



2024-2025

RESEARCH YEAR IN REVIEW

The purpose of this report is to share the accomplishments of the researchers at the Yale Center for Emotional Intelligence from July 1, 2024 - June 30, 2025.



**YALE CHILD
STUDY CENTER**

Where discovery inspires care

Yale Center for Emotional Intelligence



TABLE OF CONTENTS

About the Yale Center for Emotional Intelligence	3
A Note from the Director of Research	4
Research Staff	5
Newly Awarded Funding	6

2024-2025 Highlights

Awards, Honors, and Distinguished Contributions	8
Publications	10
Tracking Our Research Impact	14
Popular Media	15
Appearances and Mentions	18
Conference Presentations	20
Invited Presentations	23
Thank You	25



ABOUT THE Yale *Center for Emotional Intelligence*






Founded by Dr. Marc Brackett, the Yale Center for Emotional Intelligence (YCEI) is a self-supporting unit in the Child Study Center at the Yale School of Medicine. We use the power of emotions to create a healthier and more equitable, innovative, and compassionate society, today and for future generations.

The YCEI's research is at the forefront of translational emotion science. By conducting basic science studies of emotions and emotional intelligence as well as applied efficacy trials of school-based interventions, we advance SEL science, practice, and policy. Our scientists are continually developing innovative new tools, methodologies, and lines of inquiry that foster the necessary conditions for successful teaching and learning. Learn more at www.ycei.org/research-overview.

WEBSITES

-  www.ycei.org
-  www.rulerapproach.org

FIND US ON SOCIAL MEDIA

- 
-  [@RULER_Approach](https://www.instagram.com/RULER_Approach)
 -  [@YaleEmotion](https://twitter.com/YaleEmotion)
 -  [@YaleCenterEmotionalIntelligence](https://www.facebook.com/YaleCenterEmotionalIntelligence)
 -  [YCEI on LinkedIn](https://www.linkedin.com/company/ycei)



A NOTE FROM THE DIRECTOR OF RESEARCH

Dear Colleagues,

It is with immense pride and gratitude that I share this latest Year in Review of the work conducted by the Yale Center for Emotional Intelligence research team between July 1, 2024, and June 30, 2025. It highlights our individual and collective achievements during a time of significant transformation in the fields of social and emotional learning and education policy.

This past academic year our researchers authored **23 peer-reviewed manuscripts** and **70 popular writing pieces**. These publications reflect both the rigor of our scholarship and our commitment to translating research to be accessible and actionable for educators and policymakers.

We also delivered **over 100 academic presentations and invited talks**; these serve as another important avenue through which we are contributing to and shaping the national conversation about SEL.

Our Center remains a strong base of emotion science. We secured **\$1,516,126.00 in new funding**, allowing us to expand our work into new areas of longitudinal research, implementation science, and narrative-based emotion development. These awards represent a vote of confidence in our ability to deliver impactful, scalable solutions for today's most pressing challenges. They bring our **active research portfolio to \$13,062,105.00** across **16 active research projects**.

Together, we are building a future where emotional intelligence is recognized not as a luxury, but as a necessity for thriving individuals, schools, and societies. Here's to another year of progress and innovation.

Sincerely,



Jessica D. Hoffmann, Ph.D.

Assistant Professor, Child Study Center

Director of Research, Yale Center for Emotional Intelligence

(*) denotes researchers who transitioned from their position at the Center

(+) denotes researchers who joined the Center

(#) denotes internal promotion

RESEARCH STAFF

At YCEI, we are committed to offering quality mentorship and ongoing support to our research trainees, junior faculty, and staff as they pursue their research goals and future careers. Between July 2024 and June 2025, we welcomed an associate research scientist and two postdoctoral associates into the lab; two postdoctoral researchers advanced to the next phase of their careers by securing faculty positions at other institutions. Additionally, one of our researchers received an internal promotion. At the close of June 2025, we are a vibrant **staff of 16 researchers** including senior research faculty, mentored faculty, support staff, and trainees.

Craig Bailey

Assistant Professor

Director of Early Childhood

Marc Brackett

Professor

Founding Director

Aakash Chowkase+

Associate Research Scientist

Aidan Doyle

Research Assistant I

James Floman

Associate Research Scientist

Jessica Hoffmann#

Assistant Professor

Director of Research

Zorana Ivcevic Pringle

Senior Research Scientist

Director of Creativity and

Emotions Lab

Stella Jackman-Ryan+

Postdoctoral Associate

Shengjie Lin*

Postdoctoral Associate

Julie McGarry

Associate Director of Data-Driven

Practice

Karen Niemi

Executive Director

Yifei Pei

Postgraduate Associate

Rebekah Rodriguez-Boerwinkle+

Postdoctoral Associate

Whitney Sanders

Research Operations and Project

Coordinator

Jennifer (Jenny) Seibyl

Assessment Manager

Sophia Selino

Research Assistant II

Robin Stern

Senior Advisor to the Center

Zhenlan (Lan) Wang*

Postdoctoral Associate

NEWLY AWARDED FUNDING

Our team secured 4 new awards across 3 projects between July 2024 and June 2025, ranging from \$14,926 to \$1 million dollars in new funding!

Total New Funding Awarded:

\$1,516,126

Bringing Our Total Active Research Funding To:

\$13,062,105

Total Active Research Funding is determined by the sum of all active awarded projects, in addition to current balances of discretionary funds.



NEW FUNDING

Bailey. C. S. (PI). “Culturally Relevant Emotion Content in Storybooks: Identifying Storybooks with Culturally Relevant Emotion Content,” Yale Child Study Center Research Faculty and Clinician Development Fund, Research Award Recipient (January 2025 – June 2026), **Total Amount Awarded = \$14,926**

This project aims to develop and pilot a free, user-friendly app to help early childhood educators and parents identify culturally relevant storybooks that effectively teach emotion concepts. The tool will catalog books by emotional content and cultural narrative features—such as character, setting, conflict, and theme—across a range of emotion concepts grounded in psychological theory. The team will co-create and refine tool items in collaboration with educators, librarians, and content experts. Planned work includes studying how educators select books, identifying the supports they need, and digitizing the tool for broader use. This work contributes to understanding and strengthening how educators use language and story to foster emotional development in diverse early learning settings. More information about this line of research can be found on ycei.org.



NEWLY AWARDED FUNDING

Brackett, M. A. (PI). “The Priority District Initiative – Strategic, Sustainable Impact,” Rare Impact Fund (July 2025 – June 2027). **Total Amount Awarded = \$201,200**

In partnership with two NYC districts, YCEI has supported schools and central office teams through the RULER Priority Districts Initiative, helping to build sustainable capacity for emotional intelligence programming. This comprehensive approach includes coaching at both the district and school levels, access to implementation tools like RULER Online, and opportunities for continued engagement through webinars, newsletters, and events. With new funding, YCEI seeks to deepen its impact by establishing Professional Learning Communities (PLCs) for RULER-trained educators. These PLCs will create a structured, collaborative space for implementers to problem-solve, share strategies, and build community. Facilitated by RULER experts, the PLCs will enhance the fidelity and sustainability of RULER implementation while offering valuable insight to inform YCEI’s evolving coaching and training efforts.

Brackett, M. A. (PI). “A Longitudinal Study of Social, Emotional, and Physical Wellness,” Dr. Sheila Ohlsson Walker (July 1, 2025 – June 30, 2029). **Total Amount Awarded = \$1,000,000.** Anonymous Gift (July 1, 2025 – June 30, 2028). **Total Amount Awarded = \$300,000**

This new longitudinal study will follow a large and representative sample of middle school students across the United States to examine childhood predictors of physical and mental health, well-being, academic success, and long-term career achievement. Key areas of focus will include the behavioral and mental health benefits of emotional intelligence skills, access to social and emotional learning in schools (including RULER implementation), participation in youth sports and physical activity, and the influence of emotionally supportive caregivers such as parents, educators, coaches, and mentors. To ensure racial, ethnic, and socioeconomic diversity, the study will recruit students from both public and private schools nationwide. This study represents the launch of a long-term effort to understand the factors that promote positive youth development and contribute to outcomes of well-being and health across the lifespan. More information about this study can be found on ycei.org.

2024-2025 HIGHLIGHTS

AWARDS, HONORS, AND DISTINGUISHED CONTRIBUTIONS

- **Marc Brackett** served on the Advisory Group for the [Shaping Us Framework](#), developed by The Royal Foundation Centre for Early Childhood. The framework highlights core social and emotional skills across the lifespan. Dr. Brackett contributed to the report and published a [guest essay](#) emphasizing that emotional development extends beyond childhood and continues to shape our relationships, health, success, and well-being throughout life.
- **Robin Stern** and Diana Divecha's article in *Education Week*, "[Netflix's 'Adolescence' asks how cruelty can go unnoticed in schools](#)" was among the most cited *Education Week* articles of the year.
- **Zorana Ivcevic Pringle**'s new book, *The Creativity Choice: The Science of Making Decisions to Turn Ideas into Action*, was featured by the Next Big Ideas Club in their [May 2025 Must Read Book List](#).
- **Craig Bailey** co-authored an article, "[Considering the "How" of SEL: A framework for the pedagogies of social and emotional learning,](#)" which was one of the most downloaded articles in the journal: *Social and Emotional Learning: Research, Practice, and Policy*.
- **Jessica Hoffmann** and **Zorana Ivcevic Pringle** co-chaired the [2025 annual conference](#) for Division 10 of the American Psychological Association: The Society for the Psychology of Aesthetics, Creativity, and the Arts. The conference was held in New Haven in March 2025 and convened over 200 interdisciplinary scholars from 11 countries to share theoretical and empirical research on aesthetics, creativity, and the arts across visual, literary, and performing domains.

AWARDS AND HONORS

- **Jessica Hoffmann** was re-elected to a second term as [Secretary of Division 10](#) of the American Psychological Association, the Society for the Psychology of Aesthetics, Creativity, and the Arts. She will serve in this role through 2027.
- **James Floman** was selected as a 2025 Research Fellow for the [Mind & Life Summer Research Institute](#), which brings together researchers, educators, and contemplative practitioners to explore how practices like mindfulness, compassion, and reflection can help transform 21st-century education systems.
- **Jessica Hoffmann** was appointed as a 2024-2025 member of the [Yale Women Faculty Forum Steering Committee and Council](#).
- **Marc Brackett** was elected to serve as President of the Board of [Narrative 4](#), a global nonprofit that uses its signature Story Exchange method to foster empathy and social connection through guided storytelling programs in schools and communities.
- **Robin Stern** was elected to serve as Global Ambassador in September 2024 for the [University for Peace \(UPEACE\)](#), established by the UN General Assembly.
- **Stella Jackman-Ryan** was a recipient of the [Child Study Center Postdoctoral Scholar Travel Award](#) to support her presentation of research at national academic scientific conferences.
- In 2025, two YCEI researchers were honored for their [long-term service](#) to Yale University:
 - **Whitney Sanders** and **Jenny Seibyl** were recognized for five years of service.

PUBLICATIONS

Our team contributed to **23 publications**, including 17 peer-reviewed journal articles, 2 books, and 4 book chapters, between July 2024 and June 2025. Our research was featured in **16 scholarly journals** and by **3 book publishers**.

Brackett, M. A., & Niemi, K. (2025). Emotionally intelligent leadership: Combatting teacher burnout and boosting retention. *District Management Journal*, Winter 2025.

<https://www.dmgrouphk12.com/resources/district-management-journal-winter-2025>

Extremera, N., Pulido-Martos, M., Mérida-López, S., Rey, L., & **Ivcevic, Z.** (2025). How I 'see' my teacher in the classroom affects me: Using the Spanish Emotionally Intelligent Teacher Behaviors Scale to predict academic and personal outcomes among high school students. *Revista de Psicodidáctica*, 30(2), Article 500167.

<https://doi.org/10.1016/j.psicoe.2025.500167>

Hoffmann, J. D., Ivcevic, Z., & Castillo Gualda, R. (2025). School climate and students' attitudes toward creativity. *Thinking Skills and Creativity*, 58, 101880. <https://doi.org/10.1016/j.tsc.2025.101880>

Hoffmann, J. D., Ivcevic, Z., & Lin, S. (2024). Children's creative storytelling processes: A cross-cultural study in the United States and Spain. *Creativity. Theories – Research - Applications*, 11(2), 71-85. <https://doi.org/10.2478/ctra-2024-0011>

Hoffmann, J. D., & McGarry, J. A. (2024). Big challenges and new solutions: When students' (unpleasant) feelings are used for good. In **Z. Ivcevic**, R. Reiter-Palmon, M. Tang, & M. G. Grohman (Eds.), *Crises, creativity, and innovation* (pp. 127-151). Palgrave Macmillan, Cham.

https://doi.org/10.1007/978-3-031-61782-9_7

PUBLISHED

Hoffmann, J. D., Seibyl, J., & Dawood, M. (2025). Youth action: School-based creative problem-solving training to build individual and community well-being. In J. Katz-Buonincontro & T. Kettler (Eds.), *The Oxford handbook of creativity and education* (pp. 665–683). Oxford University Press. <https://doi.org/10.1093/oxfordhb/9780197698181.013.0035>

Ivcevic Pringle, Z. (2025). *The creativity choice: The science of making decisions to turn ideas into action*. PublicAffairs.

Ivcevic, Z., & Grandinetti, M. (2024). Artificial intelligence as a tool for creativity. *Journal of Creativity*, 34(2), 100079. <https://doi.org/10.1016/j.yjoc.2024.100079>

Ivcevic, Z., & Kaufman, J. C. (2024). Inside the box: Considering the role of task-appropriateness for creativity. *Psychology of Aesthetics, Creativity, and the Arts*. Advance online publication. <https://doi.org/10.1037/aca0000703>

Ivcevic, Z., Levitats, Z., & **Brackett, M. A.** (2025). Building opportunities for emotionally intelligent behavior in organizations. *Consulting Psychology Journal*. Advance online publication. <https://doi.org/10.1037/cpb0000297>

Ivcevic, Z., Lin, S., Liu, X., & **Brackett, M. A.** (2024). Creativity and affect: A person-centered analysis. *Learning and Individual Differences*, 113, 102481. <https://doi.org/10.1016/j.lindif.2024.102481>

Ivcevic, Z., & **Pei, Y.** (2024). Creativity and crisis: From possibilities to making them happen. In Z. Ivcevic, R. Reiter-Palmon, M. Tang, & M. G. Grohman (Eds.), *Crises, creativity, and innovation* (pp. 327-352). Palgrave MacMillan. https://doi.org/10.1007/978-3-031-61782-9_14

Ivcevic, Z., Reiter-Palmon, R., Tang, M., & Grohman, M. G. (Eds.). 2024. *Crises, creativity, and innovation*. Palgrave Macmillan. <https://doi.org/10.1007/978-3-031-61782-9>

PUBLISHED

Levitats, Z., **Ivcevic, Z.**, & **Brackett, M. A.** (2025). Emotionally intelligent behavior in organizations: When ability, motivation, and opportunity meet. *Emotion Review*, 17(3), 168-182. <https://doi.org/10.1177/17540739251333990>

Mazhar, A., & **Bailey, C. S.** (2024). Emotion-specific recognition biases and how they relate to emotion-specific recognition accuracy, family and child demographic factors, and social behaviour. *Cognition & Emotion*, 39(2), 320-338. <https://doi.org/10.1080/02699931.2024.2408652>

Nicolai, K. D., Talib, T. L., **Jackman-Ryan, S.**, Leigh Boyd, N., Zengilowski, A., Shukla, S. Y., & Chen, J. A. (2025). An anti-colonial approach to deconstructing and reconstructing educational psychology theories. *Contemporary Educational Psychology*, 80, 102344. <https://doi.org/10.1016/j.cedpsych.2025.102344>

Ng, Z. J., Willner, C. J., **Hoffmann, J. D.**, **Bailey, C. S.**, Mack, V., **Brackett, M. A.**, & Cipriano, C. (2025). Development of the Student Emotion Regulation Assessment (SERA) for children and adolescents in grades 1–12. *Social and Emotional Learning Research Practice and Policy*, 5, 100104. <https://doi.org/10.1016/j.sel.2025.100104>

Rodriguez-Boerwinkle, R. M., & Silvia, P. J. (2024). Mapping visit behaviors in a virtual art gallery to visitor engagement profiles using latent class analysis. *International Journal of Human–Computer Interaction*, 41(13), 8355–8369. <https://doi.org/10.1080/10447318.2024.2408512>

Silvia, P. J., Crasson, S. J., Greengross, G., Karwowski, M., & **Rodriguez-Boerwinkle, R. M.** (2024). Attitudes and abracadabra: How do skeptical, superstitious, and paranormal beliefs predict enjoying performance magic? *Empirical Studies of the Arts*, 43(2), 877-898. <https://doi.org/10.1177/02762374241291482>

Silvia, P. J., **Rodriguez-Boerwinkle, R. M.**, Awa, K. N., Zabelina, D. L., & Christensen, A. P. (2024). Evaluating the structure of the Aesthetic Responsiveness Assessment (AReA) with bootstrap exploratory graph analysis. *Empirical Studies of the Arts*, 43(1), 550-564. <https://doi.org/10.1177/02762374241259935>

PUBLISHED

Silvia, P. J., **Rodriguez-Boerwinkle, R. M.**, & Karwowski, M. (2024). Humor self-concepts and personality: Locating humor efficacy and identity beliefs within extraversion, openness, and imagination. *Creativity Research Journal*, 1–13. <https://doi.org/10.1080/10400419.2024.2429832>

Tang, M., **Ivcevic, Z.**, Grohman, M. G., & Reiter-Palmon, R. (2024). How crises may relate to creativity and innovation: An introduction. In **Z. Ivcevic**, R. Reiter-Palmon, M. Tang, & M. G. Grohman (Eds.), *Crises, creativity, and innovation* (pp. 1-7). Palgrave MacMillan. https://doi.org/10.1007/978-3-031-61782-9_1

Wood, M., Ha, C., **Brackett, M. A.**, & Cipriano C. (2024). Affective experiences of U.S. school personnel in the sociopolitical context of 2021: Reflecting on the past to shape the future. *Education Sciences*, 14(10), 1093. <https://doi.org/10.3390/educsci14101093>



TRACKING OUR RESEARCH IMPACT

During the academic year covered in this report, July 2024 – June 2025, our researchers published 23 scientific articles in 16 academic journals, including top-tier outlets with impact factors as high as 9.0! For a full list of academic publications, visit our [Publications page](#) on ycei.org.

In 2024, we began taking a closer look at our reach and impact: where our research is being published and how it is being cited over time. This includes tracking our publication frequency, 10-year citation count, as well as the impact factor of the journals in which we publish.

10-YEAR COUNT

From 2014-2024, the YCEI published **229 publications**, including:

- ➔ **163** JOURNAL ARTICLES
- ➔ **5** BOOKS
- ➔ **42** BOOK CHAPTERS
- ➔ **9** RESEARCH BRIEFS AND REPORTS
- ➔ **10** OTHER (EDITORIALS, PREPRINTS, COMMENTARIES)

In this ten-year window, our research has been cited 8,435 times, reflecting both our broad reach and the utility of our work across the field.

Finally, our redoubled commitment to publishing not simply more articles, but higher-quality science bears out in our impact. The average impact factor for the journals in which we published for the past five years (2021-2025) was 3.4, up from 2.7 for the five years prior (2016-2020).

POPULAR MEDIA

Our team contributed to **70 popular media pieces** between July 2024 through June 2025. These include news articles, magazine articles, blog posts, researcher-hosted podcast episodes, webcast, and other accessible formats in our collective efforts to engage and inform a broader audience. **Below we feature a selection of the year's exciting popular media contributions.**

Brackett, M. A., Floman, J. L., & Stern, R. (2025, June 13). For principals, emotional intelligence is more than just being 'nice.' *Education Week*. <https://www.edweek.org/leadership/opinion-for-principals-emotional-intelligence-is-more-than-just-being-nice/2025/06>

Brackett, M. A., & Stern, R. (2024, August 9). How to make AI more emotionally intelligent. *Fast Company*. <https://www.fastcompany.com/91166778/how-to-make-ai-more-emotionally-intelligent>

Brackett, M. A., Stern, R., & Divecha, D. (2025, April 23). Netflix's 'Adolescence' asks how cruelty can go unnoticed in schools. *Education Week*. <https://www.edweek.org/leadership/opinion-netflixs-adolescence-asks-how-cruelty-can-go-unnoticed-in-schools/2025/04>

Chowkase, A. A. (2025, January 22). What if SEL were about making the world a better place? *Greater Good Magazine*. https://greatergood.berkeley.edu/article/item/what_if_sel_were_about_making_the_world_a_better_place

Ivcevic Pringle, Z. (2025, May 27). Creativity is a choice, not a trait. *Psychology Today*. <https://www.psychologytoday.com/us/blog/creativity-the-art-and-science/202505/creativity-is-a-choice-not-a-trait>

Ivcevic Pringle, Z. (2025, January 28). Where do original ideas come from? *Psychology Today*. <https://www.psychologytoday.com/us/blog/creativity-the-art-and-science/202501/where-do-original-ideas-come-from>

POPULAR MEDIA

Ivcevic Pringle, Z. (2024, October 1). Managing creativity anxiety. *Creativity Decision*.

<https://creativitydecision.substack.com/p/managing-creativity-anxiety>

Stern, R. (2025, March 9). Likes and lies: The effects of influencers on teens. *Psychology Today*.

<https://www.psychologytoday.com/us/blog/power-in-relationships/202503/likes-and-lies-the-effects-of-influencers-on-teens>

Stern, R., & Brackett, M. A. (2025, March 2). 5 ways to manage moral injury, when our values clash with our actions. *The Washington Post*.

<https://www.washingtonpost.com/wellness/2025/03/02/moral-injury-values-clash-actions-coping/>

Stern, R., Divecha, D., & Brackett, M. A. (2025, January 22). Do you know how your child is feeling? A reflection for parents in the new year.

Modern Mom. <https://www.modernmom.com/do-you-know-how-your-child-is-feeling-a-reflection-for-parents-in-the-new-year/>

Stern, R., & Tiki, I. (2025, May 16). Leveling up joy in the workplace.

Psychology Today. <https://www.psychologytoday.com/us/blog/power-in-relationships/202505/leveling-up-joy-in-the-workplace>

Stern, R., Ivcevic Pringle, Z., & Brackett, M. A. (2025, June 9).

Emotionally intelligent behavior matters in school. *RealClearEducation*.

https://www.realcleareducation.com/articles/2025/06/09/the_emotionally_intelligent_classroom_1115453.html

POPULAR MEDIA

In addition to these popular media highlights, several of our researchers also advanced public conversations through their own popular media platforms.

Since July 2024, **Marc Brackett** hosted 20 episodes of [Dealing With Feeling](#), a webcast offering evidence-based strategies for healthy emotion regulation. Launched in 2024, the series features in-depth conversations with experts, scientists, celebrities, and athletes, providing practical tips to help audiences understand and manage emotions. Episodes addressed themes such as coping with anxiety, building resilience, reducing stress, and using emotional intelligence to strengthen relationships.

Zorana Ivcevic Pringle authored 25 articles on [Psychology Today](#) and the [Creativity Decision](#) Substack newsletter, covering topics such as problem solving, social applications of creativity, art, and managing creative anxiety. Her work on these platforms translates the science of creativity into practical strategies for everyday life, drawing on research on emotion, emotional intelligence, and self-regulation in creativity, as well as the role of the arts in promoting emotion and creativity skills.

Robin Stern hosted 27 episodes in 2024-2025 on [The Gaslight Effect Podcast](#) featuring guest appearances from Yale Center for Emotional Intelligence researchers including Marc Brackett, Jessica Hoffmann, and Zorana Ivcevic Pringle. Their conversations explored themes such as how self-doubt and internal gaslighting undermine creativity, the role of emotional intelligence in women's mentorship and resilience, and how storytelling and emotional awareness can help foster empathy and connection.

APPEARANCES AND MENTIONS

Our researchers and their work were featured in **60 media appearances and mentions** across news and magazine articles, blogs, researcher-hosted podcast episodes, and guest spots on podcasts that continue to spread important messages about our work. We use a variety of media outlets to communicate with audiences. **Highlighted below are several of the year's most notable appearances and mentions.**

Brooks, D. (2024, August 15). You're only as smart as your emotions. *The New York Times*. <https://www.nytimes.com/2024/08/15/opinion/emotions-feelings-intelligence.html?smid=nytcore-ios-share&referringSource=articleShare>

Huberman, A. (Host), & **Brackett, M. A.** (Guest). (2024, September 9). How to increase your emotional intelligence | Dr. Marc Brackett (No.193) [Video podcast episode]. In *Huberman Lab*. <https://www.hubermanlab.com/episode/dr-marc-brackett-how-to-increase-your-emotional-intelligence>

Hurwitz, C. (2025, March 3). Coercive control: Are you always walking on eggshells around your partner? *Oprah Daily*. <https://www.oprahdaily.com/life/relationships-love/a63941015/what-is-coercive-control/>

Jeddy, U., & Beketova, Z. (2024, September 19). The overlooked quotient: Emotional intelligence highlighted by Yale researcher. *Yale Daily News*. <https://yaledailynews.com/blog/2024/09/19/the-overlooked-quotient-emotional-intelligence-highlighted-by-yale-researcher/>

Kaufman, S. B. (Host), & **Ivcevic Pringle, Z** (Guest). (2025, June 4). Turning ideas into action with Dr. Zorana Ivcevic Pringle [Audio podcast episode]. In *The Psychology Podcast*. <https://scottbarrykaufman.com/podcast/turning-ideas-into-action-w-dr-zorana-ivcevic-pringle/>

APPEARANCES AND MENTIONS

Lamourelle, R. (Host), **Floman, J. L.**, Belnap, B., & Spring, B. (Guests). (2025, January 6). Helping students manage anxiety: What works [Audio podcast episode]. In *Inside the Mind of Teens and Tweens*. BAM Radio Network. <https://www.bamradionetwork.com/track/to-help-students-manage-anxiety-what-works/>

MacLachlan, J. (2025, May 15). How leaders can prioritize creativity at work: Yale scientist. *Forbes Magazine*. <https://www.forbes.com/sites/janinemaclachlan/2025/05/15/how-leaders-can-prioritize-creativity-at-work-yale-professor/>

McCoy, B. (Host), & **Ivcevic Pringle, Z** (Guest). (2025, May 6). How to be more creative — using science [Audio podcast episode]. In *Short Wave*. NPR. <https://www.npr.org/2025/05/06/1266983726/book-science-learn-creativity>

Passarella, E. (2025, June 2). Day 2: Take a page from Dr. Seuss. 5-day creativity challenge. *The New York Times*. <https://www.nytimes.com/interactive/2025/well/creativity-poetry-writing-prompt.html>

Sostre, S. (2024, December 23). How to improve your emotional intelligence, according to psychologists. *Women's Health*. <https://www.womenshealthmag.com/life/a63135441/how-to-improve-emotional-intelligence/>

Thompson, G., Allen, P. (Hosts), & **Hoffmann, J. D.** (Guest). (2025, April 25). Social and emotional learning [Video podcast episode]. In *Totally Preventable*. Newport County Prevention Coalition. https://youtu.be/0_UFKxxlODA?si=i23YnJ8VpJfLlcZK

CONFERENCE PRESENTATIONS

Our research staff collectively presented at **20 regional, national and international conferences** between July 2024 and June 2025, amounting to **39 presentations**, including paper presentations, symposiums, posters, workshops, and keynote addresses. **Below we showcase a selection of impactful presentations from the year.**

Bailey, C. S. [Chair]. (2025, April 23-27). *Social-emotional learning in early childhood education* [Roundtable session: SIG-Social and Emotional Learning]. American Educational Research Association 2025 Annual Meeting, Denver, CO.

Bracket, M. A. (2025, April 5-7). *Dealing with feeling: The power of emotion regulation during chaotic times* [Keynote address]. The AI Show at ASU+GSV 2025, San Diego, CA.

Brackett, M.A. (2024, October 7-10). *Permission to feel: Unlocking the path to emotional intelligence* [Keynote address]. IX ICEI 2024 International Congress on Emotional Intelligence, Mexico City, Mexico.

Brackett, M. A., Doyle, A., & Floman, J. L. (2024, September 26-29) *Dimensions of well-being: Personal, social, and workplace dynamics* [Presentation]. 9th Annual Mindful Leader Summit, Washington, D.C.

Brooks DeCosta, D., & **Brackett, M. A.** (2024, November 12-14). *Social and emotional learning and academic success: Integrating SEL principles, skills, and tools into instruction* [Featured session]. CASEL: Social & Emotional Learning (SEL) Exchange 2024, Chicago, IL.

Chowkase, A. A., Datar, K., Keskar, A., & Godbole, S. (2025, April 23-27). Nurturing creative self, creative thinking, and ideational behavior in intellectually gifted adolescents. In J. S. Puryear (Chair), *Research on giftedness, creativity, and talent SIG Roundtable: Creativity* [Roundtable session]. American Educational Research Association 2025 Annual Meeting, Denver, CO.

CONFERENCE PRESENTATIONS

Floman, J. L. (2024, July 17-20). *Emotion understanding, emotion regulation, and mental well-being: Evidence from new emotion ability tests* [Paper presentation]. International Society for Research on Emotion (ISRE) 2024 Biennial Conference, Belfast, Ireland.

Floman, J. L., Doyle, A., & Brackett, M. A. (2025, February 20-22). *Novel emotion understanding ability tests predict emotion regulation and psychological well-being: Evidence from five studies.* [Poster presentation]. Society for Personality and Social Psychology Annual Convention, Denver, CO.

Hoffmann, J. D. (2025, June 29-July 2). *Future ready playground: Designing skills for tomorrow* [Interactive session]. International Society for Technology in Education (ISTE) Live and Association for Supervision and Curriculum Development (ASCD) Annual Conference, San Antonio, TX.

Hoffmann, J. D. (2025, April 5-7). *Supporting educator well-being: A data-driven approach* [Presentation]. The AI Show at ASU+GSV 2025, San Diego, CA.

Ivcevic Pringle, Z. (2025, May 29). *The creativity choice: How to build emotion abilities to make ideas happen* [Keynote address]. Consortium for Research on Emotional Intelligence in Organizations (CREIO) Annual Conference, Rutgers University, Piscataway, NJ.

Rodriguez-Boerwinkle, R. [Chair]. (2025, March 13-15). *Fostering connection, well-being, and emotional insight in art experiences: From museums to interactive installations* [Symposium]. Society for Psychology of Aesthetics, Creativity, and the Arts (Division 10 of the American Psychological Association) Annual Meeting, New Haven, CT.

Samuel, A. A., **Niemi, K.**, Darling-Hammon, L., & Shriver, T. (2024, November 12-14). *Educating hearts, inspiring minds, illuminating futures* [Conference kickoff event]. CASEL: Social & Emotional Learning (SEL) Exchange 2024, Chicago, IL.



CONFERENCE PRESENTATIONS

Seibyl, J., Dawood, M., & **Hoffmann, J. D.** (2024, August 8–10). Educator well-being assessments and data-driven decision making: Two research-practice partnerships. In **J. D. Hoffmann** (Chair), *Beyond self-care: Uncovering sources of true educator well-being* [Symposium]. American Psychological Association 2024 Annual Convention, Seattle, WA.

INVITED PRESENTATIONS

In addition to the 39 conference presentations, our research staff were invited to share their expertise with audiences across international summits, government agencies, schools, nonprofits, museums, and professional networks. **These examples showcase a few of the year's most impactful invited talks.**

Bailey, C. S. (2024, September 4). *Becoming an emotionally intelligent educator* [Invited talk]. Education University of Hong Kong, Hong Kong, China.

Bailey, C. S. (2024, August 14). *Self-regulation for coaches* [Presentation]. Coaching Community of Practice: Building our foundation, Colorado Department of Early Childhood, Denver, CO.

Brackett, M.A. (2025, June 26-28). *Dealing with feeling: The power of emotion regulation during chaotic times* [Workshop]. NEXUS Global Summit, New York, NY.

Brackett, M.A. (2025, June 4-5). *Permission to feel* [Keynote address]. International Mental Health Conference 2025, Gold Coast, Australia.

Brackett, M. A. (2025, April 10-12). *Permission to feel: The power of emotional intelligence to transform lives* [Keynote address]. 2025 Mental Health Summit, Banff, Canada.

Brackett, M. A. (2025, April 6-9). *Emotion science meets edtech: Emotion regulation strategies you can't afford to miss* [Invited Talk]. ASU+GSV Summit 2025, San Diego, CA.

Brackett, M. A. (2025, January 6). *Master class with Marc Brackett* [Workshop]. Nexus Global.

Brackett, M. A., & Niemi, K. (2025, February 5-7). *How are you feeling? Evidence-based strategies for regulating emotions* [Keynote address]. District Management Group 22nd Annual Summit, New York, NY.

INVITED PRESENTATIONS

Chowkase, A. A. (2025, February 20-22). *Measuring concern for others among adolescents: Connecting compassion, empathy, and prosocial behavior* [Featured talk]. Learning & the Brain 2025 Conference, San Francisco, CA.

Hoffmann, J. D., & Brizuela, A. (2025, June 24-27). *Emotionally intelligent teaching and leading: School climate, bullying prevention, and student well-being* [Invited presentation]. PrepaTec Summit Culture of Peace: Building a Safe and Supportive Community, Guadalajara, Jalisco, México.

Ivcevic Pringle, Z. (2025, February 3). *Learning in a museum: Emotions, play, and creativity* [Invited presentation]. DADU Symposium 2025: Science of Childhood, National Children's Museum of Qatar.

Ivcevic Pringle, Z. (2024, November 16-17). *From art creation to appreciation and back again* [Invited presentation]. Tokyo International Symposium on Creativity and Innovation 2024, Tokyo, Japan.

Jackman-Ryan, S. (2025, May 15). *Exploring school and role-based engagement in RULER Training* [Presentation]. Yale University, Child Study Center Research in Progress, New Haven, CT.

Rodriguez-Boerwinkle, R. (2024, October 23-25). *Mirror to the world: Art as a vehicle to create empathic understanding* [Presentation]. 7th Annual Designing for Empathy Summit, Bryn Athyn, PA.

Stern, R. (2025, June 15-29). *Foundations and core topics in peace and leadership* [Workshops and seminars]. Young Leaders for Peace, UPEACE, San Jose, Costa Rica.

Stern, R. (2024, September 24). *Emotions matter, permission to feel, and being your best self* [Keynote presentation]. Yale University 7th Annual Department of Surgery Faculty Retreat 2024, New Haven, CT.

2024-2025

RESEARCH YEAR IN REVIEW

THANK YOU

This report would not be possible without the commitment to innovative science and dissemination from our talented research staff. Thank you for taking the time to help make this possible.

For questions regarding this report, please contact yceiresearch@yale.edu.



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