601714338888889

00:53:56.074 --> 00:53:57.320 And so I don't like this, you

NOTE Confidence: 0.514348834

00:53:59.360 --> 00:54:00.480 just keep going. Like as

NOTE Confidence: 0.514348834

00:54:00.480 --> 00:54:01.800 you hear story after story,

NOTE Confidence: 0.514348834

00:54:01.800 --> 00:54:03.680 I I can imagine it just takes

NOTE Confidence: 0.702572366

00:54:06.080 --> 00:54:09.026 advantage. I think that, you know,

NOTE Confidence: 0.702572366

00:54:09.026 --> 00:54:12.268 people have like a kind of a

NOTE Confidence: 0.702572366

00:54:12.268 --> 00:54:14.153 thing that they're good at.

NOTE Confidence: 0.702572366

00:54:14.160 --> 00:54:15.640 I'm good at this thing,

NOTE Confidence: 0.702572366

00:54:15.640 --> 00:54:19.216 so I'm good at not having this. Literally.

NOTE Confidence: 0.702572366

00:54:19.216 --> 00:54:22.000 The name of my book is Under the Skin.

NOTE Confidence: 0.702572366

00:54:22.000 --> 00:54:24.436 It doesn't really get under my skin.

NOTE Confidence: 0.702572366

00:54:24.440 --> 00:54:26.040 It's more like a mission,

NOTE Confidence: 0.702572366

00:54:26.040 --> 00:54:28.120 Like I don't get upset.

NOTE Confidence: 0.702572366

00:54:28.120 --> 00:54:30.619 I see, you know, other people when

NOTE Confidence: 0.702572366

00:54:30.619 --> 00:54:32.639 they're doing this kind of work,

NOTE Confidence: 0.702572366

00:54:32.640 --> 00:54:34.112 getting really super upset.

NOTE Confidence: 0.702572366

00:54:34.112 --> 00:54:35.146 And, you know,

NOTE Confidence: 0.702572366

00:54:35.146 --> 00:54:37.477 it's it's kind of like medical providers.

NOTE Confidence: 0.702572366

00:54:37.480 --> 00:54:38.872 In the same way,

NOTE Confidence: 0.702572366

00:54:38.872 --> 00:54:40.960 you can't fall apart when you're

NOTE Confidence: 0.702572366

00:54:41.036 --> 00:54:43.558 when someone's ill and you feel bad,

NOTE Confidence: 0.702572366

00:54:43.560 --> 00:54:46.768 and I just don't do that and I

NOTE Confidence: 0.702572366

00:54:46.768 --> 00:54:49.478 just really do this thing well.

NOTE Confidence: 0.702572366

00:54:49.480 --> 00:54:52.090 The other thing is I'm really

NOTE Confidence: 0.702572366

00:54:52.090 --> 00:54:53.395 into two things,

NOTE Confidence: 0.702572366

00:54:53.400 --> 00:54:59.512 soccer and fishing and on the all
NOTE Confidence: 0.702572366

00:54:59.512 --> 00:55:02.110 genders intergenerational soccer group.
NOTE Confidence: 0.702572366

00:55:02.110 --> 00:55:05.875 I am quite competitive and good and crazy
NOTE Confidence: 0.702572366

00:55:05.875 --> 00:55:08.920 out there, running off all my energy.
NOTE Confidence: 0.702572366

00:55:08.920 --> 00:55:11.158 And I'm also really into fishing.
NOTE Confidence: 0.702572366

00:55:11.160 --> 00:55:14.072 And last week I was at the
NOTE Confidence: 0.702572366

00:55:14.072 --> 00:55:15.320 University of Colorado.
NOTE Confidence: 0.702572366

00:55:15.320 --> 00:55:17.918 I was with no Colorado College.
NOTE Confidence: 0.702572366

00:55:17.920 --> 00:55:19.560 I was with Rita Sharon,
NOTE Confidence: 0.702572366

00:55:19.560 --> 00:55:22.955 who is the mother of narrative medicine,
NOTE Confidence: 0.702572366

00:55:22.960 --> 00:55:23.536 Wonderful woman.
NOTE Confidence: 0.702572366

00:55:23.536 --> 00:55:25.264 We did a panel together and
NOTE Confidence: 0.702572366

00:55:25.264 --> 00:55:27.120 we were together for two days.
NOTE Confidence: 0.702572366

00:55:27.120 --> 00:55:28.232 It was really intense.
NOTE Confidence: 0.702572366

00:55:28.232 --> 00:55:29.900 And afterwards I stayed two extra
NOTE Confidence: 0.702572366

00:55:29.957 --> 00:55:31.397 days and I went trout fishing

NOTE Confidence: 0.702572366

00:55:31.400 --> 00:55:34.280 and I killed it and I had a

NOTE Confidence: 0.702572366

00:55:34.280 --> 00:55:37.076 hiking and I just felt great.

NOTE Confidence: 0.702572366

00:55:37.080 --> 00:55:39.740 So I am one of those people

NOTE Confidence: 0.702572366

00:55:39.740 --> 00:55:41.655 who takes good care of myself

NOTE Confidence: 0.702572366

00:55:41.655 --> 00:55:43.440 in the ways that nourish me,

NOTE Confidence: 0.777024894444444

00:55:46.960 --> 00:55:50.596 the poor fish. But I had a good time.

NOTE Confidence: 0.777024894444444

00:55:50.600 --> 00:55:53.600 I think it's a wonderful way to think. So we

NOTE Confidence: 0.8824216875

00:55:53.600 --> 00:55:56.080 all need to, like, burn off some stress

NOTE Confidence: 0.8824216875

00:55:56.080 --> 00:55:58.760 at some point or get into nature.

NOTE Confidence: 0.8824216875

00:55:58.760 --> 00:56:01.346 And this was so wonderful. Thank you.

NOTE Confidence: 0.8824216875

00:56:01.346 --> 00:56:04.760 We're so appreciative in your busy schedule,

NOTE Confidence: 0.8824216875

00:56:04.760 --> 00:56:06.240 but you've found time for us

NOTE Confidence: 0.595960076

00:56:06.320 --> 00:56:08.040 here. Of course. Thank you.

NOTE Confidence: 0.595960076

00:56:08.040 --> 00:56:09.520 Thank you for listening.

NOTE Confidence: 0.595960076

00:56:09.520 --> 00:56:11.000 Thank you for reading.

NOTE Confidence: 0.595960076

00:56:11.000 --> 00:56:13.771 And it was funny when you said no,
NOTE Confidence: 0.595960076

00:56:13.771 --> 00:56:15.517 You had just finished my book.
NOTE Confidence: 0.595960076

00:56:15.520 --> 00:56:17.120 So on the launch,
NOTE Confidence: 0.595960076

00:56:17.120 --> 00:56:19.959 my launch was June 2 years ago.
NOTE Confidence: 0.595960076

00:56:19.959 --> 00:56:22.437 And I had a great launch.
NOTE Confidence: 0.595960076

00:56:22.440 --> 00:56:24.896 It was at a church and my best
NOTE Confidence: 0.595960076

00:56:24.896 --> 00:56:26.640 friend was the moderator.
NOTE Confidence: 0.595960076

00:56:26.640 --> 00:56:29.232 And so she's so funny, she says.
NOTE Confidence: 0.595960076

00:56:29.232 --> 00:56:32.560 Who in here has not read Linda's book?
NOTE Confidence: 0.595960076

00:56:32.560 --> 00:56:34.640 Everyone in the front row,
NOTE Confidence: 0.595960076

00:56:34.640 --> 00:56:36.548 I had my last name, my mother,
NOTE Confidence: 0.595960076

00:56:36.548 --> 00:56:40.940 both of my children like, pick it up.
NOTE Confidence: 0.595960076

00:56:40.940 --> 00:56:43.240 Come on, get that book, read.
NOTE Confidence: 0.595960076

00:56:43.240 --> 00:56:44.872 It was really funny.
NOTE Confidence: 0.595960076

00:56:44.872 --> 00:56:47.800 So read it as when you can.
NOTE Confidence: 0.595960076

00:56:47.800 --> 00:56:49.464 Some of it's hard,

NOTE Confidence: 0.595960076

00:56:49.464 --> 00:56:50.240 but you know, it's

NOTE Confidence: 0.899763397272727

00:56:50.240 --> 00:56:52.956 not hard to read. The information might

NOTE Confidence: 0.899763397272727

00:56:52.956 --> 00:56:55.960 be difficult to swallow, but it's an easy

NOTE Confidence: 0.821563971428572

00:56:55.960 --> 00:56:58.277 read. I mean, you write so beautifully.

NOTE Confidence: 0.821563971428572

00:56:58.280 --> 00:57:00.085 It's easy. Well, thank you.

NOTE Confidence: 0.821563971428572

00:57:00.085 --> 00:57:01.160 And that was the goal,

NOTE Confidence: 0.821563971428572

00:57:01.160 --> 00:57:03.446 to get people thinking about these

NOTE Confidence: 0.821563971428572

00:57:03.446 --> 00:57:05.879 issues and to really make change.